

PLACE STAMP
 HERE



Administrative Staff:

Jessica Penland
 Executive Director
Bridget Buchholz
 Community Relations Director
Rhonda Todd
 Resident Care Coordinator
Rosa Valencia
 Resident Care Coordinator
Bridget Buchholz
 Business Office Manager
Jessica Comerford
 Registered Nurse
Nathan Turner
 Dietary Director
Roel Garza
 Maintenance Director

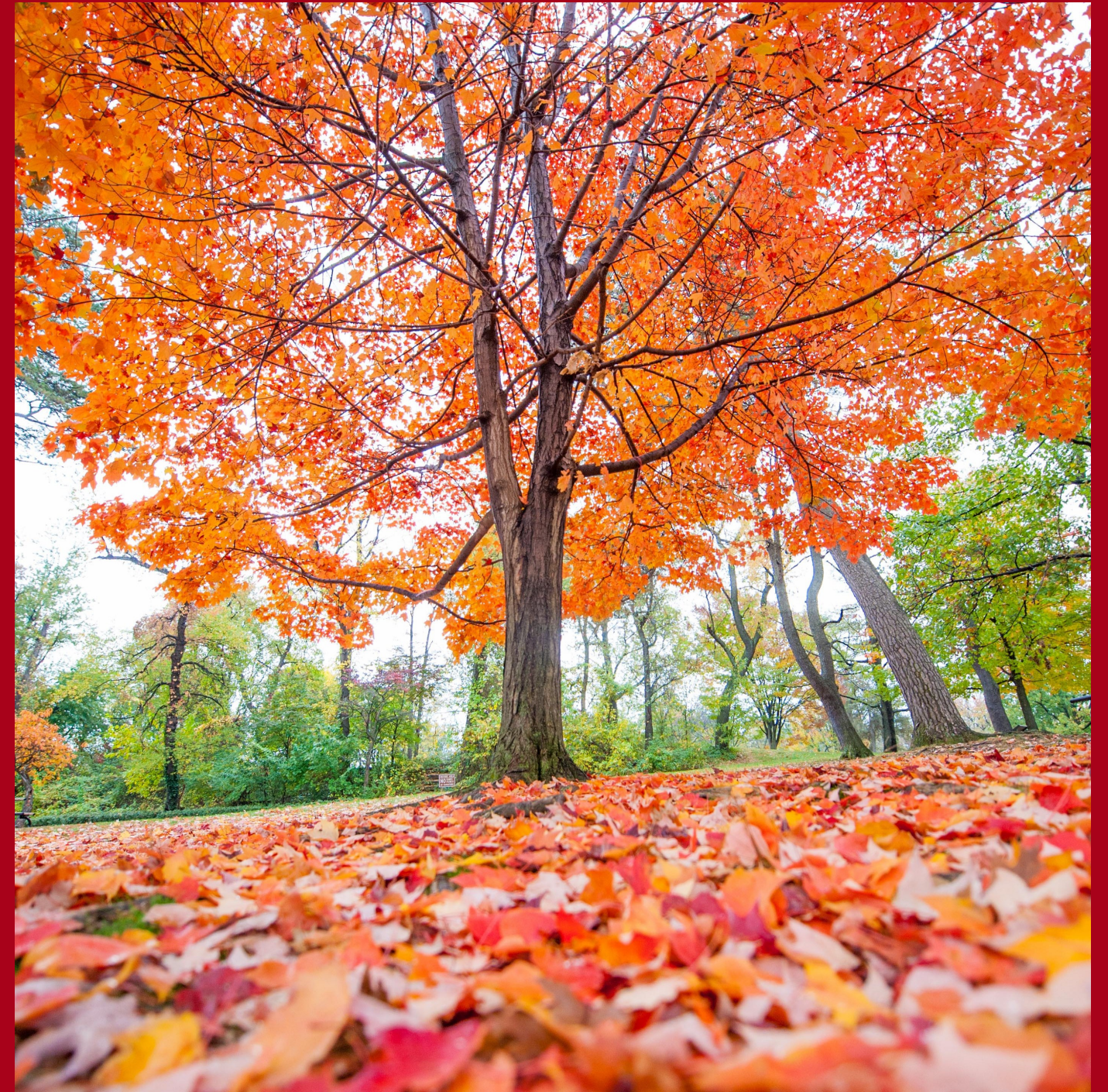


**Our mission is to create and sustain
 comfortable, caring environments for
 those who depend on us.**

Contact Us At:
503-982-4000

Emerald Gardens

Emerald Gardens Assisted & Memory Care Newsletter — November 2017



**INSIDE
 THIS ISSUE**

- P2 Veterans Day History
- P3 Veterans Pinning Cere.
- P3 Connect on Facebook
- P4 Activities Calendar
- P6 November Highlights
- P6 Favorite Fall Dishes
- P7 First Thanksgiving Story
- P8 Mission & Team

The History and Significance of Veterans Day



On Saturday, November 11, citizens across the United States will celebrate Veterans Day with gratitude toward the men and women who have bravely and selflessly served our country.

In conjunction with celebrating this important day, here are some facts about its history and significance. To all those who have served, we humbly thank you for your service, and Happy Veterans Day to you!

Veterans Day is a U.S. holiday that honors veterans of all wars.

In 1918, during World War I, on the 11th hour of the 11th day of the 11th month, hostilities ceased between the Allied nations and Germany. The cessation was marked by many countries as Armistice Day. The Treaty of Versailles, which marked the end of the war, was signed on June 28, 1919, but the armistice date was the one that most people considered the end of the conflict.

In November of 1919, Armistice Day was marked by many countries. The observance included parades, public celebrations, and pauses to both business and school activities when the clock struck 11 am.

In June of 1926, Congress passed a resolution that November 11 should be commemorated each year. As of May 13, 1938, Armistice Day became a legal Federal holiday.

Changes were still abound, however. During World War II, more than 16 million Americans served in the Army, Air Force, Marines, and

