

*Juanita's*

**Monday October 30th  
@ 1:30pm  
Win, Win, Win...!**

**Office Hours**

**Monday-Friday 8:30am-5:30pm  
Saturday & Sunday 9:00am-5:00pm**

Administrator ~ Juanita Junco  
Marketing Director ~ Marlene Squire  
Activity Director ~ Tina Evans  
Resident Relations ~ Beth Kovarik  
R.R. Part Time ~ Traci Gelgood  
Maintenance ~ Jack, Donnie  
Transportation ~ Bruce and Joe  
Housekeeping ~ Margaret, Phul, Terri  
Night Porters Part Time ~ Shane, Joy, Hisabel and Sherri

**Roseville Commons Phone Numbers:**

Office (916) 786-2751  
Fax (916) 786-2781  
Transportation (916) 870-2452  
Kitchen (916) 786-3724  
Activities Office (916) 749-3189

**List of In-House Services**

Rose Petal Salon  
Christina Valdez  
(916) 878-0435

**Hours**

Open Tuesday ~ Friday  
9:00am-4:00pm

Manicures & Pedicures available

**October Special:  
\$5 off a Perm**

**Clean Touch****Cleaners & Alterations**

Will Huttunen  
(916) 366-6666

**Blood Pressure Checks**

Twice a month in the Lobby  
1<sup>st</sup> and 3<sup>rd</sup> Thursday of the month  
9:30am

**Except if they are on an Emergency Call!**

**Rite Aid**

Will deliver prescriptions to your door.  
(916) 784-1590

**Sam's Hearing Center Clinic**

Juliet

(916) 724-0078

*Free Cleaning, batteries & check-up*  
2<sup>nd</sup> THURSDAY of every month  
on the 1<sup>st</sup> Floor in the Craft Room  
@ 2:00pm.

**Celtic Hands Massage**

Kevin McLachlan  
(916) 878-6189

Every 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays

**Sign up in the notebooks for  
Transportation, Excursions,  
Messages, Crafts and for the  
Hearing Clinic.**

# The Rose Review

Roseville Commons • 275 Folsom Rd. Roseville, Ca 95678 • (916) 786-2751 • [www.RayStoneSeniors.com](http://www.RayStoneSeniors.com)

**October****Roseville Commons  
TRANSPORTATION  
SCHEDULE****GROCERY SHOPPING  
& ERRANDS**

**Monday Oct. 2<sup>nd</sup>**

**Monday Oct. 9<sup>th</sup>**

**Monday Oct. 16<sup>th</sup>**

**Monday Oct. 23<sup>rd</sup>**

**Monday Oct. 30<sup>th</sup>**

**MEDICAL & DENTAL  
APPOINTMENTS**

**Tuesdays &**

**Thursdays**

**EXCURSIONS**

**Fridays**

**Sign up in the Books  
located by the office!**

**HELL ☺ OCTOBER**

*Goodbye September! Hello October!*

It's hard to believe we are already in October and that means we will enjoy all the beautiful colors of Autumn as well as October. It also means we are just around the corner for Thanksgiving and Christmas. Wow! I am excited about the Holidays coming.

I would like to touch base on a very important note ... what October also brings is the Cold & Flu season and unexpected Winter weather. It is very important to me that you take good care of yourself during the Cold & Flu season, we will be setting up to have one of the wonderful techs from Rite Aid come over in the first week of November for flu shots.

Be prepared for the Winter months ahead that may bring high winds and power outages in our area. Please read the insert in your newsletter on "**Being prepared during Winter Weather**" with a list of things to have on hand. Remember that our Community is not assisted living and that you need to make sure what your plans are with family/friends in case of an emergency.

Come have fun and join my "**BOO! BINGO**" with raffle prizes and a witch's black out winning pot on October 30<sup>th</sup> at 1:30pm.

Happy October, everyone! Boo!

*Juanita*



## Marketing Moments

Autumn is in the air and it brings with it the things we love about October ~ Fall scented candles, warm cups of cider, colorful leaves, cozy sweaters, football and Halloween costumes!



October is also the month Medicare 2018 open enrollment begins. Changes for next year and your options will be explained on the 17<sup>th</sup>.

