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**Our mission is to create and sustain
comfortable, caring environments for
those who depend on us.**

Ashley Pointe Newsletter

Ashley Pointe Independent & Assisted Living Newsletter — November 2017



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The History and Significance of Veterans Day

On Saturday, November 11, citizens across the United States will celebrate Veterans Day with gratitude toward the men and women who have bravely and selflessly served our country.

In conjunction with celebrating this important day, here are some facts about its history and significance. To all those who have served, we humbly thank you for your service, and Happy Veterans Day to you!

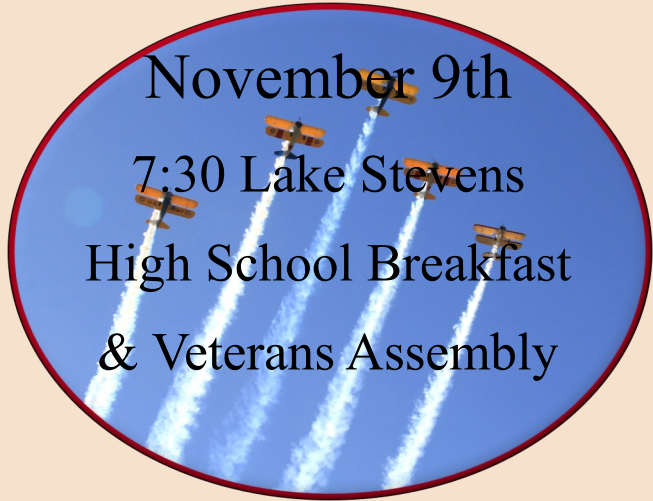
Veterans Day is a U.S. holiday that honors veterans of all wars.

In 1918, during World War I, on the 11th hour of the 11th day of the 11th month, hostilities ceased between the Allied nations and Germany. The cessation was marked by many countries as Armistice Day. The Treaty of Versailles, which marked the end of the war, was signed on June 28, 1919, but the armistice date was the one that most people considered the end of the conflict.

In November of 1919, Armistice Day was marked by many countries. The observance included parades, public celebrations, and pauses to both business and school activities when the clock struck 11 am.

In June of 1926, Congress passed a resolution that November 11 should be commemorated each year. As of May 13, 1938, Armistice Day became a legal Federal holiday.

Changes were still abound, however. During World War II, more than 16 million Americans served in the Army, Air Force, Marines, and




Navy. Another 5.7 million served in the Korean war. This spurred Veterans service organizations to lobby for the words Veterans Day to replace the words Armistice Day in honor of the American veterans of all wars. In 1954, President Dwight D. Eisenhower signed legislation for the name to be changed.

The day would still see some changes. As of 1971, Veterans Day was moved to the fourth Monday in October. This followed Congress passing the Uniform Holidays Bill that brought about the celebration of four national holidays on Mondays. As of 1978, due to many states' confusion and disapproval over the change, the holiday was moved back to its original observance date. It continues to be held on

What is the difference between Veterans Day and Memorial Day? It is a common question. Memorial Day, celebrated in May, is dedicated to Americans who have served and who passed away while—or as a result of—serving. Veterans Day honors all Veterans, alive and those who have passed.

Ashley Pointe Scrapbook... “Ashley Pointe Angels”



 *To everyone who walked & donated this year to help us reach our goal, Thank you!!*

Find us on Facebook!



Caring
Always There
Ready to give their all
Encouraging
Gracious
Incredible
Valuable
Exceptional
Respectable



Monday, November 13th
is
National Caregivers Day
Please make sure to tell your caregiver how much they are appreciated!
Thank you for all you do!!

Food Drive



WATCH FOR THE BOX IN THE LOBBY FOR YOUR HOLIDAY DONATIONS TO THE LOCAL FOOD BANK!



November Highlights — You're Invited!

