


Personal Care Lifestyle & Leisure Calendar

October 2017

Keystone Villa at Douglassville

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>9:15 LL Coffee & Conversation [AR] 1</p> <p>9:45 LL Morning Movie [T]</p> <p>1:00 AE Art/Puzzles [AR]</p> <p>2:00 LL Sunday Sundaes [AR]</p>	<p>9:15 LL Coffee & Word Puzzles [AR] 2</p> <p>10:00 CE Science for Seniors [T]</p> <p>11:00 PE Seated Exercise [T]</p> <p>1:30 LL Cards/Games [AR]</p> <p>3:00 LL Wine Social w/ entertainment by Nick Viscuso [AR]</p> <p>6:00 LL TV Series - "Anne of Green Gables" [T]</p>	<p>8:00 New Resident Breakfast w/ Managers [AR] 3</p> <p>9:30 LL Coffee [AR]</p> <p>10:00 PE Seated Yoga Class w/ Evelyn [AR]</p> <p>11:30 Outing to Kelsey O'Shay's Irish Pub [MIL]</p> <p>1:30 LL Bingo [AR]</p> <p>2:45 LL Games [AR]</p> <p>3:30 AE Sing w/ Phoebe [LR]</p>	<p>Happy Birthday Phyllis L.! 4</p> <p>9:15 SS Church Service [AR]</p> <p>10:00 PE Exercise w/ Therapy [AR]</p> <p>10:45 LL Po-Ke-No [AR]</p> <p>1:30 LL Sing Along w/ Jay [AR]</p> <p>2:30 LL Games [AR]</p> <p>6:00 LL TV Series - "Anne of Green Gables" [T]</p>	<p>9:15 LL Mini Manicures [AR] 5</p> <p>10:45 AE Easy Make [AR]</p> <p>1:15 PE Wii Bowling [AR]</p> <p>1:30 PE Shuffleboard [AR]</p> <p>2:30 LL Bingo [AR]</p> <p>3:30 PE Seated Exercise [AR]</p> <p>6:00 LL Bertie's Blessings (singer) [3FL]</p>	<p>Happy Birthday Christine F. & Elaine H.! 6</p> <p>9:15 LL Coffee [AR]</p> <p>9:30 AE Art w/ Tammy [AR]</p> <p>11:00 PE Noodle Ball/Kick Ball [AR]</p> <p>2:00 LL Happy Hour w/ Entertainment by Sterling Lamm [AR]</p> <p>3:15 SS Catholic Service [T]</p> <p>6:00 LL Movie [T]</p>	<p>9:30 LL Coffee & Conversation [AR] 7</p> <p>10:00 LL Funny Videos [AR]</p> <p>10:30 LL Quarter Bingo [AR]</p> <p>1:00 CE Trivia [AR]</p> <p>2:15 LL Afternoon Movie [T]</p>	
<p>9:15 LL Coffee & Conversation [AR] 8</p> <p>9:45 LL Morning Movie [T]</p> <p>1:00 AE Art/Puzzles [AR]</p> <p>2:00 LL Sunday Sundaes [AR]</p>	<p>Columbus Day 9</p> <p>9:15 LL Coffee & Word Puzzles [AR]</p> <p>10:00 CE Educational Lecture on "Benefits of Meditation" [AR]</p> <p>11:00 PE Seated Exercise [AR]</p> <p>12:30 PE Outing to Birdsboro Splash & Fitness [MIL]</p> <p>1:30 LL Cards/Games [AR]</p> <p>3:00 LL Wine Social w/ Tom Schlegel on piano [AR]</p> <p>6:00 LL TV Series - "Anne of Green Gables" [T]</p>	<p>9:30 LL Coffee [AR] 10</p> <p>10:00 Outing - Drive through Valley Forge Park & lunch at Bahama Breeze [MIL]</p> <p>10:00 AE Arts & Crafts [AR]</p> <p>1:30 LL Bingo [AR]</p> <p>2:45 LL Games [AR]</p> <p>3:30 AE Sing w/ Phoebe [LR]</p>	<p>9:15 SS Church Service [AR] 11</p> <p>10:00 PE Exercise w/ Therapy [AR]</p> <p>10:45 LL Po-Ke-No [AR]</p> <p>1:30 CE Afternoon Tea w/ Gemologist