

# NOVEMBER 2017 ACTIVITIES

| Sunday                                                                                                                                                                                                                                                                                                                                     | Monday                                                                                                                                                                                                                                                                                                                                                       | Tuesday                                                                                                                                                                                                                                                                                                                                    | Wednesday                                                                                                                                                                                                                                                                                                                  | Thursday                                                                                                                                                                                                                                                                                                                                                                      | Friday                                                                                                                                                                                                                                                                                                                                                                                                                     | Saturday                                                                                                                                                                                                                                                                                                    |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                            | 1                                                                                                                                                                                                                                                                                                                          | 2                                                                                                                                                                                                                                                                                          | 3                                                                                                                                                                                                                                                                                                                                       | 4                                                                                                                                                                                                                                                                                                           |
| <b>KEY:</b><br>AR- Activity Room<br>CR- Compass Rose<br>DR- Dining Room<br>FPL- Fireplace<br>LY- Lobby<br>LIB- Library<br>SDR-Side Dining Room<br>TV- TV Room<br>RR- Resident's Rooms<br>FD- Front Desk                                                                                                                                    |                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                            | 9:00 am Pinochle (DR)<br>9:30 am Swing & Big Band Hour<br>10:15 am Sit & Be Fit (AR)<br>10:45 am Walking Club Stroll (FD)<br>11:00 am Puzzles & Friends (Lib)<br>1:15 pm Prize BINGO (AR)<br>2:30 pm Library Friends (Lib)<br>3:00 pm History of Art (TV)<br>3:30 pm Donuts & Reading (TV)                                 | <b>**Dr. Appointments**</b><br>9:00 am Pinochle (DR)<br>9:30 am Worldbeat Music Hour<br>10:00 am Stand & Stretch (TV)<br>10:30AM Driftwood Library (RR)<br>10:45 am Walking Club Stroll (FD)<br>11:00 am Open Color Art (AR)<br>1:00 pm Pool Challenge (TV)<br>2:30 pm Healthy Smoothies (AR)<br>4:00 pm Kenny's IGA/ Post Office<br><b>Trips Subject to Bus Availability</b> | <b>"Bank Day"</b><br>9:10 am Load- Safeway Trip (LY)<br>9:25am Leave- Safeway Trip (LY)<br>9:30 am Jazz & Blues Hour<br>10:15 am Sit & Be Fit (AR)<br>10:45 am Walking Club Stroll (FD)<br>11:30 am Dominoes in the Lobby<br>1:15 pm Ron's Bingo Train (AR)<br>1:15 pm Writing Club (TV)<br><b>3:00 pm Hand &amp; Foot (AR)</b><br>4:00 pm Wii Bowling (TV)<br>6:00 PM Evening Movie (TV)<br>"Ocean's 11" 1960             | 9:00 am Pinochle (DR)<br>9:30 am Classic Love Songs Hour<br>10:15 am Sit & Be Fit (AR)<br>10:45 am Walking Club Stroll (FD)<br>1:15 pm Scenic Drive (LY)<br>2:00 pm Puzzles & Friends (Lib)<br>3:00 pm Armchair Traveler (AR)<br>4:00 pm Brain Teasers (AR)<br>4 pm Sunshine Connections (RR)               |