Our fabulous annual Casino Party Gala is on the 19<sup>th</sup> ~ table games, delicious food & drink, raffle prizes, music to move to and more ~ whether you've lived here for years or just moved in, it's a must attend event!



Please share a smile. Be kind. Brighten a neighbor's October day and stop by the Office just to say hi!



Happy Halloween!

Marlene

## Welcome Our New Part-time Maintenance Man Donnie Terry Sr.

Donnie is the fourth child out of seven, being two minutes older than his identical twin brother Ronnie. He was born and raised in Stockton, CA. Donnie married his soul mate Yvonne at an early age of twenty-one. This New Year's Eve they will be celebrating their 40<sup>th</sup> Anniversary, Donnie and Yvonne have three children and six grandchildren.



Donnie is a builder by trade, he has a passion for working with wood. You can call him a jack of all trades and a master at some. Donnie is a very hard, honest and trustworthy worker; perfectionist at times. Donnie enjoys staying active with his hobbies; such as camping, boating, fishing, coaching football and track. He has a natural ability to work well with children and seniors Donnie is a man of faith and strong Christian values, he enjoys serving his community by assisting those in need, may it be by his time and or by donations.

Juanita

## Food Focus Group

A big Thank You to all of the residents who volunteered to be a part of our Food Focus Group: Lavon C., Jean H. Alice W., Bea G., Jane J., Betty and David N., Wanda P. and Annette B.



We appreciate your time and feed back, while helping out Chief Brian chose new ideas for food being served in our dining room.

Marlene

## Tuesday Speaker Series

If you have never come down on to the RR for a Tuesday Speaker Series, you are missing out on some great informative information as well as some fun times. This month we have scheduled a presentation by Michelle Hylton, AGA Medicare for Tuesday October 17<sup>th</sup> at 1:00 on the Medicare Plan Options 2018. Perfect since open enrollment begins October 15<sup>th</sup>, 2017. Please sign up with Marlene by October 9<sup>th</sup>, if you would like to receive a **FREE PIE!**



Who's ready for a Spooktacular month? Let's start it off with a Halloween Poetry Reading from the author Peter Blueberry

## Mistaken Invasion

It was on October 30, 1938, a Sunday evening and prime time for listening to the radio, that Orson Welles broadcast H.G. Wells' science fiction story *The War of the Worlds*, a dramatization of a Martian invasion of Earth. No one anticipated that the story would cause a national panic. The broadcast began with an innocuous weather report and live music, which was interrupted with a news report detailing the sudden invasion of Earth by hideous aliens. When the actors realistically announced that Martians were wiping out major cities, listeners flew into a panic. As many as a million people believed the invasion was real. Welles thought the controversy would ruin his career, but the wild performance earned him a Hollywood contract and superstardom. So, are there Aliens? Come down on Halloween, Tuesday October 31<sup>st</sup> at 1:00pm in the Rose Room to hear Jack Bessler talk and share video about what's going on in the world of the unexplained from within MUFON. You don't want to miss any of these Tuesdays. Hope to see you there!



Tina

## Culinary Corner

Hello Residents,

Autumn is finally upon us and it will bring some new fall flavors with the season. As the weather cools down, look out for warmer, more rustic meals as well as some spook-tacular treats come Halloween!

We will be having a savory German inspired Happy Hour and Dinner for Oktoberfest on the 5<sup>th</sup> of this month, along with some festive entertainment (Tina???)

As you may have noticed we have transitioned to a napkin "roll up" silverware setting in the dining room. This is to speed up and better streamline service when it comes to clearing and resetting the tables, so that we can devote more attention to your needs. We hope it has made an improvement in your dining services.

I would like to note though that it has been brought to my attention that some residents may have been unwittingly taking some silverware from the dining room. Most have been nice enough to remember to return it, but I would just like to give a friendly reminder to leave all your silverware at the table so that they can be washed. If you happen to need silverware for your meal "to go", we will gladly provide you with disposable utensils.

Unfortunately, with the new fall season also comes flu season! We would like to ask the residents that if you are sick, please be responsible and look out for the well-being of our community by staying in your rooms until you are fully recovered. Remember that each resident receives 3 complimentary room service deliveries a month, so please utilize the tray service if you are sick.

Thank you so much for your cooperation in this matter and for making our dining services such a success!

Sincerely,

Chef Brian

