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PLACE STAMP
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**Our mission is to create and sustain
comfortable, caring environments for
those who depend on us.**

The Farmington Times

Farmington Square Assisted & Memory Care Newsletter — November 2017



INSIDE THIS ISSUE

P2 Veterans Day History	P6 November Highlights
P3 We Honor Our Veterans	P6 Favorite Fall Dishes
P3 Connect on Facebook	P7 October Highlights
P4 Activities Calendar	P8 Mission & Team

The History and Significance of Veterans Day

On Saturday, November 11, citizens across the United States will celebrate Veterans Day with gratitude toward the men and women who have bravely and selflessly served our country. In conjunction with celebrating this important day, here are some facts about its history and significance. To all those who have served, we humbly thank you for your service, and Happy Veterans Day to you!

Veterans Day is a U.S. holiday that honors veterans of all wars.

In 1918, during World War I, on the 11th hour of the 11th day of the 11th month, hostilities ceased between the Allied nations and Germany. The cessation was marked by many countries as Armistice Day. The Treaty of Versailles, which marked the end of the war, was signed on June 28, 1919, but the armistice date was the one that most people considered the end of the conflict.

In November of 1919, Armistice Day was marked by many countries. The observance included parades, public celebrations, and pauses to both business and school activities when the clock struck 11 am.

In June of 1926, Congress passed a resolution that November 11 should be commemorated each year. As of May 13, 1938, Armistice Day became a legal Federal holiday.

Changes were still abound, however. During World War II, more than 16 million Americans served in the Army, Air Force, Marines, and



Navy. Another 5.7 million served in the Korean war. This spurred Veterans service organizations to lobby for the words Veterans Day to replace the words Armistice Day in honor of the American veterans of all wars. In 1954, President Dwight D. Eisenhower signed legislation for the name to be changed.

The day would still see some changes. As of 1971, Veterans Day was moved to the fourth Monday in October. This followed Congress passing the Uniform Holidays Bill that brought about the celebration of four national holidays on Mondays. As of 1978, due to many states' confusion and disapproval over the change, the holiday was moved back to its original observance date. It continues to be held on that date.

What is the difference between Veterans Day and Memorial Day? It is a common question. Memorial Day, celebrated in May, is dedicated to Americans who have served and who passed away while—or as a result of—serving. Veterans Day honors all Veterans, alive and those who have passed.

October Highlights:



During the month of October we had some fun activities in our community that we would love to share with you!

Below are a few photos of the fun our residents had:

October 19th we took a group of residents to Al's Garden Center to pick out fall decorations. The upper left photo is one of our entry ways that were decorated. The pumpkins that our residents chose were also used for a pumpkin painting party that we held in the Beechwood building on Sunday October 22nd. Below are a couple of photos from the activity:

October 15th Volunteers from the Girl -



Scouts came to play games with us!



"Cranberry muffins and green bean casserole,"

-Joaquin

"Chocolate pie!"

-Judy I

We asked residents and staff to share the dish they most look forward to each fall and/or Thanksgiving.

"Mole"— brown sauce over turkey,"

- Maria

November Highlights — You're Invited!

Wednesday November 1st: We will be taking a small group to the local Fred Meyer's for a shopping outing. The community bus will begin to board at 1:45 P.M. and leave shortly after.

Wednesday November 8th & 22nd: We will be taking a few residents to the local library in Tualatin. The community bus will leave at 2:30 P. M.

Wednesday November 15th: We will be taking a small group of residents to a local restaurant for lunch. The community bus will leave at 11:30 A.M.

Thursday November 9th & 23rd : We will be taking the community bus out for a scenic drive. The bus will leave at 2:00 P.M.



My favorite Thanksgiving and/or Autumn dish is...



"I like turkey with gravy, minced meat pie and green salad,"
-Jerry

"Fruit Salad and all desserts!"
-Isabelle

We Honor Our Veterans

We have quite a few Veterans in our community. We would love to take the opportunity to personally thank them for their service & all that they have done for our country. Below is a mention of the residents in our community who have served and helped to make a difference. Thank you all!



