

The Patriot

American House The Village

3617 South Adams Road | Rochester | Michigan | 48309
(248) 853-6000 | americanhouse.com

Our Wonderful Staff

Tina Abbate Marzolf Executive Director
Patti Kerstein Assistant Director
Logan Dimitrie Life Enrichment Director
Michele Knoles Chef
Tammy Bente Assistant Chef
Jeff Bradley Maintenance Supervisor
Ty Brown Assistant Maintenance
Veronica Crutcher Housekeeping Supervisor



Independence should last a lifetime.

Resident Talent Show

Let's showcase all the talent at the Village this October. **On October 30th**, we will have our Talent Show, in **Manor 5**, at **2:30 pm**. If you are interested in joining, talk to Logan, or attend the first meeting.

The meeting dates and times are:

- October 5th, 4:00 pm
- October 12th, 4:00 pm
- October 19th, 4:00 pm
- October 26th, 4:00 pm



October 2017



Halloween Fun at the Village

We will be celebrating Fall and Halloween throughout October. On Halloween Fun Night at The Village, we will invite friends, family, and kids from the local schools to trick-or-treat here. The bus will be taking residents on a Fall color tour. We will have themed music and snacks on Halloween.

The dates for these fun events are:

- Trick-or-Treat - Oct 19th, 7:00 pm
- Fall Color Tour - Oct 23rd, 1:30 pm
- Halloween Party - Oct 31st, 2:30 pm



Supporting Youth Education

On **October 11th**, at **11:00 am**, Superintendent Dr. James Schwarz will be at The Village to discuss ways that we can help support Youth Education. We will host this event in **Manor 5**.

Religious

Chapel

Every Sunday at **11 a.m.**, in **Manor 5 Chapel**, with Pastor Allerton. This is a nondenominational service. On the **Third Sunday** of the month, **communion is offered**.

Catholic Mass

Mass will be on **Thursday, October 12th**, in **Manor 4**, beginning at **2:00 p.m.**

Sunday Worship

Pastor Tom Fischer will hold a nondenominational service at **3:30 p.m.** (**M5 Dining Area**)

Bible Study

Bible study with Pastor Allerton on Wednesdays. Begins at **10 a.m.** in **Manor 5 Chapel**.

Communion

Tuesdays at **10:30 a.m.**, in **Manor 5**, with volunteers from Sacred Heart.

Rosary

Mondays at **11:00 a.m.** - **M5 Chapel** residents will take turns saying rosary.



Manor 4 Birthdays

Manor 5 Birthdays

10/12 - Connie S.
10/20 - Olive M.
10/22 - Nancy H.
10/23 - Lorraine S.
10/24 - Robert D.
10/25 - Richard D.

Manor 6 Birthdays

10/1 - Scott N.
10/4 - Bev M.
10/7 - Anne N.
10/19 - Joann D.
10/19 - Edward D.

Villa Birthdays

10/13 - Jeff W
10/20 - Judy S.
10/30 - Mary Jo C.
10/31 - Michael K.

Staff Birthdays

10/2 - Logan D.
10/11 - Eric T.

Birthday Celebration

On the **last Friday of the month** we will celebrate all of the birthdays for the month. This celebration will take place at **3:00 p.m.** We will have treats and drinks. An entertainer will perform for the crowd and we will sing "Happy Birthday" together.

Interesting Apple Facts

By Brian K. Rosso, R.D.

I hope you find the following apple information interesting and informative.

- October is National Apple Month.
- Eating an apple can brighten your smile.
- Apples are a source of antioxidants, which can fight cancer. Researchers believe that eating apples on a regular basis may limit the development of Alzheimer's disease and Parkinson's disease.
- One apple has only 50 calories, 2 grams of fiber and no fat.
- The apple blossom is the state flower of Michigan and Arkansas.
- Apples can be kept for up to two weeks in a refrigerator (outside of any packaging).
- The state of Michigan grows more than 20 different kinds of apples. Last year, Michigan farmers sold more than 20 million bushels of apples. Here are a few: Paula Red, McIntosh, Jonathan, Empire, Idared, Rome and Honeycrisp.

Fresh apples are available at all American House locations.



October Entertainment

Oct 3	Dennis Farac - M4
Oct 6	Joel Palmer - M6
Oct 7	Greg LaBrake - M6
Oct 10	Jim Perkins - M4
Oct 13	Chet Penkala - M5
Oct 17	Bob Lowe - M4
Oct 18	Monica - M6
Oct 20	Caroljean Tennant - M6
Oct 24	Kelly Miller - M4
Oct 27	Dan Bergen - M5
Oct 31	Campfire Compadres - M4



Basic Clothes Mending by Amy

Amy is one of our residents in Manor 4. She would like to help people out by using her sewing skills to mend clothing. If you have any issues with your clothes, call Amy to see if she will be able to help you. Her phone number is 248-884-3874.

