

# OCTOBER 2017

Lincoln Meadows Senior Living: **Assisted Living**



Color your life with... Stage & Screen Music

**Did you know?**

The first movie soundtrack album commercially available was the one from Disney's Snow White and the Seven Dwarfs.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>8:30</b> Depart for Churches* <b>9:00</b> Church Service CR <b>1:00</b> Xbox Bowling ALFP <b>3:00</b> No Drive <b>6:30</b> Movie & Popcorn TH	<b>2</b> <b>9:30</b> Spectra Fit CR <b>10:30</b> Games with Kate: Yahtzee! ILBI <b>11:30</b> -2:00 Accent Cards ILBI <b>1:00</b> Hymns with Gordon ALFP <b>1:30</b> Yoga SL <b>3:30</b> Bingo CR <b>6:30</b> Movie TH	<b>3</b> <b>9:30</b> Spectra Circuit FR <b>10:00</b> Community Meeting ILDR <b>10:30</b> Fireside Chat w/ Leslie ALFP <b>12:30</b> Mini Store \$1.50 ILBI <b>1:30</b> Bridge SL <b>2:30</b> Sing Along with Caitlin ILFP <b>6:30</b> Movie TH	<b>4</b> <b>9:00</b> Sunrise Yoga SL Patio <b>9:30</b> Spectra Fit CR <b>10:00</b> -2:00 Castle Rock Outlet Mall* <b>10:30</b> Reading w/ Jeannine AL Lib. <b>10:30</b> Catholic Mass CR <b>1:30</b> Chair Chi CR <b>2:00</b> T.E.D. Talks TH <b>2:00</b> Technology Help* IL Lib. <b>2:30</b> Scenic Drive w/ Leslie ALFP <b>3:00</b> Choir CR	<b>5</b> <b>9:00</b> Cookies & News! ALFP <b>9:30</b> Spectra Circuit FR <b>10:00</b> Rummikub w/ the Boss ILBI <b>11:00</b> -11:30 Mt. Man Candies IL <b>1:00</b> Pottery Class CR <b>2:30</b> Marvelous Minds ILBI <b>3:00</b> Inside Windsor Castle-RC <b>3:30</b> Xbox Bowling ILBI <b>6:30</b> Movie TH	<b>6</b> <b>9:30</b> Spectra Fit CR <b>9:30</b> Walmart* <b>10:00</b> Low Vision Support Group SL <b>10:00</b> Documentaries TH <b>10:30</b> Drama Class w/ Jessica & Leslie CR <b>10:30</b> Marvelous Minds ALFP <b>1:00</b> Therapy Dogs ALFP <b>1:30</b> Creative Needles ILFP <b>1:30</b> Spectra Fit CR <b>2:30</b> Happy Hour "Dr. Blu" ILDR <b>6:30</b> Movie TH	<b>7</b> <b>9:30</b> Butterfly Pavilion & Lunch* <b>9:30</b> Coffee & Donuts (ALBI) <b>9:45</b> Marvelous Minds- (ALBI) <b>10:30</b> Bingo! ALBI <b>1:30</b> Yoga SL <b>2:30</b> Music w/ Megan ALFP <b>3:00</b> Blackjack SL <b>6:30</b> Movie TH
<b>8</b> <b>8:30</b> Depart for Churches* <b>9:00</b> Church Service CR <b>1:00</b> XBOX Bowling ALFP <b>3:00</b> Drive w/ Megan* <b>6:30</b> Movie & Popcorn TH	<b>9 Columbus Day</b> <b>9:00</b> -12:00 Flu Shots SL <b>9:30</b> Spectra Fit CR <b>10:30</b> Aerial America "Vermont" TH <b>1:30</b> Yoga SL <b>2:00</b> Games with Kate ILBI <b>6:30</b> Movie TH	<b>10</b> <b>9:30</b> Spectra Circuit FR <b>10:00</b> Luncheon Prep CR <b>10:30</b> Fireside Chat w/ Leslie ALFP <b>11:30</b> J.U.L.I.E.T Lunch* CR <b>12:30</b> Mini Store \$1.50 ILBI <b>1:30</b> Bridge SL <b>2:30</b> Farkle Dice w/ Leslie ILBI <b>6:30</b> Movie TH <b>7:00</b> Choir Concert CR	<b>11</b> <b>9:00</b> Sunrise Yoga SL <b>9:30</b> Spectra Fit CR <b>10:00</b> Watch Batteries ILFP <b>10:30</b> Catholic Mass CR <b>10:30</b> Reading w/ Jeannine AL Lib. <b>11:00</b> Southridge Lunch & Entertainment* <b>1:30</b> Chair Chi CR <b>2:00</b> Brain Builders SL <b>3:00</b> No Choir CR <b>3:30</b> National Sausage Pizza Day ILBI <b>6:30</b> Bible Study CR	<b>12</b> <b>9:00</b> Cookies & News! ALFP <b>9:00</b> Audiologist* <b>9:30</b> Spectra Circuit FR <b>10:00</b> Rummikub w/ the Boss ILBI <b>1:00</b> Making Fall Snacks with Shauna CR <b>2:30</b> Inside Windsor Castle-RC <b>2:30</b> Marvelous Minds ILBI <b>6:30</b> Movie TH	<b>13</b> <b>9:30</b> Kohls* <b>9:30</b> Spectra Fit CR <b>10:00</b> Documentaries TH <b>10:30</b> Marvelous Minds ALFP <b>1:00</b> Therapy Dogs ALFP <b>1:30</b> Creative Needles ILFP <b>1:30</b> Spectra Fit CR <b>2:30</b> Happy Hour "Hollywood Couples" ILDR <b>6:30</b> Movie TH <b>6:30</b> Pinochle SL	<b>14</b> <b>9:30</b> Coffee & Donuts (ALBI) <b>9:45</b> Just for Laughs- (ALBI) <b>10:30</b> Bingo! ALBI <b>1:00</b> Monster Mini Golf* <b>1:30</b> Yoga SL <b>2:00</b> Pam Hawkins Band ILCY <b>3:00</b> Blackjack SL <b>6:30</b> Movie TH
<b>15</b> <b>8:30</b> Depart for Churches* <b>9:00</b> Church Service CR <b>1:00</b> Xbox Bowling ALFP <b>3:00</b> Drive w/ Megan* <b>6:30</b> Movie & Popcorn TH	<b>16</b> <b>9:30</b> Spectra Fit CR <b>10:30</b> Games with Kate: Yahtzee! ILBI <b>11:30</b> -2:00 Accent Card ILBI <b>1:30</b> Yoga SL <b>2:15</b> Bell Choir Practice SL <b>3:30</b> Bingo CR <b>6:30</b> Movie TH	<b>17</b> <b>9:30</b> Spectra Circuit FR <b>10:30</b> Fireside Chat w/ Leslie ALFP <b>12:30</b> Mini Store \$1.50 ILBI <b>1:30</b> Bridge SL <b>2:00</b> Wizard of Oz Musical CR <b>5:00</b> Fall Harvest Bonfire - ILCY <b>6:30</b> Movie TH	<b>18</b> <b>9:00</b> Sunrise Yoga SL <b>9:30</b> Spectra Fit CR <b>9:30</b> The Meadows Day Care* <b>10:30</b> Catholic Mass CR <b>10:30</b> Reading w/ Jeannine AL Lib. <b>1:30</b> Jewelry Class \$5 SL <b>1:30</b> Chair Chi CR <b>2:00</b> T.E.D. Talks TH <b>2:00</b> Technology Help* IL Lib. <b>2:30</b> Scenic Drive w/ Leslie ALFP	<b>19</b> <b>9:00</b> Cookies & News! ALFP <b>9:30</b> Spectra Circuit FR <b>10:00</b> Rummikub w/ the Boss ILBI <b>11:00</b> -11:30 Mt. Man Candies IL <b>12:00</b> -5:00pm Flu Shots SL <b>1:30</b> Autumn Crafting with Shauna CR <b>2:30</b> Marvelous Minds ILBI <b>3:15</b> Xbox Bowling ILBI <b>6:30</b> Movie TH	<b>20</b> <b>9:30</b> Spectra Fit CR <b>9:30</b> Walmart* <b>10:00</b> Documentaries TH <b>10:30</b> Hymns with Gordon MC <b>10:30</b> Drama Class w/ Jessica & Leslie CR <b>10:30</b> Marvelous Minds ALFP <b>1:00</b> Therapy Dogs ALFP <b>1:30</b> Creative Needles ILFP <b>1:30</b> Spectra Fit CR <b>2:30</b> Happy Hour "Henry and Reinhardt" ILDR <b>6:30</b> Movie TH <b>6:30</b> Pinochle SL	<b>21</b> <b>9:30</b> Coffee & Donuts (ALBI) <b>9:45</b> Marvelous Minds- (ALBI) <b>10:30</b> Bingo! ALBI <b>1:00</b> Fall Festival at Flat Acres Farm* <b>1:30</b> Yoga SL <b>2:30</b> Music w/ Megan ALFP <b>3:00</b> Blackjack SL <b>6:30</b> Movie TH

# OCTOBER 2017

Lincoln Meadows Senior Living: **Assisted Living**

Color your life with... Stage & Screen Music

Did you know?

