

Regular Menu

Westmont Town Court



| | Sun 09-24-2017 | Mon 09-25-2017 | Tue 09-26-2017 | Wed 09-27-2017 | Thu 09-28-2017 | Fri 09-29-2017 | Sat 09-30-2017 |
|-------------|--|--|--|--|---|--|---|
| B R K | Pancakes Egg of Choice Sausage Patty Fresh Fruit 100% Juice | French Toast Egg of Choice Breakfast Ham Fresh Fruit 100% Juice | Egg Potato Bake Egg of Choice Bacon Fresh Fruit 100% Juice | Pancakes Egg of Choice Sausage Patty Fresh Fruit 100% Juice | Baked Denver Omelet Egg of Choice Bacon Fresh Fruit 100% Juice | Eggs Benedict Egg of Choice Breakfast Ham Fresh Fruit 100% Juice | Waffles Egg of Choice Sausage Patty Fresh Fruit 100% Juice |
| L U N | Split Pea Soup Bacon Meatloaf Baked Honey Mustard Chicken Fresh Mashed Potatoes Normandy Blend Banana Pudding Cake | Cream of Tomato Soup Seasoned Parmesan Fish Country Fried Steak/Gravy Mashed Red Potatoes Green Beans Pecan Pie | Vegetable Barley Soup Herb Roasted Turkey Broccoli Quiche Bread Stuffing Chef's Steamed Vegetable Baked Roll Peach Crisp | Manhattan Clam Chowder Hamburger Pot Pie Crab Pasta Shell Salad Classic Macaroni Salad Mixed Vegetables Brownies | Navy Bean Soup Lemon Pepper Chicken Baked Macaroni Cheese Long Grain Wild Rice Pilaf Honey Glazed Carrots Baked Roll Butterscotch Pudding | Ham and Potato Soup Cod/Garlic Herb Sauce Cheese Ravioli/Pasta Sauce Fresh Mashed Potatoes/Gravy Green Beans Fruit Cobbler | Plantation Vegetable Soup Sweet Liver and Onions Baked Fish Fillet Mushroom Rice California Blend Chocolate Cake |
| D I N | Split Pea Soup Marinated Seafood Salad Apple Cider Pork Chops Baked Potato Peas Banana Pudding Cake | Cream of Tomato Soup Rigatoni Italian Easy Fried Chicken Capri Blend <i>or</i> Waldorf Green Salad Ice Cream | Vegetable Barley Soup Chicken Enchilada Baked Fish Fillet Spanish Rice Corn Peach Crisp | Manhattan Clam Chowder Tuna Noodle Casserole Herb Seasoned Pork Baked Sweet Potato Lemon Buttered Broccoli Brownies | Navy Bean Soup BBQ Ham Sandwich Alaskan Fish and Chips Chef's Steamed Vegetable Butterscotch Pudding | Ham and Potato Soup Pepperoni Pizza Grilled Pork Chop Peas and Carrots Fruit Cobbler | Plantation Vegetable Soup Eggplant Parmesan Apricot Chicken Parsley Egg Noodles Cauliflower and Carrots Chocolate Cake |
| | Milk offered at every meal | | | | | | Week 5 |

Dietitian's Signature: *Deani Jager, 5-1-2017*
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