


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30am Church Service 10:00 Coffee Social 11:00am Trivia 1:30 Bingo 3:00 Movie & a Snack	2 9:30am Sit & Be Fit 10:00am Coffee Social 11:00am Baking Cookies 1:30pm Bingo 3:00pm Social Bistro 4:00 Coloring Pictures	3 930am Rosary/Catholic Service 1030am Yogurt Parfait 11am Simply Stretch 1:30pm Bingo 3:00pm Sorting Socks	4 9:30am Sit & Be Fit 10:00am Cool Refreshments 10:00 Excursion: Outdoor Farmers Market 2:00pm Nail Spa 3:00pm Social Bistro 6:00pm A Touch of Patsy	5 9:30am Sit & Be Fit 10:00am Coffee Social 11:00am Current Events 11:30 Sorting Socks 2:00pm Bingo 3:00 Balloon Volleyball	6 9:30 Sit & Be Fit 10:45am Subway 2:00pm Famous Person Bill Gates 3:00pm Happy Hour	7 9:30am Seated Tai Chi 10:00am Church Service 11:00am Cool Refreshments 1:30 Bingo 3:00 Saturday Drive
8 9:30am Chair Tai Chi 10:00 Coffee Social 10:00am Tony B Performs In Rose Hall 1:30 Bingo 3:00 Movie & a Snack	9 9:30am Earth Vibes Yoga 10:00am Coffee Social 11:00am Baking Cookies 1:30pm Bingo 3:00pm Social Bistro 4:00 Playing Cards	10 930am Rosary/Catholic Service 1030am Yogurt Parfait 11am Simply Stretch 1:30pm Bingo 3:00pm Jennie Ford	11 9:30am Sit & Be Fit 10:00am Cool Refreshments 10:00 Excursion: Walgreens 2:00pm Nail Spa 3:00pm Social Bistro 6:00pm Marc Love	12 9:30am Exercise 10:00am Coffee Social 11:00am Current Events 2:00pm Puzzles & Games 3:00 pm Crafting in Cottage	13 9:30 Sit & Be Fit 10:00 Excursion: Casino 2:00pm Famous Person Winston Churchill 3:00pm Octoberfest Happy Hour	14 9:30am Seated Tai Chi 10:00am Church Service 11:00am Cool Refreshments 2:30pm Bobkats Perform In Rose Hall
15 9:30am Church Service 10:00 Coffee Social 11:00am Trivia 1:30 Bingo 3:00 Denis Curtin Performing in Rose Hall	16 9:30am Sit & Be Fit 10:00am Coffee Social 11:00am Baking Cookies 1:30pm Bingo 3:00pm Social Bistro 4:00 Balloon Volleyball	17 930am Rosary/Catholic Service 1030am Yogurt Parfait 11am Simply Stretch 1:30pm Bingo 3:00pm Playing Cards	18 9:30am Sit & Be Fit 10:00am Cool Refreshments 10:00 Excursion: Dunkin Donuts 2:00pm Nail Spa 3:00pm Bistro Social 6:00pm Brenda Herbert	19 9:30am Exercise 10:00am Coffee Social 11:00am Current Events 2:00pm Pine cone Craft 3:00 pm Trivia & Snack	20 9:30 Sit & Be Fit 10:00 Trivia 11:00 Excursion: Arby's 2:00pm Famous Person Dwight Eisenhower 3:00pm Happy Hour w/ Fran Dimmick	21 9:30am Seated Tai Chi 10:00am Church Service 11:00am Cool Refreshments 2:30pm Movie Matinee & Snack
22 9:30am Chair Tai Chi 10:00 Coffee Social 11:00 Trivia 1:30 Bingo 3:00 Movie & a Snack	23 9:30am Earth Vibes Yoga 10:00am Coffee Social 11:00am Baking Cookies 1:30pm Bingo 3:00pm Social Bistro 4:00 Board Games	24 930am Rosary/Catholic Service 1030am Yogurt Parfait 11am Drums by Keith 1:30pm Bingo 3:00pm Coloring pictures	25 9:30am Sit & Be Fit 10:00am Cool Refreshment 10:00 Excursion: Dollar Trees 2:00pm Nail Spa 3:00pm Bistro Social 6:00pm Music by Scott	26 9:30am Exercise 10:00am Coffee Social 11:00am Current Events 11-2 Rachel Jewelry 2:00pm Halloween Craft 3:00 pm Simply Stretch	27 9:30 Sit & Be Fit 10:00 Excursion: Pumpkin Patch 2:00pm Famous Person Di-an Fossey 3:00pm Peruvian Happy Hour	28 9:30am Seated Tai Chi 10:00am Church Service 11:00am Cool Refreshments 2:30pm Movie Matinee & Snack
29 9:30am Chair Tai Chi 10:00 Coffee Social 11:00 Trivia 1:30 Bingo 3:00 Movie & a Snack	30 9:30am Sit & Be Fit 10:00am Coffee Social 11:00am Baking Cookies 1:30pm Bingo 3:00pm Social Bistro 4:00 Playing Cards	31 930am Rosary/Catholic Service 1030am Yogurt Parfait 11am Simply Stretch 1:30pm Bingo 3:00pm Halloween Costume Party			<u>Birthdays</u> Cecil N. 10/7 Irene F. 10/14 Darlene L. 10/18 Kathleen T. 10/19	

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