- * Starbucks Outing
- * "Into The Wood" LUDUS
- * Lake Stevens High Breakfast at 8:00 & Veterans Assembly
- * Little Hungry Hearts Presentation
How can you help a child in need?
- * National Chocolate Day-Chocolate Covered Everything Social
- * Hop in the bus & Go For A Ride Day
- * Let's celebrate "French Toast Day" at IHOP in Marysville
- * Everett Philharmonic Orchestra
- * Festival of Trees Outing at the Tulalip Resort-FREE!
- * Picture Perfect Pets Painting

**SIGN UP BINDER IS LOCATED
AT THE FRONT DESK**



You're invited to join us for Thanksgiving
Dinner, *Thursday, November 23rd*

at Noon

Please let us know if you will be *here and how many guest* you'll have!

Sign up sheet located at the front desk.

Family & Guest meals are \$10.00

RSVP to Diane 425-350-7500



My favorite Thanksgiving and/or fall dish is...



**"I love my families dressing
with gravy"**

-Cris B.

**"I love the turkey
breast"**

-Virginia

"Sweet Potatoes"

-Dave

"Pecan Pie"

-Lois N.



Chaplain's Corner



Let me tell you about Sharon. Here's her story in her own words:

I was born on May 29, 1936 in Bismarck, North Dakota. weighing only 3 pounds, 14.5 ounces. The doctor said it was a miracle that both my mother and I survived.

My favorite memory of growing up was being able to see for the first time when I was four after cataract surgery and being fitted with glasses. The first thing I did was to climb the windmill and take a good look around, much to the consternation of my parents. My hobbies included putting together jigsaw puzzles, playing with paper dolls, and working with leather.

During my 20 adult seeing years I assisted my mother in running a day care center. In 1965 I suffered the loss of sight in one eye through a detached retina. Then, in 1974 the other retina detached and I lost sight in that eye, despite numerous surgeries to attempt to save it. At 38 years of age I entered the School for the Blind. It was not an easy adjustment, and I was unable to master Braille, but over the next six months I learned how to live on my own.

For the next 20 years I was gainfully employed at Functional Industries. My favorite memories of working include setting valves in holes and putting twisters on the valves, and hanking cords for brooder lights, tying them tightly with a twister. In fact, in one productive day I hanked 800 cords!

I have been a member of the Buffalo United Methodist Church since 1956, where I sang in the choir for many years. I also enjoyed singing in the Junior Choir in the English Lutheran Church in Hazen, North Dakota. My life goals are to give help to as many people as possible and to cope with what life brings me as best I can. Even though I am totally

blind I want to be a blessing to others!

I can give testimony to the fact that even though she lost her ability to see in 1974 she truly was a blessing to others. Our lives intersected in 2000 when I became Chaplain of the care center where she had been a resident since 1998. When I retired in 2014, she was the only resident in our 124 bed facility who was still there when I arrived. It didn't take long for me to realize that she was a very special lady. She always had a smile and she never complained about anything....even when she ended up in a wheelchair. Because of her obvious love for Jesus and for music, she became one of my soloists. Every Christmas Eve service she would sing "Away in a Manger." Every Good Friday Service, she would sing, "Hallelujah, What a Savior." But there is one hymn that I can no longer sing without thinking of her. Whenever I would ask the residents about singing their favorite hymn, her response was always immediate...."Let's sing my favorite hymn....Count Your Many Blessings."

Sharon chose to count her blessings, not just one day a year when everybody gives thanks for their blessings, but every day! So if you had been blind for over 40 years would your favorite hymn be "Count your many blessings" and would you want first and foremost "to be a blessing to others"?

My wife and I happened to be in Minnesota on May 29, 2016. We stopped by the care center to wish her a happy 80th birthday. She was eating lunch as I walked up to her table. I spoke to her for the first time in 2 years with the simple words, "Happy Birthday Sharon!" Her first response was a simple "Thank you!" But then her face lit up when she realized who was speaking to her. It was a moment I will never forget! She went home to be with her Lord later that year. I am really looking forward to seeing her later and having her see me for the first time!



