



LIFE ENRICHMENT MONTHLY NEWS

We are very excited to announce the introduction of **Memories in the Making**, an awesome new fine arts program, which we will be providing for our residents weekly starting the first week of this month! The program was designed by The Alzheimer's Association to boost self-esteem and communication skills in people with memory loss, two important aspects commonly damaged in people suffering with dementia. It requires absolutely no art background and can provide an outlet of creative expression within a calm, comfortable and welcoming environment while most definitely having a little fun along the way! Our first session will be our activity "Highlight of the Week" and will include introducing the program, its objective, expectations, the tools we will be using, and a few basic painting techniques. The program will attempt to engage even those who have never been known to be interested in painting before by

incorporating personal history into each individual's experience with the program. For example, Marsha, our resident cat lover, may be persuaded into engaging by given the subject of cats to paint. Grace may decide to join in after hearing about her granddaughter's up and coming birthday for whom she could paint a nice card for. Many of our residents here have already shown a decent interest in creating artworks. With a little more attention to detail on how the activity will be presented to the residents, and further focus on techniques designed to entice engagement, this is a program we are expecting to get a wide response from! Other upcoming highlights this month include our annual Sock Hop, pillowcase decorating for soldiers in combat hospitals with Little Hands Can, and our Thanksgiving Lunch with caramel dipped apples made by the residents!

This month's calendar includes an

outing with a destination we have yet to visit! We are going to try out The Muffin Mill on Prairie Road as suggested by Med Aide Josh, and then voted for by residents at our bimonthly council meeting.

Destinations that also passed voting include; The Holiday Market at Lane Events Center, The Oregon Horse Center, and bowling!

Many of our residents are from small towns out in the country, have lived on small farms and/or are western music lovers! **Last month's "Western Day" touched on that portion of their history and we had tons of fun.** The day started with some horse and rodeo trivia. With Violet's reputation of dominating trivia, we decided to split the teams, Violet vs. The People. The People ended with the victory! Did you know all of the

...CONTINUED ON PAGE 2



Happy Birthday!

RESIDENTS

November 01 Connie H.
November 04 Violet V.
*Norma—sorry we missed
posting yours on October 23rd!*

STAFF

November 11 Nicole R.

WELCOME NEW RESIDENTS!

Welcome **Richard, Diane, and Mike!** So blessed to have you here with us at Chateau Gardens

Resident of the Month

We didn't have to know Evelyn B. for very long before we knew that all of the qualities of a natural nurturer are deeply woven into her soul! These qualities set her up to become the wonderful and devoted mother, the caring and attentive nurse, and the sweet and kind neighbor her children, patients, and folks here at Chateau Gardens all know and love! Even though we haven't seen it first hand, Evelyn is the type of woman who would catch and carry a spider outside because she couldn't harm even a tiny bug! Today love is something we could all use a little more of, and we all appreciate Evelyn and the love she has given!

Evelyn was born in Anaconda, Montana to her parents, Emmitt and Nina D. In her younger years her family moved to a small farming town in Minnesota called, Henderson. Evelyn remembers having many meals prepared by her grandmother that were served on

LIFE ENRICHMENT MONTHLY NEWS CONTINUED FROM PAGE 1...

horses competing in the Kentucky Derby are three years old? I sure didn't, but our resident Patsy, who worked on a race horse track sure did! For lunch we all enjoyed barbecue chicken, mac n' cheese, grilled veggies, and cornbread. After lunch, we took pleasure in some classic acoustic western tunes by our friend, Al Rivers. Once the music ended, we all cheers'd to a frothy jar of root beer float! The few that weren't partied out, stuck around and made some beautiful southwest inspired cactus art. It's safe to say the day went on without a hitch!

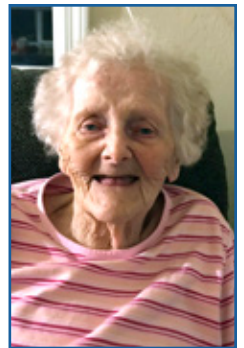
We were honored to have special guests, Fifth Element Wind Quintet here for a performance right in the comfort of our own living room! Not only are they amazingly talented musicians, one of the musicians, Richard, is also resident Chuck's son! It was a real treat for Chuck and everyone in the community because it is not often we get a four piece band in here to perform but they also played some beautiful classical music that set a beautiful mood over the community.

