





An ATM is located in the Bistro

The Courtyards November 2017

Receptionist and Security 633-2378

Items in BLUE = Special In-House Activities
Items in RED = Off Site Trips and Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Key of Abbreviations B = Bistro BR = Billiards Room Bldg. 235 DR = Dining Room L = Lounge PDR = Private Dining Room REC = Recreation & Events Center (Activity Room)	Seamstress Alterations Every Tuesday at 9:30 a.m. (lounge) a seamstress will be picking up and dropping off your items to include clothing, curtains, pillows, etc...	Blood Pressure Clinic You can have your blood pressure taken by Solaris Rehab Tuesday mornings at 9:00 a.m. (B) Labs Blood Draws Every Thursday at 7:30 a.m. in the REC we will be conducting Lab Blood Draws	1 8:00 Podiatrist (REC) 9:15 Seniorcise w/ Maria (REC) 10:30 Exercise with Diane (REC) 10:30 Regency Plaza Shopping 11:30 Birthday Luncheon (DR) 1:00 Cards/Games/Dominos (REC) 4:15 Happy Hour with Mike 6:00 Bridge Game (REC)	2 7:30 Lab Blood Draws (REC) 9:00 Chair Yoga (REC) 9:30 Supermarket Trip 10:00 Manicures (please sign-up) 12:30 Bridge Game (REC) 6:00 Mahjong Game (REC) 6:30 Lady's Skip BO Game (REC)	3 9:00 Billiards (BR) 10:30 Exercise with Diane (REC) 2:00 Sitting Tai Chi (REC) 4:00 Happy Hour with Dori (L) 6:45 Poker (Bldg. 249 lobby) - Leonardo Da Vinci was commissioned by the husband of Lisa Gherardini to paint her (the Mona Lisa) on this day in 1507	4 2:00 Music Show (REC) 3:00 Catholic Services 7:00 Movie (REC): Check Trip Sign Up Book in Mail Room Reminder: Turn clocks back one hour before going to bed and get an extra hour of sleep!
5 8:30 Worship Transp. 9:15 Catholic Communion Service (REC) 1:30 Christian Worship (REC) 4:00 Bingo (REC) Daylight Saving Time (DST) Ends Today - clocks are moved back one hour from 2am DST to 1am standard time	6 9:00 Exercise w/ Donna (REC) 12:30 Wal-Mart Trip 2:00 Sitting Tai Chi (REC) 4:00 Golden Corral Buffet 6:00 Mahjong Game (REC) 6:00 Mex. Train Dominos (REC)	7 9:00 Billiards (BR) 9:00 B/P Clinic (B) 9:00 Exercise Class (REC) 10:00 Water Color Painting (REC) 10:00 Mary Kay (L) 1:00 Discovery University (REC) 6:30 Mixed Poker (Bldg. 249 lobby) 6:30 Hand and Foot (REC)	8 7:45 MacDill Air Force Base 10:30 Exercise with Diane (REC) 1:00 Cards/Games/Dominos (PDR) 4:15 Happy Hour with Mike (L) 6:00 Bridge Game (REC) - The soap opera "Days of Our Lives" debuted on this day in 1965	9 7:30 Lab Blood Draws (REC) 8:45 Coffee Concerts 9:00 Chair Yoga (REC) 9:30 Supermarket Trip 10:00-3:00 Magnolia Jewelry Sale 12:30 Nearly New Fashion Show 2:00 Legacy Healthcare Chat (REC) 6:00 Mahjong Game (REC) 6:30 Lady's Skip BO Game (REC)	10 9:00 Billiards (BR) 9:00 Seniorcise w/ Maria (REC) 10:30 Exercise with Diane (REC) 10:30 Bearadise Ranch 2:00 Sitting Tai Chi (REC) 4:00 Happy Hour with Dori (L) 6:00 Pelican Players Theater 6:45 Poker (Bldg. 249 lobby)	11 VETERANS DAY 9:00 Seniorcise w/ Maria (REC) 10:30 Veterans Program (REC) 11:30 Tiny Home Show 2:00 Veterans Day Show (REC) 3:00 Catholic Services 5:30 Gaither Trio Music Show 7:00 Movie (REC): Check Trip Sign Up Book in Mail Room