Richard Schield

Dale Smith

George Cabrol

Daniel Cordell

Ralph Ward

George Erickson

Dolores Nelson

Norman Pyle

Jerry Wood

William Richardson

Ray Hein

Richard Edwards

Keith Adams

Charles Imus

Donald Speight

Robert Barton

Gordon Poole

Lee Driscoll

Lester Jenkins

Find us on Facebook!



We've been sharing more and more on our Facebook page recently and would love to have you join the conversation! LIKE our Facebook page today!

www.Facebook.com/FarmingtonSquareTualatin

November - Alpine

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9:30 Greet The Day 10:30 Conductorcise 11:00 Good News 12:00 Piano with Alice3 1:00 Sing along 2:00 Beach Ball Toss 3:00 Snack/ Puzzles 6:00 Evening Movie	2 9:30 Greet The Day 10:30 Sittercise 11:00 Word Games 11:20 Catholic Communion 12:40 One Man Band 2:00 Bingo 3:00 Snack/ Reminisce 6:00 Easy Listening	3 National Sandwich Day 9:30 Greet The Day 10:30 Group Exercise 11:00 Jokes & Riddles 1:00 Familiar Tunes 2:00 Ring/ Bucket Toss 3:00 Snack/ Baby Faces 3:30 Adult Coloring 6:00 Nature/ Relaxation	4 9:30 Greet The Day 10:30 Group Exercise 11:00 Current Events 1:00 Sing along 2:00 Noodle Tennis 3:00 Snack/Spelling Bee 3:30 Jigsaw Puzzles 6:00 Evening Movie
5 National Donut Day! 9:30 Greet The Day 10:30 Gentle Stretches 11:30 Bible Trivia 1:00 Sing along 2:00 Balloon Toss 3:00 Snack & Trivia 3:30 Sensory/Reminisce 6:00 Evening Movie	6 9:30 Greet The Day 10:30 Sittercise 11:00 What Did It Cost? 1:00 Karaoke 2:00 Giant Tic Tac Toe 3:00 Snack & Trivia 3:45 Painting 6:00 Easy Listening Music	7 9:30 Greet The Day 10:30 Group Exercise 11:00 Era Trivia 1:00 Familiar Tunes 2:00 Spa Day 3:00 Snack & Trivia 3:30 Adult Coloring 6:00 Walk & Talk	8 9:30 Greet The Day 10:30 Conductorcise 11:00 Good News 12:00 Piano with Alice3 1:00 Sing along 2:00 Beach Ball Toss 3:00 Snack/ Puzzles 6:00 Evening Movie	9 Veteran's Breakfast 9:30 Greet The Day 10:30 Sittercise 11:00 Word Games 11:20 Catholic Communion 1:00 Karaoke 2:00 Bingo/ Scenic Drive 3:00 Snack/ Reminisce 6:00 Easy Listening	10 9:30 Greet The Day 10:30 Group Exercise 11:00 Jokes & Riddles 1:00 Familiar Tunes 2:00 Ring/ Bucket Toss 3:00 Snack/ Baby Faces 3:30 Adult Coloring 6:00 Nature/ Relaxation	11 Veteran's Day 9:30 Greet The Day 10:30 Group Exercise 11:00 Current Events 1:00 Sing along 2:00 Noodle Tennis 3:00 Snack/Spelling Bee 3:30 Jigsaw Puzzles 6:00 Evening Movie