The first movie soundtrack album commercially available was the one from Disney's Snow White and the Seven Dwarfs.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>22</b> <b>8:30</b> Depart for Churches* <b>9:00</b> Church Service CR <b>3:00</b> Drive w/ Megan* <b>6:30</b> Movie & Popcorn TH	<b>23</b> <b>9:30</b> Spectra Fit CR <b>10:30</b> Aerial America "Kansas" TH <b>1:30</b> Yoga TH (RM Change) <b>2:00</b> Book Club SL <b>3:30</b> Bingo CR <b>6:30</b> Movie TH	<b>24</b> <b>9:30</b> Spectra Circuit FR <b>10:30</b> Fireside Chat w/ Leslie ALFP <b>12:30</b> Mini Store \$1.50 ILBI <b>1:30</b> Bridge SL <b>2:00</b> -4:30pm Hootenanny! ILCY <b>4:30</b> Dinner at Red Lobster* ILFP <b>6:30</b> Movie TH	<b>25</b> <b>9:00</b> Yoga SL <b>9:00</b> BLACKHAWK* <b>9:30</b> Spectra Fit CR <b>10:30</b> Catholic Mass CR <b>10:30</b> Reading w/ Jeannine AL Lib. <b>1:30</b> Chair Chi CR <b>2:00</b> Brain Builders SL <b>2:00</b> New Resident Orientation TH <b>2:00</b> Technology Help* IL Lib. <b>3:00</b> Choir CR <b>3:30</b> Pumpkin Decorating	<b>26</b> <b>9:00</b> Cookies & News! ALFP <b>9:30</b> Spectra Circuit FR <b>10:00</b> Rummikub w/ the Boss ILBI <b>2:00</b> Maria Von Trapp Living History CR <b>3:30</b> Cocktail Hour ILBI <b>4:30</b> Dinner in Black (All Dining Rooms) <b>6:30</b> Stephane Hill Band CR <b>6:30</b> Movie TH	<b>27</b> <b>9:30</b> Dollar Store* <b>9:30</b> Spectra Fit CR <b>10:00</b> Documentaries TH <b>10:30</b> Marvelous Minds ALFP <b>1:00</b> Therapy Dogs ALFP <b>1:30</b> Creative Needles ILFP <b>1:30</b> Spectra Fit CR <b>2:30</b> Happy Hour "Mark Cormincan" ILDR <b>6:30</b> Movie TH <b>6:30</b> Pinochle SL	<b>28</b> <b>9:30</b> Coffee & Donuts (ALBI) <b>9:45</b> Just for Laughs- (ALBI) <b>10:30</b> Bingo! ALBI <b>1:30</b> Yoga SL <b>2:00</b> -4:00 Trick or Treat Street All Community <b>3:00</b> Blackjack SL <b>6:30</b> Movie TH
<b>29</b> <b>8:30</b> Depart for Churches* <b>9:00</b> Church Service CR <b>1:00</b> Xbox Bowling ALFP <b>3:00</b> Drive w/ Megan* <b>6:30</b> Movie & Popcorn TH	<b>30</b> <b>9:15</b> Grandfriends* (only signed up participants) ILFP <b>9:30</b> Spectra Fit CR <b>10:30</b> Games with Kate: Yahtzee! ILBI <b>1:30</b> Yoga SL <b>2:30</b> Carmel Apple Tasting- RC <b>3:00</b> Aerial America- Washington State- RC <b>6:30</b> Movie TH	<b>31 Halloween</b> <b>9:30</b> Spectra Circuit FR <b>10:30</b> Fireside Chat w/ Leslie ALFP <b>11:30</b> R.O.M.E.O Lunch CR <b>12:30</b> Mini Store \$1.50 ILBI <b>1:30</b> Bridge SL <b>2:30</b> Halloween Happy Hour: Jerry Galloway ILDR <b>6:30</b> Movie TH	<b>ROOM KEY:</b> AL: Assisted Living IL: Independent Living LI: Library CR: Community Room SL: Sky Lounge TH: Theatre FR: Fitness Room BI: Bistro FP: Front Parlor DR: Dining Room CY: Courtyard MC: Memory Care * Sign up in activities book	Tuesday & Thursdays from 8:00-3:00 are our medical days* Please coordinate your docs appts with our drivers*  Monday's are shopping days 10:00 King Soopers* 2:00 Target/Safeway* Need to sign-up in the activity book*		