

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30- Bus to Trinity Church 8:30- Bus to St. James 9:15- Bus to St. Bernard's 9:30- Bus to: UCC/Baptist 2:00 - Performance by: Tad Dreis 2:30- Movie in the Theater 7:00- Movie in the Theater	2 Massage Therapist 9:30- Sit N' Fit 10:30 – Coffee & Chat 10:30 – Ladder Golf 10:30 – Resident Discussion Group 11:00 – Walking Club 1:30- Bus leaves for Shopping 1:30- Mahjong in the Library 1:45 – Balance 3:15- Flower Arranging 4:15- Social Hour 6:45 –Ethan Stone	3 9:30- Balance 10:30- Coffee & Chat 10:30 – Bag Toss 11:00 – Strolling Club 1:30- Adult Coloring 1:45 – Strength & Resistance 2:00- Cribbage 3:00 – Bell Choir 4:15- Social Hour 6:45- BINGO!	4 9:30- Balance 10:15- Bus to Walmart 10:30- Catholic Rosary & Comm. 10:30 – Bag Toss 10:30 – Coffee & Chat 11:00 – Strolling Club 1:30 – Bus leaves for Shopping 1:30 – Wii Bowling 1:45 – Strength & Resistance 3:15 – Bentley Chorus 4:15- Social Hour 7:00- Classic Movie Night	5 Barber 9:30- Balance 9:30 - Gardening with Cherie 10:15 – Cooking 101 & Coffee 11:00 – Strolling Club 1:00 – Bingo! 1:45 – Strength & Resistance 3:00 – Manicures 4:15- Social Hour 7:00 – Documentary Night Sukkot	6 9:30- Sit N' Fit 10:30 – Coffee & Chat 10:30 – Resident Round Table 10:30 - Bag Toss 11:00 – Walking Club 12:30- Duplicate Bridge 2:00 – Name That Tune 4:15- Social Hour 7:00- Arm Chair Travel	7 9:30- Exercise 10:30- Wii Bowling! 1:00- Bingo 2:30- Movie in the Theater 7:00- Movie in the Theater
8 8:30- Bus to Trinity Church 8:30- Bus to St. James 9:15- Bus to St. Bernard's 9:30- Bus to: UCC/Baptist 2:00 - Performance by: Cindy Duchin 2:30- Movie in the Theater 7:00- Movie in the Theater	9 Massage Therapist 9:30- Sit N' Fit 10:30 – Coffee & Chat 10:30 – Ladder Golf 11:00 – Walking Club 1:30- Bus leaves for Shopping 1:30- Mahjong in the Library 1:45 – Balance 3:15- Flower Arranging 4:15- Social Hour Columbus Day (US) Thanksgiving Day (Canada)	10 9:30- Balance 10:30- Coffee & Chat 10:30 – Men's Group/Bocce 10:30 – Bag Toss 11:00 – Strolling Club 1:30- Adult Coloring 1:45 –Strength & Resistance 2:00- Cribbage 3:00 – Bell Choir 4:15- Social Hour 6:45- BINGO!	11 9:30- Yoga 10:15- Bus to Hannaford 10:30- Catholic Rosary & Comm. 10:30 – Connect 4 10:30 – Coffee & Chat 11:00 – Walking Club 1:30 – Bus leaves for Shopping 1:30 – Wii Bowling 4:15- Social Hour 7:00- Classic Movie Night	12 9:30- Balance 9:30 - Gardening with Cherie 10:30 – Coffee & Chat 10:30 – UCC Service with Cindy 10:30 – Brain Games 11:00 – Strolling Club 1:00 – Bingo! 1:45 – Strength & Resistance 3:00 – Fred Marple Yankee Humorist 4:15- Social Hour 7:00 – Documentary Night	13 9:30- Sit N' Fit 10:30 – Coffee & Chat 10:30 - Bag Toss 11:00 – Walking Club 11:30 – Lunch Bunch Flight Deck Outing 12:30- Duplicate Bridge 2:00 – Name That Tune 4:15- Social Hour 7:00- Arm Chair Travel	14 9:30- Exercise 10:30- Wii Bowling! 1:00- Bingo 2:30 Move to Music with Mary 2:30- Movie in the Theater 7:00- Movie in the Theater
