

BAYBERRY COMMONS NEWSLETTER



We had a blast at the 2017 Alzheimer's Walk!



FROM THE DESK OF THE ADMINISTRATOR: PATTY NEUMAN

Hello to all ~

November is a month to reflect on all the wonderful

things in our lives we have to give thanks for. At Bayberry Commons above all else we want to thank you. Each and every one of you has enriched our lives in some way. From our wonderful residents with their beautiful smiles and gentle, kind words, to our family members who are so caring and supportive. And I cannot forget to thank each of our wonderful staff who take such loving care of our residents each and every day. It is such a joy to witness the miracles that are a part of our lives every day at Bayberry Commons. The wonderful hugs, beautiful smiles, kind words. It truly

fills my heart with joy.

During this month I hope you, too, can look around you and savor the greatness that surrounds us. Please remember to thank your loved ones. Thank your God, country and all those who dedicate their lives every day to take care of us to ensure we are safe.

I want to shout out a huge THANK YOU to all who helped us raise money for the Alzheimer's Association. This year was our best ever, with an amazing \$2,987! Whoop whoop! Go Team Bayberry!!!

Wishing you all a very wonderful Thanksgiving.

Much love,

—Patty Neuman

HAPPY BIRTHDAY!

RESIDENTS

Lucille R.	November 01
Roz B.	November 03
Helen F.	November 03
Betty C.	November 04
Alberta H.	November 27
Frank L.	November 27
Dorothy W.	

STAFF

Austin F.	November 08
Franki Y.	November 18
Dawn O.	November 20

BAYBERRY COMMONS
ASSISTED LIVING & MEMORY CARE

NOVEMBER 2017

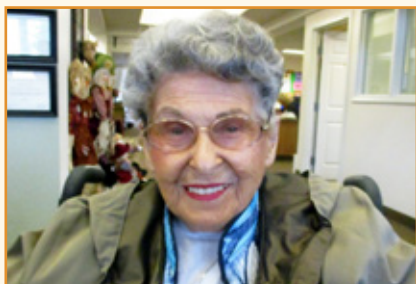
2211 Laura Street, Springfield, Oregon 97477

Office: 541-744-7000 | Fax: 541-744-7999

www.bayberrycommonsalf.com | Check out our Facebook Page!

Highlights from the Walk to End Alzheimer's

Featured Resident: Frances J.



Frances was born in the small town of Wilton, North Dakota on April 3rd. She had two brothers and one sister and they all grew up on the original homestead property. After high school, Frances went to Business College and worked in the banking industry.

A friend at the bank introduced her to a man named Ralph. Frances and Ralph started dating and were later married. They were married for 72 years. They have five daughters, four grandchildren, several step-grandchildren, and six great-grandchildren.

Frances became a "Domestic Engineer" once her children were born. She also spent time sewing, golfing, camping, fishing, and touring around the United States with the family in their R.V.

Bayberry Commons was pleased to welcome Frances in March of this year. She is a loving, special lady who fits right in to our happy family.



Some Special Hugs and Fun Times with Marla's Grandson, Reed!



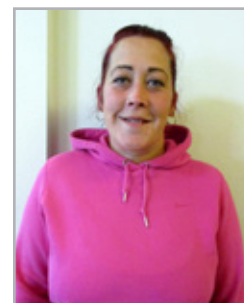
Employee of the Month:

TRUDI B. — Residents and staff chose Trudi for Employee of the Month because she is always available, helpful, dedicated to her job, friendly, efficient, hard worker, takes good care of us, cheerful, pleasant, and always has a smile.



Employee of the Quarter for Memory Care

SHAWNA DICKSON — Residents and staff chose Shawna to be Employee of the Quarter because she is always ready to work and do a good job, great team player, always upbeat, and very sweet and caring to the residents.





LETTER FROM OUR MEMORY CARE COORDINATOR: KRISTEN FOX

ORAL CARE FOR THE ELDERLY

Oftentimes the subject of oral care in the elderly population arises. It is common for the elderly, particularly those with dementia, to resist oral care. However, good oral hygiene is extremely important no matter what your age. Families that care for their loved ones at home ask what they can do to be successful with oral care.

One suggestion is to set up your loved ones toothbrush with toothpaste at the same time you do oral care for yourself. You can then demonstrate and be a part of their oral care at the same time you complete good oral hygiene yourself.

Demonstrate how to put toothpaste on the toothbrush, then put your hand over their hand,

gently guiding the brush over teeth, gums, tongue and roof of mouth as allowed.

Perhaps the toothbrush is not comfortable for your loved one. Try purchasing a soft-bristled children's toothbrush.

Allow plenty of time and please remember to be patient and gentle.

It is important to continue regular dental appointments. If it becomes too difficult to take your loved one out, there are dental hygienists who will come to your home. At Bayberry Commons we have a dental hygienist who comes to our community to do dental cleanings. We would be happy to provide her contact information to you. She may also have some tips on how to improve oral care.

Activity Highlights



These are some of our lovely ladies going on a scenic drive.



◀ ▲ We do LOVE our desserts!

SUPPORT GROUP

Come to our support group at Bayberry Commons the first Monday of every month at 1pm.

Activity Highlights

NOVEMBER 2

10:00 Resident Council Meeting

NOVEMBER 3

2:30 Sing-A-Long w/Annadon

NOVEMBER 4

Ice Cream Social
w/Timothy Patrick

NOVEMBER 7

10-11 Hearing Aid Clinic

1:30 Resident Food Meeting

2:30 Presentation by
The Fossil Guy

NOVEMBER 10

2:30 Guitar w/Gordon

NOVEMBER 11

Ice Cream Social
w/ Gary Waite

NOVEMBER 17

11:30 Lunch Outing

NOVEMBER 18

2:30 Ice Cream Social
w/ Parson's Creek Posse

NOVEMBER 21

2:30 Memory Tones

NOVEMBER 23

12:00 Thanksgiving Luncheon

NOVEMBER 24

2:30 Piano w/ Gus

NOVEMBER 28

2:30 Dog Therapy
w/ Shiloh & Fred

NOVEMBER 30

11:30 Lunch Outing

2211 Laura Street
Springfield, Oregon 97477

Office: 541-744-7000

Fax: 541-744-7999

www.bayberrycommonsalf.com

WEEKLY EVENTS

1. Fitness with Terri Sears on Monday, Wednesday and Friday at 10:00am. This class is held in our Atrium
2. Wine & Cheese Socials are Thursdays at 3:30pm. Bring a friend and join us.
3. Enjoy an old fashioned ice cream social on Saturdays at 2:30pm.
4. Play BINGO on Monday & Wednesday at 3:00pm.



Newsletter Production by PorterOneDesign.com

MORE BAYBERRY HIGHLIGHTS



Balloon and Noodles with our sweet helper, Jojo!



Time to bake and decorate for Halloween!



More baking and decorating for Halloween!