

# NOVEMBER 2017

Villas of Shelby Senior Living: **Independent Living**

Color your life with... **Big Band Music**

**Did you know?**

A "big band" typically consists of approximately 12-25 musicians and contains saxophones, trumpets, trombones, and a rhythm section.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activity Location Key:                      A Activities Room: 4th Floor                      C Cafe: 1st Floor                      D Dining Room: 1st Floor                      G Gathering Place: 2nd Floor                      L Lobby: Main Entrance                      LIB Library: 4th Floor                      P Patio: Off Dining Room                      T Theater: 3rd Floor                      W Wellness Room: 2nd Floor</p> <p>TBD: Times -TO BE DETERMINED</p>	<p>ALL EVENTS ARE SUBJECT TO CHANGE</p> <p>Tuesdays &amp; Thursdays transportation is RESERVED for Doctors appointments. If you need a ride to a doctors appointment, please see the Front Desk.</p>	<p>(^) There is a Fee for this activity and/or You will need your OWN money for this outing.</p> <p>(*) Sign Up required for this activity. Activity Binder is located in the Cafe.</p>	<p><b>1</b></p> <p><b>10:00</b> ^*Meijer L  <b>10:30</b> Marvelous Minds "Music Memories" L  <b>1:00</b> Rosary Group A  <b>2:00</b> Chair Volleyball L  <b>6:30</b> Movie Night T  <b>6:30</b> Villas Singers L</p>	<p><b>2</b></p> <p><b>9:00</b> Doctor Runs L  <b>10:30</b> Mass w/ Father's Ron &amp; Don A  <b>11:30</b> BP Checks w/ RAH C  <b>1:00</b> SpectraFit S.S. Exercise Class D  <b>2:30</b> Food &amp; Activities Talk C  <b>3:00</b> *Computer Class With Blake LIB  <b>3:15</b> SpectraFun LRC Game A  <b>6:45</b> ^Friends &amp; Family Quarter Bingo D</p>	<p><b>3</b></p> <p><b>10:30</b> Marvelous Minds L  <b>10:30</b> *Bank Run L  <b>1:00</b> Veteran Pinning Ceremony for Veterans and Surviving Spouses D  <b>2:00</b> Happy Hour w/ Bob Lowe D  <b>3:00</b> Movie Matinee T  <b>3:15</b> SpectraFun Saran Wrap Ball Game C  <b>6:30</b> Friday Night Movie T</p>	<p><b>4</b></p> <p><b>10:00</b> *Crafting Together A  <b>10:30</b> SpectraFit S.S.Exercise Class D  <b>1:00</b> Shanegang Cloggers D  <b>2:00</b> Movie Matinee T  <b>7:00</b> Saturday Night Live with ... L</p>
<p><b>5 Daylight Savings Ends</b></p> <p><b>9:30</b> *Church Transportation L  <b>2:30</b> Movie Matinee T  <b>3:00</b> Prayer &amp; Praise w/ Youth Group L  <b>6:30</b> Sunday Night Movie T</p>	<p><b>6</b></p> <p><b>9:00</b> *West Utica Elementary Veterans Ceremony L  <b>10:15</b> Movie (Residents Choice) T  <b>10:30</b> Marvelous Minds: TV L  <b>1:15</b> SpectraFit S.S. Exercise Class D  <b>2:15</b> Tailgate Monday L  <b>3:15</b> "What's It" Game with Sue Kane C  <b>6:30</b> Classic Movie Night T</p>	<p><b>7 Election Day</b></p> <p><b>9:00</b> Doctor Runs L  <b>10:00</b> Spectra Moments Coffee &amp; Donuts with Joann C  <b>1:00</b> SpectraFit S.S.Exercise Class D  <b>3:00</b> Ewe &amp; Eye Craft