# OCTOBER 2017

#### **Palmilla Senior Living: Assisted Living**

RANCIS GEORGE BRENT	Color your life with Stage &	Screen Music
WE YOU'		

Did you know?
The first movie soundtrack album commercially available was
the one from Disney's Snow White and the Seven Dwarfs.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2	3	4	5	6	7
:30 Church Shuttle - NL*	9:30 SpectraFit Exercise -	9:30 SpectraFit Exercise -	9:30 SpectraFit Exercise -	9:30 SpectraFit Exercise -	9:30 SpectraFit Exercise -	9:30 SpectraFit Exercise
:30 SpectraFit Exercise -	CR	CR	CR	CR	CR	CR
CR	10:00 Bocce Ball Outing -	<b>10:30</b> Celebrate The Color -	<b>10:30</b> Spectrum Picasso's -	10:30 Bell Choir - CR	10:30 Walmart/Walgreens -	<b>10:30</b> 50 Cent Family Bing
:00 Christian Worship	NL*	CR	CR	<b>11:30</b> Lunch - SDR	NL*	CR
Service - CR	10:30 Book Club - LIB	11:30 Lunch - SDR	<b>11:00</b> Casino Outing (Sandia)	1:00 Fright Night Thrillers -	10:30 Non-Denominational	11:30 Lunch - SDR
:30 Lunch - SDR	<b>10:30</b> Smith's Grocery Store -	1:30 The Haunted House	- NL*	TH	Bible Study - TH	2:30 What's Cooking
:00 Billiards - SL	NL*	Trivia Game - SB	11:30 Lunch - SDR	2:00 50 Cent Bingo - CR	11:30 Lunch - SDR	Palmilla!? - CR
:30 Scenic Ride - SL*	11:30 Lunch - SDR	2:00 Chair Yoga w/	1:30 Palmilla Putt Putt - SB	3:00 Matinee Movie - TH	12:00 Matinee Movie - TH	3:00 Matinee Movie - Th
:00 Catholic Eucharist	1:00 Palmilla Doodlers - NB	Elizabeth Ybarra - WC	3:00 Bingo in - MC	<b>3:15</b> Food Forum Meeting -	2:00 Birthday Bash Happy	3:30 Diary of An Incredi
Service - TH	2:30 See You At The Movies	<b>3:00</b> 50 Cent Bingo - CR	3:00 **Hugs Meeting** - CR	CR	Hour w/ Tom Maley -	Person - CR
:00 Matinee Movie - TH :30 Dinner - SDR	Committee! - CR <b>3:00</b> Matinee Movie - TH	4:30 Dinner - SDR 7:00 Evening Movie - TH	<b>3:00</b> Matinee Movie - TH <b>3:30</b> Lets Craft - SB	<b>3:30</b> Diary Of An Incredible Person! - SB	SDR 3:00 Social Hour - SDR	4:30 Dinner - SDR
:00 Evening Movie - TH	3:30 Matthee Movie - Th	7:00 Evening Movie - 18	4:30 Dinner - SDR	<b>4:30</b> Dinner - SDR	4:30 Dinner - SDR	7:00 Evening Movie - TH
LVerning Movie - 111	Domino's - CR		7:00 Evening Movie - TH	<b>7:00</b> Evening Movie - TH	7:00 Evening Movie - TH	
		10	7.00 Evening Movie - III	7.00 Evening Movie - III	7.00 Evening Movie - III	14
	9 Columbus Day	10	11	12	13	14
:30 Church Shuttle - NL*	9:30 SpectraFit Exercise -	9:30 SpectraFit Exercise -	<b>9:30</b> SpectraFit Exercise -	9:30 SpectraFit Exercise -	9:30 SpectraFit Exercise -	9:30 SpectraFit Exercise
:30 SpectraFit Exercise -	CR	CR	CR	CR	CR	CR
CR	10:00 Bocce Ball Outing -	<b>10:30</b> Celebrate The Color -	10:30 Monthly Resident	10:00 Painting with Suki - CR	10:00 New Resident	10:30 50 Cent Family Bind
:00 Christian Worship	NL*	CR	Meeting - CR	10:30 Bell Choir - CR	Orientation - CR	CR
Service - CR	<b>10:30</b> Smith's Grocery Store -	11:30 Lunch - SDR	<b>10:30</b> Spectrum Picasso's -	11:30 Lunch - SDR	10:30 Target Shopping - NL*	11:30 Lunch - SDR
