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PLACE STAMP
HERE



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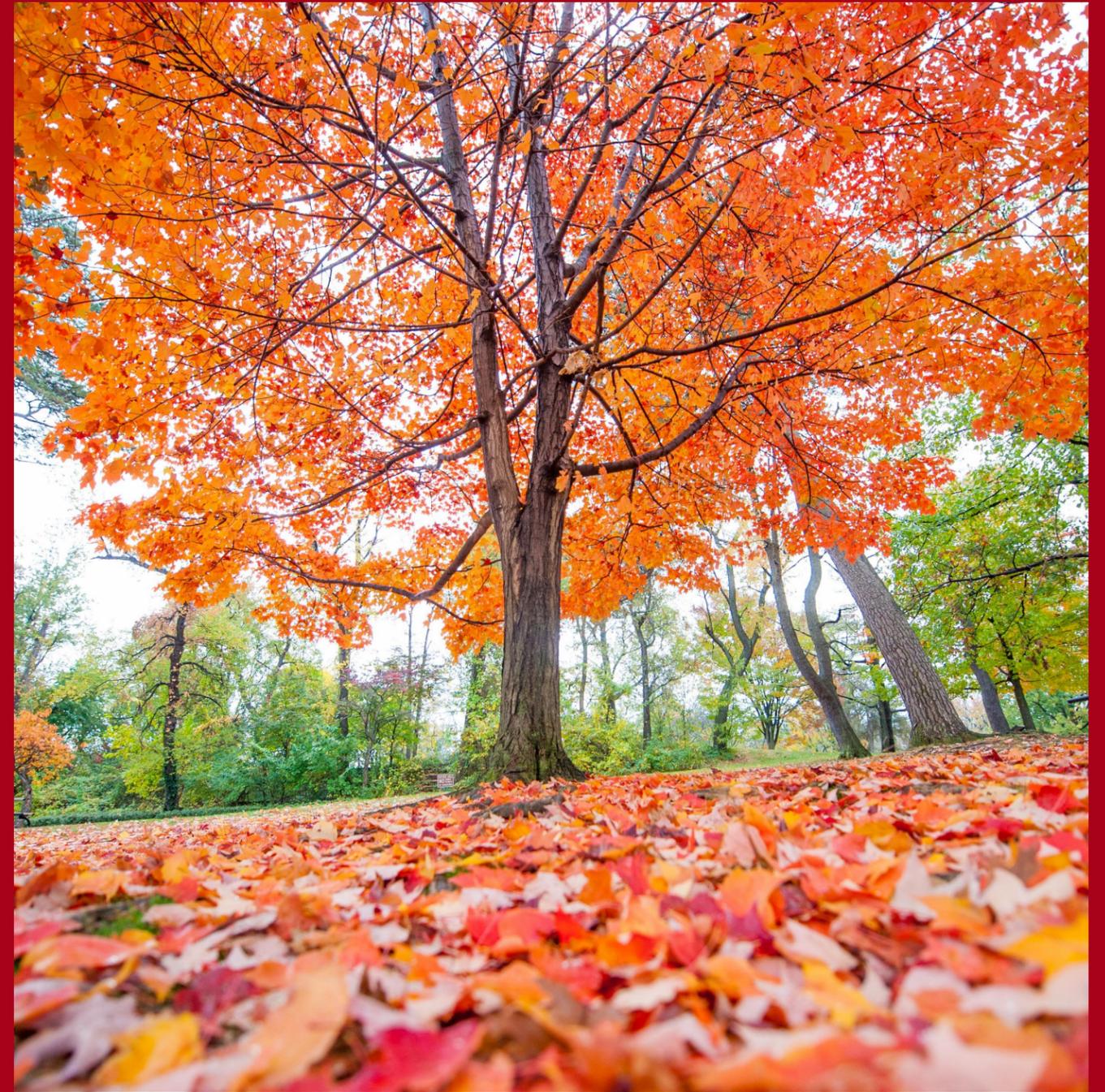


