

# VILLAGE GAZETTE

SEPTEMBER



## September - "FUN in the Sun!"

*September is the end of summer and the beginning of cooler weather in the near future. September is "technically" the last month of the summer season. But, here at Carmel Village we are going to continue with our "fun in the sun" theme. We are kicking off our month with a **Labor Day barbeque** in the courtyard. We'll have hot dogs, fried chicken, potato salad, watermelon and some apple pie for dessert. Our outings this month will include the European Classic car collection at the **Lyons Air Museum** and an evening at the **Aquarium of the Pacific** in Long Beach. We will watch the nighttime activities of the sea life, touch a shark and enjoy the beautiful evening lighting of the Aquarium's architecture. This summer we have focused on keeping cool with our weekly ice cream socials and September is not going to be different. This month we are going for an evening after dinner drive to*

***Baskin Robbins** and an afternoon treat to **Farrell's Ice Cream Parlor**.*

*But wait, September also brings our annual **Luau**. What better way to say good bye to summer than to have a Luau! This year we will have Hula lessons and grass skirts will be provided for everyone. We will have our Hawaiian themed lunch. The menu will include crab and shrimp salad, exotic fruit salad kalua roasted pig, teriyaki chicken, aloha sweet potatoes and Hawaiian coconut dessert. After a fantastic lunch, we will have **2 for the Show** to entertain you in the Fireside Lounge.*

*We will have Kona Ice serve snow cones to help us cool off in the afternoon.*

*We will close our festivities, after our regular dinner, with Polynesian Fire Dancers, this year young children will perform. This show is going to be a treat that you do not want to miss.*

*We will wrap up our great summer with a farewell to our "sweet summer Saturdays" with a special ice cream treat. So get ready to have some end of summer fun!*

*[Review the calendar and newsletter for details on dates and times.](#)*

## SEPTEMBER SPECIAL EVENTS

**Monday, September 4<sup>th</sup> at 11:00 AM**

**Labor Day Courtyard Barbeque**

September is the last summer month and Labor Day is the last summer holiday. Let's say good bye to a great summer with a special Labor Day barbeque in the courtyard. We will serve hot dogs, fried chicken, potato salad, watermelon and apple pie for dessert. Make sure you add your name to the Transportation Log at the front desk to "save a seat" in the courtyard.

**Saturday, September 9<sup>th</sup> at 2:00 PM**

**PAWS Pet Therapy**

We will welcome our favorite four legged friends in the Fireside Lounge. Let's come and welcome them as they put smiles on our faces. Thanks to the Orange County SPCA for the continuing to make time for us.

**Saturday, September 16<sup>th</sup> at 10:00 AM**

**Hula Lessons**

We will kick off our annual Luau with Hula Lessons in the Fireside Lounge, grass skirts will be provided for everyone. Please join us as we start a fun filled day of dancing, eating and enjoying family, friends and summer fun.

**Saturday, September 16<sup>th</sup> from 11:30 AM to 12:30 PM**

**Hawaiian Luau Lunch**

Our very own Chef Patrick has done it again! The menu will include crab and shrimp salad, exotic fruit salad kalua roasted pig, teriyaki chicken, aloha sweet potatoes and Hawaiian coconut dessert. Make sure the front desk knows about any guests that will be joining you for lunch.

**Saturday, September 16<sup>th</sup> from 1:30 PM to 4:00 PM**

**Kona Ice**

We will have our very own snow cone Kona Ice truck that will serve flavored snow cones after lunch.

**Saturday, September 16<sup>th</sup> at 3:00 PM**

**2 for the Show**

As we continue to enjoy the Luau celebration, we will have live entertainment by 2 for the Show. This couple will have you singing and tapping your feet. Please join us and make sure you relax and enjoy the music.

**Saturday, September 16<sup>th</sup> at 3:00 PM**

**Polynesian Fire Dancers**

We will close our festivities, after our regular dinner, with Polynesian Fire Dancers, this year young children will perform. This show is going to be a treat that you do not want to miss!

**Thursday, September 21<sup>st</sup> at 3:30 PM**

**New Neighbors Meet and Greet**

Can you remember how you felt when you first moved into Carmel Village? You looked around and thought "how on earth am I going to remember all these names?" Well, here's a perfect opportunity to put faces to those names. Each month we have an afternoon social to welcome our new residents to Carmel Village. The new residents will introduce themselves and talk briefly about where they are from and family. Please take some time to introduce yourselves to them and welcome them to their new extended family at Carmel Village. Refreshments will be served.