:30 Lunch - SDR	NL*	1:30 The Haunted House	CR	1:00 Laughter Yoga - CR	10:30 Non-Denominational	11:45 Out For Lunch Bund
:00 Billiards - SL :30 Scenic Ride - SL*	11:30 Lunch - SDR 1:00 Palmilla Doodlers - NB	Trivia Game - SB	11:30 Lunch - SDR 1:00 Body Mechanics with	1:00 Fright Night Thrillers -	Bible Study - TH  11:30 Lunch - SDR	NL*
:00 Catholic Eucharist	3:00 Matinee Movie - TH	2:00 Chair Yoga w/ Elizabeth Ybarra - WC	Anthony - WC	2:00 50 Cent Bingo - CR	<b>12:00</b> Matinee Movie - TH	2:30 What's Cooking Palmilla!? - CR
Service - TH	3:30 Mexican Train	<b>3:00</b> 50 Cent Bingo - CR	1:30 Palmilla Putt Putt - SB	3:00 Speaker Series - CR	2:00 Happy Hour w/	3:00 Matinee Movie - TH
: <b>00</b> Matinee Movie - TH	Domino's - CR	4:30 Dinner - SDR	3:00 Explore ABQ/ Walking	<b>3:30</b> Diary Of An Incredible	SugarTime Gals - SDR	3:30 Diary of An Incredi
:30 Dinner - SDR	<b>4:30</b> Dinner - SDR	7:00 Evening Movie - TH	Tour - NL*	Person! - SB	3:00 Social Hour - SDR	Person - CR
:00 Evening Movie - TH	7:00 Evening Movie - TH	7.00 Evening Movie - 111	<b>3:00</b> Bingo in - MC	<b>4:00</b> Balloon Fiesta Outing -	<b>4:00</b> The Addams	<b>4:30</b> Dinner - SDR
LVCIIIII MOVIC III	7.00 Evening Movie 111		3:00 Matinee Movie - TH	NL*	Family(ABQ Little	7:00 Evening Movie - TH
	16	17	18	19	20	21
:30 Church Shuttle - NL*	9:30 SpectraFit Exercise -	9:30 SpectraFit Exercise -	9:30 SpectraFit Exercise -	9:30 SpectraFit Exercise -	9:30 SpectraFit Exercise -	9:30 SpectraFit Exercise
:30 SpectraFit Exercise -	CR	CB	CR	CR	CR	CR
CR	10:00 Bocce Ball Outing -	<b>10:30</b> Celebrate The Color -	<b>10:30</b> Spectrum Picasso's -	10:30 Bell Choir - CR	10:30 Dollar Store Shopping	10:30 50 Cent Family Bind
: <b>00</b> Christian Worship	NL*	CR	CR	11:30 Lunch - SDR	- NL*	CR
Service - CR	<b>10:30</b> Smith's Grocery Store -	11:30 Lunch - SDR	<b>11:30</b> R.O.M.E.O Luncheon -	1:00 Fright Night Thrillers -	10:30 Non-Denominational	<b>11:30</b> Lunch - SDR
:30 Lunch - SDR	NL*	1:30 The Haunted House	CR	TH	Bible Study - TH	2:30 What's Cooking
:00 Billiards - SL	<b>11:30</b> Lunch - SDR	Trivia Game - SB	<b>11:30</b> Lunch - SDR	<b>2:00</b> 50 Cent Bingo - CR	11:30 Lunch - SDR	Palmilla!? - CR
:30 Scenic Ride - SL*	1:00 Palmilla Doodlers - NB	2:00 Chair Yoga w/	2:00 Museum Outing - NL*	3:00 Town Hall Meeting -	12:00 Matinee Movie - TH	3:00 Matinee Movie - Th
:00 Catholic Eucharist	3:00 Matinee Movie - TH	Elizabeth Ybarra - WC	3:00 Bingo in - MC	NDR	2:00 Happy Hour w/ Spanky	3:30 Diary of An Incredi
Service - TH	<b>3:30</b> Mexican Train	<b>3:00</b> 50 Cent Bingo - CR	<b>3:00</b> Matinee Movie - TH	<b>3:30</b> Diary Of An Incredible	- SDR	Person - CR
:00 Matinee Movie - TH	Domino's - CR	<b>4:30</b> Dinner - SDR	3:30 Lets Craft - SB	Person! - SB	2:00 Happy Hour featuring	<b>4:30</b> Dinner - SDR
:30 Dinner - SDR	<b>4:30</b> Dinner - SDR	7:00 Evening Movie - TH	<b>4:30</b> Dinner - SDR	<b>4:30</b> Dinner - SDR	The Sugartime Gals	7:00 Evening Movie - Th
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Did you know?
