

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30 Worship Transp. 10:15 Catholic Communion Service (REC) 12:45 Manatee Players in Bradenton for ticket holders 1:30 Christian Worship (REC) 4:00 Bingo (REC)	2 9:00 Exercise w/ Donna (REC) 12:30 Wal-Mart Trip 2:00 Sitting Tai Chi (REC) 4:00 Asian Fusion Buffet 6:00 Mahjong Game (REC) 6:00 Mex. Train Dominos (REC) 6:45 Tex. Holdem Poker (Bldg. 249)	3 9:00 Billiards (BR) 9:00 B/P Clinic (B) 9:00 Exercise Class (REC) 10:00 Mary Kay (L) 10:30 Tampa Hard Rock Casino 1:00 Discovery University (REC) 6:30 Mixed Poker (Bldg. 249 lobby) 6:30 Hand and Foot (REC)	4 8:00 Podiatrist (REC) 9:15 Seniorcise w/ Maria (REC) 10:30 Exercise with Diane (REC) 10:30 Kohls Department Store 11:30 Birthday Luncheon (DR) 1:00 Cards/Games/Dominos (REC) 4:15 Happy Hour with Mike 6:00 Bridge Game (REC)	5 7:30 Lab Blood Draws (REC) 9:00 Chair Yoga (REC) 9:00 Avon Sale (L) 9:30 Supermarket Trip 10:30 Manicures (please sign-up) 12:30 Bridge Game (REC) 6:00 Mahjong Game (REC) 6:30 Lady's Skip BO Game (REC)	6 9:00 Billiards (BR) 9:15 Seniorcise w/ Maria (REC) 10:00 Thrift Store Shopping 10:30 Exercise with Diane (REC) 2:00 Sitting Tai Chi (REC) 4:00 Happy Hour with Dori (L) 6:45 Poker (Bldg. 249 lobby) 7:00 Bunco (REC)	7 9:15 Seniorcise w/ Maria (REC) 10:30 Spanish Class (REC) 2:00 Craft Class (REC) 3:00 Catholic Services 7:00 Movie (REC): Check Trip Sign Up Book in Mail Room
8 8:30 Worship Transportation 10:15 Catholic Communion Service (REC) 11:00 Dianne's Fun & Fancy Sale with Jewelry, etc. (L) 1:30 Christian Worship (REC) 4:00 Bingo (REC)	9 9:00 Exercise w/ Donna (REC) 10:00 Hearing Aid Service (REC) 10:00 Rosary (REC) 10:00 - 2:00 Appraising (L/B) 12:30 Wal-Mart Trip 1:00 Greeting Card Sales (B) 2:00 Sitting Tai Chi (REC) 6:00 Mahjong Game (REC) 6:00 Mex. Train Dominos (REC) - Today is Columbus Day	10 9:00 Billiards (BR) 9:00 B/P Clinic (B) 9:00 Exercise Class (REC) 10:00 Water Color Painting (REC) 12:30 Bealls Department Store 12:30 Bridge Game (REC) 2:00 Monthly Social (L/B) 4:15 Happy Hour with Dennis (L) 6:30 Mixed Poker (Bldg. 249 lobby) 6:30 Hand and Foot (REC)	11 7:45 MacDill Air Force Base 9:15 Seniorcise w/ Maria (REC) 10:30 Exercise with Diane (REC) TBD - Movie Theater (Check sign-up sheet for time of departure) 1:00 Cards/Games/Dominos (PDR) 4:15 Happy Hour with Mike (L) 6:00 Bridge Game (REC)	12 7:30 Lab Blood Draws (REC) 8:45 Coffee Concerts 9:00 Chair Yoga (REC) 9:30 Supermarket Trip 10:00-3:00 Magnolia Jewelry Sale 2:00 Monthly Health Meeting (REC) 6:00 Mahjong Game (REC) 6:30 Lady's Skip BO Game (REC)	13 9:00 Billiards (BR) 9:00 Seniorcise w/ Maria (REC) 10:30 Der Dutchman Restaurant 10:30 Exercise with Diane (REC) 2:00 Sitting Tai Chi (REC) 4:00 Happy Hour with Dori (L) 6:45 Poker (Bldg. 249 lobby) 7:00 Bunco (REC) - U.S. Navy's Birthday is today	14 8:00 Alzheimer's Benefit Walk 9:15 Seniorcise w/ Maria (REC) 10:30 Line Dancing (REC) 10:30 Spanish Class (REC) 2:00 Building 237 Social (L) 3:00 Catholic Services 7:00 Movie (REC): Check Trip Sign Up Book in Mail Room