**Saturday, September 23<sup>rd</sup> at 3:00 PM**

**Peanut Auction**

We've been a little "low" on donations. If there is anything you no longer want, donate to activities and help make our peanut auction a success. If you have not joined us for our monthly peanut auction, here is your chance. It's time to bid on your favorite items. Join us as we auction off a variety of items during our monthly peanut auction. The wonderful thing is.....you only pay peanuts for your purchase!

**Saturday, September 30<sup>th</sup> at 3:30 PM**

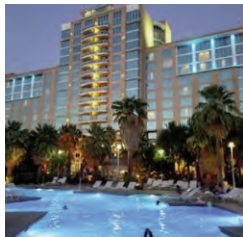
**September Birthday Celebration**

Please join us in the Fireside Lounge as we celebrate our September birthdays. This is a great time to see who shares a birthday in the same month as you. And for those that do not have a birthday in September, this is a good time to enjoy the treats and socialize with your neighbors.

***Please check the full calendar inside this month's newsletter for even more events and programs.***

## September Special Events





## A GUIDE TO THIS MONTH'S OUTINGS

**Friday, September 1<sup>st</sup> at 11:00 AM**

**European Classic Automobiles**

We will visit the Lyons Air Museum, they are having a special display of European Classic Automobiles. The Classic Automobiles will feature the first Bugatti, 1908 Bugatti Type 10, among other European classic vehicles. European manufacturers include; Mercedes-Benz, Rolls Royce, Jaguar, and Porche.

**Cost: \$12.00**

**Saturday, September 2<sup>nd</sup> at 2:30 PM**

**Aquarium of the Pacific & Dinner**

The Aquarium of the Pacific is a public aquarium on a 5-acre site on Rainbow Harbor in Long Beach. It is across the water from the Long Beach Convention Center, Shoreline Village, and the Queen Mary. We will watch the nighttime activities of the sea life, touch a shark and enjoy the beautiful evening lighting of the Aquarium's architecture.

**Cost: Tickets are \$14.95 & Money for a Dinner**

**Friday, September 8<sup>th</sup> at 12:30 PM**

**Farrell's Ice Cream Parlor**

We are going to Farrell's for a light lunch and an extra special ice cream treat at Farrell's Ice Cream Parlor by Knott's Berry Farm. Please join us and sign the Transportation Log at the front desk.

**Cost: \$\$**

**Monday, September 11<sup>th</sup> at 11:00 AM**

**In-N-Out Burgers**

This Hamburger place seems to be our resident's favorite. Please join us for our summer Hamburger Monday and enjoy a great shake to go along with a great burger.

**Cost: \$**

**Friday, September 15<sup>th</sup> at 8:00 AM**

**Mimi's for Breakfast**

This month we are going to Mimi's Cafe for breakfast. I'm told that you'll experience the best breakfast in Fountain Valley. You be the judge and sign up at the front desk and join us for breakfast.

**Cost: Money for Breakfast**

**Friday, September 22<sup>nd</sup> at 12:30 PM**

**Women's Lunch Outing - Magnolia Café**

Ladies', please join us for some good food and great conversation with your female neighbors from Carmel Village. Please make sure you sign up at the front desk.

**Cost: \$**

**Monday, September 25<sup>th</sup> at 9:00 AM**

**Trip to Agua Caliente Casino**

Calling all gamblers. Here's a perfect opportunity to put your skills to the test and join our Carmel Village casino bus trip. The bus will leave in the morning and back by dinner. You will enjoy the fun of playing the slot machine or sitting at a table and playing poker. Then take a break and enjoy a hot lunch before heading back to Carmel Village.

**Cost: \$\$ money for gambling and lunch**

**Friday, September 29<sup>th</sup> at 12:30 PM**

**Men's Lunch Outing – G Burger**

Calling all men. Please join us for a nice afternoon out with the "guys". This month we are heading out to have the "best" burger in town! The fries are just as good.. Enjoy the time out with just the guys.

**Cost: \$**



# Meeting Schedule

Meetings are open to all residents and are a great way to stay informed about Carmel Village and our September activities and events.