12 9:30 Greet The Day 10:30 Gentle Stretches 11:30 Bible Trivia 1:00 Sing along 2:00 Balloon Toss 3:00 Snack & Trivia 3:30 Sensory/Reminisce 6:00 Evening Movie	13 National Caregivers Day 9:30 Greet The Day 10:30 Sittercise 11:00 What Did It Cost? 1:00 Karaoke 2:00 Giant Tic Tac Toe 3:00 Snack & Trivia 3:45 Painting 6:00 Easy Listening Music	14 9:30 Greet The Day 10:30 Group Exercise 11:00 Era Trivia 1:00 Familiar Tunes 2:00 Spa Day 3:00 Snack & Trivia 3:30 Adult Coloring 6:00 Walk & Talk	15 9:30 Greet The Day 10:30 Conductorcise 11:00 Good News 12:00 Piano with Alice3 1:00 Sing along 2:00 Beach Ball Toss 3:00 Snack/ Puzzles 6:00 Evening Movie	16 9:30 Greet The Day 10:30 Sittercise 11:00 Word Games 11:20 Catholic Communion 1:00 Karaoke 2:00 Pet Therapy 3:00 Snack/ Reminisce 6:00 Easy Listening	17 World Peace Day 9:30 Greet The Day 10:30 Group Exercise 11:00 Jokes & Riddles 1:00 Familiar Tunes 2:00 Ring/ Bucket Toss 3:00 Snack/ Baby Faces 3:30 Adult Coloring 5:00 Harp Performance	18 9:30 Greet The Day 10:30 Group Exercise 11:00 Current Events 1:00 Sing along 2:00 Noodle Tennis 3:00 Snack/Spelling Bee 3:30 Jigsaw Puzzles 6:00 Evening Movie
19 9:30 Greet The Day 10:30 Gentle Stretches 11:30 Bible Trivia 1:00 Sing along 2:00 Balloon Toss 3:00 Snack & Trivia 3:30 Sensory/Reminisce 6:00 Evening Movie	20 9:30 Greet The Day 10:30 Sittercise 11:00 What Did It Cost? 1:00 Karaoke 2:00 Giant Tic Tac Toe 3:00 Snack & Trivia 3:45 Painting 6:00 Easy Listening Music	21 9:30 Greet The Day 10:30 Group Exercise 11:00 Era Trivia 1:00 Familiar Tunes 2:00 Spa Day 3:00 Snack & Trivia 3:30 Adult Coloring 6:00 Walk & Talk	22 9:30 Greet The Day 10:30 Conductorcise 11:00 Good News 12:00 Piano with Alice3 1:00 Sing along 2:00 Beach Ball Toss 3:00 Snack/ Puzzles 6:00 Evening Movie	23 Thanksgiving 9:30 Greet The Day 10:30 Sittercise 11:00 Word Games 11:20 Catholic Communion 1:00 Karaoke 2:00 Bingo 3:00 Snack/ Reminisce 6:00 Easy Listening	24 9:30 Greet The Day 10:30 Group Exercise 11:00 Jokes & Riddles 1:00 Familiar Tunes 2:00 Ring/ Bucket Toss 3:00 Snack/ Baby Faces 3:30 Adult Coloring 6:00 Nature/ Relaxation	25 9:30 Greet The Day 10:30 Group Exercise 11:00 Current Events 1:00 Sing along 2:00 Noodle Tennis 3:00 Snack/Spelling Bee 3:30 Jigsaw Puzzles 6:00 Evening Movie
26 9:30 Greet The Day 10:30 Gentle Stretches 11:30 Bible Trivia 1:00 Sing along 2:00 Balloon Toss 3:00 Snack & Trivia 3:30 Sensory/Reminisce 6:00 Evening Movie	27 9:30 Greet The Day 10:30 Sittercise 11:00 What Did It Cost? 1:00 Karaoke 2:00 Giant Tic Tac Toe 3:00 Snack & Trivia 3:45 Painting 6:00 Easy Listening Music	28 French Toast Day 9:30 Greet The Day 10:30 Group Exercise 11:00 Era Trivia 1:00 Familiar Tunes 2:00 Spa Day 3:00 Snack & Trivia 3:30 Adult Coloring 6:00 Walk & Talk	29 9:30 Greet The Day 10:30 Conductorcise 11:00 Good News 12:00 Piano with Alice3 1:00 Sing along 2:00 Beach Ball Toss 3:00 Snack/ Puzzles 6:00 Evening Movie	30 9:30 Greet The Day 10:30 Sittercise 11:00 Word Games 11:20 Catholic Communion 1:00 Karaoke 2:00 Bingo 3:00 Snack/ Reminisce 6:00 Easy Listening		

