

Oct./Nov./Dec. 2017

"I never met a man I didn't like." -Will Rogers

Saranac Village at Will Rogers News is published quarterly for residents and their families, community members and friends of Saranac Village at Will Rogers. If you know someone who would be interested in receiving this newsletter, call 518-891-7117. Email hmarlow@saranacvillage.com if you would like to receive the newsletter via email.

Saranac Village at Will Rogers

78 Will Rogers Drive, Suite 400

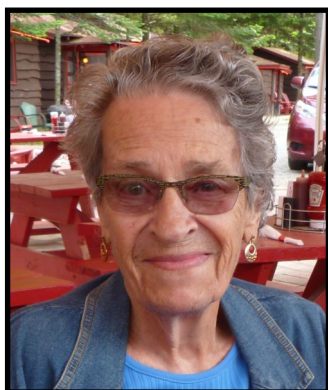
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Resident June Riley

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Saranac Village at Will Rogers News

The Historic Retirement Community of the Adirondacks

Road to Retirement: WWII Vets and Their Stories

On Wednesday, November 1st at 2:00 p.m., Dr. Day Way will speak about the stories of veterans he's worked with over the years in his profession as a country doctor. This program is part of the Road to Retirement Series held on the first Wednesday of every month.



The Road to Retirement Series features programs related to discovering the path others have taken to retirement, serves to further educate and engage communities and teaches about the opportunities, services and resources that can help people retire successfully and happily.

This program is free and open to the public. Refreshments will be served. For more information, call 518-891-7117 or visit www.saranacvillage.com.

First Night: Crackin' Foxy!

Welcome in the New Year by joining Saranac Lake's First Night with two performances by Crackin' Foxy, the multi-talented artists inspired by traditional New Orleans jazz. Their music features influences from the Boswell Sisters, Anette Hanshaw and Django Reinhardt as well as Vaudeville and Hawaiian music of the early 20th century.

Mark Hofschneider founded the band in 2010 after his wife suggested he play less clawhammer banjo and more ukulele. Hofschneider, along with other band members, arrange rhythms and solos with swing tempos to highlight the vocal harmonies of Sarah Curtis and Leah Detar.

This program is part of Saranac Lake First Night. Performances will be at 8 p.m. and 9 p.m. Buttons need to be purchased for \$15 in advance or at the door. Appetizers, drinks and desserts will be provided. Call 518-891-7117 or visit firstnightsaranaclake.org.

CRACKIN' FOXY



A Note from Jamie Whidden

When I first moved here, I was so taken with the view on Lake Flower. Every season brings its own beauty to the landscape and its own adventures to take part in. With autumn upon us, some may not enjoy the thought of the leaves falling and the weather changing. At Will Rogers though, we know what the season really brings: rides to view the beautiful colors, pumpkins to carve, warm fires in the Great Room, gathering together for a delicious Thanksgiving feast and more!

If this sounds good to you, call us so we can help bring back all that is glorious about this time of year to you

-Jamie Whidden
Executive Director

Welcome New Residents

Marilyn Granquist
Maurice Guerrette
Kay Leigh
William Parr
Aggie Sullivan—Day Program

Photo Album



Above Left: Joyce Henklein celebrates her day at the monthly birthday party!

Above Right: Louise LaFountain, Elaine Sunde and Esther Coughlin relax this summer on our deck overlooking the west lawn. What a beautiful day it was! Right: Steve Ketcham enjoys a lobster dinner at Tail of the Pup in Ray Brook!



From the Historian: Ione Reed, Stuntwoman

Ione Reed worked in the film industry from the 1920's to the mid-1940's. She was an actress, but was also well-known for being a stuntwoman. She had also been a patient at Will Rogers Memorial Hospital, the building now known as Saranac Village at Will Rogers.



Screen credits are questionable as stunt performers did not often get them in the early days of film. It has been suggested that she stunt-doubled for Maureen O'Hara in *The Hunchback of Notre Dame* and for Vivien Leigh in *Gone with the Wind* as well as working on many other films.

The Will Rogers Hospital opened its doors to all types of respiratory diseases when the tuberculosis epidemic was declining. From my research, it is not believed that Ione Reed had tuberculosis but that she did have severe allergic reactions to the make-up she used, which caused her breathing problems.

Ione was so well-known, that an advertising company used her career as a way to promote their product. She also wrote about her career in the book *Stunt Girl*.

As a way to pass the time at Will Rogers, art classes were given in which Ione took part. Patients could paint ceramic figurines or wood plates. Two of her wooden plates still exist today and are preserved and cherished by their owner—Leslie Hoffman, Saranac Village at Will Rogers Historian.