| 5                                                                                                                                                                                                                                                                                                                                          | 6                                                                                                                                                                                                                                                                                                                                                            | 7                                                                                                                                                                                                                                                                                                                                          | 8                                                                                                                                                                                                                                       | 9                                                                                                                                                                                                                                                                                          | 10                                                                                                                                                                                                                                                                                                                                                                                                                         | 11                                                                                                                                                                                                                                                                                                          |
| 9:00 am Pinochle (DR)<br>9:30 am Easy Listening Music Hour<br>10:00 am Mandala Color Art (AR)<br>10:45 am Walking Club Stroll (FD)<br>11:15 am Sit & Be Fit (AR)<br>1:15 pm Table Talk with Carol (AR)<br><b>1:30 pm Speaker: Pastor Carl (AR)</b><br>2:30 pm Movie Matinee: (TV)<br>"The Mask of Zorro"<br>2:45 pm Ice Cream Sundaes (AR) | 9:00 am Pinochle (DR)<br>9:30 am Country Music Hour<br>10:15 am Sit & Be Fit (AR)<br>10:45 am Walking Club Stroll (FD)<br>1:15PM Chocolate BINGO! (AR)<br>1:30 pm Sunshine Connections (RR)<br>2:30 PM Pool Challenge (TV)<br>3:30 pm Happy Hour (AR)<br>4:00 pm Family Feud (AR)<br>5:30pm Monday Night Football                                            | 9:00 am Pinochle (DR)<br>9:30 am Classical Music Hour<br>10:00 am Stand & Stretch (TV)<br><b>10:30 AM Walmart &amp; Chalet (LY)</b><br>10:45 am Walking Club Stroll (FD)<br>1:15 pm TV Greats (TV)<br>"Carol Burnett"<br>2:30 pm Open Pool (TV)<br>3:00 pm Resident Choir (AR)<br>4:00 pm Wii Bowling (TV)                                 | 9:00 am Pinochle (DR)<br>9:30 am Swing & Big Band Hour<br>10:15 am Sit & Be Fit (AR)<br>10:45 am Walking Club Stroll (FD)<br>11:00 am Puzzles & Friends (Lib)<br>1:15 pm Prize BINGO (AR)<br>2:00 pm Tech Support (AR)<br>2:30 pm Library Friends (Lib)<br>3:00 pm History of Art (TV)<br>3:15 pm Scrapbooking/ Cards (AR) | <b>**Dr. Appointments**</b><br>9:00 am Pinochle (DR)<br>9:20 am Worldbeat Music Hour<br>10:00 am Stand & Stretch (TV)<br>10:45 am Walking Club Stroll (FD)<br>11:00 am Open Color Art (AR)<br>2:30 pm Pool Challenge (TV)<br>4:00 pm Dollar Tree (LY)<br><b>Trips Subject to Bus Availability</b>                                                                             | 9:10 am Load- Safeway Trip (LY)<br>9:25am Leave- Safeway Trip (LY)<br>9:30 am Jazz & Blues Hour<br>10:15 am Sit & Be Fit (AR)<br>10:45 am Walking Club Stroll (FD)<br>11:30 am Dominoes in the Lobby<br>1:15 pm Ron's Bingo Train (AR)<br>1:15 pm Writing Club (TV)<br><b>3:00 pm Hand &amp; Foot (AR)</b><br>4:00 pm Wii Bowling (TV)<br>6:00 PM Evening Movie (TV)<br>"Flicka 2"<br><b>7pm LCCC- Calendar Girls (LY)</b> | 9:00 am Pinochle (DR)<br>9:30 am Classic Love Songs Hour<br>10:15 am Sit & Be Fit (AR)<br>10:45 am Walking Club Stroll (FD)<br><b>1:15 pm Holiday Bazaar Trip (LY)</b><br>2:00 pm Puzzles & Friends (Lib)<br>3:00 pm Armchair Traveler (AR)<br>4:00 pm Brain Teasers (AR)<br>4 pm Sunshine Connections (RR) |
