



Sun Oak

SENIOR LIVING

7241 Canelo Hills Drive Citrus Heights, CA 95610 • 916-722-2800 • Sunoakseniorliving.com



"The harvest moon hangs round and high
It dodges clouds high in the sky,
The stars wink down their love and mirth
The autumn season is giving birth.
Oh, it must be October..."
~ Pearl N. Sorrels

Special Days

Harvest Moon
October 5

**Columbus Day
(U.S.) &
Thanksgiving
(Canada)**
October 9

**Simchat Torah
Begins at Sundown**
October 12

Boss Day
October 16

World Pasta Day
October 25

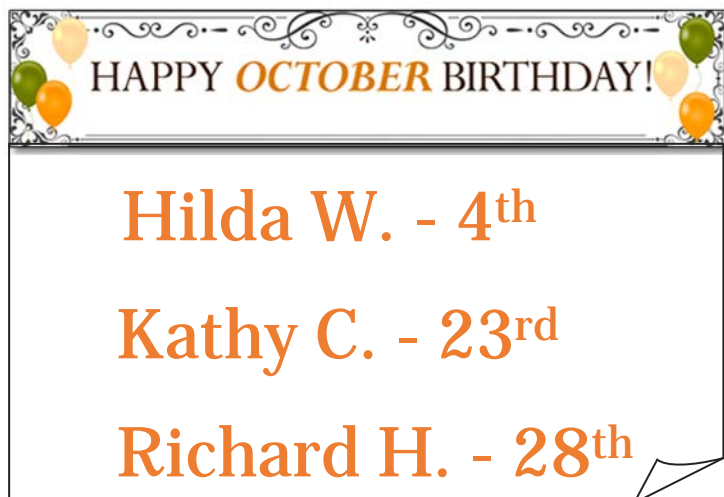
Halloween
October 31

October is the tenth month of the year on the Gregorian calendar, though its name stems from the Latin *octo*, meaning "eight." In early Roman times, October was the eighth month on the calendar. Old England referred to it as *Winmonth*, meaning "wine month," as October's temperatures were ideal for making wine and cider. The Anglo-Saxons called October "Winterfylleth" because it marked and celebrated the beginning of winter.

Grandparents' Day



Find us on
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Halloween Around the World

In America and Canada, children go door to door in costume on Halloween night asking for candy treats. France has recently started celebrating Halloween with costume parties. Meanwhile, in the Czech Republic, people place chairs by the fireside, one for each living family member and one for each family member who has passed on. In Germany, people hide their knives to ensure the safety of the returning spirits and themselves.

MONDAY



"Like Family" Award



WEDNESDAY



Pet makes our family complete

T
U
E
S
D
A
Y



Music brings Family Together

T
H
U
R
S
D
A
Y



Family Art Day

F
R
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D
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Y



Family
Is
Forever



Employee of the Month

**Olivia K.**

Olivia is our Employee of the month. She is one of our companions. She has been working at Sun Oak for six years and has already proven to be reliable, dependable and hardworking employee. Olivia, we are thankful you are part of our team here at Sun Oak.

Congratulations!



Resident of the Month

**Jerry R.**

Jerry is our resident of the month. He was born in Ohio. He was a pilot since he was 20 years old. He loves to fly a plane. He likes music and loves to play clarinet and piano. He also plays tennis.

Congratulations Jerry!

Assisted Living

October
14th

October
28th

Pumpkin Patch Outings

Sun Garden

October
17th

October
27th

FAMILY IS FOREVER
National Assisted Living Week®
September 10-16, 2017

ASSISTED LIVING WEEK

#NALW

FOREVER
National Assisted Living Week®
Sept. 10-16, 2017

Welcome to Oktoberfest

Oktoberfest
16. September - 03. Oktober 2017

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HALLOWEEN PARTY

Costume Contest & Magic Show

Tuesday, October 31st from 2:00 - 4:00 p.m.
7241 Canelo Hills Dr. Citrus Heights CA 95610



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