November 2017



Ashley Pointe
11117 20th Street NE
Lake Stevens, Washington
98258

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p>IN2L— Computer in the Activity Room “It’s Never 2 Late”</p>	<p>1 Happy Birthday, Anna! 9:45 Bible Study 10:00 Movie Memories –IN2L 1:30 Bingo w/Betty & John 2:30 Farkel Dice Game 3:45 Happy Hour w/Lee Howard 6:00 Movie: Resident Choice</p>	<p>2 NATIONAL DEVILED EGG DAY 10:30 Exercise w/LDS 11:30 Ebenezer Luncheon 1:30 Bingo w/Betty & John 2:45 Let’s Make Deviled Eggs 3:15 Deviled Egg Social 3:30 Skip Bo 6:00 Pinochle</p>	<p>3 BLUE FRIDAY 10:30 Exercise w/LDS 1:30 Bingo 2:30 LCR Game 3:00 Afternoon Tea Social 3:30 Adult Coloring 6:00 Movie-Resident Choice SANDWICH DAY</p>	<p>4 NATIONAL CANDY DAY 10:00 Sit & Be Fit –IN2L 1:00 Games (Game Room) 1:30 Bingo w/Cameron 3:30 Skip Bo 6:00 Classic TV Shows</p>
<p>5 DAYLIGHT SAVINGS ENDS 10:00 Hymns (Activity Room) 1:05 Seahawks vs. Redskins 1:30 Bingo 2:00 INTO THE WOODS LUDUS-PUD Theater 3:00 Computer Trivia - IN2L 3:30 Skip Bo 4:30 Classic Shows—IN2L</p>	<p>6 NATIONAL NACHO DAY 10:30 Strength & Balance w/Larry 11:30 Google Earth 1:00 Cottage Community MTG 3:00 Nacho Social 4:00 Pointe Guys (Men’s Group) 6:00 Bridge</p>	<p>7 ELECTION DAY 10:00 Outing: Starbucks 10:30 Exercise w/LDS 1:30 Bingo 2:00 Shopping: Fred Meyer 3:30 Skip Bo 6:00 Pinochle</p>	<p>8 9:45 Bible Study 10:00 Veteran’s Day Trivia (Activity Room) 1:30 Bingo w/Betty & John 2:30 Farkel Dice Game 3:45 Happy Hour w/Gary Hood 6:00 Movie: Resident Choice</p>	<p>9 8:00 Veterans Breakfast & Assembly Lk. Stevens High School 10:30 Tai Chi w/Larry 12:35 Library on Wheels 1:30 Bingo w/Betty & John 5:25 Seahawks vs. Cardinals 6:00 Pinochle</p>	<p>10 BLUE FRIDAY 10:30 Exercise w/LDS 1:30 Bingo 2:30 LCR Game 3:00 Peanut Butter Cookie Social 3:30 Adult Coloring 6:00 Movie-Resident Choice</p>	<p>11 VETERANS DAY <i>Thank a Vet</i> 10:00 Sit & Be Fit –IN2L 1:00 Games (Game Room) 1:30 Bingo 3:30 Skip Bo 6:00 Classic TV Shows</p>
<p>12 10:00 Hymns (Activity Room) 1:30 Bingo 3:00 Travel w/Rick Steves 3:30 Skip Bo 4:30 Classic Commercials</p>	<p>13 NATIONAL CAREGIVERS DAY 10:00 Sit & Be Fit –IN2L 11:30 Caregivers Luncheon 1:00 Inside Community MTG 2:00 Little Hungry Hearts Presentation w/Annetta 4:00 Pointe Guys (Men’s Group) 6:00 Bridge Happy Birthday, Joanne!