November - Beechwood

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9:30 Interactive Puzzle 10:00 Bible Study 11:00 Gentle Stretches 11:30 Piano with Alice 1:45 Shopping at F.M. 2:00 Dice/Card Games 3:30 Reminiscing/ 1x1's 6:00 Jigsaw/ Word Puzzle	2 9:30 Color Art 10:30 Sittercise 11:00 Good News 11:30 Catholic Communion 12:20 One Man Band 2:00 Arts & Crafts 3:00 Cocoa/Snack & Chat 5:30 Reminisce/ 1x1's	3 National Sandwich Day 9:30 Bingo at JPC 10:00 Interactive Puzzle 10:30 Walk & Talk 11:30 Jigsaw Puzzles 1:00 Painting 2:00 Table Games 3:00 Snack/Trivia Time 6:00 Light & Easy Music	4 9:30 Color Art 10:30 Sittercise 11:00 Good News 11:30 Trivia 1:00 Ring/Ball Toss 2:00 Fun Food Craft 3:00 Sing along 4:00 Reminisce/ 1x1's
5 National Donut Day 9:30 Adult Coloring 10:45 Group Exercise 11:30 Good News 1:00 Reminisce/ 1x1's 1:45 Spiritual Service 2:30 Sunday Matinee 3:00 Snack/ Word Games 6:00 Walk & Talk	6 9:30 Adult Coloring 10:45 Group Exercise 1:00 Word Games 1:30 What Did It Cost? 2:00 Monday Matinee 4:30 Cocoa & Conversation 5:30 Reminisce/ 1x1's 6:00 Jigsaw Puzzles	7 9:30 Adult Coloring 10:00 Fun Fitness 10:30 Brain Games 11:00 Bingo 1:00 Talk & Toss 1:30 Spa Day 3:30 Reminisce/ 1x1's 6:00 Evening Movie	8 9:30 Interactive Puzzle 10:00 Bible Study 11:00 Gentle Stretches 11:30 Piano with Alice 1:00 Adult Coloring 2:30 Library/Card Games 3:30 Reminiscing/ 1x1's 6:00 Jigsaw/ Word Puzzles	9 Veteran's Breakfast 9:30 Color Art 10:30 Individual Walks 11:00 Good News 11:30 Catholic Communion 1:00 Reminisce/1x1's 2:00 Scenic Drive/Ball Toss 3:00 Cocoa/Snack & Chat 6:00 Evening Movie	10 9:30 Bingo at JPC 10:00 Interactive Puzzle 10:30 Walk & Talk 11:30 Jigsaw Puzzles 1:00 Painting 2:00 Table Games 3:00 Snack/Trivia Time 6:00 Light & Easy Music	11 Veteran's Day 9:30 Color Art 10:30 Sittercise 11:00 Good News 11:30 Trivia 1:00 Ring/Ball Toss 2:00 Arts & Crafts 3:00 Sing along 4:00 Reminisce/ 1x1's
12 9:30 Adult Coloring 10:45 Group Exercise 11:30 Good News 1:00 Reminisce/ 1x1's 1:45 Spiritual Service 2:30 Sunday Matinee 3:00 Snack/ Word Games 6:00 Walk & Talk	13 National Caregivers Day 9:30 Adult Coloring 10:45 Group Exercise 1:00 Word Games 1:30 What Did It Cost? 2:00 Monday Matinee 4:30 Cocoa & Conversation 5:30 Reminisce/ 1x1's 6:00 Jigsaw Puzzles	14 9:30 Adult Coloring 10:00 Fun Fitness 10:30 Brain Games 11:00 Bingo 1:00 Talk & Toss 1:30 Spa Day 3:30 Reminisce/ 1x1's 6:00 Evening Movie	15 9:30 Interactive Puzzle 10:00 Bible Study 11:00 Gentle Stretches 11:30 Piano with Alice/Lunch 1:00 Adult