Group 3-5pm A  <b>3:15</b> SpectraFun Shut the Box Game C  <b>6:45</b> ^Friends &amp; Family Quarter Bingo D</p>	<p><b>8</b></p> <p><b>10:00</b> Paint A Miracle A  <b>10:00</b> ^*Meijer L  <b>10:30</b> Marvelous Minds Show an Item &amp; Tell a Story A  <b>12:00</b> ^*MJR Movie Out (Time TBD) L  <b>1:00</b> Rosary Group A  <b>2:00</b> Chef on Display D  <b>6:30</b> Movie Night T  <b>6:30</b> Villas Singers L</p>	<p><b>9</b></p> <p><b>8:30</b> Community Meeting w/ Speaker Deputy Cheif Mark Coil D  <b>10:30</b> Mass w/ Fathers Ron &amp; Don A  <b>11:30</b> BP Checks w/ RAH C  <b>12:30</b> ^* Shelby Buck "Buy a Slice" Lunch D  <b>1:00</b> SpectraFit S.S. Exercise Class D  <b>2:00</b> Portable Dental Presentation C  <b>3:00</b> ^Friends &amp; Family Quarter Bingo A</p>	<p><b>10</b></p> <p><b>9:00</b> *St. Rene L  <b>10:30</b> ^*Dollar Store L  <b>10:30</b> Marvelous Minds L  <b>2:00</b> Veterans Day Happy Hour w/ Kelly Miller D  <b>3:00</b> Movie Matinee T  <b>3:15</b> SpectraFun Candy Pong C  <b>6:30</b> Friday Night Movie T</p>	<p><b>11 Veterans Day</b></p> <p><b>10:00</b> Veteran's Day Honor Guard Ceremony L (Outside by the Flag)  <b>10:30</b> SpectraFit S.S.Exercise Class D  <b>2:00</b> Movie Matinee T  <b>3:30</b> Veteran's Patriotic Dinner D  <b>7:00</b> Saturday Night Live w/ Gary Richard L</p>
<p><b>12</b></p> <p><b>11:30</b> Eucharist Service A  <b>2:30</b> Movie Matinee T  <b>6:30</b> Sunday Night Movie T</p>	<p><b>13</b></p> <p><b>9:00</b> Parade Company Tour L  <b>10:30</b> Marvelous Minds: TV L  <b>1:15</b> SpectraFit S.S. Exercise Class D  <b>2:15</b> Tailgate Monday L  <b>3:15</b> Tailgate Monday L (TIME CHANGE TODAY ONLY)  <b>6:30</b> Classic Movie Night T</p>	<p><b>14</b></p> <p><b>9:00</b> Doctor Runs L  <b>1:00</b> SpectraFit S.S.Exercise Class D  <b>2:00</b> HUGS Project Cupcake w/Lisa &amp; Lynette A  <b>3:00</b> Ewe &amp; Eye Craft Group 3-5pm A  <b>3:15</b> SpectraFun Shut the Box Game C  <b>6:45</b> ^Friends &amp; Family Quarter Bingo D</p>	<p><b>15</b></p> <p><b>10:00</b> ^*Meijer L  <b>10:30</b> Marvelous Minds L  <b>1:00</b> Rosary Group A  <b>2:00</b> BINGO BASH Hayes L  <b>6:30</b> Movie Night T  <b>6:30</b> Villas Singers L</p>	<p><b>16</b></p> <p><b>9:00</b> Doctor Runs L  <b>10:30</b> Mass w/ Fathers Ron &amp; Don A  <b>11:30</b> BP Checks w/ RAH C  <b>1:00</b> SpectraFit S.S. Exercise Class D  <b>2:00</b> Empower Physical Therapy Common Aches &amp; Pain Talk C  <b>3:00</b> *Computer Class With Blake LIB  <b>6:45</b> ^Friends &amp; Family Quarter Bingo D</p>	<p><b>17</b></p> <p><b>10:30</b> *TJ MAXX L  <b>10:30</b> Marvelous Minds L  <b>2:00</b> Happy Hour w/ Chet &amp; Mary D  <b>3:00</b> Movie Matinee T  <b>3:15</b> SpectraFun Castaway Cards C  <b>6:30</b> Friday Night Movie T</p>	<p><b>18</b></p> <p><b>10:00</b> Holiday Market 10-Noon (Cafe CLOSED FOR LUNCH)  <b>1:00</b> SpectraFit S.S.Exercise Class D  <b>1:30</b> SpectraFun Candy Bar Bingo with Utica IAS C  <b>2:00</b> Movie