

OCTOBER 2017

Westbrook Senior Living: **Independent Living**

Color your life with... Stage & Screen Music

Did you know?

The first movie soundtrack album commercially available was the one from Disney's Snow White and the Seven Dwarfs.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:40 OS-Luth Service-*ML 10:15 OS-Cath Mass-*ML 12:35 OS-Cath Mass-Polish-*ML 2:00 Film w/snacks-TH 2:30 Marvel Minds-SL 6:00 Choice Film w/snacks-TH 6:00 Marvel Minds-SL/CR	2 10:15 SpectraFit-SL 2:00 Film w/snacks-TH 2:00 Bridge Club-SL 2:30 BINGO w/Fun-CR 2:30 Marvel Minds-SL 2:30 Adult Coloring-SL 2:30 Card Clubs-CR 6:00 Film w/snacks-TH 6:00 Marvel Minds-SL	3 10:00 Cath Communion-LIB 10:15 SpectraFit-SL 2:00 Film w/snacks-TH 2:30 Knitting & Jewelry-CR 2:30 Marvel Minds-SL/CR 6:00 Film w/snacks-TH 6:00 Marvel Minds-SL/CR 6:00 Market Jewelry-CR 7:00 Westbrook Warblar's-LIB	4 10:15 SpectraFit-SL 11:15 OUTING-Target-*\$ML 1:50 Rosary Circle-LIB 2:00 Film w/snacks-TH 2:00 Bridge Club-SL 2:30 BINGO w/FUN-CR 2:30 Marvel Minds-SL 6:00 CHOICE Film w/pc-TH 6:00 Marvel Minds-SL/CR	5 10:15 SpectraFit-SL 2:00 Film w/Snacks-TH 2:30 Jigsaw-PL 2:30 Marvel Minds-SL/CR 6:00 Film w/Snacks-TH 6:00 Marvel Minds-SL/CR	6 10:15 SpectraFit-SL 10:15 SpectraFit-SL 2:00 Film w/Snacks-TH 2:30 BINGO w/Fun-CR 2:30 Marvel Minds-SL/CR 2:30 Marvel Minds-SL 3:30 Weigh-In-CR 6:00 Film w/snacks-TH 6:00 Marvel Minds-SL	7 10:15 SpectraFit-SL 2:00 Film w/snacks-TH 2:15 BINGO w/Fun-CR 2:30 Marvel Minds-SL/CR 6:00 Film w/snacks-TH 6:00 Marvel Minds-SL/CR
8 8:40 OS-Luth Service-*ML 10:15 OS-Cath Mass-*ML 12:35 OS-Cath Mass-Polish-*ML 2:00 Film w/snacks-TH 2:30 Marvel Minds-SL 6:00 Choice Film w/snacks-TH 6:00 Marvel Minds-SL/CR	9 Columbus Day 10:15 SpectraFit-SL 2:00 Film w/snacks-TH 2:00 Bridge Club-SL 2:30 BINGO w/Fun-CR 2:30 Marvel Minds-SL 2:30 Adult Coloring-SL 2:30 Card Clubs-CR 6:00 Film w/snacks-TH 6:00 Marvel Minds-SL	10 10:00 Cath Communion-LIB 10:15 SpectraFit-SL 2:00 Film w/snacks-TH 2:30 Knitting & Jewelry-CR 2:30 Marvel Minds-SL/CR 6:00 Film w/snacks-TH 6:00 Marvel Minds-SL/CR 6:00 Market Jewelry-CR 7:00 Westbrook Warblar's-LIB	11 10:15 SpectraFit-SL 11:15 OUTING-Target-*\$ML 1:50 Rosary Circle-LIB 2:00 Film w/snacks-TH 2:00 Bridge Club-SL 2:30 BINGO w/FUN-CR 2:30 Marvel Minds-SL 6:00 CHOICE Film w/pc-TH 6:00 Marvel Minds-SL/CR	12 10:15 SpectraFit-SL 2:00 Film w/Snacks-TH 2:30 Jigsaw-PL 2:30 Marvel Minds-SL/CR 6:00 Film w/Snacks-TH 6:00 Marvel Minds-SL/CR	13 10:15 SpectraFit-SL 10:15 SpectraFit-SL 2:00 Film w/Snacks-TH 2:30 BINGO w/Fun-CR 2:30 Marvel Minds-SL/CR 2:30 Marvel Minds-SL 3:30 Weigh-In-CR 6:00 Film w/snacks-TH 6:00 Marvel Minds-SL	14 10:15 SpectraFit-SL 2:00 Film w/snacks-TH 2:15 BINGO w/Fun-CR 2:30 Marvel Minds-SL/CR 6:00 Film w/snacks-TH 6:00 Marvel Minds-SL/CR
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