</p>	<p>14 YOUNG READERS DAY 10:00 Books on IN2L 10:30 Exercise w/LDS 1:30 Bingo 2:00 Shopping: Dollar Tree 3:30 Letters & Cards w/Callie 3:30 Skip Bo Card Game 6:00 Pinochle</p>	<p>15 AMERICAN RECYCLE DAY 9:45 Bible Study 10:00 Puzzles on IN2L (Activity Room) 1:30 Bingo 2:30 Farkel Dice Game 3:45 Happy Hour w/Doug Williams 6:00 Movie: Resident Choice</p>	<p>16 NATIONAL CHOCOLATE DAY 10:30 Exercise w/LDS 1:30 Bingo w/Betty & John 2:30 Chocolate Covered Everything Social 3:00 IN2L Puzzles (Activity Room) 6:00 Pinochle</p>	<p>17 BLUE FRIDAY National Homemade Bread Day 10:30 Exercise w/LDS 1:30 Bingo 2:30 LCR Game 3:00 Homemade Bread Social 3:30 Adult Coloring 6:00 Movie-Resident Choice</p>	<p>18 NATIONAL GAME DAY 10:00 Sit & Be Fit –IN2L 12:30 Everett Civic Music Center (Ticket Holders) 1:00 Games (Game Room) 1:30 Bingo 3:30 Skip Bo 6:00 Classic TV Shows</p>
<p>19 NATIONAL PLAY MONOPOLY DAY 10:00 Hymns (Activity Room) 1:30 Bingo 3:30 Skip Bo 4:00 Restoration Church Service (Lobby)</p>	<p>20 10:30 Strength & Balance w/Larry 11:30 Google Earth 1:30 Bingo 3:00 Inside Resident Council 5:30 Seahawks vs. Falcons 6:00 Bridge</p>	<p>21 10:00 Donuts & Conversation 10:30 Exercise w/LDS 1:30 Bingo 2:00 Shopping: Haggen 3:30 Skip Bo 6:00 Pinochle</p>	<p>22 NATIONAL GO FOR A RIDE DAY 9:45 Bible Study 1:00 Going for a Scenic Ride 1:30 Bingo 2:30 Farkel Dice Game 3:45 Karaoke (Activity Room) 6:00 Movie: Resident Choice</p>	<p>23 Happy Birthday, Rita! <i>Happy Thanksgiving</i> 12:00 <i>Thanksgiving Dinner</i> 2:00 Movie 6:00 Pinochle</p>	<p>24 BLUE FRIDAY 10:30 Exercise w/LDS 1:30 Bingo 2:30 LCR Game 3:00 Afternoon Tea Social 3:30 Adult Coloring 6:00 Movie-Resident Choice</p>	<p>25 10:00 Sit & Be Fit –IN2L 1:00 Games (Game Room) 1:30 Bethany Church Children Crafts 3:30 Skip Bo 6:00 Classic TV Shows</p>
<p>26 Happy Birthday, Yvonne! 10:00 Hymns (Activity Room) 1:05 Seahawks vs. 49ers 1:30 Bingo 2:00 Everett Philharmonic “Music for the Imagination” 3:30 Skip Bo 4:30 Travel w/Rick Steves</p>	<p>27 NATIONAL CAKE DAY 10:30 Sit & Be Fit (Activity Room) 11:30 Google Earth 1:30 Bingo 3:00 Activity Forum 6:00 Bridge</p>	<p>28 FRENCH TOAST DAY 7:30 Outing Breakfast at “IHOP” in Marysville 10:30 Exercise w/LDS 1:30 Bingo 2:00 Shopping: Bartell’s 3:30 Skip Bo 6:00 Pinochle</p>	<p>29 9:45 Bible Study 12:15 2017 Festival of Trees FREE EVENT AT TULALIP RESORT 1:30 Bingo 3:45 Happy Hour w/OD Scudder 6:00 Movie: Resident Choice</p>	<p>30 10:30 Exercise w/LDS 11:30 Sing Along w/Suzie – Activity Room 1:30 Bingo 2:30 Picture Perfect Pets w/ Alix –Activity Room 3:30 Skip Bo 6:00 Pinochle</p>	<p>HAPPY BIRTHDAY 11/1~Anna C. 11/13~Joanne S. 11/23~Rita S. 11/26~Yvonne M.</p>	<p>STAFF BIRTHDAY 11/15~Nichole Gregg 11/17~Tailor Houle</p> 