



2000 S. Blackhawk Street
Aurora, CO 80014

PLACE STAMP
HERE



Administrative Staff:

Mandy Hager

Executive Director

Christina Bakhour

Community Relations Director

Peter Adeniyi

Resident Care Coordinator

Rachel Campbell

Business Office Manager

Tahlanda Maduba

Licensed Practical Nurse

Carl Briggs

Dietary Director

Darius Marzette

Maintenance Director

Contact us at:

303-997-2929

www.NewDawnAurora.com



Our mission is to create and sustain comfortable, caring environments for those who depend on us.

The Sunflower Times

New Dawn Memory Care Newsletter — October 2017



INSIDE THIS ISSUE

P2 Interacting for Health
P3 Walk to End Alzheimer's
P3 Connect on Facebook
P4 Activities Calendar

P6 October Highlights
P6 Halloween Costumes
P7 Joe's Crab Shack Outing
P8 Mission & Team



The Importance of Interaction and Engagement for Senior Health

From birth, humans have an instinct to express themselves and engage with others. This instinct remains crucial throughout life in all of its stages.

For older adults, maintaining these regular interactions and engagements is encouraged as changes may occur with retirement, a new schedule, moving, being apart from certain family members or friends, and/or physical health. Companionship and activities with others can provide comfort and stability through life changes.

Some changes can lead to depression, feelings of sadness and loneliness, and/or self-isolating behaviors. For those who struggle with loneliness or self-isolation, it is important to recognize that those feelings are there and to let someone know.

Why Social Engagement is Necessary

Research studies suggest that there is a strong correlation between older adults' emotional and physical health and how social they are in their daily lives. The Alzheimer's Association has stated that brain vitality can best be maintained through physical and mental activities that involve social engagement, along with a brain-healthy diet.

Ways to Increase Engagement

To increase social interactions, it is a good idea for people to try to spend time in spaces where others are engaging in group activities. Taking on activities and setting goals add senses of purpose to daily life.

Engaging activities could include playing cards or table games, making puzzles, creating art, using technology to connect with others, walking, exercising, taking a class, gardening, cooking, fishing, going on a trip, watching a movie, listening to or watching a musician or entertainer, and/or dining with others.

Discussion groups in which people talk about similar interests and activities or hobbies are also beneficial for senior health.

Helping out with a cause and/or taking care of a pet are two additional ways that seniors can find a sense of purpose and stay engaged.

Having pride about a job well done or a person or animal cared for can lift up spirits and brighten daily life.

Note: Each individual should follow the advice of their medical professionals or doctors and speak with them before making changes to diet and/or exercise.

Joe's Crab Shack Outing

Several residents and staff enjoyed lunch at Joe's Crab Shack in September. They dined on oysters, clams, fish and other delights! Because it was a beautiful sunny Colorado day, everyone sat out on the outdoor patio and enjoyed several hours of laughter, sunshine, and great food!



"A Police Officer! Complete with handcuffs, a toy gun, a police hat, a tie and a radio."

-Tahlanda – Resident Care Manager

"A Cowboy! Complete with a horse and a gun!"

-Aaron - Resident

We asked residents and staff to share their favorite costumes!

"Lady Bug"

-Donita – Activity Assistant

"A Candy Girl! In a big poufy dress with an inflatable lollypop!"

-Lisa – Cook

October Highlights — You're Invited!

October 4 — For National Taco Day, we are having a Fiesta Party at 2:30 pm.

October 12 — Our men are gathering for a luncheon at Noon in each cottage.

October 18 — It is National Chocolate Cupcake Day! At 2:30 pm, we will be having delicious cupcakes.

October 26 — Ladies turn for a special gathering at Noon in each cottage.

October 27 — We will be celebrating October birthdays at 2:30 pm.

October 31 - Our Halloween Party will be at 2:30 pm. Happy Halloween everyone!

Flu Season Is Here

*New Dawn residents:
Get a flu vaccine on
Wed., October 11
from 9:30 to 10:30 am*

*Please see our Resident Care
Coordinator or Executive Director
for registration. Vaccines given by
Wal-Mart Pharmacy.
Insurance will be billed.*

The Best Halloween Costume I ever wore...

“A Pirate! Complete with an eye patch, a sword, tall boots, and a billowy blouse with a corset.”