Bonnie Betz - Opals [AR]</p> <p>2:30 LL Games [AR]</p> <p>6:00 LL TV Series - "Anne of Green Gables" [T]</p>	<p>Happy Birthday Morris G.! 12</p> <p>9:15 LL Mini Manicures [AR]</p> <p>11:00 LL Pizza Party [AR]</p> <p>1:00 PE Seated Volleyball [AR]</p> <p>2:30 LL Bingo [AR]</p> <p>3:30 PE Seated Exercise [AR]</p> <p>6:00 LL Bertie's Blessings (singer) [3FL]</p>	<p>9:15 LL Coffee [AR] 13</p> <p>9:45 AE Baking [AR]</p> <p>10:30 SS Inspirational Reading [AR]</p> <p>11:00 PE Noodle Ball/Kick Ball [AR]</p> <p>2:00 LL Happy Hour w/ Entertainment by Wahl Street [AR]</p> <p>6:00 LL Movie [T]</p>	<p>9:30 LL Coffee & Conversation [AR] 14</p> <p>10:00 LL Funny Videos [AR]</p> <p>10:30 LL Quarter Bingo [AR]</p> <p>1:00 AE Sing Along [AR]</p> <p>2:15 LL Afternoon Movie [T]</p>	
<p>9:15 LL Coffee & Conversation [AR] 15</p> <p>10:00 SS St. Gabe's Sunday School children visit - craft & lesson [AR]</p> <p>1:00 AE Art/Puzzles [AR]</p> <p>2:00 LL Sunday Sundaes [AR]</p>	<p>9:15 LL Coffee & Word Puzzles [AR] 16</p> <p>10:00 CC Craft w/ St. Gabe's kids [AR]</p> <p>11:00 PE Seated Exercise [AR]</p> <p>1:30 LL Cards/Games [AR]</p> <p>2:00 LL Outing - Hayride at Wilcox Farms [MIL]</p> <p>3:00 LL Wine Social (AR)</p> <p>6:00 LL TV Series - "Anne of Green Gables" [T]</p>	<p>9:30 LL Coffee [AR] 17</p> <p>10:00 AE Arts & Crafts - Pumpkin Painting [AR]</p> <p>11:30 Outing to Chili's [MIL]</p> <p>1:30 LL Bingo [AR]</p> <p>2:45 LL Games [AR]</p> <p>3:30 AE Sing w/ Phoebe [LR]</p>	<p>9:15 SS Church Service [AR] 18</p> <p>10:00 PE Exercise w/ Therapy [AR]</p> <p>10:45 LL Po-Ke-No [AR]</p> <p>1:30 CE Joe McDevitt - Lecture on 18th Century First Ladies [AR]</p> <p>2:30 LL Games [AR]</p> <p>6:00 LL TV Series - "Anne of Green Gables" [T]</p>	<p>9:15 LL Mini Manicures [AR] 19</p> <p>10:45 AE Easy Make [AR]</p> <p>1:15 PE Wii Bowling [AR]</p> <p>1:30 PE Shuffleboard [AR]</p> <p>2:30 LL Bingo [AR]</p> <p>3:30 PE Seated Exercise [AR]</p> <p>6:00 LL Bertie's Blessings (singer) [3FL]</p>	<p>9:15 LL Coffee [AR] 20</p> <p>9:45 AE Baking [AR]</p> <p>10:30 CE Word Games [AR]</p> <p>11:00 PE Noodle Ball/Kick Ball [AR]</p> <p>2:00 LL Happy Hour w/ Entertainment by Michael Kropp [AR]</p> <p>3:15 SS Catholic Service [T]</p> <p>6:00 LL Movie [T]</p>	<p>9:30 LL Coffee & Conversation [AR] 21</p> <p>10:00 LL Funny Videos [AR]</p> <p>10:30 LL Quarter Bingo [AR]</p> <p>1:00 CE Trivia [AR]</p> <p>2:15 LL Afternoon Movie [T]</p>	
