

# OCTOBER 2017

Lakeview Senior Living: **Independent Living**

Color your life with... Stage & Screen Music

Did you know?

The first movie soundtrack album commercially available was the one from Disney's Snow White and the Seven Dwarfs.

| Sunday                                                                                                                                                                                                                                                                                     | Monday                                                                                                                                                                                                                                                                                                                                                                                                                                         | Tuesday                                                                                                                                                                                                                                                                                                                                                                         | Wednesday                                                                                                                                                                                                                                                                                                  | Thursday                                                                                                                                                                                                                                                                                                                            | Friday                                                                                                                                                                                                                                                                                                                                                                           | Saturday                                                                                                                                                                                                                                                                |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1</b><br><b>8:15</b> Church Service<br>Transportation*<br><b>11:00</b> Champagne Brunch DR<br><b>1:00</b> Pinochle SL<br><b>1:00</b> Rummikub AR<br><b>2:00</b> Singing and Bible<br>Study from the Church<br>of Christ CR<br><b>3:00</b> Documentary Movie TH<br><b>7:00</b> Movie TH  | <b>2</b><br><b>9:30</b> SpectraFit w/Lisa WR<br><b>10:00</b> King Soopers/Jewell *<br><b>10:30</b> Bean Bag/Ladder Ball<br>Games WR<br><b>10:30</b> Needle Work Grp. GP<br><b>1:00</b> Bridge AR<br><b>1:00</b> Pinochle SL<br><b>1:30</b> King Soopers Bear<br>Valley*<br><b>1:30</b> Crossword Puzzle