Contact us at:
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**Our mission is to create and sustain
comfortable, caring environments for
those who depend on us.**

The Pioneer Post

Pioneer Village Independent & Assisted Living Newsletter — November 2017



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The History and Significance of Veterans Day

served in the Army, Air Force, Marines, and



Navy. Another 5.7 million served in the Korean war. This spurred Veterans service organizations to lobby for the words Veterans Day to replace the words Armistice Day in honor of the American veterans of all wars. In 1954, President Dwight D. Eisenhower signed legislation for the name to be changed.

The day would still see some changes. As of 1971, Veterans Day was moved to the fourth Monday in October. This followed Congress passing the Uniform Holidays Bill that brought about the celebration of four national holidays on Mondays. As of 1978, due to many states' confusion and disapproval over the change, the holiday was moved back to its original observance date. It continues to be held on

What is the difference between Veterans Day and Memorial Day? It is a common question. Memorial Day, celebrated in May, is dedicated to Americans who have served and who passed away while—or as a result of—serving. Veterans Day honors all Veterans, alive and those who have passed.

On Saturday, November 11, citizens across the United States will celebrate Veterans Day with gratitude toward the men and women who have bravely and selflessly served our country.

In conjunction with celebrating this important day, here are some facts about its history and significance. To all those who have served, we humbly thank you for your service, and Happy Veterans Day to you!

Veterans Day is a U.S. holiday that honors veterans of all wars.

In 1918, during World War I, on the 11th hour of the 11th day of the 11th month, hostilities ceased between the Allied nations and Germany. The cessation was marked by many countries as Armistice Day. The Treaty of Versailles, which marked the end of the war, was signed on June 28, 1919, but the armistice date was the one that most people considered the end of the conflict.

In November of 1919, Armistice Day was marked by many countries. The observance included parades, public celebrations, and pauses to both business and school activities when the clock struck 11 am.

In June of 1926, Congress passed a resolution that November 11 should be commemorated each year. As of May 13, 1938, Armistice Day became a legal Federal holiday.

Changes were still abound, however. During World War II, more than 16 million Americans

The Life of a Leaf



The change of season from summer to fall has been like a roller coaster ride this year. Clear skies and warm weather one day, rain and hail storms the next.

It might be hard to tell that fall has arrived had it not been for the traditional change of red, yellow and brown colored leaves.

A leaf, an organ of a tree or a plant, can come in many different types of colors and shapes.

However, the life cycle of leaves is mainly the same for all.

The birth of a leaf begins in the springtime when it starts out as a bud on a branch. During its first stage of life a leaf will start to produce sugar sap, the nourishment needed by the tree. A tree will absorb water and nutrients from the ground in exchange for the sugar sap. This is the food exchange process between the leaf and the tree.

A leaf is also made up of inner and outer tissues of which there are three major parts.

The interior of a leaf is the mesophyll tissue. The mesophyll tissue is made up of two layers, the palisade layer and the spongy layer. This is where photosynthesis occurs. The outside tissue of a leaf is the epidermis, which covers and protects the surface of the leaf.

The third major part of a leaf is its veins. The veins are also made up of tissues and are located in the spongy layer of the mesophyll.

Veins are responsible for the transportation of sugar sap, water and nutrients. Veins also give each leaf its shape and form.

When temperatures begin to drop trees stop supplying leaves with nutrients, sometimes referred to as scarring. This is the reason why leaves change color in the fall. The color cycles includes red, yellow, purple and then brown. The outer layer (the epidermis tissue) becomes brittle and as the leaf dries up it will eventually fall off. Each individual leaf is affected differently so no two leaves will ever look the same. This life cycle will begin again once the weather starts getting warmer, and trees will bloom new leaves

“Cornbread Stuffing”

Pat M.

“Baked Ham”

Pam C.