12 8:30 Worship Transp. 9:15 Catholic Communion Service (REC) 11:00 Dianne's Fun & Fancy Sale with Jewelry, etc. (L) 12:45 Manatee Players in Bradenton for ticket holders 1:30 Christian Worship (REC) 4:00 Bingo (REC)	13 9:00 Exercise w/ Donna (REC) 10:00 Rosary (REC) 10:00-2:00 Appraising (L) 11:00-6:00 Jewelry By Barbara (B) 12:30 Wal-Mart Trip 2:00 Sitting Tai Chi (REC) 6:00 Mahjong Game (REC) 6:00 Mex. Train Dominos (REC)	14 9:00 Billiards (BR) 9:00 B/P Clinic (B) 9:00 Exercise Class (REC) 10:00 Water Color Painting (REC) 12:30 Bealls Department Store 12:30 Bridge Game (REC) 2:00 Monthly Social (L/B) 4:15 Happy Hour with Dennis (L) 6:30 Mixed Poker (Bldg. 249 lobby) 6:30 Hand and Foot (REC)	15 9:15 Seniorcise w/ Maria (REC) 10:30 Exercise with Diane (REC) 10:40 Men's Club at Community Hall 11:00 Jewelry by Barbara (B) TBD - Movie Theater (Check sign-up sheet for time of departure) 1:00 Cards/Games/Dominos (REC) 1:00 Low Vision Support Group 4:15 Happy Hour with Mike (L) 6:00 Bridge Game (REC)	16 7:30 Lab Blood Draws (REC) 9:00 Chair Yoga (REC) 9:00 Avon Sale (L) 9:30 Supermarket Trip 1:30 Ambassador Event (REC) 6:00 Mahjong Game (REC) 6:30 Lady's Skip BO Game (REC)	17 8:45 Mystery Trip  9:00 Billiards (BR) 10:30 Exercise with Diane (REC) 2:00 Sitting Tai Chi (REC) 4:00 Happy Hour with Dori (L) 6:30 Easy Reflections Concert 6:45 Poker (Bldg. 249 lobby)	18 9:15 Seniorcise w/ Maria (REC) 10:30 Line Dancing (REC) 2:00 Ladies Tea (Please sign up in the Mail Room for planning purposes) (B)  3:00 Catholic Services 7:00 Movie (REC): Check Trip Sign Up Book in Mail Room
19 8:30 Worship Transp. 9:15 Catholic Communion Service (REC) 1:30 Christian Worship (REC) 4:00 Bingo (REC) - The Ford Motor Company announces the discontinuation of the unpopular Edsel on this day in 1959	20 9:00 Exercise w/ Donna (REC) 11:30 Discover Facebook (B) 12:30 Wal-Mart Trip 2:00 Sitting Tai Chi (REC) 6:00 Mahjong Game (REC) 6:00 Mex. Train Dominos (REC)	21 9:00 Billiards (BR) 9:00 B/P Clinic (B) 9:00 Exercise Class (REC) 10:00 Water Color Painting (REC) 10:00 Westfield Brandon Mall 1:00 Discovery University (REC) 6:30 Mixed Poker (Bldg. 249 lobby) 6:30 Hand and Foot (REC) 7:00 Evening Autumn Party (DR)	22 7:30 Hot Breakfast (DR) 8:30 Activity Forum (DR) 9:30 Seniorcise w/ Maria (REC) 9:30 Supermarket Trip 10:30 Exercise with Diane (REC) 1:00 Cards/Games/Dominos (REC) 4:15 Happy Hour with Mike (L) 6:00 Bridge Game (REC)	23 Happy Thanksgiving!  9:00 Chair Yoga (REC) 6:00 Mahjong Game (REC) 6:30 Lady's Skip BO Game (REC)	24 9:00 Billiards (BR) 10:30 Exercise with Diane (REC) 2:00 Sitting Tai Chi (REC) 4:00 Happy Hour with Dori (L) 6:45 Poker (Bldg. 249 lobby) - WWII: The 73rd Bombardment Wing attacked Tokyo on this day in 1944	25 9:15 Seniorcise w/ Maria (REC) 10:00 Spanish Class (REC) 2:00 Building 241 Social (L) 3:00 Catholic Services 7:00 Movie (REC): Check Trip Sign Up Book in Mail Room
26 8:30 Worship Transp. 9:15 Catholic Communion Service (REC) 1:30 Christian Worship (REC) 4:00 Bingo (REC) - The University of Notre Dame is founded on this day in 1842	27 9:00 Exercise w/ Donna (REC) 12:30 Wal-Mart Trip 2:00 Sitting Tai Chi (REC) 6:00 Mahjong Game (REC) 6:00 Mex. Train Dominos (REC) - The first Macy's Thanksgiving Day Parade was held in New York City on this day in 1924	28 9:00 Billiards (BR) 9:00 B/P Clinic (B) 9:00 Exercise Class (REC) 10:00 Water Color Painting (REC) 10:00 Ellenton Outlet Mall 11:00 Resident Orientation (REC) 1:00 Eye Exams (PDR) 6:30 Mixed Poker (Bldg. 249 lobby) 6:30 Hand and Foot (REC)	29 9:15 Seniorcise w/ Maria (REC) 10:30 Exercise with Diane (REC) 10:30 Tampa Bay Downs Racing 1:00 Cards/Games/Dominos (REC) 1:00 Good Samaritan's Group Discussion (REC) 4:15 Happy Hour with Mike (L) 6:00 Bridge Game (REC)	30 7:30 Lab Blood Draws (REC) 9:00 Chair Yoga (REC) 9:30 Supermarket Trip 4:00 Longhorn Steakhouse 6:00 Mahjong Game (REC) 6:30 Lady's Skip BO Game (REC)	Wear Red on Fridays  Support Our Troops	Goodwill Because jobs change lives Goodwill Drop Off Cart The cart is located in the REC where you can bring your unwanted items anytime

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