| 12                                                                                                                                                                                                                                                                                                                                         | 13                                                                                                                                                                                                                                                                                                                                                           | 14                                                                                                                                                                                                                                                                                                                                         | 15                                                                                                                                                                                                                                                                                                                         | 16                                                                                                                                                                                                                                                                                                                                                                            | 17                                                                                                                                                                                                                                                                                                                                                                                                                         | 18                                                                                                                                                                                                                                                                                                          |
| 9:00 am Pinochle (DR)<br>9:30 am Easy Listening Music Hour<br><b>10:15 am Speaker: Rev. Phyllis (TV)</b><br><b>"Thanksgiving &amp; Communion"</b><br>11:00 am Walking Club Stroll (FD)<br>11:15 am Sit & Be Fit (AR)<br>1:15 pm Table Talk with Carol (AR)<br>2:30 pm Movie Matinee: (TV)<br>"French Kiss"<br>2:45 pm Italian Sodas (AR)   | 9:00 am Pinochle (DR)<br>9:30 am Country Music Hour<br>10:15 am Sit & Be Fit (AR)<br>10:45 am Walking Club Stroll (FD)<br><b>11:00 am Lunch &amp; Learn (AR)</b><br>1:15PM Chocolate BINGO! (AR)<br>1:30 pm Sunshine Connections (RR)<br>2:30 PM Pool Challenge (TV)<br>3:30 pm Happy Hour (AR)<br>4:00 PM Bad Joke Exchange<br>5:30pm Monday Night Football | 9:00 am Pinochle (DR)<br>9:30 am Classical Music Hour<br>10:00 am Stand & Stretch (TV)<br>10:30 AM Bimart Trip (LY)<br>& Mini Pet-Mart<br>10:45 am Walking Club Stroll (FD)<br>1:15 pm Chef Meeting (AR)<br>1:15 pm TV Greats (TV)<br>"Loretta Young"<br>2:30 pm Open Pool (TV)<br>3:00 pm Resident Choir (AR)<br>4:00 pm Wii Bowling (TV) | 9:00 am Pinochle (DR)<br>9:30 am Swing & Big Band Hour<br>10:15 am Sit & Be Fit (AR)<br>10:45 am Walking Club Stroll (FD)<br>11:00 am Puzzles & Friends (Lib)<br>1:15 pm Prize BINGO (AR)<br>2:30 pm Library Friends (Lib)<br>3:00 pm History of Art (TV)<br>3:30 pm Donuts & Reading (TV)                                 | <b>**Dr. Appointments**</b><br>9:00 am Pinochle (DR)<br>9:30 am Worldbeat Music Hour<br>10:00 am Stand & Stretch (TV)<br>10:30AM Driftwood Library (RR)<br>10:45 am Walking Club Stroll (FD)<br>11:00 am Open Color Art (AR)<br>1:00 pm Pool Challenge (TV)<br>2:30 pm Healthy Smoothies (AR)<br>4:00 pm Goodwill Trip (LY)<br><b>Trips Subject to Bus Availability</b>       | <b>**Bank Day**</b><br>9:10 am Load- Safeway Trip (LY)<br>9:25am Leave- Safeway Trip (LY)<br>9:30 am Jazz & Blues Hour<br>10:15 am Sit & Be Fit (AR)<br>10:45 am Walking Club Stroll (FD)<br>11:30 am Dominoes in the Lobby<br>1:15 pm Ron's Bingo Train (AR)<br>1:15 pm Writing Club (TV)<br><b>3:00 pm Hand &amp; Foot (AR)</b><br>4:00 pm Wii Bowling (TV)<br>6:00 PM Evening Movie (TV)<br>"Titanic"                   | 9:00 am Pinochle (DR)<br>9:30 am Classic Love Songs Hour<br>10:15 am Sit & Be Fit (AR)<br>10:45 am Walking Club Stroll (FD)<br>1:15 pm Scenic Drive (LY)<br>2:00 pm Puzzles & Friends (Lib)<br>3:00 pm Armchair Traveler (AR)<br>4:00 pm Brain Teasers (AR)<br>4 pm Sunshine Connections (RR)               |