Coloring 2:00 Card Games 3:30 Reminiscing/ 1x1's 6:00 Jigsaw/ Word Puzzles	16 9:30 Color Art 10:30 Individual Walks 11:00 Good News 11:15 Catholic Mass 1:00 Reminisce/1x1's 2:00 Arts & Crafts 3:00 Cocoa/Snack & Chat 6:00 Evening Movie	17 World Peace Day 9:30 Bingo at JPC 10:00 Interactive Puzzle 10:30 Walk & Talk 11:30 Jigsaw Puzzles 1:00 Painting 2:00 Table Games 3:00 Snack/Trivia Time 4:30 Harp Performance	18 9:30 Color Art 10:30 Sittercise 11:00 Good News 11:30 Trivia 1:00 Ring/Ball Toss 2:00 Fun Food Craft 3:00 Sing along 4:00 Reminisce/ 1x1's
19 9:30 Adult Coloring 10:45 Group Exercise 11:30 Good News 1:00 Reminisce/ 1x1's 1:45 Spiritual Service 2:30 Sunday Matinee 3:00 Snack/ Word Games 6:00 Walk & Talk	20 9:30 Adult Coloring 10:45 Group Exercise 1:00 Word Games 1:30 What Did It Cost? 2:00 Monday Matinee 4:30 Cocoa & Conversation 5:30 Reminisce/ 1x1's 6:00 Jigsaw Puzzles	21 9:30 Adult Coloring 10:00 Fun Fitness 10:30 Brain Games 11:00 Bingo 1:00 Talk & Toss 1:30 Spa Day 3:30 Reminisce/ 1x1's 6:00 Evening Movie	22 9:30 Interactive Puzzle 10:00 Bible Study 11:00 Gentle Stretches 11:30 Piano with Alice 1:00 Adult Coloring 2:30 Library/ Card Games 3:30 Reminiscing/ 1x1's 6:00 Jigsaw/ Word Puzzles	23 Thanksgiving 9:30 Color Art 10:30 Individual Walks 11:00 Good News 11:30 Catholic Communion 1:00 Reminisce/1x1's 2:00 Scenic Drive 3:00 Cocoa/Snack & Chat 6:00 Evening Movie	24 9:30 Bingo & lunch- JPC 10:00 Interactive Puzzle 10:30 Walk & Talk 11:30 Jigsaw Puzzles 1:00 Painting 2:00 Table Games 3:00 Snack/Trivia Time 6:00 Light & Easy Music	25 9:30 Color Art 10:30 Sittercise 11:00 Good News 11:30 Trivia 1:00 Ring/Ball Toss 2:00 Arts & Crafts 3:00 Sing along 4:00 Reminisce/ 1x1's
26 9:30 Adult Coloring 10:45 Group Exercise 11:30 Good News 1:00 Reminisce/ 1x1's 1:45 Spiritual Service 2:30 Sunday Matinee 3:00 Snack/ Word Games 6:00 Walk & Talk	27 9:30 Adult Coloring 10:45 Group Exercise 1:00 Word Games 1:30 What Did It Cost? 2:00 Monday Matinee 4:30 Cocoa & Conversation 5:30 Reminisce/ 1x1's 6:00 Jigsaw Puzzles	28 French Toast Day 9:30 Adult Coloring 10:00 Fun Fitness 10:30 Brain Games 11:00 Bingo 1:00 Talk & Toss 1:30 Spa Day 3:30 Reminisce/ 1x1's 6:00 Evening Movie	29 9:30 Interactive Puzzle 10:00 Bible Study 11:00 Gentle Stretches 11:30 Piano with Alice 1:00 Adult Coloring 2:00 Card Games 3:30 Reminiscing/ 1x1's 6:00 Jigsaw/ Word Puzzles	30 9:30 Color Art 10:30 Individual Walks 11:00 Good News 11:30 Catholic Communion 1:00 Reminisce/1x1's 2:00 Arts & Crafts 3:00 Cocoa/Snack & Chat 6:00 Evening Movie		