We asked residents and staff to share the dish they most look forward to each fall and/or Thanksgiving.



Time Change

“Fall Back”

Set your clocks back one hour before bedtime on Saturday November 4th

November Highlights — You're Invited!

11/1: Songbirds of Southern Oregon

11/8: Scenic drive to Cantrell Buckley Park

11/10: Science Works Hands on Museum

11/14: Girl Scouts visit

11/19: Gingerbread Jubilee

11/21: John Jackson, Mammals of Southern Oregon

11/22: Rogue Creamery Tour

11/23: Traditional Thanksgiving Feast

11/30 Melody Makers Christmas Program



Bud B.	Vern H.	Pete L.
Alvin B.	Robert H.	Mac M.
Warren B.	Bob H.	Elie M.
Joe B.	Al L.	Evan O.
Keith C.	Jim M.	Paul P.
Richard C.	Jack M.	Conrad R.
George C.	Vern N.	Neil P.
Richard C.	Alan N.	Bob S.
Hiram C.	Ed R.	Karl S.
Orval E.	Bob S.	Bruce S.
Bengt H.	Maryann J.	Jill S.
Jim P.	Everett E.	

My favorite Thanksgiving and/or fall dish is...



"Pumpkin Pie"

Betty L.

"Roast Turkey"

Helen C.

"Candied Yams"

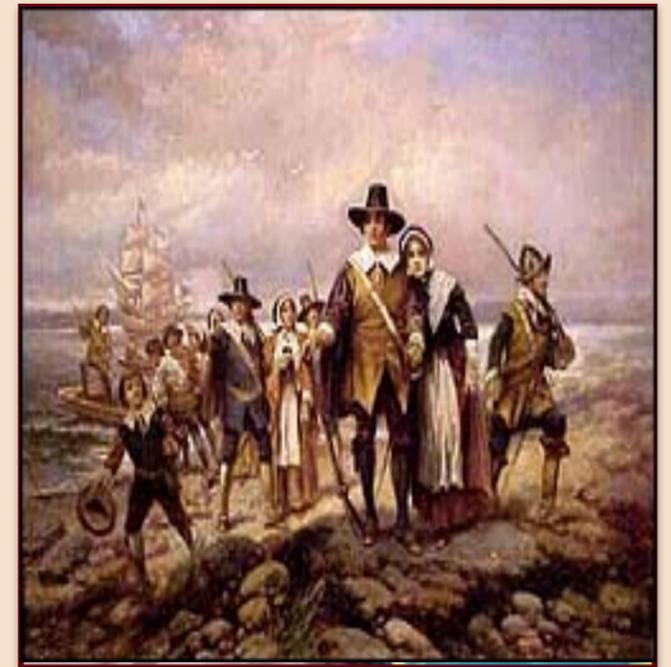
Mary L.

The First Thanksgiving Festival

The Pilgrims left Plymouth, England, on September 6, 1620. Their destination? The New World. Although filled with uncertainty and peril, it offered both civil and religious liberty.

For over two months, the 102 passengers braved the harsh elements of a vast storm-tossed sea. Finally, with firm purpose and a reliance on Divine Providence, the cry of "Land!" was heard.

Arriving in Massachusetts in late November, the Pilgrims sought a suitable landing place. On December 11, just before disembarking at Plymouth Rock, they signed the "Mayflower Compact"—America's first document of civil government and the first to introduce self-government. After a prayer service, the Pilgrims began building hasty shelters. However, unprepared for the starvation and sickness of a harsh New England winter, nearly half died before spring. Yet, persevering in prayer, and assisted by helpful Indians, they reaped a bountiful harvest the following summer.



day feast, starting on December 13, 1621, to thank God and to celebrate with their Indian friends. While this was not the first Thanksgiving in America (thanksgiving services were held in Virginia as early as 1607), it was America's first Thanksgiving Festival.