-Whitney – Caregiver

“A Witch! Complete with a pointy hat and a broom – “I couldn't really fly though!”

-Lenny – Resident



New Dawn Aurora's Walk to End Alzheimer's



Find us on Facebook!



We've been sharing more and more on our Facebook page recently and would love to have you join the conversation!
LIKE our Facebook page today!

Search for “New Dawn Aurora” to find our page!

October 2017

A

New Dawn Memory Care
2000 S. Blackhawk St.
Aurora, CO 80014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Spiritual Music 11:00 Hymns/Singing 11:30 Resident Choice 1:15 IN2L Church Svc 2:30 Bronco Game 3:30 1:1 Music	2 9:00 Fitness/Hydration 9:30 Water Plants 10:30 MIM 11:00 Country Music 11:30 This Day In History 1:15 Games & Puzzles 2:30 Reminisce 3:30 1:1 Music	3 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Ball Toss 11:30 Music Therapy 1:15 Noodle Ball 2:30 Outside Social 3:30 1:1 Music	4 National Taco Day 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Hand Massage 11:00 Aroma Therapy 11:30 Get Up & Move 1:15 Party Set up 2:30 Fiesta Party 3:30 1:1 Music	5 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Noodle Ball 11:00 Country Music 11:30 Nature Walk 1:15 Resident Choice 2:30 Outside Reminisce 3:30 1:1 Music	6 9:00 Fitness/Hydration 9:30 Water Plants 10:30 IN2L Trivia 11:00 This Day in History 11:30 Get Up & Move 1:15 Puzzle & Games 2:30 Country Music 3:30 1:1 Music	7 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Hand Massage 11:00 Aroma Therapy 11:30 Outside Stroll 1:15 Arts & Crafts 2:30 Glamour Day 3:30 1:1 Music
8 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Spiritual Music 11:00 Hymns/Singing 11:30 Resident Choice 1:15 IN2L Church Svc 2:30 Sunday Matinee 3:30 1:1 Music	9 9:00 Fitness/Hydration 9:30 Water Plants 10:30 MIM 11:00 Pastimes 11:30 Get Up & Move 1:15 IN2L Trivia 2:30 Country Music 3:30 1:1 Music	10 9:00 Fitness/Hydration 9:30 Water Plants 10:30 IN2L Laughter 11:00 Chicktionary 11:30 This Day In History 1:15 Bake Cookies 2:30 Tea Social 3:30 1:1 Music	11 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Ball Toss 11:00 Karaoke 11:30 Get Up & Move 1:15 Pencil Art 2:30 Resident Choice 3:30 1:1 Music	12 Men's' Lunch 9:00 Fitness/Hydration 10:00 Water Plants 10:30 Dick & Dyne Show 11:00 Brain Games 12:00 Men's Luncheon 1:30 IN2L State Trivia 2:30 Country Music 3:30 1:1 Music	13 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Coffee & Snacks 11:00 Fun Facts 11:30 This Day In History 1:15 Short Stories 2:30 TGIF 3:30 1:1 Music	14 National Dessert Day 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Hand Massage 11:00 Aroma Therapy 11:30 Get Up & Move 1:15 Arts & Crafts 2:30 Pie Social 3:30 1:1 Music