Navy. Another 5.7 million served in the Korean war. This spurred Veterans service organizations to lobby for the words Veterans Day to replace the words Armistice Day in honor of the American veterans of all wars. In 1954, President Dwight D. Eisenhower signed legislation for the name to be changed.

The day would still see some changes. As of 1971, Veterans Day was moved to the fourth Monday in October. This followed Congress passing the Uniform Holidays Bill that brought about the celebration of four national holidays on Mondays. As of 1978, due to many states' confusion and disapproval over the change, the holiday was moved back to its original observance date. It continues to be held on that date.

What is the difference between Veterans Day and Memorial Day? It is a common question. Memorial Day, celebrated in May, is dedicated to Americans who have served and who passed away while—or as a result of—serving. Veterans Day honors all Veterans, alive and those who have passed.



The First Thanksgiving Festival

The Pilgrims departed from Plymouth, England, on September 6, 1620, headed to the New World. Although it was filled with uncertainty and peril, it offered both civil and religious liberty.

For more than two months, 102 passengers braved harsh elements of a vast, stormy sea. Finally, with firm purpose and a reliance on Divine Providence, the cry of “Land!” was heard.

Arriving in Massachusetts in late November, the Pilgrims sought a suitable landing place. On December 11, just before disembarking at Plymouth Rock, they signed the “Mayflower Compact” — America’s first document of civil government and the first to introduce self-government.

After a prayer service, the Pilgrims began building shelters. However, unprepared for the starvation and sickness of a harsh New England winter, nearly half died before Spring. The following summer, however, persevering in prayer, and assisted by helpful Indians, they reaped a bountiful harvest.

The grateful Pilgrims then declared a three-day feast, starting December 13, 1621 to thank God and to celebrate with their Indian friends. While this was not the first Thanksgiving in America (thanksgiving services were held in Virginia as early as 1607), it was America’s first Thanksgiving Festival!