15 8:30- Bus to Trinity Church 8:30- Bus to St. James 9:15- Bus to St. Bernard's 9:30- Bus to: UCC/Baptist 12:45 – Foliage Scenic Ride 2:00 – Foliage Scenic Ride 3:30 - Performance by: Ron Banks/Social Hour 2:30- Movie in the Theater 7:00- Movie in the Theater	16 Massage Therapist 9:30- Sit N' Fit 10:30 – Coffee & Chat 10:30 – Ladder Golf 10:30 – Resident Discussion Group 11:00 – Walking Club 1:30- Bus leaves for Shopping 1:30- Mahjong in the Library 1:45 – Balance 3:15- Flower Arranging 4:15- Social Hour	17 9:30- Balance 10:30- Coffee & Chat 10:30 – Bag Toss 10:00 – Yankee Candle Outing 11:00 – Strolling Club 1:30- Adult Coloring 1:45 – Strength & Resistance 2:00- Cribbage 3:00 – Bell Choir 4:15- Social Hour 6:45- BINGO!	18 9:30- Yoga 10:15- Bus to Walmart 10:30- Catholic Rosary & Comm. 10:30 – Connect 4 10:30 – Coffee & Chat 11:00 – Walking Club 1:30 – Bus leaves for Shopping 1:30 – Wii Bowling 1:45 - Balance 4:15- Social Hour 7:00- Classic Movie Night	19 Barber 9:30- Balance 9:30 - Gardening with Cherie 10:15 – Cooking 101 & Coffee 11:00 – Strolling Club 1:00 – Bingo! 1:45 – Strength & Resistance 3:00 – Manicures 4:15- Social Hour 7:00 – Documentary Night	20 9:30- Sit N' Fit 10:30 – Coffee & Chat 10:30 – Life Enrichment w/Hilary 10:30 Bag Toss 11:00 – Walking Club 12:30- Duplicate Bridge 1:45 – Yoga 2:00 – Mask Craft with Diana 4:15- Social Hour 7:00- Arm Chair Travel	21 9:30 – Victory Fellowship 9:30- Exercise 10:30- Wii Bowling! 1:00- Bingo 2:30- Movie in the Theater 7:00- Movie in the Theater
22 8:30- Bus to Trinity Church 8:30- Bus to St. James 9:15- Bus to St. Bernard's 9:30- Bus to: UCC/Baptist 2:00 - Performance by: Lenny Zarcone 2:30- Movie in the Theater 7:00- Movie in the Theater	23 Massage Therapist 9:30- Sit N' Fit 10:30 – Coffee & Chat 10:30 – Ladder Golf 11:00 – Walking Club 1:30- Bus leaves for Shopping 1:30- Mahjong in the Library 1:45 – Balance 3:15- Flower Arranging 4:15- Social Hour	24 9:30- Balance 10:30- Coffee & Chat 10:30 – Men's Group/Cooking 10:30 – Bag Toss 11:00 – Strolling Club 1:30- Adult Coloring 1:45 – Strength & Resistance 2:00- Cribbage 3:00 – Bell Choir 4:15- Social Hour 6:45- BINGO!	25 9:30 – Bible Study-Ella Rank 9:30- Yoga 10:15- Bus to Hannaford 10:30- Catholic Rosary & Comm. 10:30 – Connect 4 10:30 – Coffee & Chat 11:00 – Walking Club 1:30 – Bus leaves for Shopping 1:30 – Wii Bowling 1:45 – Balance 3:15 – Bentley Chorus 4:15- Social Hour 7:00- Classic Movie Night	26 9:30- Balance 9:30 - Gardening with Cherie 10:30 –Coffee & Chat 10:30 – Brain Games 11:00 – Strolling Club 1:00 – Bingo! 1:45 – Strength & Resistance 3:00 – Manicures 4:15- Social Hour 7:00 – Documentary Night	27 9:30- Sit N' Fit 10:30 – Coffee & Chat 10:30 - Bag Toss 11:00 – Walking Club 12:30- Duplicate Bridge 1:45 – Yoga 2:00 – Name That Tune 4:15- Social Hour 7:00- Arm Chair Travel	28 9:30- Exercise 10:30- Wii Bowling! 1:00- Bingo 1:30 – Kids Halloween Party 2:30- Movie in the Theater 7:00- Movie in the Theater
29 8:30- Bus to Trinity Church 8:30- Bus to St. James 9:15- Bus to St. Bernard's 9:30- Bus to: UCC/Baptist 2:00- Performance by: Jim Barnes 2:30- Movie in the Theater 7:00- Movie in the Theater	30 Massage Therapist 9:30- Sit N' Fit 10:30 – Coffee & Chat 10:30 – Ladder Golf 11:00 – Walking Club 1:30- Bus leaves for Shopping 1:30- Mahjong in the Library 1:45 – Balance 3:15- Flower Arranging 4:15- Social Hour	31 9:30- Balance 10:30- Coffee & Chat 10:30 – Bag Toss 11:00 – Strolling Club 1:30- Adult Coloring 1:45 – Strength & Resistance 2:00- Cribbage 3:00 – Bell Choir 4:15- Social/Halloween Bash 6:45- BINGO!	Key B= Bistro A= Activities Room T =Theater Room 4= Community Room 4th floor			