15 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Spiritual Music 11:00 Hymns/Singing 11:30 Resident Choice 1:15 IN2L Church Svc 2:30 Sunday Matinee 3:30 1:1 Music	16 9:00 Fitness/Hydration 9:30 Water Plants 10:30 MIM 11:00 Fun Facts 11:30 Outside Stroll 1:15 Reminisce 2:30 IN2L Games 3:30 1:1 Music	17 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Funny Seniors 11:00 This Day In History 11:30 1970s Parade 1:15 Scrap Booking 2:30 Reminisce 3:30 1:1 Music	18 Nat'l Chocolate Cupcake Day 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Ball Toss 11:00 Pastimes 11:30 Music Therapy 1:15 Scrap Booking 2:30 Cupcakes 3:30 1:1 Music	19 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Family Feud 11:00 Karaoke 11:30 Country Music 1:15 Nature Walk 2:30 Board Games 3:30 1:1 Music	20 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Coffee & Snacks 11:00 Short Stories 11:30 Funny Stories 1:15 Scrap Booking 2:30 Resident Choice 3:30 1:1 Music	21 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Hand Massage 11:00 Aroma Therapy 11:30 Get Up & Move 2:30 Glamour Day 3:30 1:1 Music
22 9:00 Fitness/Hydration 9:30 Classic Radio 10:30 Spiritual Music 11:00 Hymns/Singing 11:30 Resident Choice 1:15 IN2L Church Svc 2:30 Bronco Game 3:30 1:1 Music	23 9:00 Fitness/Hydration 9:30 Ball Toss 10:30 MIM 11:00 Memory Bio 11:30 Get Up & Move 1:15 IN2L Trivia 2:30 Resident Choice 3:30 1:1 Music	24 9:00 Fitness/Hydration 9:30 Sensory/ Laughter 10:30 Karaoke 11:00 Chicktionary 11:30 Outside Stroll 1:15 Bake Cookies 2:30 Tea Social 3:30 1:1 Music	25 9:00 Fitness/Hydration 10:00 Coffee & Snacks 10:30 Ball Toss 11:00 Fun Facts 11:30 Get Up & Move 1:15 Pencil Art 2:30 Resident Choice 3:30 1:1 Music	26 Ladies Lunch 9:00 Fitness/Hydration 10:00 I Love Lucy 10:30 Famous Ladies 11:00 This Day In History 12:00 Ladies Luncheon 1:30 Ball Toss 2:30 Arts & Crafts 3:30 1:1 Music	27 Celebrations Day 9:00 Fitness/Hydration 9:30 Funny Seniors 10:30 Karaoke 11:00 Chicktionary 11:30 Get Up & Move 1:15 Party Set Up 2:30 Birthday Celebrations 3:30 1:1 Music	28 9:00 Fitness/Hydration 9:30 Coffee & Snacks 10:30 Hand Massage 11:00 Aroma Therapy 11:30 Get Up & Move 1:15 Arts & Crafts 2:30 Glamour Day 3:30 1:1 Music
29 9:00 Fitness/Hydration 9:30 Coffee & Snacks 10:30 Spiritual Music 11:00 Hymns/Singing 11:30 Resident Choice 1:15 IN2L Church Svc 2:30 Sunday Matinee 3:30 1:1 Music	30 9:00 Fitness/Hydration 9:30 Noodle Ball 10:30 MIM 11:00 Classic Radio 11:30 Get Up & Move 1:15 Resident Choice 2:30 Arts & Crafts 3:30 1:1 Music	31 Halloween Party 9:00 Fitness/Hydration 9:30 Coffee & Snacks 10:30 Short Stories 11:00 Fun Facts 11:30 This Day In History 1:15 Party Set Up 2:30 Halloween Party 3:30 1:1 Music				