“Turkey Dressing”

-Marian

“Turkey With Cranberry Sauce”

-Coco

We asked residents and staff to share the dish they most look forward to each fall and/or Thanksgiving.

“Mashed Potatoes and Gravy”

- Patty

November Highlights — You're Invited!

Friday Nov. 10th at 1:30pm—Do-terra will be here providing us with complimentary essential oil sessions!

Wednesday Nov. 15th: Local Artist Darla Bolkjat will be here to provide painting 101 to bring out the artist in us all!

Thursday Nov. 23rd
Thanksgiving Lunch @ Noon
Please R.S.V.P to 503-982-4000

Saturday Nov. 25th join us for a kickoff party for the Annual Civil War Football game and come support your favorite Oregon Team!



Don't forget to set your clocks back one hour before you go to bed on Saturday Nov. 4th!

My favorite Thanksgiving and/or fall dish is...



"Baked Ham"
-Roel

"Sauerkraut & Dumplings"
-Roberta

Emerald Gardens invites you to join us in honoring local veterans at our...

Veterans Pinning Ceremony

Thursday
November 9, 2017
1:30 pm

Presentation by
Maxine Tammany
of Serenity Hospice

Public Welcome!

Please join us for a Veterans' Pinning Ceremony to acknowledge the military service and sacrifices made by our veterans and their families.

Wear red, white, and blue to honor our veterans!

 **EMERALD GARDENS**
ASSISTED & MEMORY CARE

R.S.V.P. to Bridget Buchholz
at **503-982-4000**

1890 Newberg Highway, Woodburn, OR 97071 • www.EGSeniorLiving.com



We've been sharing more and more on our Facebook page recently and would love to have you join the conversation!
LIKE our Facebook page today!