BI<br><b>7:00</b> Movie TH                                                                                                             | <b>3</b><br><b>8:30</b> Medical Day 8:30-3:30<br><b>9:00</b> Foot Nurse AR<br><b>9:15</b> Coffee/Classics w/Kelly<br><b>9:30</b> SpectraFit w/Renee<br><b>10:30</b> Art w/Jen*<br><b>1:00</b> Pinochle SL<br><b>1:00</b> Kinect Bowling BI<br><b>3:00</b> Bingo CR<br><b>7:00</b> Movie TH                                                                                      | <b>4</b><br><b>9:30</b> SpectraFit Yoga w/Sue<br><b>10:15</b> Coffee & Concert at<br>the Arvada Center*<br><b>10:30</b> Non-fiction Book Club<br><b>1:00</b> Bridge AR<br><b>1:00</b> Pinochle SL<br><b>2:00</b> Humungous Words CR<br><b>3:00</b> Wednesday Social in<br>Black SL<br><b>7:00</b> Movie TH | <b>5</b><br><b>8:30</b> Medical Day 8:30-3:30<br><b>9:30</b> SpectraSteppers<br><b>10:30</b> Heaven's Calling<br>Singing Grp. FP<br><b>1:00</b> Pinochle SL<br><b>2:00</b> Communion/Rosary CR<br><b>2:00</b> Marvelous Minds BI<br><b>3:30</b> Lakeview Silver Bells<br>Practice CR<br><b>7:00</b> Movie TH                        | <b>6</b><br><b>9:30</b> SpectraFit w/Lisa WR<br><b>10:00</b> Walmart*<br><b>10:30</b> Flower Arranging BI<br><b>1:00</b> Rummikub AR<br><b>1:00</b> Pinochle SL<br><b>1:30</b> Jeffco School Board<br>Election&Candidates<br>Info.CR<br><b>3:00</b> Happy Hour<br>w/Medodics DR<br><b>6:30</b> Poker SL<br><b>7:00</b> Movie TH                                                  | <b>7</b><br><b>9:30</b> Leaf Tour to Eco Lake*<br><b>10:00</b> Lakeview Singers DR<br><b>1:00</b> Pinochle SL<br><b>2:00</b> Bingo CR<br><b>2:30</b> Rummikub SL<br><b>7:00</b> Movie TH                                                                                |
| <b>8</b><br><b>8:15</b> Church Service<br>Transportation*<br><b>11:00</b> Champagne Brunch DR<br><b>1:00</b> Pinochle SL<br><b>1:00</b> Rummikub AR<br><b>2:00</b> Singing and Bible<br>Study from the Church<br>of Christ CR<br><b>3:00</b> Documentary Movie TH<br><b>7:00</b> Movie TH  | <b>9 Columbus Day</b><br><b>9:30</b> SpectraFit w/Lisa WR<br><b>10:00</b> King Soopers/Jewell *<br><b>10:30</b> Ladder Ball Games WR<br><b>10:30</b> Needle Work Grp. GP<br><b>11:30</b> Denver Christian Kids<br>Lunch w/Grand Friends<br><b>1:00</b> Bridge AR<br><b>1:00</b> Pinochle SL<br><b>1:30</b> King Soopers Bear<br>Valley*<br><b>1:30</b> Crossword Puzzle BI<br><b>3:00</b> Dean Martin Movie<br>Week TH<br><b>7:00</b> Movie TH | <b>10</b><br><b>8:30</b> Medical Day 8:30-3:30<br><b>9:15</b> Coffee/Classics w/Kelly<br><b>9:30</b> SpectraFit w/Renee<br><b>12:00</b> R.O.M.E.O* Speaker<br>Gary Crow<br><b>1:00</b> Pinochle SL<br><b>1:00</b> Kinect Bowling BI<br><b>3:00</b> Dean Martin Movie<br>Week TH<br><b>3:00</b> Bingo CR<br><b>6:30</b> Bible Study w/CCU<br>students CR<br><b>7:00</b> Movie TH | <b>11</b><br><b>9:30</b> Flu Shots - 9:30-5:00<br>CR<br><b>9:30</b> SpectraFit Yoga w/Sue<br><b>10:00</b> Hobby Lobby*<br><b>1:00</b> Bridge AR<br><b>1:00</b> Pinochle SL<br><b>2:00</b> Humungous Words CR<br><b>3:00</b> Dean Martin Movie Wk<br>TH<br><b>7:00</b> Movie TH                             | <b>12</b><br><b>8:30</b> Medical Day 8:30-3:30<br><b>9:30</b> Bus to Kaiser for FLU<br>Shots*<br><b>9:30</b> SpectraSteppers<br><b>10:30</b> Wheel of Fortune BI<br><b>1:00</b> Pinochle SL<br><b>2:00</b> Communion/Rosary CR<br><b>2:00</b> Marvelous Minds BI<br><b>3:00</b> Dean Martin Movie<br>Wk. TH<br><b>7:00</b> Movie TH | <b>13</b><br><b>9:30</b> SpectraFit w/Lisa WR<br><b>10:00</b> Target*<br><b>10:30</b> Flower Arranging BI<br><b>1:00</b> Rummikub AR<br><b>1:00</b> Pinochle SL<br><b>1:30</b> Chris Wells Speaker<br>TH<br><b>1:30</b> Book Mobile today.