

The Patriot

American House Hazel Park

777 E. Woodward Hts. Blvd. | Hazel Park | Michigan | 48030

(248) 545-0707 | Fax: (248) 545-0270 | hazelpark@americanhouse.com | americanhouse.com

October 2017



Your Friendly Staff (248) 545-0707

Chris Vogt	Executive Director
Chris Laymac	Assistant Director
Wanda Ashwood	Life Enrichment Director
Christine Henzel	Housekeeping Supervisor
Tony Perry	Maintenance Supervisor

Kitchen Phone (248) 545-0772

Joanne Schultheis Culinary Supervisor

TRANSPORTATION (248)-302-6550

Torris Pelichet Driver

The Medical Team (248) 545-8874

Ellyn Lebowitz	Nurse
Trista Rogers	Site Supervisor
MedTeam Rehab	248-965-3950
After-Hours Cell	734-344-1021



Blakes Cider Mill

Come join us for a day of apple picking and much more at Blakes Cider Mill. Bus loads at 9:30am. Sign up early, seats are limited. See you on Monday, October 16th.



TMT FLU SHOT CLINIC, OCT. 10TH

Residents must sign up with TMT in advance to receive a flu shot. Turn in your completed form to the TMT office before Friday, Oct 6th. The flu clinic runs from 9:00am to 12:00pm. in our Game Room.

INFORMATION

Mealtimes Visitors

Guests are always welcome to eat in the dining room. Please pay \$7 in cash to the office and let the kitchen know about your visitor.

The Medical Team

(248) 545-8874 or
(734) 344-1021

- medication reminders
- showers
- a.m./p.m. checks
- emergency cleanup
- meal delivery or reminders
- private duty care

Please inform the office and the Medical Team whenever you are returning from the hospital.

Rehab

Located on the 2nd floor-available for PT and OT

Maintenance Orders Request

All maintenance orders must be reported to the main office. Thank you.

Building Amenities

Cut Sensations

Beauty Salon

Call (248) 854-4067 for an appointment.

Open: Saturday

Stylist: Kathy

Manicures by Sharon

(248) 259-5753



Country Store

COUNTRY STORE HOURS

- Monday thru Saturday, 10:00 to 12:00

\$500 BONUS

Referral Bonus: Refer a friend or family member and receive a referral bonus of \$500. See office for details.



Important Telephone Numbers

The Medical Team (TMT)

(248) 545-8874

After-Hours (TMT)

(734) 344-1021

Remember:

Gas and electric utilities must be in the resident's name.

AT&T Phone

(800) 288-2020

Comcast Cable

(800) 934-6489

Consumer's Energy

(800) 477-5050

Detroit Edison

(800) 477-4747

Smart Bus

(866) 962-5515

Hazel Park Senior Bus

(248) 546-4093

Hazel Park City Hall City Clerk

(248) 546-4064

Hazel Park Post Office

(248) 542-4227

A-1 Transportation Cab Co.

(248) 541-6660

Pharmacy Shops

(all deliver)

MediMart

(248) 858-2225

Pharmacy Shop

(248) 591-5555

Hazel Park Pharmacy

(248) 544-0300

Podiatrist

Dr. Robert Cornfield

(248) 364-0500

Dr. Richard Heligman

(248) 788-5891

TRANSPORTATION

New phone number for transportation
Torris 248-302-6550

CRACKER BARREL

Going to our favorite eating place on October 19th. Sign up early, seats are limited. Bus loads at 11:30am.

CASINO TRIP

Come join us as we travel to Greek Town Casino on October 26th. Sign up early. Bus loads at 9:30am.

CHRISTIAN MUSIC!

Christian music is back. Come sing songs of praise. Join us in our Dining Room on October 5th and 19th at 2:30pm.



Entertainment

Come join the fun in our Dining Room at 2pm.

- 10/2 Dorothy Martin
- 10/9 Gary Pillow
- 10/16 Craig Marsden
- 10/24 Dennis Farac (Tuesday)
- 10/27 Bob Lowe (Happy Hour)
- 10/30 Samson and Twila (Halloween Party)

CRAFT CLASS

Join us on Oct 1st and 21st. We will be decorating pumpkins on the 21st craft class. Please sign up with Wanda. Pumpkins will be judged and announced at our Halloween party on Oct 30th.



FERNDALE CHURCH SERVICE

Ferndale Church graciously comes out every Tuesday morning at 10:00am to worship with us. Please come out and join in this exciting service in our Craft Room.