www.Facebook.com/EmeraldGardensCommunity

November 2017

Assisted Living

Emerald Gardens

1890 Newberg Highway

Woodburn, OR 97071

503-982-4000

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Don't Forget to set your clocks back one hour on before bedtime on Saturday November 4th!		1 9:30 Get Fit 10:00 Resident Council 11:00 Recipe Club (AR) 1:30 Crafts 2:30 Manicures 4:00 Happy Hour 6:00 Movie & Popcorn	2 9:30 Chair Yoga 10:00 Wii Bowling 1:30 Hangman* (MC) 2:00 Ice Cream Social 3:00 BINGO (MC) 4:00 Racko! 6:30 Crossword Puzzles	3 9:30 Chair Dancing* 10:00 BINGO 11:00 Brain Games 1:30 Chef Chat 2:30 Bible Study w/Pastor Ott 4:00 Wine & Cheese Tasting 6:00 Dominoes	4 10:00 Coffee & Word Search 11:00 Trivia 1:30 10,000 Dice Game 2:30 Music by Rachel (DR) 3:30 Racko! 4:00 Cocoa & Crosswords
5 National Donut Day! 10:00 UNO (MC) 11:00 Puzzles & Coffee 1:30 Po-Ke-No 2:00 Bible Study w/ Shirley 2:30 Movie & Popcorn 3:30 Donuts & Coffee (DR) 6:00 Scrabble	6 9:30 Get Fit 10:00 BINGO 11:00 Brain Games 1:30 Rediscover Coloring 2:30 Racko 3:30 Wii Bowling	7 9:30 Get Fit 10:00 Shopping @ Walmart 1:30 Yahtzee! 2:30 BINGO 3:30 Ladies Tea Time 3:30 Men's Model Car Club 6:00 Checkers	8 Russell's Birthday! 9:30 Sit & Be Fit! 10:00 Po-Ke-No! 11:00 Scrapbooking 1:30 Crafts 3:00 Library Outing 4:00 Happy Hour 6:00 Movie & Popcorn	9 9:30 Chair Yoga 10:00 Wii Bowling 10:30-Scenic Drive 11:00 Ted's Mobility Clinic 1:30 Veteran's Pinning 2:30 Ice Cream Social 3:00 BINGO (MC) 4:00 Racko!	10 9:30 Chair Dancing* 10:00 BINGO 11:00 Brain Games 1:30 Aromatherapy 2:30 Bible Study w/Pastor Ott 4:00 Wine & Cheese Tasting 6:00 Dominoes	11 Veteran's Day 10:00 Coffee & Word Search 11:00 Trivia 1:30 10,000 Dice Game 2:00 Cocoa & Crosswords 2:30 Racko! 3:30 Skip-Bo 6:30 Racko
12 10:00 UNO (MC) 11:00 Puzzles & Coffee 1:30 Po-Ke-No 2:30 Church Service 3:30 Hymns 2:00 Bible Study w/Shirley 2:30 Movie & Popcorn	13 9:30 Get Fit 10:00 BINGO 11:00 Brain Games 1:30 Rediscover Coloring 2:30 Racko 3:30 Wii Bowling	14 9:30 Get Fit 10:00 Shopping @ Dollar Tree 1:30 Yahtzee! 2:30 BINGO 3:30 Ladies Tea Time 3:30 Men's Model Car Club 6:00 Checkers	15 9:30 Get Fit! 10:00 Manicures 11:00 Scrapbooking 1:30 Crafts 2:30 Painting w/Darla 4:00 Happy Hour 6:00 Movie & Popcorn	16 Clara's Birthday! 9:30 Chair Yoga 10:00 Wii Bowling 1:30 Hangman* (MC) 2:00 Ice Cream Social 3:00 BINGO (MC) 4:00 Racko! 6:00 Crossword Puzzles	17 9:30 Chair Dancing* 10:00 BINGO 11:00 Brain Games 1:30 Wii Golf 2:30 Bible Study w/Pastor Ott 4:00 Wine & Cheese Tasting 6:00 Dominoes	18 10:00 Coffee & Word Search 11:00 Trivia 1:30 10,000 Dice Game 2:30 Cocoa & Crosswords 3:30 Skip-Bo 6:30 Racko
19 10:00 UNO (MC) 11:00 Puzzles & Coffee 1:30 Po-Ke-No 2:00 Bible Study w/Shirley 2:30 Movie & Popcorn 6:00 Scrabble	20 9:30 Get Fit 10:00 BINGO 11:00 Brain Games 1:30 Rediscover Coloring 2:30 Racko 3:30 Wii Bowling	21 9:30 Get Fit 10:00 Shopping @ Walmart 1:30 Yahtzee! 2:30 BINGO 3:30 Ladies Tea Time 3:30 Men's Model Car Club 6:00 Checkers	22 9:30 Get Fit! 10:00 Po-Ke-No! 11:30 Lunch Outing: Abby's Pizza 2:00 Crafts 4:00 Happy Hour 6:00 Movie & Popcorn	23 Thanksgiving 9:30 Chair Yoga 10:00 Wii Bowling 12:00 Thanksgiving Lunch 3:00 BINGO (MC) 4:00 Racko 6:00 Crossword Puzzles	24 9:30 Chair Dancing* 10:00 BINGO 11:00 Brain Games 1:30 Wii Golf 2:30 Bible Study w/Pastor Ott 4:00 Wine & Cheese Tasting	25 Civil War 10:00 Coffee & Word Search 11:00 Trivia 1:30 10,000 Dice Game 2:00 Cocoa & Crosswords 2:30 Racko! 2:30 Choir Music 3:30 Skip-Bo
26 10:00 UNO (MC) 11:00 Puzzles & Coffee 1:30 Po-Ke-No 2:00 Bible Study w/Shirley 2:30 Movie & Popcorn 6:00 Scrabble	27 Natl. French Toast Day 9:30 Get Fit 10:00 BINGO 11:00 Brain Games 1:30 Phil Hall: Accordion 2:30 Racko! 3:30 Wii Bowling	28 9:30 Get Fit 10:00 Shopping @ Goodwill 1:30 Yahtzee! 2:30 BINGO 3:30 Ladies Tea Time 3:30 Men's Model Car Club 6:00 Checkers	29 9:30 Sit & Be Fit! 10:00 Manicures 11:00 Scrapbooking 1:30 Crafts 3:00 Library Outing 4:00 Happy Hour 6:00 Movie & Popcorn	30 9:30 Chair Yoga 10:00 Wii Bowling 10:30-Scenic Drive 1:30 Hangman* 2:30 November Birthday Party! 2:30 Royce Mosgrove 3:30 BINGO (MC) 6:00 Crossword Puzzles	 <h1>HAPPY THANKSGIVING</h1>	