15 8:30 Worship Transp. 10:15 Catholic Communion Service (REC) 1:30 Christian Worship (REC) 4:00 Bingo (REC) - The "I Love Lucy" show debuted on this day in 1951	16 9:00 Exercise w/ Donna (REC) 10:30 Tax Tips For Older Adults And The Elderly (REC) 11:30 Discover Facebook (B) 12:30 Wal-Mart Trip 2:00 Sitting Tai Chi (REC) 6:00 Mahjong Game (REC) 6:00 Mex. Train Dominos (REC)	17 9:00 Billiards (BR) 9:00 B/P Clinic (B) 9:00 Exercise Class (REC) 10:00 Water Color Painting (REC) 10:00 Westfield Brandon Mall 11:00 Jewelry by Barbara (B) 1:00 Discovery University (REC) 6:30 Mixed Poker (Bldg. 249 lobby) 6:30 Hand and Foot (REC)	18 10:30 Exercise with Diane (REC) 10:40 Men's Club at Community Hall 1:00 Cards/Games/Dominos (REC) 1:00 Low Vision Support Group 4:00 Dinner at Lee Roy Selmon's 4:15 Happy Hour with Mike (L) 6:00 Bridge Game (REC)	19 7:30 Lab Blood Draws (REC) 9:00 Chair Yoga (REC) 9:30 Supermarket Trip 6:00 Mahjong Game (REC) 6:30 Lady's Skip BO Game (REC) - "Woman's Day" magazine was published for the first time on this day in 1937	20 9:00 Billiards (BR) 9:30 Mystery Trip 10:30 Exercise with Diane (REC) 2:00 Sitting Tai Chi (REC) 4:00 Happy Hour with Dori (L) 6:45 Poker (Bldg. 249 lobby) 7:00 Bunco (REC)	21 9:15 Seniorcise w/ Maria (REC) 11:00 Tibby's New Orleans Kitchen in Brandon 3:00 Catholic Services 7:00 Movie (REC): Check Trip Sign Up Book in Mail Room
22 8:30 Worship Transportation 10:15 Catholic Communion Service (REC) 1:30 Christian Worship (REC) 4:00 Bingo (REC) 5:00 Murder Mystery Buffet Dinner and Show	23 9:00 Exercise w/ Donna (REC) 10:00 Hearing Aid Service (REC) 12:30 Wal-Mart Trip 2:00 Sitting Tai Chi (REC) 6:00 Mahjong Game (REC) 6:00 Mex. Train Dominos (REC) 6:45 Tex. Holdem Poker (Bldg. 249)	24 9:00 Billiards (BR) 9:00 B/P Clinic (B) 9:00 Exercise Class (REC) 10:00 Water Color Painting (REC) 10:00 Picnic at E.G. Simmons Park 11:00 Resident Orientation (REC) 1:00 Eye Exams (PDR) 6:30 Mixed Poker (Bldg. 249 lobby) 6:30 Hand and Foot (REC)	25 7:30 Hot Breakfast (DR) 8:30 Food Forum (DR) 9:30 Seniorcise w/ Maria (REC) 10:30 Exercise with Diane (REC) 1:00 New Beginnings Meeting (REC) 1:00 Cards/Games/Dominos (REC) 4:15 Happy Hour with Mike (L) 6:00 Bridge Game (REC)	26 7:30 Lab Blood Draws (REC) 9:00 Chair Yoga (REC) 9:30 Supermarket Trip 10:15-2:30 Memory Screening (B) 10:30 Vietnam Memorial Wall 2:00 Pumpkin Decorating (REC) 6:00 Mahjong Game (REC) 6:30 Lady's Skip BO Game (REC)	27 9:00 Billiards (BR) 9:15 Seniorcise w/ Maria (REC) 10:30 Exercise with Diane (REC) 2:00 Sitting Tai Chi (REC) 4:00 Happy Hour with Dori (L) 6:15 Jack Edison Jazz Band 6:45 Poker (Bldg. 249 lobby) 7:00 Bunco (REC)	28 9:15 Seniorcise w/ Maria (REC) 2:00 Ladies Tea (Please sign up in the Mail Room for planning purposes) (B) 3:00 Catholic Services 7:00 Movie (REC): Check Trip Sign Up Book in Mail Room
29 8:30 Worship Transp. 10:15 Catholic Communion Service (REC) 1:30 Christian Worship (REC) 4:00 Bingo (REC) - America's Great Depression began with the crash of the Wall Street stock market on this day in 1929	30 9:00 Exercise w/ Donna (REC) 12:30 Wal-Mart Trip 2:00 Sitting Tai Chi (REC) 6:00 Mahjong Game (REC) 6:00 Mex. Train Dominos (REC) 6:45 Tex. Holdem Poker (Bldg. 249)	31 Happy Halloween 9:00 Billiards (BR) 9:00 B/P Clinic (B) 9:00 Exercise Class (REC) 10:00 Water Color Painting (REC) 6:30 Mixed Poker (Bldg. 249 lobby) 6:30 Hand and Foot (REC) 7:00 Halloween Party (DR)	 Goodwill Drop Off Cart The cart is located in the REC where you can bring your unwanted items anytime	Blood Pressure Clinic You can have your blood pressure taken by Solaris Rehab Tuesday mornings at 9:00 a.m. (B) Labs Blood Draws Every Thursday at 7:30 a.m. in the REC we will be conducting Lab Blood Draws		Key of Abbreviations B = Bistro BR = Billiards Room Bldg. 235 DR = Dining Room L = Lounge PDR = Private Dining Room REC = Recreation & Events Center (Activity Room)

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