Bingo at Rec Center

Snacks, Prizes and good old fashion Bingo! Come join us for a good time at Warren Rec Center. Sign up early, seats are limited. Friday, October 6th; bus loads at 9:30am.

BINGO BASH AT HAZEL PARK

It's our turn to host Bingo Bash. See you in our Dining Room. Monday, October 23rd, at 3:00pm.

BRIAN'S CORNER

Did You Know?


By Brian Rosso, R.D.

This month I wanted to share with you some annual food totals on some popular items purchased at American House Senior Living.

Did you know that every year American House purchases ...

- 31,384 gallons of milk
- 81,910 pounds of bananas
- 3,262 watermelons
- 30,125 pounds of tomatoes
- 1,601,592 coffee creamers
- 6,657 pineapples
- 20,856 cucumbers
- 29,040 pounds of cottage cheese
- 64,400 saltines
- 18,306 pounds of red grapes

I hope you found these facts interesting, and we will continue to purchase the highest quality food.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 2:00 Bingo-GR 3:00 Yahtzee-CR 4:00 Pinochle-GR 6:00 Movie-TH	2 10:00 Craft Class-CR 1:00 ■ Bible Study with Minister Gillian-GR 2:00 ■ Entertainment-Dorothy Martin-DR 3:30 ■ Exercise-CR 6:00 Concert on DVD-TH 6:30 Euchre-GR	3 10:00 ■ Church Service with Ferndale Assembly Church of God-CR 1:00 Blood Pressure Check-GR 1:30 ■ Exercise with Rehab-CR 2:00 Residents' Word Search-GR 3:00 Wii Bowling-TH 6:00 Keno-CR	4 10:00 ■ Yoga with Rachel-TH 11:00 Dog Therapy-Lobby 12:45 ■ Choir Rehearsal @ Southfield 1:30 Resident Crossword-GR 3:30 Ladies' Teatime-CR 6:00 Bingo-GR 7:00 Sips & Snacks-Lobby	5 9:30 ■ Kroger 1:30 Red Hats Meetings-CR 2:30 Christian Music Sing a Long-DR 3:30 Wii Bowling-TH 6:00 Keno-CR	6 9:30 ■ Bingo @ Rec Center 1:30 ■ Rosary & Communion-TH 2:00 Keno with Wanda-DR 3:00 ■ Exercise-CR 3:30 Massages-TH 6:00 Movie-TH	7 11:00 Poetry in the Lobby 2:00 Euchre-GR 2:00 Movie-TH 6:00 Keno-CR 7:00 Sips & Snacks-Lobby
8 2:00 Bingo-GR 3:00 Yahtzee-CR 4:00 Pinochle-GR 6:00 Movie-TH	9 Columbus Day 10:00 Are You Smarter Than a 5th Grader-TH 1:00 ■ Bible Study with Rosie and Family-GR 2:00 ■ Entertainment-Gary Pillow-DR 2:00 ■ History Trivia Challenge @ Oakland 3:30 ■ Exercise-CR 6:00 Concert on DVD-TH 6:30 Euchre-GR	10 9:30 Talk with the Pharmacist-CR 10:00 ■ Church Service with Ferndale Assembly Church of God-CR 1:00 Blood Pressure Check-GR 1:30 ■ Exercise with Rehab-CR 2:00 Residents' Word Search-GR 3:00 Wii Bowling-TH 6:00 Keno-CR	11 10:00 ■ Church with Pastor Harvey-CR 10:30 Fraud Safety Workshop-CR 11:00 Dog Therapy-Lobby 11:30 Mobile Store-Lobby 1:30 Resident Crossword-GR 3:30 Ladies' Teatime-CR 6:00 Bingo-GR 7:00 Sips & Snacks-Lobby	12 10:00 Jeopardy on DVD-TH 1:30 Ladder Ball Competition-TH 2:30 Manicures-CR 3:30 Wii Bowling-TH 6:00 Keno-CR	13 9:30 ■ Meijer 12:30 Avon in the Lobby 1:30 ■ Rosary & Communion-TH 2:00 ■ Sing a long with Heart of Hills 3:00 ■ Exercise-CR 6:00 Movie-TH	14 2:00 Euchre-GR 2:00 Movie-TH 6:00 Keno-CR 7:00 Sips & Snacks-Lobby