November 2017

Memory Care

Emerald Gardens
 1890 Newberg Highway
 Woodburn, OR 97071
 503-982-4000

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 <u>Hairdresser Day</u> 9:30 Chair Yoga* 10:00 Coloring Hour 1:30 Yahtzee! 3:00 Family Feud Game!* 3:30 Chicktionary!* 4:30 Music Therapy* 6:30 Word Search Puzzles	2 9:30 Conductorcise* 10:00 November Puzzle Books! 11:00 Crossword Puzzles* 1:30 Hangman* 2:30 Ice Cream Social 3:00 BINGO 4:00 Horse Races! 4:30 Music Therapy*	3 9:30 Chair Dancing* 10:00 BINGO 11:15 Snack & Hydration 1:30 Coloring Hour 2:30 Bible Study 3:30 Yahtzee!	4 9:30 Word Search 10:00 UNO! 10:30 Snack & Hydration 1:30 Andy Griffith Show* 2:30 Snack Time 3:30 Crosswords & Cocoa 6:30 Build a Puzzle*
5 <u>National Donut Day!</u> 9:30 Word Search 10:00 UNO! 1:05 Seahawks vs Redskins 1:30 Coloring Hour 2:30 I Love Lucy Show* 3:30 Donuts & Coffee 6:30 Evening Movie	6 9:30 Chair Dancing!* 10:00 BINGO 11:15 Snack & Hydration 1:30 UNO! 2:30 Family Feud Game!* 3:30 Snack Time 4:00 "How Much Did It Cost?"*	7 9:30 Sit & Be Fit* 10:00 Morning Movie 10:30 Snack & Hydration 1:30 Crafts 2:30 BINGO 3:30 Snack Time 4:30 Matching Game!* 6:30 UNO w/ Russell	8 <u>Hairdresser Day</u> 9:30 Manicures 10:30 Snack & Hydration 1:30 Yahtzee! 3:00 Family Feud Game!* 3:30 Chicktionary!* 4:30 Music Therapy* 6:30 Word Search Puzzles	9 9:30 Conductorcise* 10:00 Morning Movie 1:30 Veteran Pinning 2:30 Ice Cream Social 3:00 BINGO 4:00 Horse Races! 4:30 Music Therapy*	10 9:30 Chair Dancing* 10:00 BINGO 11:15 Snack & Hydration 1:30 Coloring Hour 2:30 Bible Study 3:30 Yahtzee! 4:30 Music from the 60's*	11 <u>Veteran's Day</u> 9:30 Word Search 10:00 UNO! 10:30 Snack & Hydration 1:30 Andy Griffith Show* 2:30 Snack Time 3:30 Crosswords & Cocoa 6:30 Build a Puzzle*
12 9:30 Word Search 10:00 UNO! 10:30 Snack & Hydration 1:30 Coloring Hour 2:30 Church Service 3:30 Hymns 6:30 Evening Movie	13 9:30 Chair Dancing!* 10:00 BINGO 11:15 Snack & Hydration 1:30 UNO! 2:30 Family Feud Game!* 3:30 Snack Time 4:00 Monday Night Football!	14 9:30 Sit & Be Fit!* 10:00 Shopping @ Dollar Tree 10:30 Snack & Hydration 11:00 "How Much Did It Cost?" 1:30 Crafts 2:30 BINGO 3:00 Snack Time 3:30 Matching Game!* 6:30 UNO w/Russell	15 <u>Hairdresser Day</u> 9:30 Chair Yoga* 10:00 Coloring Hour 1:30 Yahtzee! 3:00 Family Feud Game!