November - Ponderosa

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9:30 Color Art 10:00 Sittercise 11:00 Piano with Alice 1:45 Shopping at F.M. 3:45 Current Events 4:15 Cocoa/ Coffee	2 10:45 Group Exercise 11:00 Trivia 11:40 Catholic Communion 12:00 One Man Band 1:30 Spa Day 2:30 Stocking Cut Out	3 National Sandwich Day 9:30 Bingo at JPC 10:30 Creative Coloring 11:30 Jigsaw Puzzles 2:15 Fun Fitness 2:45 Afternoon Movie 4:30 Crosswords	4 9:30 Color Art 10:00 Sittercise 11:00 Trivia 1:30 Good News 2:30 Sing along 3:00 Table Games
5 National Donut Day & Seahawk Football Party! 10:30 Exercise 11:00 Good News Chat 1:00 Seahawks Game 1:45 Church Service 3:30 Word Games	6 9:00 Monday Movie 10:30 Creative Coloring 11:30 Sittercise 12:45 Word Search 2:30 Bowling 3:30 Snack/Cocoa & Chat	7 10:45 Group Exercise 11:15 Trivia 11:45 Current Events 1:30 Dice/ Card Game 2:00 Monopoly with Bonny 3:15 Bingo with Bonny	8 9:30 Color Art 10:00 Fire Safety T.V.F.D 11:00 Piano with Alice 1:30 Sittercise 2:30 Library Visit 4:00 Cocoa/Coffee Chat	9 Veteran's Breakfast 10:45 Group Exercise 11:00 Trivia 11:40 Catholic Communion 1:30 Spa Day 2:00 Scenic Drive 2:30 Stocking Sewing	10 9:30 Bingo at JPC 10:30 Creative Coloring 11:30 Jigsaw Puzzles 2:15 Fun Fitness 2:45 Afternoon Movie 4:10 Accordion Player	11 Veteran's Day 9:30 Color Art 10:00 Sittercise 11:00 Trivia 1:30 Good News 2:30 Sing along 3:00 Table Games
12 10:30 Exercise 11:00 Good News Chat 1:15 Adult Coloring 1:45 Church Service 3:30 Word Games 4:30 Jigsaw Puzzles	13 National Caregivers Day 9:00 Monday Movie 10:30 Creative Coloring 11:30 Sittercise 12:45 Word Search 2:30 Bowling 3:30 Snack/Cocoa & Chat	14 10:45 Group Exercise 11:15 Trivia 11:45 Current Events 1:30 Dice/ Card Game 2:00 Monopoly with Bonny 3:15 Bingo with Bonny	15 9:30 Color Art 10:00 Sittercise 11:00 Piano with Alice 11:30 Lunch Outing 2:00 Trivia 3:30 Table Games	16 10:45 Group Exercise 11:00 Trivia 11:40 Catholic Communion 1:00 Pet Therapy 1:30 Spa Day 3:00 Word Games	17 World Peace Day 9:30 Bingo at JPC 10:30 Creative Coloring 11:30 Jigsaw Puzzles 2:15 Fun Fitness 2:45 Afternoon Movie 4:00 Harp Performance	18 9:30 Color Art 10:00 Sittercise 11:00 Trivia 1:30 Good News 2:30 Sing along 3:00 Table Games
19 10:30 Exercise 11:00 Good News Chat 1:15 Adult Coloring 1:45 Church Service 3:30 Word Games 4:30 Jigsaw Puzzles	20 9:00 Monday Movie 10:30 Creative Coloring 11:30 Sittercise 12:45 Word Search 2:30 Bowling 3:30 Snack/Cocoa & Chat	21 10:45 Group Exercise 11:15 Trivia 11:45 Current Events 1:30 Dice/ Card Game 2:00 Monopoly with Bonny 3:15 Bingo with Bonny	22 9:30 Color Art 10:00 Sittercise 11:00 Piano with Alice 1:30 Trivia 2:30 Library Vist 4:15 Cocoa/ Coffee Chat	23 Thanksgiving 10:45 Group Exercise 11:00 Trivia 11:40 Catholic Communion 1:30 Spa Day 2:00 Scenic Drive 3:00 Word Games	24 9:30 Bingo & lunch 10:30 Creative Coloring 11:30 Jigsaw Puzzles 2:15 Fun Fitness 2:45 Afternoon Movie 4:30 Crosswords	25 9:30 Color Art 10:00 Sittercise 11:00 Trivia 1:30 Good News 2:30 Sing along 3:00 Table Games
26 10:30 Exercise 11:00 Good News Chat 1:15 Adult Coloring 1:45 Church Service 3:30 Word Games 4:30 Jigsaw Puzzles	27 9:00 Monday Movie 10:30 Creative Coloring 11:30 Sittercise 12:45 Word Search 2:30 Bowling 3:30 Snack/Cocoa & Chat	28 French Toast Day 10:45 Group Exercise 11:15 Trivia 11:45 Current Events 1:30 Dice/ Card Game 2:00 Monopoly with Bonny 3:15 Bingo with Bonny	29 9:30 Color Art 10:00 Sittercise 11:00 Piano with Alice 1:30 Trivia 3:30 Table Games 4:15 Cocoa/ Coffee Chat	30 10:45 Group Exercise 11:00 Trivia 11:40 Catholic Communion 1:30 Spa Day 2:00 Christmas Cards 3:00 Word Games		