<p>9:15 LL Coffee & Conversation [AR] 22</p> <p>9:45 LL Morning Movie [T]</p> <p>1:00 AE Art/Puzzles [AR]</p> <p>2:00 LL Sunday Sundaes [AR]</p>	<p>9:15 LL Coffee & Word Puzzles [AR] 23</p> <p>10:00 CC Craft w/ St. Gabe's kids [AR]</p> <p>11:00 PE Seated Exercise [AR]</p> <p>12:30 PE Outing to Birdsboro Splash & Fitness [MIL]</p> <p>1:00 LL Cards/Games [AR]</p> <p>2:00 PE Halloween Dance Class w/ Caregiver Ashley [AR]</p> <p>3:00 LL Wine Social w/ entertainment by Terry Kane [AR]</p> <p>6:00 LL TV Series - "Anne of Green Gables" [T]</p>	<p>9:30 Outing to Walmart [MIL] 24</p> <p>9:30 LL Coffee [AR]</p> <p>10:00 AE Arts & Crafts [AR]</p> <p>11:30 Outing to Italian Delite Restaurant [MIL]</p> <p>1:30 LL Bingo [AR]</p> <p>2:45 LL Games [AR]</p> <p>3:30 AE Sing w/ Phoebe [LR]</p>	<p>9:15 SS Church Service [AR] 25</p> <p>10:00 PE Exercise w/ Therapy [AR]</p> <p>10:45 LL Po-Ke-No [AR]</p> <p>1:30 LL Villa Bucks Auction [AR]</p> <p>2:30 LL Games [AR]</p> <p>3:00 CE Healthy Snacks w/ Health Calls [AR]</p> <p>6:00 LL Family Trick or Treat Night [AR]</p>	<p>Happy 100th Birthday Lillian!! 26</p> <p>9:15 LL Mini Manicures [AR]</p> <p>11:00 LL Pizza Party [AR]</p> <p>1:00 PE Seated Volleyball [AR]</p> <p>2:30 LL Bingo [AR]</p> <p>3:30 PE Seated Exercise [AR]</p> <p>6:00 LL Bertie's Blessings (singer) [3FL]</p>	<p>Happy Birthday Joyce A.! 27</p> <p>9:15 LL Coffee [AR]</p> <p>9:45 AE Baking [AR]</p> <p>10:00 Scenic Drive [MIL]</p> <p>10:30 SS Inspirational Reading [AR]</p> <p>11:00 PE Noodle Ball/Kick Ball [AR]</p> <p>2:00 LL Happy Hour w/ Entertainment by Yolanda Spohn [AR]</p> <p>6:00 LL Movie [T]</p>	<p>9:30 LL Coffee & Conversation [AR] 28</p> <p>10:00 LL Funny Videos [AR]</p> <p>10:30 LL Quarter Bingo [AR]</p> <p>1:00 AE Sing Along [AR]</p> <p>2:15 LL Afternoon Movie [T]</p>	
<p>9:15 LL Coffee & Conversation [AR] 29</p> <p>9:45 LL Morning Movie [T]</p> <p>1:00 AE Art/Puzzles [AR]</p> <p>2:00 LL Sunday Sundaes [AR]</p>	<p>9:15 LL Coffee & Word Puzzles [AR] 30</p> <p>10:00 CE Arm Chair Travel [AR]</p> <p>11:00 PE Seated Exercise [AR]</p> <p>1:30 LL Cards/Games [AR]</p> <p>3:00 LL Wine Social w/ entertainment by Cowboy Frankie Roberts [AR]</p> <p>6:00 LL TV Series - "Anne of Green Gables" [T]</p>	<p>Halloween 31</p> <p>9:30 Outing to Ott's Exotic Flowers & lunch at Ruby Tuesday (MIL)</p> <p>9:30 LL Coffee [AR]</p> <p>10:00 CC St. Gabe's Kids Trick or Treating</p> <p>10:15 AE Arts & Crafts [AR]</p> <p>1:30 LL Bingo [AR]</p> <p>2:45 LL Games [AR]</p> <p>3:30 AE Sing w/ Phoebe [LR]</p>	 <p>Keystone Villa AT DOUGLASSVILLE A DISTINCTIVE RETIREMENT COMMUNITY</p> <p>1152A Ben Franklin Hwy Douglassville, PA 19518 610-385-2000</p>			<p>AE Artistic Expression</p> <p>CC Community Connections</p> <p>CE Continuing Education</p> <p>LL Lifestyle & Leisure</p> <p>PE Physical Engagement</p> <p>SS Spiritual Support</p>	<p>Location Keys</p> <p>Activity Room AR</p> <p>Living Room LR</p> <p>Meet in Lobby MIL</p> <p>Theater T</p> <p>Third Floor 3FL</p>