October 2017

B

New Dawn Memory Care
2000 S. Blackhawk St.
Aurora, CO 80014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Spiritual Music 11:00 Hymns/Singing 11:30 Resident Choice 1:15 IN2L Church Svc 2:30 Bronco Game 3:30 1:1 Music	2 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Noodle Ball 11:00 Classic TV 11:30 Get Up & Move 1:15 IN2L Trivia 2:30 Resident Choice 3:30 1:1 Music	3 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Sensory/ Laughter 11:00 This Day In History 11:30 1970 Parade 1:15 Bingo 2:30 Family Feud 3:30 1:1 Music	4 National Taco Day 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Hand Massage 11:00 Aroma Therapy 11:30 This Day In History 1:15 Party Set up 2:30 Fiesta Party 3:30 1:1 Music	5 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Coffee & Snacks 11:00 Music Therapy 11:30 Nature Walk 1:15 Bingo 2:30 Outside Reminisce 3:30 1:1 Music	6 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Chicktionary 11:00 Pastimes 11:30 1970 Parade 1:15 Ball Toss 2:30 Good News 3:30 1:1 Music	7 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Hand Massage 11:00 This Day In History 11:30 Get Up & Move 1:15 Board Games 2:30 Glamour Day 3:30 1:1 Music
8 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Spiritual Music 11:00 Hymns/Singing 11:30 Resident Choice 1:15 IN2L Church Svc 2:30 Sunday Matinee 3:30 1:1 Music	9 9:00 Fitness/Hydration 9:30 Water Plants 10:30 IN2L Games 11:00 Classic TV 11:30 1970 Parade 1:15 Bowling 2:30 Pencil Art 3:30 1:1 Music	10 9:00 Fitness/Hydration 9:30 Water Plants 10:30 What Did It Cost 11:00 Ball Toss 11:30 Get Up & Move 1:15 Bake Cookies 2:30 Coffee Chat 3:30 1:1 Music	11 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Chicktionary 11:00 Family Feud 11:30 Outside Stroll 1:15 MIM 2:30 Resident Choice 3:30 1:1 Music	12 Men's' Lunch 9:00 Fitness/Hydration 10:00 Water Plants 10:30 Ball Toss 11:00 Sports Trivia 12:00 Men's Luncheon 1:30 Bingo 2:30 Movie & Popcorn 3:30 1:1 Music	13 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Family Feud 11:00 This Day In History 11:30 Get Up & Move 1:15 Karaoke 2:30 TGIF Drinks 3:30 1:1 Music	14 National Dessert Day 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Hand Massage 11:00 Good News 11:30 1970 Parade 1:15 Resident Choice 2:30 Pie Social 3:30 1:1 Music
15 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Spiritual Music 11:00 Hymns/Singing 11:30 Resident Choice 1:15 IN2L Church Svc 2:30 Sunday Matinee 3:30 1:1 Music	16 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Coffee & Snacks 11:00 Pastimes 11:30 1970s Parade 1:15 Arts & Crafts 2:30 Noodle Ball 3:30 1:1 Music	17 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Family Feud 11:00 Good News 11:30 Get Up & Move 1:15 Bingo 2:30 Drinks & Reminisce 3:30 1:1 Music	18 Nat'l Chocolate Cupcake Day 9:00 Fitness/Hydration 9:30 Water Plants 10:30 What Did It Cost 11:00 Sensory/ Nature 11:30 Reminisce 1:15 Scrapbooking 2:30 Cupcakes 3:30 1:1 Music	19 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Ball Toss 11:00 Hand Massage 11:30 Take A Stroll 1:15 Bingo 2:30 Resident Choice 3:30 1:1 Music	20 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Coffee & Snacks 11:00 This Day In History 11:30 Get Up & Move 1:15 Bowling 2:30 Arts & Crafts 3:30 1:1 Music	21 9:00 Fitness/Hydration 9:30 Water Plants 10:30 Hand Massage 11:00 Classic TV 11:30 Nature Walk 1:15 Noodle Ball 2:30 Glamour Day 3:30 1:1 Music
22 9:00 Fitness/Hydration 9:30 Good News 10:30 Spiritual Music 11:00 Hymns/Singing 11:30 Resident Choice 1:15 IN2L Church Svc 2:30 Bronco Game/Popcorn 3:30 1:1 Music	23 9:00 Fitness/Hydration 9:30 What Did It Cost 10:30 Past Times 11:00 Family Feud 11:30 Take A Stroll 1:15 IN2L Trivia 2:30 Resident Choice 3:30 1:1 Music	24 9:00 Fitness/Hydration 9:30 Coffee & Snacks 10:30 Bowling 11:00 What Did It Cost 11:30 Get Up & Move 1:15 Bake Cookies 2:30 Coffee Chat 3:30 1:1 Music	25 9:00 Fitness/Hydration 10:00 IN2L Trivia 10:30 Chicktionary 11:00 Memory Bio 11:30 Take A Stroll 1:15 MIM 2:30 Noodle Ball 3:30 1:1 Music	26 Ladies Lunch 9:00 Fitness/Hydration 10:00 Famous Ladies 10:30 I Love Lucy 11:00 Pastimes 12:00 Ladies Luncheon 1:30 IN2L/ Resident Choice 2:30 Scrapbooking 3:30 1:1 Music	27 Birthday Celebrations 9:00 Fitness/Hydration 9:30 IN2L Trivia 10:30 Family Feud 11:00 Famous Birthdays 11:30 Get Up & Move 1:15 Party Set Up 2:30 Birthday Celebrations 3:30 1:1 Music	28 9:00 Fitness/Hydration 9:30 Coffee & Snacks 10:30 Hand Massage 11:00 IN2L Games 11:30 Get Up & Move 1:15 Arts & Crafts 2:30 Glamour Day 3:30 1:1 Music
29 9:00 Fitness/Hydration 9:30 Coffee Chat 10:30 Spiritual Music 11:00 Hymns/Singing 11:30 Resident Choice 1:15 IN2L Church Svc 2:30 Sunday Matinee 3:30 1:1 Music	30 9:00 Fitness/Hydration 9:30 IN2L Trivia 10:30 Pastimes 11:00 This Day In History 11:30 Get Up & Move 1:15 Pencil Art 2:30 Noodle Ball 3:30 1:1 Music	31 Halloween Party 9:00 Fitness/Hydration 9:30 Fun Facts 10:30 Short Stories 11:00 This Day In History 11:30 1970 Parade 1:15 Party Set Up 2:30 Halloween Party 3:30 1:1 Music				