The grateful Pilgrims then declared a three-

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LIKE our Facebook page today!

www.Facebook.com/PioneerVillageOregon

November 2017

Pioneer Village
805 N. 5th Street
Jacksonville, Oregon
541-899-6825

*The secret to living longer;
Eat half
Laugh triple
And
Love without measure.*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Residents Joyce S. 11/1 Guadalupe H. 11/7 Orval E. 11/7 Mary B. 11/7 Mary C. 11/15 George C. 11/22	Birthdays 	Employees Merlene E. 11/1 Trina B. 11/1 Daisy M. 11/20 Debra H. 11/26 Linda S. 11/29 Beondi H. 11/29 Bob P 11/30	1 8:45 Sit & Stretch TF 11:00 Library Luncheon Fruits of their labor: the Bracero 1:00 Bingo \$2.00 TF 2:15 Wii Bowling TF 3:00 Songbirds of Southern Oregon B	2 <u>Medical Transportation</u> 10:00 Stories with Joan CR 10:30 Donuts & Coffee B 1:00 Cooking hour AK 2:00 Sit & Stretch TF 3:00 Carole Nielson New England B	3 8:45 Sit & Stretch TF 10:30 Fast Food Friday Carls Jr 10:30 Left Right Ctr TF 2:15 Wii Bowling TF 3:00 Wine Social B Swing a Longs	4 10:30 Shopping Walmart 11:00 Coloring Club BL 1:00 Bingo \$2.00 TF 2:30 Louis Faro BL 6:00 Movie The Lake House
5 9:45 Ruch Church Bus 10:00 Local Church Trans. 10:45 PV Church Services 2:00 Mexican Train TF 2:00 Movie Matinee CR The Lake House 2:00 Kriselle Cellars	6 <u>Medical Transportation</u> 8:45 Sit & Stretch TF 10:00 Chair Yoga CR 1:00 Bingo \$2.00 TF 2:15 Wii Bowling TF 3:00 Resident Council BL 5:30 Monday Night Football	7 <u>Medical Transportation</u> 9:00 One on One Visits 10:30 Bible Study LL 10:30 Craft Hour AK 10:45 Menu Meeting B 1:00 Sit & Stretch TF 1:30 Activities Meeting B 3:30 Cocktail Hour B	8 8:45 Sit & Stretch TF 9:30 Scenic Drive 1:00 Bingo \$2.00 TF 2:00 Cinema Hour CR 2:15 Wii Bowling TF 4:30 Supper Club Olive Garden	9 <u>Medical Transportation</u> 10:00 Stories with Joan CR 10:30 Tea & Scones B 1:00 Cooking hour AK 2:00 Alzheimer's support group CR 2:00 Sit & Stretch TF 3:00 Shopping Trader Joes	10 8:45 Sit & Stretch TF 9:30 Science Works Hands on Museum 2:15 Wii Bowling TF 3:00 Wine Social B Tracy & Kathy	11 VETERANS DAY ***** 10:30 Veterans Day Ceremony B 1:00 Bingo \$2.00 TF 2:30 Craft Hour AK 6:00 Movie CR Road to Perdition
12 9:45 Ruch Church Bus 10:00 Local Church Trans. 