Matinee T  <b>7:00</b> Saturday Night Live w/Johnathon Swift L</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>19</b> <b>9:30</b> *Church Transportation L <b>2:30</b> Movie Matinee T <b>3:00</b> Prayer & Praise with Brother Bear L <b>6:15</b> Brookside Worship Service L <b>6:30</b> Sunday Night Movie T	<b>20</b> <b>9:30</b> ^*MGM Grand Casino L <b>10:15</b> Movie (Residents Choice) T <b>10:30</b> Marvelous Minds: TV L <b>1:15</b> SpectraFit S.S. Exercise Class D <b>2:15</b> Tailgate Monday L <b>3:15</b> LRC Dice Game (Shelby Bucks) A <b>6:30</b> Classic Movie Night T	<b>21</b> <b>9:00</b> Doctor Runs L <b>11:00</b> Pizza Party Sponsored by Boulevard Health & Cherrywood Nursing C <b>1:00</b> SpectraFit S.S.Exercise Class D <b>3:00</b> Ewe & Eye Craft Group 3 -5pm A <b>3:15</b> SpectraFun Shut the Box Game C <b>6:45</b> ^Friends & Family Quarter Bingo D	<b>22</b> <b>10:00</b> Paint A Miracle A <b>10:00</b> ^*Meijer L <b>10:30</b> Marvelous Minds L <b>1:00</b> Rosary Group A <b>2:00</b> Turkey Trot Races C <b>3:30</b> Dinner in Purple D <b>6:30</b> Movie Night T <b>6:30</b> Villas Singers L	<b>23 Thanksgiving</b> <b>12:00</b> HAPPY THANKSGIVING!!! <b>8:30</b> Watch America's Thanksgiving Parade on T.V. C,G <b>11:30</b> BP Checks w/ RAH C <b>1:00</b> SpectraFit S.S. Exercise Class D <b>3:30</b> THANKSGIVING DINNER D	<b>24</b> <b>9:00</b> *St. Rene L <b>10:30</b> Marvelous Minds L <b>2:00</b> Happy Hour w/ Jeff the Entertainer D <b>3:00</b> Movie Matinee T <b>3:15</b> SpectraFun NEW What's in Common Game C <b>6:30</b> Friday Night Movie T	<b>25</b> <b>10:30</b> SpectraFit S.S.Exercise Class D <b>2:00</b> Movie Matinee T <b>7:00</b> Saturday Night Live w/ Dick Martini L
<b>26</b> <b>11:30</b> Eucharist Service A <b>2:30</b> Movie Matinee T <b>2:30</b> Aging with Grace Love on a Leash L <b>6:30</b> Sunday Night Movie T	<b>27</b> <b>10:00</b> ^*Open Transportation L <b>10:15</b> Movie (Residents Choice) T <b>10:30</b> HELP Decorate for Christmas C <b>1:15</b> SpectraFit S.S. Exercise Class D <b>2:15</b> Tailgate Monday L <b>3:15</b> Decorate for Christmas C <b>6:30</b> Classic Movie Night T	<b>28</b> <b>9:00</b> Doctor Runs L <b>1:00</b> SpectraFit S.S.Exercise Class D <b>3:00</b> Ewe & Eye Craft Group 3 -5pm A <b>3:15</b> SpectraFun Shut the Box Game C <b>6:45</b> ^Friends & Family Quarter Bingo D	<b>29</b> <b>10:00</b> ^*Kroger 26 Mile L <b>12:00</b> *R.O.M.E.O. Sports Party A <b>1:00</b> Rosary Group A <b>2:00</b> Villas Shelby Buck Auction D <b>3:15</b> ^LRC Dice Game (BRING YOUR NICKELS) A <b>6:30</b> Movie Night T <b>6:30</b> Villas Singers L	<b>30</b> <b>9:00</b> Doctor Runs L <b>10:00</b> Coffee & Donuts w/Heartland Sterling C <b>10:30</b> Mass w/ Fathers Ron & Don A <b>11:30</b> BP Checks w/ RAH C <b>1:00</b> SpectraFit S.S. Exercise Class D <b>3:00</b> *Computer Class LIB <b>3:15</b> SpectraFun LRC A <b>3:30</b> ^*Dinner Out to Bubba's 33 L <b>6:45</b> ^Friends & Family Quarter Bingo D		