October 2017

C

New Dawn Memory Care
2000 S. Blackhawk St.
Aurora, CO 80014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9:00 Fitness/Hydration 10:00 Water Plants 10:30 Spiritual Music 11:00 Hymns/Singing 11:30 Residents Choice 1:15 IN2L Church Svc 2:30 Bronco Game 3:30 1:1 Music	2 9:00 Fitness/Hydration 10:00 Karaoke 10:30 Bubble Pop 11:00 Tea & Snacks 11:30 Nature Walk 1:15 IN2L Trivia 2:30 Resident Choice 3:30 1:1 Music	3 9:00 Fitness/Hydration 10:00 Sensory/Nature 10:30 Classic Music 11:00 Brain Games 11:30 Get Up & Move 1:15 Outside Stroll 2:30 Karaoke 3:30 1:1 Music	4 National Taco Day 9:00 Fitness/Hydration 10:00 Water Plants 10:30 Aroma Therapy 11:00 Hand Massage 11:30 Nature Walk 1:15 Party Set up 2:30 Fiesta Party 3:30 1:1 Music	5 9:00 Fitness/Hydration 10:00 Water Plants 10:30 Bubble Pop 11:00 Paper Planes 11:30 Famous Men 1:15 National Park Trivia 2:30 IN2L Trivia 3:30 1:1 Music	6 9:00 Fitness/Hydration 10:00 Water Plants 10:30 Coffee Chat 11:00 This Day in History 11:30 Get Up & Move 1:15 Noodle Ball 2:30 Reminisce 3:30 1:1 Music	7 9:00 Fitness/Hydration 10:00 Water Plants 10:30 Coffee Chat 11:00 This Day in History 11:30 Get Up & Move 1:15 Noodle Ball 2:30 Reminisce 3:30 1:1 Music
8 9:00 Fitness/Hydration 10:00 Water Plants 10:30 Spiritual Music 11:00 Hymns/Singing 11:30 Resident Choice 1:15 IN2L Church Svc 2:30 Bronco Game 3:30 1:1 Music	9 9:00 Fitness/Hydration 10:00 Water Plants 10:30 Karaoke 11:00 Reminisce 11:30 Get Up & Move 1:15 Games & Puzzles 2:30 Bowling 3:30 1:1 Music	10 9:00 Fitness/Hydration 10:00 Classic TV 10:30 Bubble Pop 11:00 Brain Games 11:30 Outside Stroll 1:15 Paper Airplanes 2:30 In2I Games 3:30 1:1 Music	11 9:00 Fitness/Hydration 10:00 Water Plants 10:30 Hand Massage 11:00 Bean Bag Toss 11:30 Funny Seniors 1:15 What's in the Bag 2:30 Smoothies 3:30 1:1 Music	12 Men's Lunch 9:00 Fitness/Hydration 10:00 Water Plants 10:30 Bowling 11:00 In2I Sensory 12:00 Men's Luncheon 1:30 Ball toss 2:30 Sing Along 3:30 1:1 Music	13 9:00 Fitness/Hydration 10:00 Water Plants 10:30 Coffee & Snacks 11:00 Short Stories 11:30 Residents Choice 1:15 IN2L Fun 2:30 TGIF Drinks 3:30 1:1 Music	14 National Dessert Day 9:00 Fitness/Hydration 10:00 Water Plants 10:30 Matching Games 11:00 Pencil Art 11:30 Get Up & Move 1:15 Karaoke 2:30 Pie Social 3:30 1:1 Music