Calendar of Events! *

Birds of East Africa on Saturday, October 7th at 7:00 p.m. Photographer Gerry Lemmo will present a slide talk about his travels and share his photographs from time spent traveling through Kenya and Tanzania, especially focusing on the bird life.

Senior Talent Show on Saturday, October 21st at 7:30 p.m. Acts will be accepted for those 55+ in music, dance, drama or recitation. Prizes will be awarded: \$150 for 1st Place, \$100 for 2nd Place and \$50 for 3rd Place. Please contact Debbie Kanze at 518-891-7117 for more information. A \$5 donation is requested for the show.

Outing Club Event: Birds, Bogs & A Corn Maze on Tuesday, October 31st at 9:30 a.m. Take a walk at the Bloomingdale Bog in search of gray jays and boreal chickadees. After lunch at the Pack Basket Restaurant (\$4.95 & up), we'll visit the Great Adirondack Corn Maze at Tucker Farms (\$6 per person). Call 518-891-7117 to RSVP.

Road to Retirement: WWII Vets and Their Stories on Wednesday, November 1st at 2 p.m. Dr. Dan Way will speak about the stories of veterans he's worked with over the years in his profession as a country doctor. Books will be available for purchase and signing.

Towne Meeting on Saturday, November 4th at 7:30 p.m. Those harmonizing guys are back! Join us to enjoy this charismatic group as they perform folk, Americana and acoustic rock all with amazing vocals and music. They even throw in a bit of comedy as well! \$5 suggested donation.

Hope for the Holidays on Thursday, November 16th at 7:00 p.m. High Peaks Hospice will present a program and activity to help chase away holiday blues. There will be a short talk, a candle lighting and a craft.

Outings Club: Waterfalls & Wildlife on Tuesday, November 28th at 10:00 a.m. Join us for a walk and lunch at High Falls Gorge (\$13 per person + lunch) Then we will visit the Adirondack Wildlife Refuge & Rehab Center to see wolves, bears, owls, falcons, eagles and more. Call 518-891-7117 to RSVP for this trip.

Road to Retirement: Emergency Preparedness in Essex County on Wednesday, December 6th at 2:00 p.m. What should you do in case of a disaster? How can you be prepared? This talk will give valuable and practical information about some of the emergency situations that can arise and how to best deal with them.

Holiday Concert on Saturday, December 9th at 7:30 p.m. A variety of musical groups will participate in this Holiday Variety Show including the Backwater Community Orchestra, the Saranac Lake High School Jazz Ensemble, the Adirondack Saxes, the Saranac Lake High School Men's and Women's Ensembles and more. Donations of check, cash or canned/boxed goods will be accepted for the Saranac Lake Food Pantry.

First Night Saranac Lake on Sunday, December 31st at 8:00 p.m. Crackin' Foxy will perform two sets. First Night buttons can be purchased in advance or at the door (\$15). Come dance the night away to the swinging sounds of this multi-talented band. Appetizers, drinks and desserts provided. www.firstnightsaranaclake.org

**Game nights will be held on the 2nd and 4th Saturdays of each month
from 6:30 p.m.—9:30 p.m. in the Lower Lounge.**

***All programs are free unless otherwise noted.**



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518-891-7117 www.saranacvillage.com



Saranac Village at Will Rogers offers independent retirement living with enhanced services, no buy-in fee and a great value! We treat you like family!

Resident Spotlight: Sidney Maxwell

Sidney Maxwell grew up in Lake Placid. She described her home as being the best place in the world and said she had a wonderful childhood. Among her vivid memories are the cold winter days she spent skiing on the golf course and visiting the woods and streams. After growing up in the Adirondacks, Sidney attended college at The University of Vermont and The University of Colorado.

Sidney's husband, Johnny, was a chemist and a good one! He invented a chemical to put on the bottom of wooden skis called Plaski. In 1953, they started to sell their product on their front porch. They decided to get their own little shop and called it The Ski Hut. Then the store got bigger and bigger and bigger! Now, her son and her two grandsons have taken over the business and is now called the Outdoor Sports Center and it is located in Wilton, CT.



Sid and Johnny were able to travel extensively and visited Europe, India, Australia, Japan and the Philippines. While running the business, they raised four wonderful children. She has lived a long life that enabled her to ski, paddle, hike, camp and most importantly, raise her children.

Sidney recalls having an excellent childhood, a whole lot of fun in college and an extremely good marriage. She has done a lot and she is happy to be right where she is today. Years ago, she attended and raised money for an Alzheimer's Walk as her husband was suffering from this disease. She was rewarded with a free stay at Will Rogers. When her husband passed, Sidney remembered her stay and how much she enjoyed it. She came for the winter, planning to leave in the spring. But, she enjoyed her time so much that it was too hard to leave the people she had met and the memories she made. The most important reason she stayed is because she feels safe.