# NOVEMBER 2017 ACTIVITIES

| Sunday                                                                                                                                                                                                                                                                                                                                                                                           | Monday                                                                                                                                                                                                                                                                                                                                                                                            | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Friday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Saturday                                                                                                                                                                                                                                                                                                                                     |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 19                                                                                                                                                                                                                                                                                                                                                                                               | 20                                                                                                                                                                                                                                                                                                                                                                                                | 21                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 22                                                                                                                                                                                                                                                                                                                                                                                                                       | Thanksgiving 23                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 24                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 25                                                                                                                                                                                                                                                                                                                                           |
| <p>9:00 am Pinochle (DR)</p> <p>9:30 am Easy Listening Music Hour</p> <p>10:15 am Speaker: Rev. Ruth (TV)</p> <p>11:00 am Walking Club Stroll (FD)</p> <p>11:15 am Sit &amp; Be Fit (AR)</p> <p>1:15 pm Table Talk with Carol (AR)</p> <p>2:30 pm Movie Matinee: (TV)</p> <p>"Space Cowboys"</p> <p>2:45 pm Ice Cream Novelties (AR)</p>                                                         | <p>9:00 am Pinochle (DR)</p> <p>9:30 am Country Music Hour</p> <p>10:15 am Sit &amp; Be Fit (AR)</p> <p>10:45 am Walking Club Stroll (FD)</p> <p>1:15PM Chocolate BINGO! (AR)</p> <p>1:30 pm Sunshine Connections (RR)</p> <p>2:30 PM Pool Challenge (TV)</p> <p>3:30 pm Happy Hour (AR)</p> <p>"Beer &amp; Wine"</p> <p>4:00 pm Karaoke with Mary (AR)</p> <p>5:30pm Monday Night Football</p>   | <p>8:30 am Spirit Mtn Breakfast (LY)</p> <p>9:00 am Pinochle (DR)</p> <p>9:30 am Classical Music Hour</p> <p>10:00 am Stand &amp; Stretch (TV)</p> <p>10:45 am Walking Club Stroll (FD)</p> <p>11 am New Resident Orientation (A)</p> <p>1:15 pm Resident Council (AR)</p> <p>1:15 pm TV Greats (TV)</p> <p>"Dean Martin"</p> <p>2:30 pm Open Pool (TV)</p> <p>3:00 pm Resident Choir (AR)</p> <p>4:00 pm Wii Bowling (TV)</p> <p>5:00 pm Old Fashioned Thanksgiving Dinner- RSVP</p> | <p>9:00 am Pinochle (DR)</p> <p>9:30 am Swing &amp; Big Band Hour</p> <p>10:15 am Sit &amp; Be Fit (AR)</p> <p>10:45 am Walking Club Stroll (FD)</p> <p>11:00 am Puzzles &amp; Friends (Lib)</p> <p>1:15 pm Prize BINGO (AR)</p> <p>2:00 pm Tech Support (AR)</p> <p>2:30 pm Library Friends (Lib)</p> <p>3:00 pm History of Art (TV)</p> <p>3:15 pm Catholic Communion (DR)</p> <p>3:15 pm Scrapbooking/ Cards (AR)</p> | <p><b>**Dr. Appointments**</b></p> <p>9:00 am Pinochle (DR)</p> <p>9:30 am Worldbeat Music Hour</p> <p>10:00 am Stand &amp; Stretch (TV)</p> <p>10:45 am Walking Club Stroll (FD)</p> <p>11:00 am Open Color Art (AR)</p> <p>1:00 pm Pool Challenge (TV)</p> <p>2:30 pm Healthy Smoothies (AR)</p> <p>4:00 pm Joann Fabrics Trip (LY)</p> <p><b>Trips Subject to Bus