Resident Feedback

On the **first Monday of every month at 2:00 p.m.**, Logan will host a meeting focusing on the Activities and Programming created for the Village. This gives you an opportunity to share your ideas and feedback with Logan. This will help lead to a better calendar of events. Logan strives to create a calendar that interests all residents.

The **third Monday of every month at 2:00 p.m.**, will be our Resident Meeting. This gives you an opportunity to share your feedback with each department.



Doctors

****Laura Wilkerson:**
Please sign up in the Doctor's book or call her office at (810) 853-5875. Laura will visit on **Tuesdays**.



**** Dr. Romadan— Internist:** She will be here on **Mondays**. Please sign up and Call (248) 759-5460

****Dr. Murray—Foot Doctor:**
(302) 563-4500. She will be here **Wed**. Please sign up, and she will come to your apartment.

****Dr. Elston—Eye Doctor:**
(248) 369-3300. Please sign up, and he will come to your apartment.

****Blood Pressure Checks— Fire Department**
Blood pressure checks will be **every Thursday** starting at **8:30 a.m.** (*Rotating which building is first*)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>11:00 Chapel with Pastor Allerton - M5 Chapel</p> <p>11:15 Exercise with Beth - M5</p> <p>2:30 Bingo with Penny - M6</p> <p>3:30 Worship with Pastor Fischer - M5</p> <p>4:30 Resident Story sharing before supper - M4</p>	<p>2</p> <p>9:30 Exercises - M6</p> <p>10:15 Exercises - M5</p> <p>11:00 Rosary - M5 Chapel</p> <p>11:15 Exercises - M4</p> <p>2:00 Activities Feedback Meeting - M6</p> <p>3:30 GoodLife Presents "Compassion" - M4</p> <p>4:00 Volunteer Flutist Jennie-M5</p>	<p>3</p> <p>9:15 Giant Crossword Puzzle Group - M6</p> <p>10:30 Catholic Scripture Eucharist Service - M5 Chapel</p> <p>11:00 Chair Yoga - M5</p> <p>11:30 Trivia Challenge - M4</p> <p>1:00 How to use New Television & Netflix - M5</p> <p>2:30 Entertainment with Dennis Farac - M4</p> <p>4:00 Train Dominoes - M6</p>	<p>4</p> <p>9:00 Flu Shots - M4</p> <p>10:00 Flu Shots - M6</p> <p>10:00 Bible Study with Pastor Allerton - M5 Chapel</p> <p>11:00 Flu Shots - M5</p> <p>1:00 Choir Rehearsal @ AH Southfield (Join the Choir or Just come to listen)</p> <p>4:00 Bingo - M6</p>	<p>5</p> <p>9:15 Shopping @ Meijer</p> <p>2:00 Fall Craft with Logan - M5 Art Room</p> <p>2:00 Bookmobile (Between M4 and M5)</p> <p>3:00 Chair Tai Chi with Pam - M6</p> <p>4:00 Talent Show Meeting - M5</p>	<p>6</p> <p>9:30 Exercises - M6</p> <p>10:15 Exercises - M5</p> <p>11:15 Exercises - M4</p> <p>1:30 Giant Crossword Puzzle Group - M5</p> <p>3:00 Happy Hour with Joel Palmer - M6</p> <p>4:30 Trivia Before Supper - M4</p>	<p>7</p> <p>10:30 Greg LaBrake "America the Unusual" - M6</p> <p>3:00 Color by numbers (Papers on the Table) - M4</p> <p>6:00 Movies & Popcorn - M4</p> <p>6:30 Movies & Popcorn - M5</p> <p>7:00 Movies & Popcorn - M6</p>
