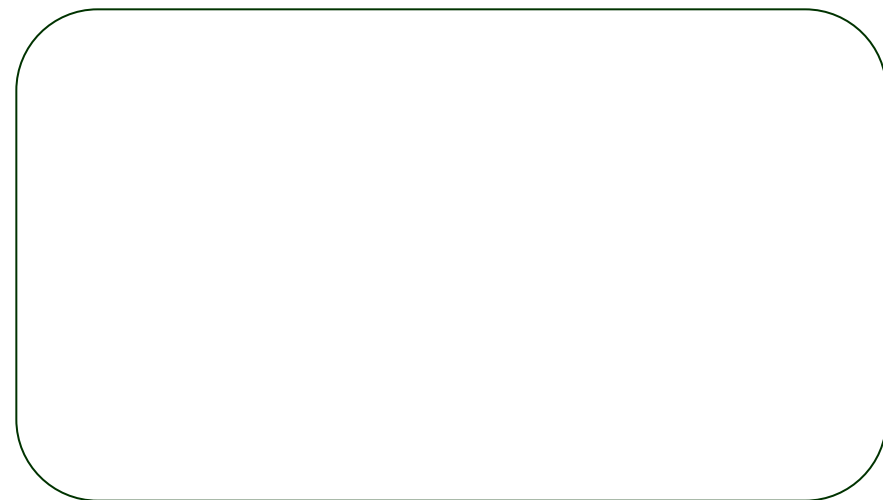




10330 4th Ave. West
Everett, WA 98204

PLACE STAMP
HERE



Administrative Staff

Laura Novak
Executive Director

Sue Frisbee
Community Relations Director

Kris West
Resident Care Coordinator

Carole Gallimore
Registered Nurse

Sherri Bryant
Dietary Aide

Christina Campbell
Activity Director

Contact us at
425-513-5645



**Our mission is to create and sustain
comfortable, caring environments for
For those who depend on us.**

South Pointe Newsletter

South Pointe Independent & Assisted Living Newsletter—October 2017



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LOVING OUR NEW BUS



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We have had some excitement with our new bus. We had to break it in with a trip to Cold Stone Creamery in Mill Creek. As you can see we are very much stylin' in our new ride. Come and join us sometime for a ride and some good company.

 ALOHA 



"Clown"
-Peggy S.

We asked residents and staff to share their favorite costumes!

"Sack of potatoes"
-Christina C.



October Highlights — You're Invited!

10/1	Seahawks/Colts	5:30PM
10/2	Wellness Clinic	2:00 PM
10/2	Resident Meeting	2:30 PM
10/4	A.O.T.W.	11:00 AM
10/6	Chat with Laura	11:00 AM
10/6	Painting w/ Alix	1:00 PM
10/8	Seahawks /Rams	1:05 PM
10/9	Wellness Clinic	2:00 PM
10/11	Flu Shots	9:30 AM
10/11	Lunch at Scuttle Butt	11:00 AM
10/11	Hearing Checks	1:30 PM
10/12	Joanna's Fabric	1:30 PM
10/13	Dave and P.J.	3:00 PM
10/16	Wellness Clinic	2:00 PM
10/18	Super Walmart	11:00AM
10/20	Mystery Drive	1:00 PM
10/20	Doug Williams	3:00 PM
10/22	Seahawks/Giants	1:25 PM
10/23	Wellness Clinic	2:00 PM
10/24	Painting w/ Alix	1:00 PM
10/25	Birthday Bash	11:00 AM
10/25	Fred Meyer	1:00 PM
10/27	Dutch Bro's Coffee	1:00 PM
10/28	Masquerade Dinner	3:00 PM
10/30	Wellness Clinic	2:00 PM
10/31	Costume Contest	1:00 PM



The Best Halloween Costume I ever wore was...

"Gypsy"
-Minnie H.

"Gunny Sack"
-Patsy L.



SOUTH POINTE LUAU 2017



South Pointe Luau 2017
Was a great time ,
thank you to all who
came for the festivities.



