

• ACTIVITY • LOYALTY • PROGRAM •

Come

Fly With Us

B BENTLEY COMMONS
AT PARAGON VILLAGE

A Premier Senior Living Community

*Reaching New Heights...
Learning is For Life!*

Tai Chi for Balance
Tuesdays in October • 5:00 pm
3rd Floor Activity Center

Experience the mindfulness of Tai Chi to improve balance, reduce stress & increase strength.

Cooking Club
Tuesday, October 10th • 10:45 am
3rd Floor Activity Center

Help prepare & enjoy a taste of Poland during our Lunch-IN here to celebrate our destination of the month.

Destination Details ~ Poland
Monday, October 16th • 2:00 pm
2nd Floor Movie Theater

Travel to the country of Poland with us as we explore our destination of the month with a colorful and exciting presentation!

Pumpkin Painting
Friday, October 20th • 3:30 pm
3rd Floor Activities Center

Bring out your inner artist as we paint pumpkins to celebrate the Autumn season!

Halloween Spooktacular Party
Tuesday, October 31st • 3:30 pm
3rd Floor Activity Center

Join us for a spooktacular time as renowned entertainer & balloon artist Zoom livens up our Halloween festivities. Costumes encouraged.