<p>8</p> <p>11:00 Chapel with Pastor Allerton - M5 Chapel</p> <p>2:30 Bingo with Ed - M6</p> <p>4:30 Resident Story sharing before supper - M4</p>	<p>9</p> <p>9:30 Exercises - M6</p> <p>10:15 Exercises - M5</p> <p>11:00 Rosary - M5 Chapel</p> <p>11:15 Exercises - M4</p> <p>2:00 Bridge/Various Card Games - M6</p> <p>3:00 Wii Games - M4</p> <p>4:00 Volunteer Flutist Jennie-M5</p>	<p>10</p> <p>9:15 Giant Crossword Puzzle Group - M6</p> <p>10:30 Catholic Scripture Eucharist Service - M5 Chapel</p> <p>11:00 Chair Yoga - M5</p> <p>11:30 Trivia Challenge - M4</p> <p>1:00 How to use New Television & Netflix - M4</p> <p>2:30 Entertainment with Jim Perkins - M4</p> <p>4:00 Train Dominoes - M6</p>	<p>11</p> <p>** Dr. Murray Visits **</p> <p>9:30 Exercises - M6</p> <p>10:00 Bible Study with Pastor Allerton - M5 Chapel</p> <p>10:15 Exercises - M5</p> <p>11:00 "How You Can Support Youth Education" with Superintendent Dr. James Schwarz - M5</p> <p>3:00 Bingo - M4</p>	<p>12</p> <p>9:15 Shopping @ Walmart</p> <p>2:00 Mass with Father Ron - M4</p> <p>2:00 Bookmobile (Between M4 and M5)</p> <p>3:00 Chair Tai Chi with Pam - M6</p> <p>4:00 Talent Show Meeting - M5</p> <p>6:15 Family & Friends Bingo @ Stone (50¢ per card)</p>	<p>13</p> <p>9:30 Exercises - M6</p> <p>10:15 Exercises - M5</p> <p>11:15 Exercises - M4</p> <p>1:30 Bridge/Various Card Games - M6</p> <p>1:30 Janet Visits with Sutton the Dog</p> <p>3:00 Happy Hour with Chet Penkala - M5</p> <p>4:30 Trivia Before Supper - M4</p>	<p>14</p> <p>3:00 Color by numbers (Papers on the Table) - M4</p> <p>6:00 Movies & Popcorn - M4</p> <p>6:30 Movies & Popcorn - M5</p> <p>7:00 Movies & Popcorn - M6</p>
<p>15</p> <p>11:00 Chapel with Pastor Allerton - M5 Chapel</p> <p>11:15 Exercise with Beth - M6</p> <p>2:30 Bingo with Penny - M6</p> <p>3:30 Worship with Pastor Fischer - M5</p> <p>4:30 Resident Story sharing before supper - M4</p>	<p>16</p> <p>9:30 Exercises - M6</p> <p>10:15 Exercises - M5</p> <p>11:00 Rosary - M5 Chapel</p> <p>11:15 Exercises - M4</p> <p>2:00 Resident Meeting - M5</p> <p>3:30 GoodLife Presents "What's In a Name" - M4</p> <p>4:00 Volunteer Flutist Jennie-M5</p>	<p>17</p> <p>9:15 Giant Crossword Puzzle Group - M6</p> <p>10:30 Catholic Scripture Eucharist Service - M5 Chapel</p> <p>11:00 Chair Yoga - M5</p> <p>11:30 Trivia Challenge - M4</p> <p>1:00 How to use New Television & Netflix - M6</p> <p>2:30 Entertainment with Bob Lowe - M4</p> <p>4:00 Train Dominoes - M6</p>	<p>18</p> <p>9:30 Resident Run Exercises - M6</p> <p>10:00 Bible Study with Pastor Allerton - M5 Chapel</p> <p>10:15 Resident Run Exercises - M5</p> <p>11:15 Resident Run Exercises - M4</p> <p>3:30 "Fall Fun" with GoodLife - M4</p> <p>6:00 Ladies' Tea Party with Monica - M6</p>	<p>19</p> <p>9:15 Shopping @ Meijer</p> <p>2:00 Bookmobile (Between M4 and M5)</p> <p>3:00 Chair Tai Chi with Pam - M6</p> <p>4:00 Talent Show Meeting - M5</p> <p>7:00 Halloween Fun Night at the