We were all overjoyed to have our Halloween tradition return to us this year thanks to The Safari Next Door! In previous years Zany Zoo brought their creepy, crawly, slimy critters in to share with us but, after having some major business changes, they weren't making party appearances. The residents were just as (surprisingly) accepting of the scary snakes, spiders, rodents, and bugs as they were in previous years and The Safari Next Door did a great job of putting the 'spooky' in our Spooktacular Halloween Celebration! Having the animals here, combined with pizza, treats, and dogs and kiddos in costume, it was a potion made for fun from the start!

their large family farm table surrounded by relatives and farm hands. Evelyn was a beautiful yet silly little girl. She had a gorgeous fiery red head of hair that went well with her freckled skin. She remembers a funny story—She was in the backseat of her parent's car sticking her tongue out at cars driving by. Her parents began to notice people staring and smiling. They assumed people were admiring their young daughter with the pretty red hair. Once they discovered what Evelyn was doing in the backseat, they were mortified!

After high school graduation, Evelyn attended nursing school and was accepted into the Cadet Nurse Corps just as the war ended. Evelyn met her love of a lifetime, Navy sailor, Wesley Ernest B., while she was finishing nurses training. As Evelyn puts it, **"It**

was love at first sight!" She referred to him as, **"her sailor boy."** The two lovebirds had three children together. She went on to work at hospitals and nursing homes all along the west coast: in California, Oregon, and Washington. She was very passionate about her career in nursing. She truly loved her patients and always gave them the best care she could!



Evelyn has lived at Chateau for only a few months. If you haven't stopped by to say hello, don't be a stranger! She loves having visitors of all kinds! Even Flea and Rose love going over to say hello as well as our staff and other residents.

Activity Highlights



Beautiful bloom named Norma.



Esther enjoying the music.



Flea welcomes Dianne.



Furry friends from Greenhill.



Joyful June!



Painting Pumpkins.



Peace and Love.



Besties Rachel and Flea.

Rock Star of the Month

This month's Rock Star is one of newer resident assistants, **Ashlee B!** Ashlee is always caring and attentive to our resident's needs, and works extra shifts when needed. Although quiet, she's very kind, compassionate and helpful to our residents and is also a team player. When not busy caring for our residents, she is a very busy mom of a beautiful baby girl. Thank you Ashlee for all of your hard work!

Short Term Therapy Success



Richard came to us from a rehab situation and has really began to open up and make friends here! He is participating more than his referring social worker thought he would and we couldn't be happier that this sweet, kind, gentle man has become part of the Chateau Gardens family.



LETTER FROM THE ADMINISTRATOR

As we approach the holiday season, we would like to extend an open-ended invitation to all of our dear friends (near and far) and families of Chateau Gardens because we truly feel that Family (and friends that become like family!) are the heart and soul of our

special little community. Let's face it... no one hopes to spend their golden years in a Memory Care Community... but that said, we strongly believe that life can be great even after diagnosis! **Our goal is to create a safe space full of love, acceptance, laughter, respect, kindness, and care at all times... holidays not withstanding!** We welcome you and yours as we gather 'round the Thanksgiving table or Christmas tree to reminisce about the good old days, share life stories, celebrate family, and string together beautiful new experiences as we enjoy each other's company with love and thanksgiving! So hold on tight, we're about to have some fun!



2669 South Cloverleaf Loop
Springfield, OR 97477
Office: 541-603-9215
www.chateaugardensalz.com

OUR STAFF

ADMINISTRATOR

Kim Frederick

ADMINISTRATIVE ASSISTANT

Robyn Andrews

COMMUNITY RN

Cortney Leshner, RN

RESIDENT CARE COORDINATOR

Lisa Duvall

MAINTENANCE COORDINATOR

Jeremy Lee

ACTIVITY DIRECTOR

Rachel Langford

DIETARY DIRECTOR

Rochelle Clement

OFFICE HOURS: 8:30 – 5:30

RN Cortney, RCC Lisa, and
Administrator Kim are all
on call 24/7 for consultation
and emergency



Newsletter Production by PorterOneDesign.com

Activity Highlights ...CONTINUED



So happy together!



Another great performance!



Yeehaw! Western Days!



All aboard the happy bus!