

# The Patriot

## American House at Jenison - Assisted Living

8001 Cottonwood Drive | Jenison | Michigan | 49428  
americanhouse.com

### Our Staff

Darren Tigelaar	Administrator
Jen Hicks	Nursing Director
Mary Hoogestyn	Culinary Supervisor
LouAnn Kloostra	Housekeeping Supervisor
Alyssa Campbell	Life Enrichment Director
Rick Deemter	Maintenance Supervisor
Christie Lubbers	Admissions Director
Bobbi Sall	H.R. Assistant
Julie Ann Mesman	Officer Manager
Steven Faulk	Chaplain
Kati Tobias	Admissions Assistant

### Important Phone Numbers

Main Office	(616) 457-9815
Beechwood	(616) 457-1660
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Sandalwood	(616) 457-2663



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### The Latest!

Stay up-to-date with what's happening at American House of Jenison by "liking" our page. Pictures are posted weekly, as well as reminders of events on our campus.

Oct/Nov/Dec 2017



### The Month of Marigolds

The bright orange and yellow petals of marigolds make them an ideal choice for October's birth flower. These blooms have been used for centuries as a culinary herb, natural dye and insect repellent. The marigold's botanical name is calendula, a word you may recognize from its use in health and beauty products because of its antibacterial and anti-inflammatory properties.

### Full Moon Fatigue

If you're tired from a restless night's sleep, the moon may be to blame. Research shows people report more trouble getting to sleep and staying asleep during a full moon than during other moon phases, but the exact reasons why are unclear. Scientists speculate it could be due to an internal body clock that is synchronized with lunar cycles.

### Brainteaser

Question: What falls but never breaks? What breaks but never falls?

Answer: Night and day.



## Trivia Whiz

### Magnificent Falls

On the border between New York and the Canadian province of Ontario is a breathtaking natural wonder, Niagara Falls.

Niagara Falls was formed about 12,000 years ago.

There are actually three falls that make up the massive spectacle: Horseshoe, American and Bridal Veil falls. Horseshoe Falls is the largest at 2,200 feet wide and 170 feet tall.

More than 3,000 tons of water rush over Niagara Falls every second. Most of the water comes from four of the five Great Lakes.

On Oct. 24, 1901, Annie Edson Taylor, a 63-year-old Michigan teacher, became the first of several daredevils to survive a plunge over the falls in a barrel.

About 12 million tourists visit Niagara Falls each year.







## GRANDS *are great*

National Grandparents Day  
*is the Sunday after Labor Day.*

### Wit & Wisdom

“Cats do not have to be shown how to have a good time, for they are unfailing ingenious in that respect.”  
—James Mason

“Cats can work out mathematically the exact place to sit that will cause the most inconvenience.”  
—Pam Brown

“I read that when cats are cuddling and kneading you, and you think it’s cute, they’re really just checking your vitals for weak spots.”  
—Kandyse McClure

“Cats seem to go on the principle that it never does any harm to ask for what you want.”  
—Joseph Wood Krutch

“A cat has absolute emotional honesty: Human beings, for one reason or another, may hide their feelings, but a cat does not.”  
—Ernest Hemingway





## Talk About It

### Armchair Travels: Hawaii

If paradise had an address, it might well be in Hawaii. From its tropical climate to beautiful beaches and active volcanoes, Hawaii offers visitors many unforgettable sights and experiences. Visitors can lounge on the beach or pursue sporting activities such as surfing, fishing and boating. The islands' scenery includes mountains, waterfalls, tropical birds and lush vegetation. Hawaii is made up of eight main islands in the mid-Pacific Ocean. This location has resulted in a unique culture with a blend of North American and Asian influences. Among the 50th state's best-known customs is the luau, an outdoor party with traditional Hawaiian foods, music and dancing.



### Hawaiian Luau Party!





## 2017 Car Show!



## Laugh Lines

### Wonderful Wagon

The third Saturday in July is National Woodie Wagon Day. From carrying families on vacation to hauling surfboards to the beach, the classic automobile was a fixture of the 1940s and '50s. In later years, when real wood was no longer a component in the car's construction, manufacturers used synthetic wood grain material to imitate the look of the authentic models.





