

Director's Corner

Fall is upon us as the leaves are beginning to change and the air is crisper. The days are shorter but that doesn't mean we hibernate at Royalton Woods. We have too many great fall activities about to take place. Watch your calendar for some great fall activities, including Leaf Peeking Tours, Octoberfest, Halloween Boo Bash and so much more!

A BIG "THANK YOU" to all our staff who worked so hard to make Assisted Living Week the success it was. From Grandparents Day until the end of the week, our residents participated in so many activities there was barely time to relax. I am especially thankful to our Administrative Staff who worked so hard preparing for Assisted Living Week as well as the Alzheimer's Fundraiser. You are all wonderful and very much appreciated not only during this week but throughout the year! "Thank You" to all of our Office Staff who were responsible for selling our tickets, flowers and candy bars. Enjoy the beautiful hues of fall, unfortunately they don't last long enough!



Linda Arduini, CEAL
Community Director



Respite/Short-Term Stay
Retirement Living At Its Best

A temporary Respite Stay at Royalton Woods might be what you are looking for. Respite Stay is a short-term stay in one of our charming furnished suites. We provide meals, personal care and supportive services; you bring your own personal belongings and medications. Respite Stay, for some, is a nice way to try our services at Royalton Woods in order to see what we are all about. Respite Stay for others is an opportunity to receive assistance while recovering from an illness, or maybe just a short visit while family members are on vacation. For more information on our Respite Stay, or to make reservations (based on availability), please call Linda or Connie at (440) 582-4111.



Like us on Facebook to get updates about the Royalton Woods Mind Warriors at the Walk to End Alzheimer's!

Resident Rights

Each month, we explain how Royalton Woods implements your rights into your community.

Right to have all reasonable requests and inquiries responded to promptly: All reasonable requests and inquiries of residents and/or their sponsors are responded to promptly. This communication is a basic step toward mental, emotional and physical health.

Health & Wellness

It's Flu Season

CDC recommends a yearly flu vaccine for everyone. Take everyday preventive actions to stop the spread of Germs.

- Cover your nose and mouth with a tissue when you cough or sneeze.
- Wash your hands often with soap and water.
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Try to avoid close contact with sick people.
- While sick, limit contact with others as much as possible to keep from infecting them.
- Inform the nurse in the Wellness Center if you are feeling ill.

UH Parma Medical Center will once again be offering Flu Shots for our residents on Wednesday, October 18th, at 10:30am in the Community Room. Please see the Nurse in the Wellness Center to sign up.

Monica Foreman, LPN
Wellness Coordinator

Alzheimer's Association Fundraiser

I can't begin to thank everyone enough for their contributions to our Walk to End Alzheimer's Team. I am so thankful for our staff, families, residents and vendors. Unfortunately, we will not have the total amount collected until after our newsletter goes to print but we have already exceeded \$2,900 of our \$5,000 goal. This cause is especially dear to our hearts for we are committed to raising awareness as well as funds for Alzheimer's research, care, and support.

We are very appreciative for those who help on this crusade. Candy bars and flowers are on sale while supplies last through October. We welcome all members of the community to join our team at the Walk to End Alzheimer's on Saturday, October 7 at the Great Lakes Science Center. To sign up for the Walk or to donate to the team, visit www.act.alz.org/goto/royaltonwoods.

Thank you to everyone who joins us in this fight, from the walkers to the donors to the ticket, candy, and flower purchasers. Every little bit helps to end Alzheimer's in our time.

Linda Arduini, CEAL
Community Director

National Healthcare Food Service Workers Week Oct. 1-7

In 1985, Congress declared that the first full week of each October would be dedicated to recognizing the integral role that food service staff have in helping the employees and patients of healthcare facilities stay well-nourished and healthy. We recognize and thank those dedicated individuals who provide food and nutrition services to all of us here at Royalton Woods.

National Customer Service Week Oct. 2-6

In 1992, President Bush established the first week of October as National Customer Service Week. We recognize and thank those dedicated receptionists and all they give to us at Royalton Woods.

October Birthdays

Residents

October 5 – Dolores Hudak
October 9 – Lillian Papp
October 12 – Betty Bloom
October 20 – Carol LaCavera
October 23 – Fannie Beres
October 24 – Jean Pugsley

Employees:

October 2 – Barb Keith
October 6 – Pat Vruvas
October 7 – Amanda Ochs
October 16 – Ashley Malizia
October 21 – Amanda Kent
October 30 – Jackie Srp

Happy Anniversary

Thank you for your years of dedication to our community!

Maria Zebrowski – 11 years

Welcome

Meet, greet & welcome our new residents:

Marguerite Anekite

New employees:

Barb Keith – Dietary Aide
Noah Kelly – Dietary Aide
Emma Tichy – Dietary Aide

Staff Directory

Linda Arduini, CEAL	Executive Director
Tammi Pace	Community Relations Coordinator
Monica Foreman, LPN	Wellness Coordinator
Traci Coury, RN, LNHA	RN Coordinator
Kathleen Williams	Social Coordinator
Andrea Lipnos	Nutritional Services Coordinator
George Vlna	Maintenance Coordinator



Be sure to check our calendar on the reverse side to see all the events we have planned for September!

Pay Your Rent Online

A reminder that if you are presently paying your rent payment on line, that you must sign up with our new rent payment system Rent Cafe. If you are not using the convenient on line service, Rent Cafe offers easy access to pay your rent payment with no need to mail or drop off your payment. It allows access for you to monitor your payments and so much more. We encourage you to sign up today. If you need assistance, please feel free to call Linda Arduini.