

OCTOBER 2017

Park Meadows Senior Living: **Assisted Living**

Color your life with... Stage & Screen Music

Did you know?

The first movie soundtrack album commercially available was the one from Disney's Snow White and the Seven Dwarfs.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:45 Church Service V* 10:00 Church Service V* 10:45 COR Church Service T 1:30 Ice Cream Social IL Bistro 3:00 Bingo MPR 5:30 Sing a long w/ Lenn Anderson AL DR 6:30 Sunday Cinema T	2 9:00 Library,Bank V* 10:00 Lakeview Sr Stretch AL DR 10:30 Flu Shots W/Auburn Pharm. AL Library 10:45 Worship w/ Bob T 1:00 UNO Game AL LR 1:30 Errands V* 2:00 Resident Council AL DR 2:00 Manicures AL LR 3:00 Ice Cream Social AL LR	3 8:30 Medical Appt. V* 9:00 Coffee Chat AL LR 10:00 SpectraFit AL DR 12:30 Bridge MPR 1:00 Singing w/ Monica 1:00 Rumikub AL DR 3:30 Bingo MPR	4 10:00 SpectraFit AL DR 11:00 Mary Kay Cosmetics IL LR 11:00 Blood Pressure Check with Interim IL LR 11:00 Price Chopper/HyVee *V 1:00 Bingo AL LR 1:30 Walmart & Target V* 1:30 HUGs Mat Proj. MPR 2:30 Quilting and Needlework Club MPR 3:00 Skip Bo AL LR 3:30 Book Club AL Library	5 8:30 Medical Appt. V* 10:00 SpectraFit AL DR 12:00 Equip.Orientation WC 12:30 Bridge MPR 1:00 Game Time AL LR 2:30 Creative Coloring SKL 3:00 Hugs faithful friends cross-line project MPR 3:45 Catholic Service T	6 8:15 Walkin' & Rollin' V* 10:00 SpectraFit AL DR 11:00 Errands V* 1:00 Blackjack SKL 1:30 Wheel of Fortune AL LR 3:30 Happy Hour AL DR Alan Blasco	7 9:00 Walmart/Target V* 10:00 SpectraFit AL DR 12:30 Bridge MPR 1:30 Bingo MPR 2:00 Movie Matinee T* Sing 3:30 Catholic Mass V*
8 8:45 Church Service V* 10:00 Church Service V* 10:45 COR Church Service T 1:30 Ice Cream Social IL Bistro 3:00 Bingo MPR 6:30 Sunday Cinema T	9 Columbus Day 9:00 Library,Bank V* 10:00 Lakeview Sr Stretch AL DR 10:45 Worship w/ Bob T 1:00 UNO Game AL LR 1:30 Errands V* 2:00 Manicures AL LR 3:00 Ice Cream Social AL LR	10 8:30 Medical Appt. V* 9:00 Coffee Chat AL LR 10:00 SpectraFit AL DR 12:30 Bridge MPR 1:00 Music Therapy w/ Karen AL DR 1:00 Rumikub AL DR 2:00 Activities Meeting AL DR 3:30 Bingo MPR 6:00 Card Making MPR	11 10:00 SpectraFit AL DR 11:00 J*U*L*I*L*E*T lunch IL DR 11:00 Blood Pressure Check with Interim IL LR 11:00 Price Chopper/HyVee *V 1:00 Bingo AL LR 1:30 Walmart & Target V* 1:30 HUGs Mat Proj. MPR 2:30 Quilting and Needlework Club MPR 3:00 Skip Bo AL LR 7:00 Mex Domino's AL LR	12 8:30 Medical Appt. V* 10:00 SpectraFit AL DR 12:30 Bridge MPR 1:00 Game Time AL LR 2:30 Creative Coloring SKL 3:45 Catholic Service T	13 8:15 Walkin' & Rollin' V* 10:00 SpectraFit AL DR 11:00 Errands V* 1:00 Blackjack SKL 1:30 Wheel of Fortune AL LR 3:30 Happy Hour AL DR Wayne Jennings	14 9:00 Walmart/Target V* 10:00 SpectraFit AL DR 12:30 Bridge MPR 1:30 Bingo MPR 2:00 Movie Matinee T Lion 3:30 Catholic Mass V*
15 8:45 Church Service V* 10:00 Church Service V* 10:45 COR Church Service T 1:30 Ice Cream Social IL Bistro 3:00 Bingo MPR 5:30 Sing a long w/ Lenn Anderson AL DR 6:30 Sunday Cinema T	16 9:00 Library,Bank V* 10:00 Lakeview Sr Stretch AL DR 10:45 Worship w/ Bob T 1:00 UNO Game AL LR 1:30 Errands V* 2:00 Manicures AL LR 3:00 Ice Cream Social AL LR	17 8:30 Medical Appt. V* 9:00 Coffee Chat AL LR 10:00 SpectraFit AL DR 12:30 Bridge MPR 1:00 Singing w/ Monica 1:00 Rumikub AL DR 3:30 Bingo MPR 6:30 Alzheimer's Support Group	18 10:00 SpectraFit AL DR 11:00 Blood Pressure Check with Interim IL LR 11:00 Price Chopper/HyVee *V 11:10 Majestic Singers IL DR 1:00 Bingo AL LR 1:30 Walmart & Target V* 1:30 HUGs Mat Proj. MPR 2:30 Quilting and Needlework Club MPR 3:00 Skip Bo AL LR 7:00 Mex Domino's AL LR	19 8:30 Medical Appt. V* 10:00 SpectraFit AL DR 10:00 Catholic Mass T 12:30 Bridge MPR 1:00 Game Time AL LR 2:00 Cooking w/ Chef MPR 2:00 Lutheran Service ALP 2:30 Creative Coloring SKL 3:30 HUGs Faithful Friends Cross-Lines Project MPR	20 8:15 Walkin' & Rollin' V* 10:00 SpectraFit AL DR 11:00 Errands V* 1:00 Blackjack SKL 1:30 Wheel of Fortune AL LR 3:30 Happy Hour AL DR Lynn Anderson	21 9:00 Walmart/Target V* 10:00 SpectraFit AL DR 10:30 Harrah's Casino V* 12:30 Bridge MPR 1:30 Bingo MPR 2:00 Movie Matinee T The Secret Garden 3:30 Catholic Mass V*