The first movie soundtrack album commercially available was the one from Disney's Snow White and the Seven Dwarfs.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22	23	24	25	26	27	28
8:30 Church Shuttle - NL*	9:30 SpectraFit Exercise -	9:30 SpectraFit Exercise -	9:30 SpectraFit Exercise -	9:30 SpectraFit Exercise -	9:30 SpectraFit Exercise -	9:30 SpectraFit Exercise -
9:30 SpectraFit Exercise -	CR	CR	CR	CR	CR	CR
CR	10:00 Bocce Ball Outing -	10:30 Celebrate The Color -	<b>10:30</b> Activities Meeting - CR	10:30 Bell Choir - CR	10:30 Cottonwood Mall	10:30 50 Cent Family Bingo -
11:00 Christian Worship	NL*	CR	<b>10:30</b> Spectrum Picasso's -	<b>11:30</b> Lunch - SDR	Outing - NL*	CR
Service - CR	<b>10:30</b> Smith's Grocery Store -	<b>11:30</b> Spooky J.U.L.I.E.T.S	CR	1:00 Masquerade Social -	10:30 Non-Denominational	<b>11:30</b> Lunch - SDR
<b>11:30</b> Lunch - SDR	NL*	LUNCHEON! - CR	<b>11:30</b> Lunch - SDR	CR	Bible Study - TH	2:30 What's Cooking
1:00 Billiards - SL	<b>11:30</b> Lunch - SDR	<b>11:30</b> Lunch - SDR	1:00 Body Mechanics with	<b>3:00</b> 50 Cent Bingo - CR	<b>11:30</b> Lunch - SDR	Palmilla!? - CR
1:30 Scenic Ride - SL*	1:00 Needle Crafters - P	1:30 The Haunted House	Anthony - WC	3:00 Matinee Movie - TH	<b>12:00</b> Matinee Movie - TH	<b>3:00</b> Matinee Movie - TH
2:00 Catholic Eucharist	1:00 Palmilla Doodlers - NB	Trivia Game - SB	1:30 Palmilla Putt Putt - SB	<b>3:30</b> Diary Of An Incredible	2:00 Happy Hour w/ Karaoke	<b>3:30</b> Diary of An Incredible
Service - TH	<b>3:00</b> Matinee Movie - TH	2:00 Chair Yoga w/	2:00 Out To The Library -	Person! - SB	- SDR	Person - CR
<b>3:00</b> Matinee Movie - TH	<b>3:30</b> Mexican Train	Elizabeth Ybarra - WC	NL*	4:30 Dinner - SDR	<b>3:00</b> Social Hour - SDR	4:30 Dinner - SDR
<b>4:30</b> Dinner - SDR	Domino's - CR	<b>3:00</b> 50 Cent Bingo - CR	<b>3:00</b> Bingo in - MC	7:00 Evening Movie - TH	<b>4:30</b> Dinner - SDR	7:00 Evening Movie - TH
7:00 Evening Movie - TH	<b>4:30</b> Dinner - SDR	<b>4:30</b> Dinner - SDR	3:00 Matinee Movie - TH		7:00 Evening Movie - TH	
	7:00 Evening Movie - TH	7:00 Evening Movie - TH	3:30 Lets Craft - SB			
29	30	31 Halloween	Room Key:			
8:30 Church Shuttle - NL*	9:30 SpectraFit Exercise -	9:30 SpectraFit Exercise -	CR: Community Room			
9:30 SpectraFit Exercise -	CR	CR	NB: North Bistro			
CR	10:00 Bocce Ball Outing -	10:30 Celebrate The Color -	NDR: North Dining room			
11:00 Christian Worship	NL*	CR	SDR: South Dining room			
Service - CR	<b>10:30</b> Smith's Grocery Store -	<b>11:30</b> Lunch - SDR	P: Parlor			
<b>11:30</b> Lunch - SDR	NL*	1:30 The Haunted House	LIB: Library			
1:00 Billiards - SL	<b>11:30</b> Lunch - SDR	Trivia Game - SB	BP: Back Patio			
1:30 Scenic Ride - SL*	1:00 Palmilla Doodlers - NB	2:00 Chair Yoga w/	NL: North Lobby			
2:00 Catholic Eucharist	<b>3:00</b> Matinee Movie - TH	Elizabeth Ybarra - WC	ALL: South Lobby			
Service - TH	3:30 Mexican Train	<b>3:00</b> 50 Cent Bingo - CR	RC: Resident's Club			
<b>3:00</b> Matinee Movie - TH	Domino's - CR	4:30 Dinner - SDR	MC: Memory Care			
<b>4:30</b> Dinner - SDR	<b>4:30</b> Dinner - SDR	5:00 The Halloween Dinner!	SL: Sky Lounge			
7:00 Evening Movie - TH	7:00 Evening Movie - TH	w/ Larry Freedman -	TH: Theater			
		NDR	SB: South Bistro			