<br><b>3:00</b> Happy Hour Jim Kurty<br>DR<br><b>3:30</b> Octoberfest Happy<br>Hour DR<br><b>6:30</b> Poker SL<br><b>7:00</b> Movie TH | <b>14</b><br><b>9:30</b> Liberty Puzzle in<br>Boulder-See how they<br>make wooden puzzles*<br><b>10:00</b> Lakeview Singers DR<br><b>1:00</b> Pinochle SL<br><b>2:00</b> Bingo CR<br><b>2:00</b> Sat. Bridge Club AR<br><b>2:30</b> Rummikub SL<br><b>7:00</b> Movie TH |
| <b>15</b><br><b>8:15</b> Church Service<br>Transportation*<br><b>11:00</b> Champagne Brunch DR<br><b>1:00</b> Pinochle SL<br><b>1:00</b> Rummikub AR<br><b>2:00</b> Singing and Bible<br>Study from the Church<br>of Christ CR<br><b>3:00</b> Documentary Movie TH<br><b>7:00</b> Movie TH | <b>16</b><br><b>9:30</b> SpectraFit w/Lisa WR<br><b>10:00</b> King Soopers/Jewell *<br><b>10:30</b> Ladder Ball Games WR<br><b>10:30</b> Needle Work Grp. GP<br><b>1:00</b> Bridge AR<br><b>1:00</b> Pinochle SL<br><b>1:30</b> King Soopers Bear<br>Valley*<br><b>2:00</b> Kathleen Arnold TH<br><b>7:00</b> Movie TH                                                                                                                         | <b>17</b><br><b>8:30</b> Medical Day 8:30-3:30<br><b>9:15</b> Coffee/Classics w/Kelly<br><b>9:30</b> SpectraFit w/Renee<br><b>10:00</b> Blood Press Cks. HHO<br><b>10:30</b> Art w/Jen<br><b>12:00</b> J.U.L.I.E.T Luncheon<br>w/Gary Crow SL<br><b>1:00</b> Pinochle SL<br><b>1:00</b> Kinect Bowling BI<br><b>3:00</b> Bingo CR<br><b>7:00</b> Movie TH                       | <b>18</b><br><b>9:30</b> SpectraFit Yoga w/Sue<br><b>10:15</b> Fiction Book Chat LI<br><b>10:30</b> Lt. Rail Ride to<br>Buckhorn Exchange for<br>Lunch*<br><b>1:00</b> Bridge AR<br><b>1:00</b> Pinochle SL<br><b>2:00</b> Humungous Words CR<br><b>7:00</b> Movie TH                                      | <b>19</b><br><b>8:30</b> Medical Day 8:30-3:30<br><b>9:30</b> SpectraSteppers<br><b>10:30</b> Wheel of Fortune BI<br><b>1:00</b> Pinochle SL<br><b>2:00</b> Communion/Rosary CR<br><b>2:00</b> Marvelous Minds BI<br><b>3:30</b> Lakeview Silver Bells<br>Practice CR<br><b>7:00</b> Movie TH                                       | <b>20</b><br><b>9:30</b> SpectraFit w/Lisa WR<br><b>10:00</b> Vitamin Cottage*<br><b>10:30</b> Flower Arranging BI<br><b>1:00</b> Rummikub AR<br><b>1:00</b> Discussion Grp. LI<br><b>1:00</b> Pinochle SL<br><b>3:00</b> Happy Hour w/Pam<br>Hawkings DR<br><b>6:30</b> Poker SL<br><b>7:00</b> Movie TH                                                                        | <b>21</b><br><b>10:00</b> Lakeview Singers DR<br><b>11:00</b> Everitt Pumpkin Farm<br>& Gardens & Lunch*<br><b>1:00</b> Pinochle SL<br><b>2:00</b> Bingo CR<br><b>2:30</b> Rummikub SL<br><b>7:00</b> Movie TH                                                          |