Village Campus</p>	<p>20</p> <p>9:30 Exercises - M6</p> <p>10:15 Exercises - M5</p> <p>11:15 Exercises - M4</p> <p>1:30 Bridge/Various Card Games - M6</p> <p>1:30 Janet Visits with Sutton the Dog</p> <p>1:30 Crafting with Dee & Diane - M4</p> <p>3:00 Happy Hour with Caroljean Tennan- M5</p>	<p>21</p> <p>3:00 Color by numbers (Papers on the Table) - M4</p> <p>6:00 Movies & Popcorn - M4</p> <p>6:30 Movies & Popcorn - M5</p> <p>7:00 Movies & Popcorn - M6</p>
<p>22</p> <p>11:00 Chapel with Pastor Allerton - M5 Chapel</p> <p>11:15 Exercise with Beth - M5</p> <p>2:30 Bingo with Ed - M6</p> <p>4:30 Resident Story sharing before supper - M4</p>	<p>23</p> <p>9:30 Exercises - M6</p> <p>10:15 Exercises - M5</p> <p>11:00 Rosary - M5 Chapel</p> <p>11:15 Exercises - M4</p> <p>1:30 Fall Color Tour</p> <p>4:00 Volunteer Flutist Jennie-M5</p>	<p>24</p> <p>8:30 Omelettes - M6</p> <p>9:15 Giant Crossword Puzzle Group - M6</p> <p>10:30 Catholic Scripture Eucharist Service - M5 Chapel</p> <p>11:00 Chair Yoga - M5</p> <p>11:30 Trivia Challenge - M4</p> <p>1:30 Various Board/Card Games - M5</p> <p>2:30 Entertainment with Kelly Miller - M4</p> <p>4:00 Train Dominoes - M6</p>	<p>25</p> <p>8:30 Omelettes - M4</p> <p>9:30 Exercises - M6</p> <p>10:00 Bible Study with Pastor Allerton - M5 Chapel</p> <p>10:15 Exercises - M5</p> <p>11:15 Exercises - M4</p> <p>2:45 Bingo Bash (\$1.25) - M5</p>	<p>26</p> <p>8:30 Omelettes - M5</p> <p>9:15 Shopping @ Kroger</p> <p>2:00 Bookmobile (Between M4 and M5)</p> <p>3:00 Chair Tai Chi with Pam - M6</p> <p>4:00 Talent Show Rehearsal - M5</p>	<p>27</p> <p>9:30 Exercises - M6</p> <p>10:15 Exercises - M5</p> <p>11:00 Halloween Luncheon @ Auburn Hills Senior Center</p> <p>1:30 Janet Visits with Sutton the Dog</p> <p>3:00 Birthday Celebration with Dan Bergen - M6</p> <p>4:30 Trivia Before Supper - M4</p>	<p>28</p> <p>12:00 -3:00pm (1:00pm Pick up) Octoberfest Bazaar at Stone</p> <p>3:00 Color by numbers (Papers on the Table) - M4</p> <p>6:00 Movies & Popcorn - M4</p> <p>6:30 Movies & Popcorn - M5</p> <p>7:00 Movies & Popcorn - M6</p>
<p>29</p> <p>11:00 Chapel with Pastor Allerton - M5 Chapel</p> <p>11:15 Exercise with Beth - M6</p> <p>3:30 Worship with Pastor Fischer - M5</p> <p>4:30 Resident Story sharing before supper - M4</p>	<p>30</p> <p>9:30 Exercises - M6</p> <p>10:15 Exercises - M5</p> <p>11:00 Rosary - M5 Chapel</p> <p>11:15 Exercises - M4</p> <p>2:30 Talent Show - M5</p> <p>4:00 Volunteer Flutist Jennie-M5</p>	<p>31</p> <p>Halloween</p> <p>9:15 Giant Crossword Puzzle Group - M6</p> <p>10:30 Catholic Scripture Eucharist Service - M5 Chapel</p> <p>11:00 Chair Yoga - M5</p> <p>11:30 Trivia Challenge - M4</p> <p>2:30 Halloween Party with The Campfire Compadres - M4</p> <p>4:00 Train Dominoes - M6</p>				<p>9:00 am - 5:00pm Becky's Salon is Open (Tuesday - Friday)</p> <p>Closed Earlier on Wednesday</p> <p>Call (248) 275-6708 to book an appointment</p>