15 2:00 Bingo-GR 3:00 Yahtzee-CR 4:00 Pinochle-GR 6:00 Movie-TH	16 9:30 ■ Blakes Cider Mill 1:00 Bible Study with Minister Gillian-GR 2:00 ■ Entertainment-Craig Marsden-DR 3:30 ■ Exercise-CR 6:00 Concert on DVD-TH 6:30 Euchre-GR	17 10:00 ■ Church Service with Ferndale Assembly Church of God-CR 1:00 Blood Pressure Check-GR 1:30 ■ Exercise with Rehab-CR 2:00 Residents' Word Search-GR 3:00 Wii Bowling-TH 6:00 Keno-CR	18 Wanda Out of Building Today 10:00 ■ Yoga with Rachel-TH 11:00 Dog Therapy-Lobby 1:30 Art Class-CR 1:30 Resident Crossword-GR 3:30 Ladies' Teatime-CR 6:00 Bingo-GR 7:00 Sips & Snacks-Lobby	19 10:00 Wheel of Fortune on DVD-TH 11:30 ■ Cracker Barrel 2:30 Christian Music Sing a Long-DR 3:30 Wii Bowling-TH 6:00 Keno-CR	20 9:30 ■ Walmart 1:30 ■ Rosary & Communion-TH 2:00 Keno with Wanda-DR 3:00 ■ Exercise-CR 3:30 Massages-TH 6:00 Movie-TH	21 10:00 Craft Class (Decorating Pumpkins)-CR 2:00 Movie-TH 2:00 Euchre-GR 6:00 Keno-CR 7:00 Sips & Snacks-Lobby
22 2:00 Bingo-GR 3:00 Yahtzee-CR 4:00 Pinochle-GR 6:00 Movie-TH	23 10:00 Are You Smarter Than a 5th Grader-TH 1:00 Bible Study with Rosie and Family-GR 3:00 Bingo Bash @ Hazel Park-DR 3:30 ■ Exercise-CR 6:00 Concert on DVD-TH 6:30 Euchre-GR	24 10:00 ■ Church Service with Ferndale Assembly Church of God-CR 1:00 Blood Pressure Check-GR 1:30 ■ Exercise with Rehab-CR 2:00 ■ Entertainment-Dennis Farac-DR 2:00 Residents' Word Search-GR 3:00 Wii Bowling-TH 6:00 Keno-CR	25 10:00 ■ Bible Trivia with Dorothy-GR 11:00 Dog Therapy-Lobby 1:30 Resident Crossword-GR 2:30 Men's Beer and Burger Day-GR 3:30 Ladies' Teatime-CR 6:00 Bingo-GR 7:00 Sips & Snacks-Lobby	26 9:30 ■ Casino 10:00 Old Movie Classic-TH 12:30 Hazel Park Book Mobile-Lobby 2:30 Manicures-CR 3:30 Wii Bowling-TH 6:00 Keno-CR	27 9:30 ■ Meijer 1:30 ■ Rosary & Communion-TH 2:00 ■ Happy Hour with Bob Lowe-DR 3:00 ■ Exercise-CR 6:00 Movie-TH	28 2:00 Movie-TH 2:00 Euchre-GR 6:00 Keno-CR 7:00 Sips & Snacks-Lobby
29 2:00 Bingo-GR 3:00 Yahtzee-CR 4:00 Pinochle-GR 6:00 Movie-TH	30 10:00 Brain Storm Program (Smart Riddles)-TH 1:00 Color Therapy with Carol-CR 2:00 ■ Entertainment-Samson & Twila (Halloween Party)-DR 3:30 ■ Exercise-CR 6:00 Concert on DVD-TH 6:30 Euchre-GR	31 10:00 ■ Church Service with Ferndale Assembly Church of God-CR 1:00 Blood Pressure Check-GR 1:30 ■ Exercise with Rehab-CR 2:00 Residents' Word Search-GR 3:00 Wii Bowling-TH 6:00 Keno-CR			HISTORY TRIVIA CHALLENGE VS AMERICAN HOUSE OAKLAND AND VILLAGE OCTOBER 9TH @ 2:00pm LET'S BRING THAT TROPHY BACK HOME WITH US!	CR=CRAFT ROOM GR=GAME ROOM PR=PUZZLE ROOM TH=THEATER ROOM DR=DINING ROOM P=PATIO L=LOBBY

HAZEL PARK

Health & Wellness

TMT DNR UPDATE

Residents please submit a copy of your Do Not Resuscitate order to The Medical Team. They will properly take care of you should the event arise. Thank You.