* 4:00 Chicktionary* 4:30 Music Therapy* 6:00 Word Search Puzzles	16 9:30 Conductorcise* 10:00 Morning Movie 11:00 Crossword Puzzles 1:30 Hangman* 3:00 BINGO 4:00 Horse Races! 6:30 The Andy Griffith Show*	17 <u>World Peace Day</u> 9:30 Chair Dancing* 10:00 BINGO 11:00 Snack & Hydration 1:30 Coloring Hour 2:30 Bible Study 3:30 Yahtzee! 4:30 Music from the 60's*	18 9:30 Word Search 10:00 UNO! 10:30 Snack & Hydration 1:30 Andy Griffith Show* 2:30 Snack Time 3:30 Crosswords & Cocoa 6:30 Build a Puzzle*
19 9:30 Word Search 10:00 UNO! 1:30 Coloring Hour 2:30 I Love Lucy Show* 3:30 Snack Time 6:30 Build a Puzzle* 7:00 Evening Movie	20 9:30 Word Search 10:00 BINGO 11:15 Snack & Hydration 1:30 Coloring Hour 2:30 Family Feud Game!* 3:30 Snack Time 6:30 Build a Puzzle*	21 9:30 Sit & Be Fit!* 10:00 Morning Movie 10:00 Word Search Puzzles 10:30 Snack & Hydration 1:30 Crafts 2:30 BINGO 3:30 Matching Game!*	22 <u>Hairdresser Day</u> 9:30 Manicures 10:30 Snack & Hydration 11:30 Lunch @ Abby's Pizza 1:30 Yahtzee! 2:30 Family Feud Game!* 3:30 Crossword Puzzles* 4:00 Chicktionary* 6:00 Word Search Puzzles	23 <u>Thanksgiving</u> 9:30 Conductorcise* 10:00 Macy's Thanksgiving Day Parade (on ABC) 12:00 Thanksgiving Lunch 3:00 BINGO 4:30 Music from the 60's* 6:30 The Andy Griffith Show*	24 9:30 Chair Dancing* 10:00 BINGO 11:15 Snack & Hydration 1:30 Coloring Hour 2:30 Bible Study 3:30 Yahtzee! 4:30 Music from the 60's*	25 Civil War 9:30 Word Search 10:00 UNO! 10:30 Snack & Hydration 1:30 Andy Griffith Show* 2:30 Choir Music 3:30 Crosswords & Cocoa 6:30 Build a Puzzle*
26 9:30 Word Search 10:00 UNO! 1:00 Seahawks vs 49ers 1:30 Coloring Hour 3:30 Snack Time 6:30 Build a Puzzle* 7:00 Evening Movie	27 9:30 Chair Dancing!* 10:00 BINGO 11:15 Snack & Hydration 1:30 Phil Hall: Accordion 2:30 Family Feud Game!* 3:30 UNO! 4:00 Crosswords Puzzles!*	28 Natl. French Toast Day 9:30 Sit & Be Fit!* 10:00 Shopping @ Goodwill 10:30 Snack & Hydration 11:00 "How Much Did It Cost?" 1:30 Crafts 2:30 BINGO 3:30 Matching Game!*	29 <u>Hairdresser Day</u> 9:30 Chair Yoga* 10:00 Coloring Hour 1:30 Yahtzee 2:30 Family Feud Game!* 4:00 Chicktionary* 4:30 Music Therapy* 6:00 Word Search Puzzles	30 9:30 Conductorcise* 10:00 Morning Movie 11:00 Crossword Puzzles 1:30 Hangman* 2:30 November Birthday Party! w/ Piano Music by Royce 3:30 BINGO 6:30 The Andy Griffith Show*		