15 9:00 Fitness/Hydration 10:00 Water Plants 10:30 Spiritual Music 11:00 Hymns/Singing 11:30 Resident Choice 1:15 IN2L Church Svc 2:30 Sunday Matinee 3:30 1:1 Music	16 9:00 Fitness/Hydration 10:00 Bubble Pop 10:30 Classic Radio 11:00 In2I Trivia 11:30 Get Up & Move 1:15 Pencil Art 2:30 Short Stories 3:30 1:1 Music	17 9:00 Fitness/Hydration 10:00 Brain Games 10:30 Bowling 11:00 Classic Music 11:30 This Day in History 1:15 Karaoke 2:30 Residents Choice 3:30 1:1 Music	18 Chocolate Cupcake Day 9:00 Fitness/Hydration 10:00 Music Therapy 10:30 Coffee & Snacks 11:00 Residents Choice 11:30 Get Up & Move 1:15 Fun Facts 2:30 Drinks & Cupcakes 3:30 1:1 Music	19 9:00 Fitness/Hydration 10:00 Residents Choice 10:30 Bubble Pop 11:00 Sing Along 11:30 Get Up & Move 1:15 Paper Airplanes 2:30 In2I Games 3:30 1:1 Music	20 9:00 Fitness/Hydration 10:00 Residents Choice 10:30 Bowling 11:00 Sports Shows 11:30 Tell A Joke 1:15 Pencil Art 2:30 Short Stories 3:30 1:1 Music	21 9:00 Fitness/Hydration 10:00 Good News 10:30 Ball Toss 11:00 Classic TV 11:30 Karaoke 1:15 Residents Choice 2:30 Glamour Day 3:30 1:1 Music
22 9:00 Fitness/Hydration 10:00 Classic TV 10:30 Spiritual Music 11:00 Hymns/Singing 11:30 Residents Choice 1:15 IN2L Church Svc 2:30 Bronco Game 3:30 1:1 Music	23 9:00 Fitness/Hydration 10:00 Noodle Ball 10:30 Memory Bio 11:00 Pencil Art 11:30 Get Up & Move 1:15 Paper Airplanes 2:30 Arts & Crafts 3:30 1:1 Music	24 9:00 Fitness/Hydration 10:00 Classic TV 10:30 Bubble Pop 11:00 Good News 11:30 1970s Parade 1:15 Pencil Art 2:30 Residents Choice 3:30 1:1 Music	25 9:00 Fitness/Hydration 10:00 Residents Choice 10:30 Hand Massage 11:00 Aromatherapy 11:30 This Day In History 1:15 Pencil Art 2:30 Noodle Ball 3:30 1:1 Music	26 Ladies Lunch 9:00 Fitness/Hydration 10:00 Ball Toss 10:30 Famous Ladies 11:00 Reminisce 11:30 Ladies Luncheon 1:15 IN2L Choice 2:30 Karaoke 3:30 1:1 Music	27 Birthday Celebration 9:00 Fitness/Hydration 10:00 Short Stories 10:30 Residents Choice 11:00 Ball Toss 11:30 Get Up & Move 1:15 Party Set Up 2:30 Birthday Celebration 3:30 1:1 Music	28 9:00 Fitness/Hydration 10:00 Memory Bio 10:30 Pencil Art 11:00 Residents Choice 11:30 In2I Trivia 1:15 Arts & Crafts 2:30 Glamour Day 3:30 1:1 Music
29 9:00 Fitness/Hydration 10:00 Coffee & Snacks 10:30 Spiritual Music 11:00 Hymns/Singing 11:30 Resident Choice 1:15 IN2L Church Svc 2:30 Sunday Matinee 3:30 1:1 Music	30 9:00 Fitness/Hydration 10:00 Residents Choice 10:30 Noodle Ball 11:00 Read Comics 11:30 Get Up & Move 1:15 Tell A Joke 2:30 Residents Choice 3:30 1:1 Music	31 Halloween Party 9:00 Fitness/Hydration 10:00 Memory Bio 10:30 In2I Sports 11:00 Residents Choice 11:30 Noodle Ball 1:15 Party Set Up 2:30 Halloween Party 3:30 1:1 Music				