Ease the Sting of Flu Shots

If the needle prick of your seasonal flu shot makes you anxious, here's some advice that may help: Look away. The medical journal Pain found that patients said the stick of a needle hurt less when they didn't anticipate the sting by watching the process.

WHAT'S NEW? TALK WITH THE PHARMACIST

Come join us Tuesday, October 10th, at 9:30am in our Game Room with all your questions for a Pharmacist.



Grandma, I can do this.



Heath Family in full force at Grandparents day.



What fun we had at the egg toss.



Oh yeah, check out our egg toss winners!





Big winners bring big smiles.



Another winner!



Dancing keeps the heart young.



What a Hit with our Pony rides. Thank You, Day Dreams Farm.



Families showed up Big time for Grandparents Day. Thank You, Families. Ms. Carrie is our oldest resident.

GRANDPARENTS DAY PHOTOS!

BIRTHDAYS



- 10/2 Rosalind T.
- 10/8 Daisella W.
- 10/11 Brenda J.
- 10/13 Thomas H.
- 10/13 Barbara C.
- 10/13 Gilbert V.
- 10/13 Vera Mae S.
- 10/18 Christine K.
- 10/26 Grace E.
- 10/29 Barbara Anne M.

To This Month's Birthday Celebrants ...

Wishing you all the best in the year to come. May your days be filled with sunshine and beautiful colors. And may your nights be filled with comforting dreams and wishes to come.

Happy birthday!

Crossword Puzzle

1	2	3	4	5	6	7	8	9	10	11	12	13	
14					15				16				
17					18				19				
20				21			22	23					
			24				25						
26	27	28				29							
30				31		32			33		34	35	36
37			38		39				40		41		
42				43		44				45		46	
				47		48			49		50		
51	52	53						54					
55							56				57	58	59
60					61	62			63				
64					65				66				
67					68				69				

ACROSS

- TV's ___ Gibbs
- A particle of soot or dirt
- Go by
- Pseudonym
- Noggin
- Ms. Lee
- Chanticleer's spot
- Greek war deity
- City in Utah
- Orderly
- Ingredient for soup, salad or sandwich
- Name for a Cork lass
- Gilbert or Manchester
- TV dog
- Cottage cheese base
- Toreador's encouragement
- Rose perfume
- Taurus or Jetta
- Perplexed
- Detection apparatus
- Positive response
- Avoid
- Strong winds
- Zeta's follower
- Perfect
- Trade
- Causes to become active
- Mere's companion
- Tell
- Earmark

DOWN

- Smell ___; suspect trickery
- Site of a biblical wedding celebration
- Nasal passages
- Place
- After that
- Find out bit by bit
- Pay attention to
- Tools with teeth
- Quench
- School ___; teacher of the Old West
- ___ vera
- Noisy disturbance
- Whips
- Waldorf-___ Hotel
- Columbus' burial place
- Mr. Chagall
- Native American
- Experimenter
- Oaths
- Emanations
- Editor's notations
- Pacific island group
- Tries to lose
- Car manufacturer
- Huge painting
- Burden
- Likewise

- Part of a grapefruit
- Waterway
- Old robes
- Song for Sonny & Cher
- Mr. Johnson
- By
- Upset
- Nonconformist
- Revise copy
- Malay garments
- Puts up
- Remember
- Offensively bold
- Weird
- Writing surface
- Arrangements
- Over
- Zone
- Furniture wood
- Slave
- Cry of discovery

H	E	E	D	S	M	A	S	S	L	A	V	K	E
N	V	E	L	O	G	A	L	E	N	T	H	E	N
S	A	R	A	T	G	A	N	V	A	N	A	R	E
R	E	L	A	T	E	A	L	L	O	C	A	T	E
B	E	S	T	I	R	S	P	E	R	E			
I	D	E	A	L	B	A	R	T	E	R			
D	O	D	G	E	G	A	L	E	S				
A	S	E	A	S	O	N	A	R	S				
O	L	A	T	E	S	O	N	A	R	S			
L	A	S	T	E	C	L	O	S					
A	V	A	S	I	T	E	M	E	L	L	O		
M	E	T	H	O	D	I	O						
R	O	O	S										
A	L	L	A	S	P	A	T	E					
M	A	R	L	A	S	M	U	T	P	A	S	S	



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