

Management Team

Patty Dubai
Executive Director
Kat Kerr
Business Office Manager
Clara Edmiston, RN
Director of Nursing
Charmaine Dolan, LPN
Memory Care Director
Beverly Hurley
Community Relations Director
Richard McMillen
Dining Services Director
David Burney
Maintenance Director
Jennifer Petit
Activities Director



*Pacifica Senior Living is committed to
supporting our communities,
residents, and the families we serve.*

*We strive to create a lifestyle of
independence, security, and peace of mind.*

*It is through our dedicated and caring
team members that our culture is
exemplified in service, accountability,
teamwork and compassion.*

*The right choice. The right time.
Welcome Home!*



Assisted Living
Memory Care

3855 Upper Creek Dr.
Sun City Center, FL 33573
(813) 633-3333
Lic.# AL7290
www.pacificaseniorliving.com

Welcome Home!

Pacifica Tidings



MAY/JUNE
2017



A Note from the Executive Director

Welcome to Summer!! I have been so grateful for all of the visits and compliments about our Sun City Center Community and our team! Thank you! Our management team is consistently receiving wonderful feedback from Residents, family members and staff and we encourage everyone to keep them coming! In a recent newsletter we provided a link to **Reputation.com** as one method to provide your feedback electronically. Please continue to use that link as well as your daily feedback on how we are doing! We love hearing from you!

We also love keeping you informed on the happenings of the Community electronically! For daily updates and photos captured by our team please remember to **LIKE OUR FACEBOOK page at Sun City Senior Living!!** Also, if you would like to receive our bi-monthly newsletter and monthly calendars electronically please let us know by sending our Activities Director, Jennifer Petit, an email at **ad.suncity@pacificaseniorliving.com** and she will be happy to add your name to our distribution list for these two items!

In the meantime, remember that our quarterly family fun night is right around the corner!!! We hope to see a lot of you on **Wednesday, June 28th from 4-6 p.m!**

Have a great summer!

Kind Regards

Patty DuBay
Executive Director

Who am I?



Welcome to Our Community

Carol Heasley 5/1

Juanita Earlin 5/21

Paul Feuston 5/26
(Welcome Back!)

Welcome!

Special Events & Memorable Moments



MYSTERY RIDES, PET THERAPY, ART WITHOUT BOUNDARIES, BINGO FUN AND MORE!!! FOR UPDATES DAILY, PLEASE LIKE OUR FACEBOOK PAGE AT SUN CITY SENIOR LIVING!!



Health & Fitness by Jennifer

Summer has arrived early for us in Sun City Center!!! Here are some safety tips for staying cool in a very warm climate!!

- 1. Drink plenty of liquids!** Dehydration is the root of many heat related health problems. Drink plenty of water or juice, even if you are not thirsty.
- 2. Wear appropriate clothes!** An old Swedish saying says "There's no such thing as bad weather, only bad clothes." When it's hot out, wear light-colored, light weight, loose-fitting clothes and a wide-brimmed hat.
- 3. Stay indoors during mid day hours!** During periods of extreme heat, the best time to run errands or to be outdoors is before 10 am or after 6 pm when the temperature tends to be cooler.
- 4. Take it easy!** Avoid exercise and strenuous activity, particularly outdoors, when it's very hot out.
- 5. Seek Air-Conditioned Environments!**
- 6. Know the warning signs of heat-related illness.**

Birthdays

May

Del Larueau 5/1
Charlotte Nicotra 5/6
Gertrude Bartow 5/6
Karen Brett 5/22
Peggy Cochard 5/22
Micheal Davies 5/23
Vinny Trap;ani 5/24
Lillian Tomes 5/25
Madeline Reeves 5/29
Jerry Ingenito 5/30
William Wilson 5/31

June

Kurt Jonach 6/4
Gladys Fracassi 6/20
Lilian Auvil 6/21
Thomas Jehn 6/22
Jane Brown 6/28
John Shute 6/30

Spiritual Activities

Thursdays!!

Pastor Tanner is here every **Thursday** of the month at **1:30 p.m.!** Join us for praise and worship through sing-a-long hymns everyone knows downstairs!

Also on **Thursdays**, Pastor Randall is here for a group bible study reading from the old and new testaments. Join us every **Thursday from 10-11 a.m.** with other residents in a small group setting upstairs!

Sundays!!

Every **Sunday at 9:30**. Prince of Peace Catholic Church is here for a communion service upstairs in the Exercise Room. (This is a temporary time change for the summer)

Every **Sunday from 3:00-3:30 p.m.** First Baptist Church of Ruskin is here for a Baptist Church service for all residents involved in praise and worship in a small group setting downstairs!

Who Am I? (answer)

- I was born in Illinois and was a fabulous housewife!
- My nickname is Tag-a-Long!
- I am a Methodist and used to enjoy riding motorcycles!
- I loved to travel and have seen places like the Grand Canyon, Vegas and 28 other states!
- I loved Golfing!
- My favorite holiday is Christmas and my favorite movie is the Sound of Music!
- I am **CAROL GRIGGS!**