October 2017

South Pointe
10330 4th Ave. W.
Everett Wa. 98204
425-513-5645

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:00 Bible Verse  10:30 Exercise Video 2:30 Church Services 5:30 Seahawks/Colts 5:30 Sunday's Movie THE SOUND OF MUSIC	2 10:00 Bible Study 10:30 Exercise Video 2:00 Wellness Clinic 2:30 Resident Meeting 	3 10:00 Fitness Fun 10:30 Flower Arranging 10:30 Balloon Toss 1:00 Trivia with IN2L 2:00 Bingo 	4 10:00 Fitness Fun 10:30 Balloon Toss 11:00 A.O.T.W Casino 2:00 Walking Group 3:00 Church Services	5 10:00 Fitness Fun 10:30 Balloon Toss 1:00 Manicures w/ Trish 2:00 Bean Bag Toss 3:00 Yahtzee -LDS	6 10:00 Fitness Fun  10:30 Balloon Toss 11:00 Chat with Laura 2:00 Potato Necklaces 3:00 Painting with Alix BLUE FRIDAY	7 10:00 Fitness Fun  10:00 Balloon Toss 1:00 Bingo 2:30 Ice Cream Social 3:00 Walking Group 
8 10:00 Bible Verse  10:30 Exercise Video 1:05 Seahawks/Rams 2:30 Church Services 5:30 Sunday's Movie CASABLANCA	9 10:00 Bible Study 10:30 Exercise Video 2:00 Wellness Clinic 2:30 Monday's Puzzles 	10 10:00 Fitness Fun 10:30 Flower Arranging 10:30 Balloon Toss 1:00 Traveling with IN2L 2:00 Bingo 	11 9:30 Flu Shots  10:00 Fitness Fun 10:30 Balloon Toss 11:00 Scuttle Butt 1:30 Hearing Checks 3:00 Church Services	12 10:00 Fitness Fun 10:30 Balloon Toss 1:00 Manicures w/ Trish 1:30 Joann's Fabric 2:00 Bean Bag Toss 3:00 Connect 4-LDS	13 10:00 Fitness Fun  10:30 Balloon Toss 1:30 Crafts w/ Rose 2:30 Coloring Time 3:00 Dave and P.J BLUE FRIDAY	14 10:00 Fitness Fun  10:30 Balloon Toss 1:00 Bingo 2:30 Ice Cream Social 3:00 Walking Group 
15 10:00 Bible Verse 10:30 Exercise Video 2:30 Church Services 5:30 Sunday's Movie CASABLANCA PART2 	16 10:00 Bible Study 10:30 Exercise Video 2:00 Wellness Clinic 2:30 Monday's Puzzle 	17 10:00 Fitness Fun 10:30 Flower Arranging 10:30 Balloon Toss 1:00 Free Play with IN2L 2:00 Bingo 	18 10:00 Fitness Fun 10:30 Balloon Toss 11:00 Super Walmart 2:00 Walking Group 3:00 Church Services	19 8:30 Tender Foot apts. 10:00 Fitness Fun 10:30 Balloon Toss 1:00 Manicures w/ Trish 2:00 Bean Bag Toss 3:00 Yahtzee -LDS	20 10:00 Fitness Fun  10:30 Balloon Toss 1:00 Mystery Drive 2:30 Coloring Time 3:00 Doug Williams BLUE FRIDAY	21 10:00 Fitness Fun  10:30 Balloon Toss 1:00 Bingo 2:30 Ice Cream Social 3:00 Walking Group 
22 10:00 Bible Verse  10:30 Exercise Video 1:25 Seahawks/Giants 2:30 Church Services 5:30 Sunday's Movie THREE STOOGES	23 10:00 Bible Study 10:30 Exercise Video 2:00 Wellness Clinic 2:30 Monday's Puzzle 	24 10:00 Fitness Fun  10:30 Flower Arranging 10:30 Balloon Toss 1:00 Painting w/ Alix 2:00 Bingo 	25 10:00 Fitness Fun  10:30 Balloon Toss 11:30 Birthday Bash 1:00 Fred Meyer 2:00 Walking Group 3:00 Church Services	26 10:00 Fitness Fun 10:30 Balloon Toss 1:00 Manicures w/ Trish 2:00 Bean Bag Toss 3:00 Connect 4-LDS	27 10:00 Fitness Fun  10:30 Balloon Toss 1:00 Dutch Bro's 1:30 Crafts w/ Rose 3:00 S.P. Store BLUE FRIDAY	28 10:00 Fitness Fun  10:30 Balloon Toss 1:00 Bingo 3:00 Masquerade Dinner 
29 10:00 Bible Verse  10:30 Exercise Video 1:05 Seahawks/Texans 2:30 Church Services 5:30 Sunday's Movie HIGH NOON	30 10:00 Bible Study 10:30 Exercise Video 2:00 Wellness Clinic 2:30 Monday's Puzzle 	31 10:00 Fitness Fun  10:30 Flower Arranging 10:30 Balloon Toss 1:00 Costume Contest 2:00 Bingo 	RESIDENTS LEDA STANDLEY - 10/3 MARGARET WALTERS - 10/5 LOUISE WEBER - 10/9 JOHN KIMPTON - 10/17 JACQUELYN HOERNER - 10/23		STAFF YAMELI MEZA - 10/28	