10:45 PV Church Services 2:00 Mexican Train TF 2:00 Movie Matinee CR Road to Perdition 2:30 Scenic Drive	13 <u>Medical Transportation</u> 8:45 Sit & Stretch TF 10:00 Chair Yoga CR 1:00 Bingo \$2.00 TF 2:15 Wii Bowling TF 3:00 Independent Resident 5:30 Monday Night Football	14 <u>Medical Transportation</u> 9:00 One on One Visits 10:30 Bible Study LL 10:30 Craft Hour AK 10:45 Menu Meeting B 1:10 Sit & Stretch TF 3:00 Cocktail Hour TF 5:30 Girl Scouts Visit DR	15 8:45 Sit & Stretch TF 10:30 Out to Lunch Bunch La Burrita 1:00 Bingo \$2.00 TF 2:00 Cinema Hour CR 2:15 Wii Bowling TF 3:00 Carole Nielson Niagara Falls B	16 <u>Medical Transportation</u> 10:00 Stories with Joan CR 10:30 Coffee & Turnovers B 1:00 Cooking hour AK 2:00 Sit & Stretch TF 3:00 Lee Stewart BL Piano Music 	17 8:45 Sit & Stretch TF 10:30 Shopping Barns & Nobel 10:30 Left, Right Crt TF 1:00 IN2L TF 2:15 Wii Bowling TF 3:00 Wine Social B Music with Dom	18 10:00 Shopping Bi-Mart 11:00 Coloring Club BL 1:00 Bingo \$2.00 TF 3:00 Craig Evans BL 6:00 Movie CR Walk the Line
19 9:45 Ruch Church Bus 10:00 Local Church Trans. 10:45 PV Church Services 2:00 Mexican Train TF 2:00 Movie Matinee CR Walk the Line 2:30 Gingerbread Jubilee	20 <u>Medical Transportation</u> 8:45 Sit & Stretch TF 10:00 Chair Yoga CR 2:00 Bingo \$2.00 TF 2:15 Wii Bowling TF 3:00 Fireside Chat BL 5:30 Monday Night Football	21 <u>Medical Transportation</u> 9:00 One on One Visits 10:30 Bible Study LL 10:30 Craft Hour AK 10:15 Menu Meeting B 1:00 Sit & Stretch TF 3:00 John Jackson Mammals of Southern Oregon	22 8:45 Sit & Stretch TF 1:00 Bingo \$2.00 TF 2:00 Cinema Hour CR 2:15 Wii Bowling TF 3:00 Rogue Creamery Tour	23 9:00 Macy's Thanksgiving Day Parade CR & B 11am to 3pm Thanksgiving Buffet RSVP at the Front Desk Movie: The Santa Clause	24 8:45 Sit & Stretch TF 10:30 Left Right Ctr Tf 1:00 IN2L TF 2:15 Wii Bowling TF 3:00 Wine Social B Sheila Winn	25 10:00 Craft Hour AK 11:00 Coloring Club BL 2:30 Dave Swan BL Piano 1:00 Bingo \$2.00 TF 6:00 Movie CR
26 9:45 Ruch Church Bus 10:00 Local Church Trans. 10:45 PV Church Services 2:00 Mexican Train TF 2:00 Movie Matinee CR The Rock 2:30 Scenic Drive	27 <u>Medical Transportation</u> 8:45 Sit & Stretch TF 10:00 Chair Yoga CR 1:00 Bingo \$2.00 TF 2:15 Wii Bowling TF 2:00 Food Committee B 3:00 Cottage Resident BL 5:30 Monday Night Football	28 <u>Medical Transportation</u> 9:00 One on One Visits 10:30 Bible Study LL 10:30 Craft Hour AK 10:45 Menu Meeting B 1:00 Sit & Stretch TF 3:00 Cocktail Hour TF	29 8:45 Sit & Stretch TF 8:45 Breakfast Club Shari's 10:00 Wii Bowling @ BW 1:00 Bingo \$2.00 TF 2:00 Cinema Hour CR 3:00 Monthly Birthday Party B	30 <u>Medical Transportation</u> 10:00 Stories with Joan CR 10:30 Tea & Crumpets B 1:00 Cooking hour AK 2:00 Sit & Stretch TF 3:00 Melody Makers Christmas Music BL	AL—A building lobby BL—B building lobby B—Bistro LL—Ladies Lounge 2L—2nd floor lounge TF—3rd floor game room AK—Activities kitchen DR—Dining room	Vegetables are a must on a diet. May I suggest, Carrot Cake, Zucchini Bread and Pumpkin Pie.