Upcoming Events



Shopping, Shopping and More Shopping!

Meijer:

Oct 5th - 9:15 am

Oct 19th - 9:15 am

—

Walmart:

Oct 12th - 9:15 am

—

Kroger:

Oct 26th - 9:15 am

—

There is a **five-bag limit** on all shopping trips. We will not have room for more than five bags per person.

—

Be ready at the time scheduled for shopping. I will honk and wait no more than a few minutes. Everyone's time is precious.

—

If your name is not on the list, I do not know to pick you up.



Did You Know American House Village Is on Facebook?

We love to share what's happening at American House! Stay "in the know" by liking and following our Facebook page.

Follow these four easy steps and soon, you'll see posts and pictures from American House Village in your Facebook News Feed.



find us on facebook!



- **Step 1:** Go to www.americanhouse.com.
-
- **Step 2:** Find American House Village by searching under "Our Communities" at the top of the page.
-
- **Step 3:** Once on our website, click on the Facebook icon located on the right-side of the page under our contact information.
-
- **Step 4:** Click the "Like" and "Follow" buttons located underneath our community's cover photo. It's that simple! We look forward to sharing our community news with you.



Important Phone Numbers

American House Office	248-853-6000
Jeff-Maintenance	248-853-6000
American House Transportation	248-410-5759
Becky (the Hairdresser)	248-275-6708
Tricia (the Manicurist)	586-569-1227
OPC-Transportation	248-652-4780
Mary MGM Cleaners	248-852-2237
Comcast Cable	800-266-2278
Detroit Free Press	800-395-3300
Oakland Press	248-745-4700
AT&T	800-244-4444
Kroger Pharmacy	248-537-1011, Ext. 310
Rochester Hill Public Library	248-656-2900



BINGO!!!

Bingo Bash

Bingo Bash will be located in **Manor 5**, on **October 25th**. The first number will be called at 3:00pm. The cost is **\$1.25** for up to four cards. The Cover All Jackpot will be at least \$30.

Family And Friends Bingo

Family and Friends Bingo will be on **October 12th**, at **American House Stone**. The cost for the game is **50¢ per card**, up to four cards. **The bus will begin to pick up at 6:15 pm**. The Cover All Jackpot will be at least \$90.

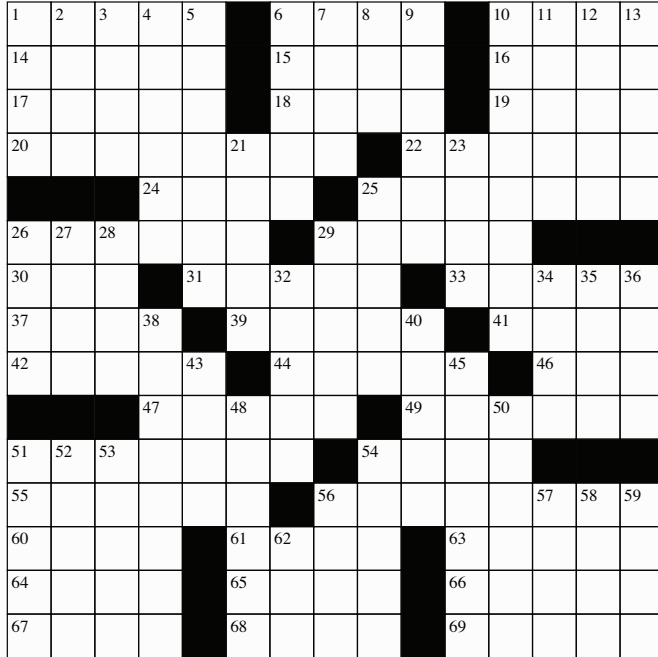
Weekend Bingo

Watch the calendar for bingo on the weekends! We have a few wonderful volunteers. But we can always use more to help us create a busy weekend! Call Logan to volunteer.
248-853-6000



October 2017

Crossword Puzzle



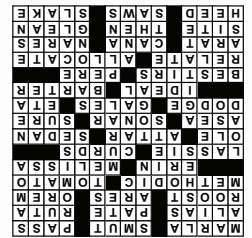
ACROSS

1. TV's ___ Gibbs
6. A particle of soot or dirt
10. Go by
14. Pseudonym
15. Noggin
16. Ms. Lee
17. Chanticleer's spot
18. Greek war deity
19. City in Utah
20. Orderly
22. Ingredient for soup, salad or sandwich
24. Name for a Cork lass
25. Gilbert or Manchester
26. TV dog
29. Cottage cheese base
30. Toreador's encouragement
31. Rose perfume
33. Taurus or Jetta
37. Perplexed
39. Detection apparatus
41. Positive response
42. Avoid
44. Strong winds
46. Zeta's follower
47. Perfect
49. Trade
51. Causes to become active
54. Mere's companion
55. Tell
56. Earmark

DOWN

1. School ___; teacher of the Old West
2. ___ vera
3. Noisy disturbance
4. Whips
5. Waldorf-___ Hotel
6. Columbus' burial place
7. Mr. Chagall
8. Native American
9. Experimenter
10. Oaths
11. Emanations
12. Editor's notations
13. Pacific island group
21. Tries to lose
23. Car manufacturer
25. Huge painting
26. Burden
27. Likewise

28. Part of a grapefruit
29. Waterway
32. Old robes
34. Song for Sonny & Cher
35. Mr. Johnson
36. By
38. Upset
40. Nonconformist
43. Revise copy
45. Malay garments
48. Puts up
50. Remember
51. Offensively bold
52. Weird
53. Writing surface
54. Arrangements
56. Over
57. Zone
58. Furniture wood
59. Slave
62. Cry of discovery



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