



Process of tasting Wine

There are five basic steps in tasting wine: color, swirl, smell, taste, and savor. These are also known as the "five S" steps: see, swirl, sniff, sip, savor. During this process, a taster must look for clarity, varietal character, integration, expressiveness, complexity, and connectedness.

A wine's color is better judged by putting it against a white background. The wine glass is put at an angle in order to see the colors. Colors can give the taster clues to the grape variety, and whether the wine was aged in wood.

October Birthdays

In astrology, those born from October 1 to 22 balance the scales of Libra. Libra epitomizes fairness and harmony in all dealings large and small. Sincere, beautiful, and romantic, Libra will work hard to keep all relationships on an even keel with boundless grace and charm. Those born between October 23 and 31 are Scorpios. Scorpios are passionate, deep, and intense, qualities that help them counsel others in deep and meaningful ways. Resourceful and determined, Scorpios give their all when it comes to following their hearts.

Martha Brockert – October 3
 Virginia Springfield – October 3
 Kenneth Royse – October 13
 Donna Gibson – October 18
 Kathryn Carver – October 21
 Patricia Abney – October 22
 Frankie Gregory - October 27
 William Webster – October 30



For many, the idea of spinning in one place is enough to make them dizzy, but that's the whole purpose behind International Top Spinning

Day on October 12. Tops are some of the oldest known toys in the world. Archaeologists discovered clay tops buried in the ruins of the ancient city of Ur in Mesopotamia, dating back to 3500 BC. Why is the motion of a spinning top so engrossing? Is it because it appears to defy gravity? Are we naturally attracted to the way it spins just like Earth rotates on its axis? This gravity-defying spin, known as the *gyroscopic effect*, is an impressive motion that uses inertia, gravity, momentum, and centrifugal force to stay balanced and upright. Of course, every top falls over eventually, thanks to the friction between its spinning point and the surface it is spinning on. But it was Iacopo Simonelli who made his homemade top spin for over 40 minutes with a single twist of the fingers. Humankind has certainly come a long way from spinning acorns and pennies.

The Mansion

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Go Nuts for Squirrels in October

Squirrels will be busy throughout October burying nuts in the ground in preparation for the long, cold winter. No wonder October is both Squirrel Awareness Month and Nut Month. Nuts such as acorns, hickory, pecans, and black walnuts are the most important part of a squirrel's diet, for they give the squirrel the protein and fatty acids they need to survive. But the truth is that squirrels, like humans, require a balanced diet to stay healthy. They may love nuts, but they also need to eat berries, seeds, young plants, and even insects to get the nutrition they need. Like humans, squirrels also sometimes don't realize that too much of a good thing could make them sick. Many squirrels adore peanuts, but peanuts can harbor a fungus in their shells that is poisonous to squirrels.

These furry critters, often seen scurrying up and down trees in the backyard, are easy to take for granted. Yet the squirrel is a highly adaptable animal; there are 285 different species located all over the world. Tree squirrels, such as North America's eastern gray squirrel, play an important role in forest regeneration. The gray squirrel often eats damaged seeds and nuts first and stores the best seeds to eat later. Burying these seeds gives hardwood trees a greater chance to thrive. With a 17-inch body and a 20-inch tail, the Indian giant flying squirrel is impressive for its size and has the ability to soar up to 300 feet. These squirrels do not really fly but glide on thin membranes of skin that are attached to their front and hind legs like a parachute. Ground squirrels, including marmots, woodchucks, and prairie dogs, have evolved to live outside of forests, instead digging vast underground burrows in mountains and grasslands. These species, unlike their tree-dwelling cousins, are also highly social and communicative. The next time you watch the silly acrobatics of these backyard visitors, take some time to appreciate how squirrels have been able to find success in habitats all over the world.

Celebrating October

Breast Cancer Awareness Month

Wine and Cheese Class w/a Raffle every Friday

Wii Bowling every weekend

2nd Infant Crisis Center

4th Hymn's and Singing

5th Mall Outing

11th Craft for the Infant Crisis Center

12th Oktoberfest

18th Belle Isle Library

20th Monthly Birthday Party

22nd Crown Heights Church

31st All Hallows Eve Party

All of our residents had such a wonderful time. Thank you to everyone who came and helped make this day special. A huge shoutout to the following vendors. Universal Home Health, Centennial Hospice, True Vine Home Health, Physician's Choice Hospice, Synergy Homecare, Frontier Hospice, Sooner Hospice, Good Shepherd Hospice and Heavenly Hospice.



Our residents were happy with many of the games that were available. We had Cake Walk, Ring Toss, and Face Painting, Spin That Wheel, Tic Tac Toe, Ball Toss and Duck Matching. As for the food, we served your traditional fair food. We ate Chocolate-covered bacon, Funnel cakes and corn dogs.



Resident Clara had such a wonderful time at our State Fair. She really enjoyed all the games that were offered. Clara had some great laughs with some of our sponsors.

Flames of Hope was kind enough to bring this wonderful miniature horse Maddie. We all had so much fun with her. She was such a delight and even the kids had fun petting her. She will be coming in November and December. So, don't worry if you missed her, you will see her again!!



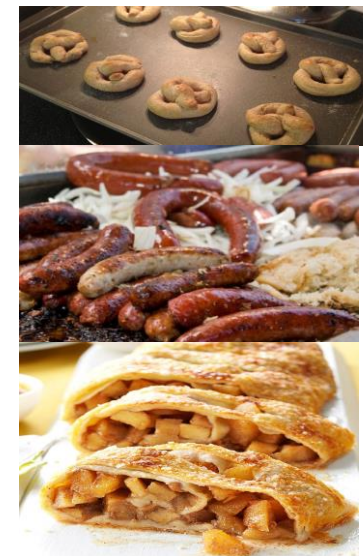
Resident Bill loved petting Maddie the horse. Bill told us "I am having such a wonderful time today." His daughter even joined in on the action with her day. Bill was funny and every time he left a game he went to pet the horse. He also enjoyed the cotton candy as well as the popcorn that was given to him. Bill participated in ring toss and Spin That Wheel.



History of Oktoberfest

Bavarian Crown Prince Louis, later King Louis I of Bavaria, marries Princess Therese von Sachsen-Hildburghausen. The Bavarian royalty invited the citizens of Munich to attend the festivities, held on the fields in front of the city gates. These famous public fields were named Theresienwiese—"Therese's fields"—in honor of the crown princess; although locals have since abbreviated the name simply to the "Wies'n." Horse races in the presence of the royal family concluded the popular event, celebrated in varying forms all across Bavaria.

The decision to repeat the festivities and the horse races in the subsequent year gave rise to the tradition of the annual Oktoberfest. Alcohol consumption is a part of the modern festival, and more than 1 million gallons of beer are consumed annually at Oktoberfest.



Oktoberfest Dinner

Appetizers:

Apple Oktoberfest Cheese Soup
 Obatzda Cheese Dip
 German Soft Pretzel Sticks with Homemade Spicy Beer Mustard

Main Dish:

Sautéed Bratwurst with Bacon and Apple Sauerkraut
 Sauerbraten (German Pot Roast)
 Spätzle with Gruyere and Caramelized Onions
 Blaukraut (German Red Cabbage)

Dessert:

Sachertorte
 Apple Strudel