## Talk About It!

### Supporting America's Libraries

In October 1876, a group of 103 librarians gathered in Philadelphia, where the first world's fair in the U.S., the Centennial Exposition, was taking place. Intent on forming a professional organization that would support librarians and their work, the group created the American Library Association, which is now the oldest and largest library association in the world.

The motto of the ALA aptly summarizes its goals: "The best reading, for the largest number, at the least cost." The nonprofit group advocates for literacy, diversity, intellectual freedom and equal access to information.

The organization currently has over 56,000 members.



#### October Featured Film; Hocus Pocus!

The perfect Halloween film to get you ready for the trick-or-treaters!



#### November Featured Film: The Shack

A feel good movie to get you ready for the holidays. Be ready for laughs and tears in this emotional and widely popular book-to-screen movie that you won't want to miss.



#### December Featured Film: It's a Wonderful Life

After George Bailey (James Stewart) wishes he had never been born, an angel (Henry Travers) is sent to earth to make George's wish come true.

George starts to realize how many lives he has changed and impacted, and how they would be different if he was never there. This is a classic you will not want to miss. Come join us for this movie; there will be hot cocoa and popcorn!





# Spiritual Corner

## Playing to Your Strengths, Part 5

### Nine Summary Principles

- Every Christian has at least **ONE** gift - 1 Corinthians 7:7
- Only **BELIEVERS** have spiritual gifts - 1 Corinthians 2:14
- No one receives **ALL** of the gifts - 1 Corinthians 12:27-30
- No single gift is given to **EVERYONE** - 1 Corinthians 12:29-30
- The **HOLY SPIRIT** decides what gifts I get - 1 Corinthians 12:11
- The gifts I'm given are **PERMANENT** - Romans 11:29
- I am to **DISCOVER/DEPLOY** the gifts God gives me - 1 Timothy 4:14

Ted Engstrom in his book The Pursuit of Excellence tells a great story. He said "I was cleaning out the desk drawer when I found a flashlight I hadn't used in over a year. I flipped the switch but wasn't surprised when it gave no light. I unscrewed it and shook it to get the batteries out, but they wouldn't budge. Finally, after some effort, they came loose. What a mess! Battery acid had corroded the entire inside of the flashlight. The batteries were new when I put them in, and I had stored them in a safe, warm place, but there was one problem.

The batteries weren't designed to be warm and comfortable. They were designed to be turned on. It's the same for us. We weren't created to be warm, safe and comfortable."

You and I are designed to be turned on. We're designed to put our gifts to work – to apply our faith.

- An **UNUSED** gift will result in a wasted life - 1 Corinthians 4:1-2, Matthew 25:14-30
  - Using my gifts **HONORS** God and **GROWS** me - John 15:8
- John 15:8 By this my Father is glorified, that you bear much fruit.



## Fun Facts!

### Pastoral Care Week

As many of us know, a spiritual leader's role expands beyond the walls of a house of worship. All over the world, ministers, chaplains, rabbis, clerics, religious counselors and teachers provide pastoral care to people in hospitals, senior housing, military settings, prisons and more. Show your appreciation for these hardworking and giving people during Pastoral Care Week, Oct. 22-28.





# Fall: A Harvest of COLOR

## Word Search

Category: Capitals of Foreign Nations

Q U I T O V C B M B E M	1. Dublin
D M D N I C E D D D G C	2.
E S G E R I A M I L H S	3.
S U N B R E S N E H T A	4.
C N G U R D B S D S A N	5.
A A T A D U S I R A P T	6.
I I S G R G S L G D R I	7.
E F C G G P G S C U O A	8.
P O H A V A N A E B M G	9.
I S S C N O D N O L E O	10.
A C G L C A I R O I S C	11.
T B O G O T A G X N E V	12.
	13.
	14.
	15.
	16.
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	18.
	19.
	20.

Word Search Solution:

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|--------------|--------------|
| 1. Athens    | 11. London   |
| 2. Beirut    | 12. Oslo     |
| 3. Bern      | 13. Paris    |
| 4. Bogota    | 14. Prague   |
| 5. Brussels  | 15. Quito    |
| 6. Cairo     | 16. Rome     |
| 7. Dublin    | 17. Santiago |
| 8. Edinburgh | 18. Sofia    |
| 9. Havana    | 19. Taipei   |
| 10. Lima     | 20. Vienna   |

