

October 2017

Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 SS Music & the Spoken Word 1 11:00 SS LDS Church Services 1:30 Movie Matinee 2:30 Visit w/Family & Friends 3:15 Word Search ~ Basket 4:00 TV Football	9:30 Newspaper ~ Fireplace 2 10:30 Walk the Wentworth 11:00 CE This Day in History 1:30 Movie Matinee 1:45 CC Scenic Drive 3:00 Independent Games	8:00 AM Doctor Appts 3 10:00 SS Meditation Exercise 10:45 Draw like Picasso 1:30 Life Journals 2:15 Hand Massages 3:15 Word in a Word	9:30 Local News 4 10:15 PE Stretch to Music 11:00 Independent Games 1:30 CC Utah Fine Arts Museum 2:30 Afternoon Social 3:15 CE Great Inventions 6:30 SS Priesthood & Relief Society	8:00 AM Doctor Appts 5 10:00 SS Meditation Exercise 10:45 Draw like Picasso 11:00 CE Did You Know Facts 1:00 LL Nails & Pampering 2:30 Smith's Grocery	10:15 PE Move to Music 6 11:00 Activity Packets 1:30 AE Scarecrow Craft 2:30 Carnival Prep 3:00 Hot Chocolate 3:15 5 Minute Games	10:00 Walk the Wentworth 7 10:30 CC Music: Hillcrest High 11:00 Trivia 1:30 Movie Matinee 2:30 Visit w/Family & Friends 3:30 Puzzles & Packets 6:00 Lawrence Welk
9:30 SS Music & the Spoken Word 8 11:00 SS LDS Church Services 1:30 Movie Matinee 2:30 Visit w/Family & Friends 3:15 Word Search ~ Basket 4:00 TV Football	Columbus Day 9 10:00 Exercise for Life 10:45 Games Galore 1:30 Movie Matinee 1:45 CC Scenic Drive 3:00 CE History on Columbus	8:00 AM Doctor Appts 10 10:00 CC Flu Shots ~ Residents 11:00 CE Word in a Word/Phrase 1:30 LL Mini Boutique 2:30 AE Music Appreciation 3:00 Cider & Massage	10:00 PE Stretch to Music 11 10:45 Creative Crafting 1:00 CC Jordan Valley Carnival 1:30 Nature Video 3:00 AE Draw Like Picasso 6:30 SS Priesthood & Relief Society	8:00 AM Doctor Appts 12 10:00 SS Meditation Exercise 11:00 CE Did You Know Facts 1:00 LL Nails & Pampering 2:15 CC Activities w/Josh 2:30 Dollar Store 3:15 Inspirational Poetry	10:00 PE Exercise for Life 13 10:45 Bingo Bunch 11:15 Puzzles & Pondering 1:30 Uno 2:30 LL Music: Larry Turner 3:15 Social Games	10:00 Walk the Wentworth 14 11:00 Trivia 1:30 Movie Matinee 2:30 Visit w/Family & Friends 3:30 Puzzles & Packets 6:00 Lawrence Welk
9:30 SS Music & the Spoken Word 15 11:00 SS LDS Church Services 1:30 Movie Matinee 2:30 Visit w/Family & Friends 3:15 Word Search ~ Basket 4:00 TV Football	10:00 Exercise for Life 16 10:45 AE Witch Hat Making 1:30 Movie Matinee 1:45 CC Scenic Drive 2:30 Independent Games 3:00 CE This Day in History	8:00 AM Doctor Appts 17 10:15 Chair Exercise 11:15 Draw like Picasso 1:30 Movie Matinee 1:45 CC Wheeler Farm (\$8) 3:00 Activity Packets	10:00 PE Stretch to Music 18 10:45 Games Galore 1:30 Decorate Pumpkins 2:45 Resident Birthdays 3:30 Halloween Puzzle 6:30 SS Priesthood & Relief Society	8:00 AM Doctor Appts 19 10:45 Draw like Picasso 11:00 CE Did You Know Facts 1:00 LL Nails & Pampering 2:30 Music: Way Cool Band ShopKo	10:00 PE Exercise for Life 20 10:45 Bingo Bunch 11:15 Puzzles & Pondering 1:30 Carnival Setup 2:00 Halloween Carnival 3:15 Cider & Treat	10:00 Walk the Wentworth 21 11:00 Trivia 1:30 Movie Matinee 2:30 Visit w/Family & Friends 3:30 Puzzles & Packets 6:00 Lawrence Welk
9:30 SS Music & the Spoken Word 22 11:00 SS LDS Church Services 1:30 Movie Matinee 2:30 Visit w/Family & Friends 3:15 Word Search ~ Basket 4:00 TV Football	10:00 Exercise for Life 23 10:45 CE Great Inventions 11:15 CE Science Made Fun 1:30 Halloween Movie 1:45 CC Scenic Drive 3:15 Treat Bags	8:00 AM Doctor Appts 24 10:00 Chair Exercise Video 1:30 Resident Council 2:30 AE Decorate Cookies 3:15 Halloween Activities 3:30 Puzzles & Pondering	10:00 PE Stretch to Music 25 11:00 SS Life Journals 1:30 CC Clogging Grandmas 2:30 Cider & Snack 3:00 Music & Massage 6:30 SS Priesthood & Relief Society	8:00 AM Doctor Appts 26 10:00 SS Meditation Exercise 11:00 CE Did You Know Facts 1:00 LL Nails & Pampering 2:30 Walmart 4:00 CC Spook Festival	10:00 PE Exercise for Life 27 10:45 Farkle w/ Friends 11:15 Puzzles & Pondering 1:30 CE Word in a Word/Phrase 2:45 LL Wine /Cheese & More 3:15 Social Games	10:00 Walk the Wentworth 28 11:00 Trivia 1:30 Movie Matinee 2:30 Visit w/Family & Friends 3:30 Puzzles & Packets 6:00 Lawrence Welk
9:30 SS Music & the Spoken Word 29 11:00 SS LDS Church Services 1:30 Movie Matinee 2:30 Visit w/Family & Friends 3:15 Word Search ~ Basket 4:00 TV Football	10:00 PE Exercise for Life 30 10:45 Uno 11:00 CE Trivia 1:30 Movie Matinee 1:45 CC Scenic Drive 3:00 Halloween Packets	Halloween 31 8:00 AM Doctor Appts 10:00 Chair Exercise Video 10:45 AE Draw like Picasso 2:00 AE Costume Contest & Raffle 2:45 LL Halloween Party 3:30 Puzzles & Pondering	<div style="display: flex; align-items: center; justify-content: center;"> <div style="text-align: center;"> <p>8326 South Highland Drive Sandy, UT 84093 801-733-6363</p> </div> </div>			<ul style="list-style-type: none"> AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support