Availability</b></p>  | <p>9:10 am Load- Safeway Trip (LY)</p> <p>9:25am Leave- Safeway Trip (LY)</p> <p>9:30 am Jazz &amp; Blues Hour</p> <p>10:15 am Sit &amp; Be Fit (AR)</p> <p>10:45 am Walking Club Stroll (FD)</p> <p>11:30 am Dominoes in the Lobby</p> <p>1:15 pm Ron's Bingo Train (AR)</p> <p>1:15 pm Writing Club (TV)</p> <p>3:00 pm Hand &amp; Foot (AR)</p> <p>3:30 PM McMenamin's Hap Hour</p> <p>4:00 pm Wii Bowling (TV)</p> <p>6:00 PM Evening Movie (TV)</p> <p>"The Thomas Crown Affair"</p> | <p>9:00 am Pinochle (DR)</p> <p>9:30 am Classic Love Songs Hour</p> <p>10:15 am Sit &amp; Be Fit (AR)</p> <p>10:45 am Walking Club Stroll (FD)</p> <p>1:15 pm Scenic Drive (LY)</p> <p>2:00 pm Puzzles &amp; Friends (Lib)</p> <p>3:00 pm Armchair Traveler (AR)</p> <p>4:00 pm Brain Teasers (AR)</p> <p>4 pm Sunshine Connections (RR)</p> |
| Frances 26                                                                                                                                                                                                                                                                                                                                                                                       | 27                                                                                                                                                                                                                                                                                                                                                                                                | 28                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 29                                                                                                                                                                                                                                                                                                                                                                                                                       | 30                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                              |
| <p>9:00 am Pinochle (DR)</p> <p>9:30 am Easy Listening Music Hour</p> <p>10:15 am Speaker: Rev. Phyllis (TV)</p> <p>11:00 am Walking Club Stroll (FD)</p> <p>11:15 am Sit &amp; Be Fit (AR)</p> <p>1:15 pm Table Talk with Carol (AR)</p> <p>2:00 PM Start of the Season Social</p> <p>"Sweet Adelines and Sweets!!"</p> <p>3:00 pm Movie Matinee: (TV)</p> <p>"Beauty &amp; the Beast" 2017</p> | <p>9:00 am Pinochle (DR)</p> <p>9:30 am Country Music Hour</p> <p>10:15 am Sit &amp; Be Fit (AR)</p> <p>10:45 am Walking Club Stroll (FD)</p> <p>1:15PM Chocolate BINGO! (AR)</p> <p>1:30 pm Sunshine Connections (RR)</p> <p>2:30 PM Pool Challenge (TV)</p> <p>3:30 pm Happy Hour (AR)</p> <p>"Hot Toddlies"</p> <p>4:00 pm Who &amp; What? Trivia (AR)</p> <p>5:30pm Monday Night Football</p> | <p>9:00 am Pinochle (DR)</p> <p>9:30 am Classical Music Hour</p> <p>10:00 am Stand &amp; Stretch (TV)</p> <p>10:30 AM Bimart Trip (LY)</p> <p>&amp; Mini Pet-Mart</p> <p>10:45 am Walking Club Stroll (FD)</p> <p>1:15 pm Cottage Chat (AR)</p> <p>1:15 pm TV Greats (TV)</p> <p>2:00 pm Lincolnares (DR)</p> <p>2:30 pm Open Pool (TV)</p> <p>3:00 pm Resident Choir (AR)</p> <p>4:00 pm Wii Bowling (TV)</p> <p>Tournament: Staff VS. Resident!</p>                                 | <p>9:00 am Pinochle (DR)</p> <p>9:30 am Swing &amp; Big Band Hour</p> <p>10:15 am Sit &amp; Be Fit (AR)</p> <p>10:45 am Walking Club Stroll (FD)</p> <p>11:00 am Puzzles &amp; Friends (Lib)</p> <p>1:15 pm Prize BINGO (AR)</p> <p>2:30 pm Library Friends (Lib)</p> <p>3:00 pm History of Art (TV)</p> <p>3:30 pm Donuts &amp; Reading (TV)</p>                                                                        | <p><b>**Dr. Appointments**</b></p> <p>9:00 am Pinochle (DR)</p> <p>9:30 am Worldbeat Music Hour</p> <p>10:00 am Stand &amp; Stretch (TV)</p> <p>10:30AM Driftwood Library (RR)</p> <p>10:45 am Walking Club Stroll (FD)</p> <p>11:00 am Open Color Art (AR)</p> <p>1:00 pm Pool Challenge (TV)</p> <p>2:30 pm Healthy Smoothies (AR)</p> <p>4:00 pm Cultural Center Art (LY)</p> <p><b>Trips Subject to Bus Availability</b></p>                                              |                                                                                                                                                                                                                                                                                                                                                                                                        | <p><b>KEY:</b></p> <p>AR- Activity Room</p> <p>CR- Compass Rose</p> <p>DR- Dining Room</p> <p>FPL- Fireplace</p> <p>LY- Lobby</p> <p>LIB- Library</p> <p>SDR-Side Dining Room</p> <p>TV- TV Room</p> <p>RR- Resident's Rooms</p> <p>FD- Front Desk</p>                                                                                       |