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Did you know?

The first movie soundtrack album commercially available was the one from Disney's Snow White and the Seven Dwarfs.

| Sunday                                                                                                                                                                                                                                                                                                                                                      | Monday                                                                                                                                                                                                                                                                                                                                                                                                           | Tuesday                                                                                                                                                                                                                                                                                                                          | Wednesday                                                                                                                                                                                                                                                      | Thursday                                                                                                                                                                                                                                                                                                                                                     | Friday                                                                                                                                                                                                                                                                                    | Saturday                                                                                                                                                                                                                                                         |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>22</b><br><b>8:15</b> Church Service<br>Transportation*<br><b>11:00</b> Champagne Brunch DR<br><b>1:00</b> Pinochle SL<br><b>1:00</b> Rummikub AR<br><b>2:00</b> Singing and Bible<br>Study from the Church<br>of Christ CR<br><b>3:00</b> Stage and & Screen<br>Community Talent<br>Show DR<br><b>3:00</b> Documentary Movie TH<br><b>7:00</b> Movie TH | <b>23</b><br><b>9:30</b> SpectraFit w/Lisa WR<br><b>10:00</b> King Soopers/Jewell *<br><b>10:30</b> Bean Bag WR<br><b>10:30</b> Needle Work Grp. GP<br><b>12:30</b> Watch Battery Lady<br><b>1:00</b> Bridge AR<br><b>1:00</b> Pinochle SL<br><b>1:30</b> King Soopers Bear<br>Valley*<br><b>1:30</b> Crossword Puzzle BI<br><b>3:00</b> Low Vision Support<br>Grp. LI<br><b>7:00</b> Movie TH                   | <b>24</b><br><b>8:30</b> Medical Day 8:30-3:30<br><b>9:15</b> Coffee/Classics w/Kelly<br><b>9:30</b> SpectraFit w/Renee<br><b>10:00</b> Hearing DR. LI<br><b>1:00</b> Pinochle SL<br><b>2:00</b> Res. Comm. Meeting<br>DR<br><b>3:00</b> Bingo CR<br><b>6:30</b> CCU Bib Study CR<br><b>7:00</b> Movie TH                        | <b>25</b><br><b>8:30</b> Hospitality Committee<br><b>9:30</b> Black Hawk*<br><b>9:30</b> SpectraFit Yoga w/Sue<br><b>1:00</b> Bridge AR<br><b>1:00</b> Pinochle SL<br><b>2:00</b> Humungous Words CR<br><b>3:00</b> Cooking w/Renee CR<br><b>7:00</b> Movie TH | <b>26</b><br><b>8:30</b> Medical Day 8:30-3:30<br><b>9:30</b> SpectraSteppers<br><b>10:30</b> Wheel of Fortune BI<br><b>1:00</b> Pinochle SL<br><b>2:00</b> Communion/Rosary CR<br><b>2:00</b> Marvelous Minds BI<br><b>6:30</b> Astronomy Talk w/Jerry<br>Galloway SL<br><b>7:00</b> Movie TH<br><b>8:00</b> Goodwill Items outside<br>your Door for pickup | <b>27</b><br><b>9:30</b> SpectraFit w/Lisa WR<br><b>10:00</b> Walmart*<br><b>10:30</b> Flower Arranging BI<br><b>1:00</b> Rummikub AR<br><b>1:00</b> Pinochle SL<br><b>1:30</b> Book Mobile<br><b>3:00</b> Happy Hour w/Jim &<br>Robin DR<br><b>6:30</b> Poker SL<br><b>7:00</b> Movie TH | <b>28</b><br><b>10:00</b> Lakeview Singers DR<br><b>1:00</b> Silent Film: Phantom<br>of the Opera w/ Organ<br>Society *<br><b>1:00</b> Pinochle SL<br><b>2:00</b> Bingo CR<br><b>2:00</b> Sat. Bridge Club AR<br><b>2:30</b> Rummikub SL<br><b>7:00</b> Movie TH |
| <b>29</b><br><b>8:15</b> Church Service<br>Transportation*<br><b>11:00</b> Champagne Brunch DR<br><b>1:00</b> Pinochle SL<br><b>1:00</b> Rummikub AR<br><b>3:00</b> Documentary Movie TH<br><b>7:00</b> Movie TH                                                                                                                                            | <b>30</b><br><b>9:30</b> SpectraFit w/Lisa WR<br><b>10:00</b> King Soopers/Jewell *<br><b>10:30</b> Carrie w/American<br>Heart Assoc. FP<br><b>10:30</b> Needle Work Grp. GP<br><b>12:00</b> October B-day<br>Luncheon DR<br><b>1:00</b> Bridge AR<br><b>1:00</b> Pinochle SL<br><b>1:30</b> King Soopers Bear<br>Valley*<br><b>1:30</b> Crossword Puzzle BI<br><b>3:00</b> BINGO!!!! CR<br><b>7:00</b> Movie TH | <b>31</b> <b>Halloween</b><br><b>8:30</b> Medical Day 8:30-3:30<br><b>9:15</b> Coffee/Classics w/Kelly<br><b>9:30</b> SpectraFit w/Renee<br><b>10:00</b> Pat Davis House Call<br>Hearing LI<br><b>1:00</b> Pinochle SL<br><b>3:00</b> Halloween Carnival<br>FUN, Games, Costumes<br>& Happy Hour 1st FL.<br><b>7:00</b> Movie TH | Activities and times are<br>subject to change please<br>look at the daily and monitor<br>for updated information.                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                              | Wednesday's are for<br>Activity Outings<br>Non-medical or prescription<br>pick-ups                                                                                                                                                                                                        | WR: Wellness Room<br>LI: Library<br>DR: Dining Room<br>BI: Bistro<br>FL: Front Lobby<br>AR: Art Room<br>GP: Grand Parlor<br>CR: Community Room<br>TH: Theatre<br>SL: Sky Lounge<br>* Indicates Sign up Needed                                                    |