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22 8:45 Church Service V* 10:00 Church Service V* 10:45 COR Church Service T 1:30 Ice Cream Social IL Bistro 3:00 Bingo MPR 6:30 Sunday Cinema T	23 9:00 Library,Bank V* 10:00 Sparkle Jewelry IL LR 10:00 Lakeview Sr Stretch AL DR 10:45 Worship w/ Bob T 1:00 UNO Game AL LR 1:30 Errands V* 2:00 Manicures AL LR 3:00 Monica's Tavern/New Resident Soical IL Bistro 3:00 Ice Cream Social AL LR	24 8:30 Medical Appt. V* 9:00 Coffee Chat AL LR 10:00 SpectraFit AL DR 12:30 Bridge MPR 1:00 Music Therapy w/ Karen AL DR 1:00 Rumikub AL DR 3:30 Bingo MPR 6:00 Card Making MPR	25 10:00 SpectraFit AL DR 11:00 R*O*M*E*O IL PDR 11:00 Blood Pressure Check with Interim IL LR 11:00 Price Chopper/HyVee *V 1:00 Bingo AL LR 1:30 Walmart & Target V* 1:30 HUGs Mat Proj. MPR 2:30 Quilting and Needlework Club MPR 3:00 Skip Bo AL LR 7:00 Mex Domino's AL LR	26 8:30 Medical Appt. V* 10:00 Town Hall IL DR 10:00 SpectraFit AL DR 12:30 Bridge MPR 1:00 Game Time AL LR 2:30 Creative Coloring SKL 3:45 Catholic Service T	27 8:15 Walkin' & Rollin' V* 9:45 Silverlink Service V* 10:00 SpectraFit AL DR 10:00 Food Committee Meeting IL DR 11:00 Errands V* 1:00 Blackjack SKL 1:30 Wheel of Fortune AL LR 3:30 Happy Hour AL DR Kristine Norvaishaes	28 9:00 Walmart/Target V* 10:00 SpectraFit AL DR 12:30 Bridge MPR 1:30 Bingo MPR 2:00 Movie Matinee T* The Pursuit of Happiness 3:30 Catholic Mass V*
29 8:45 Church Service V* 10:00 Church Service V* 10:45 COR Church Service T 1:30 Ice Cream Social IL Bistro 3:00 Bingo MPR 5:30 Sing a long w/ Lenn Anderson AL DR 6:30 Sunday Cinema T	30 9:00 Library,Bank V* 10:00 Lakeview Sr Stretch AL DR 10:45 Worship w/ Bob T 1:00 UNO Game AL LR 1:30 Pink It Up w/ Interim- Manicures/Mimosa's MPR 1:30 Errands V* 3:00 Ice Cream Social AL LR	31 Halloween 8:30 Medical Appt. V* 9:00 Coffee Chat AL LR 10:00 SpectraFit AL DR 12:30 Bridge MPR 1:00 Rumikub AL DR 3:00 Dinner in Black/Costume Contest	AL : Assisted Living ALB: Assisted Living Bistro AL DR: Assisted Living Dining Room AL LIB: AL Library ALP: Assisted Living Parlor 2nd floor AL LR: AL Living Room IL LR : Independent Living ILB: Independent Bistro IL DR: Independent Dining Room IL LIB: Independent Library MPR: Multi Purpose Room SKL: Sky Lounge	Medical Appointments Tuesday & Thursday Appointment times... 8:30 am - 3:00 pm 24 hour advance sign up required Calendars are subject to change * Sign Up Required		