## ACTIVITIES MEETING

Hosted by Activities  
Tuesday, September 5<sup>th</sup> at 3:30 PM  
Theater Room

## FOOD 4 THOUGHT MEETING

Hosted by: Chef Patrick, Food Service Director  
Tuesday, September 12<sup>th</sup> at 10:00 AM  
Fireside Lounge

## RESIDENT COUNCIL MEETING

Hosted by: Barbara Scruggs, President  
Wednesday, September 20<sup>th</sup> at 1:30 PM  
Theater Room

## VILLAGE MEETING

Hosted by: Cash Benton, Executive Director  
Wednesday, September 27<sup>th</sup> at 3:00 PM  
Fireside Lounge

# Resident Birthdays

Joe	September 1 <sup>st</sup>
Gary	September 2 <sup>nd</sup>
Dorothy	September 3 <sup>rd</sup>
Eleanor	September 4 <sup>th</sup>
Hope	September 6 <sup>th</sup>
Ken	September 8 <sup>th</sup>
Esther	September 8 <sup>th</sup>
Dorothy	September 8 <sup>th</sup>
Patricia	September 8 <sup>th</sup>
Margaret	September 13 <sup>th</sup>
Margaret	September 17 <sup>th</sup>
Velia	September 20 <sup>th</sup>
Evelyn	September 23 <sup>rd</sup>
Ruth	September 24 <sup>th</sup>
Hope	September 26 <sup>th</sup>
Patsy	September 29 <sup>th</sup>

# New Neighbors Meet and Greet

Come out and meet our new neighbors at our next New Resident Meet and Greet Social on Thursday, September 21<sup>st</sup> at 3:30 P.M. in the Fireside Lounge



Welcome!

# Look for these NEW activities on the SEPTEMBER calendar!

## NEW ACTIVITIES:

Loteria – Spanish Bingo  
Afternoon Under the Trees  
Brain Challenge Trivia  
Evening Crafts  
Evening Bingo  
Educational Series –  
Travel and the Ocean  
Finishing Words – Test Your Brain

## SPECIAL EVENTS:

Labor Day Barbeque  
Luau Lunch  
Hula Lessons  
2 for the Show  
Entertainment  
Polynesian Fire  
Dancers

## OUTINGS IN SEPTEMBER:

Original Pancake House  
European Classic Automobiles at the Lyons Air Museum  
Aquarium of the Pacific in Long Beach  
Mimi's Café for Breakfast  
Farrell's Ice Cream Parlor



This month's Resident Birthday Celebration is Saturday, September 30<sup>th</sup> at 3:30 PM. in the Fireside Lounge

Celebrate!

# Carmel Village Transportation Guide

Times shown for transportation are starting and ending times. Please be sure to schedule your transportation so that you can arrive 1/2 hour after starting times and you are ready for pick up 1/2 hour before ending times.

**CHURCH RIDES: SUNDAY 8:00 AM to 12:00 PM** Church rides are provided to any church within a **six mile** radius. The sign up sheet is in the Transportation Book at the front desk. Please indicate the time your church services starts and ends.

**MEDICAL APPOINTMENTS:** Carmel Village provides transportation to and from any medical appointments. **TUESDAYS & THURSDAYS 8:00 AM to 12:00 Noon and 1:00 PM to 4:00 PM** for any medical appointments within a **six (6) mile** radius. **WEDNESDAYS ONLY FROM 8:00 AM to 12:00 Noon** within a **twelve (12) mile** radius.

**NEW FORMS ARE LOCATED BY THE FRONT DESK.** Please complete the forms and drop it in the brown medical appointment box. The driver will contact you prior to your appointment to let you know what time to meet her in the front lobby. ***Please schedule your transportation 48 hours prior to your appointment.*** We ask that you call the front desk at **(714) 962-6667** when you are ready for pick-up from the appointment. Please do not call the driver directly on the drivers cell phone as the driver is unable to take calls when the bus is in transport.

**SHOPPING: WEDNESDAYS AT 1:30 PM to 3:00 PM Shopping at Ralphs, Rite Aid and the Post Office** Whether you want to spend time at any of the shops in the area or get some stamps to send a friend a card, this is the time to take care of those errands. **FRIDAYS AT 10:00 AM to 12:30 PM Shopping at Walmart, Target, Trader Joe's or 99 Cent Store, Barber Shop or Bank Runs** Sign up for your favorite shopping destination. This is a great time to head out to the stores or bank to take care of your shopping needs. The bus will drop you off and come back around to pick you up in about an hour.

*Let's try something NEW for the summer! Save the last Friday of the month to shop at Marshall's, Ross, T.J. Maxx and Big Lots. These stores will be our new shopping destinations.*

## SEPTEMBER HEALTH AND WELLNESS

**Sunday through Saturday at 9:30 AM**

**and Sunday, Monday, Friday and Saturday at 3:00 PM**

**Carmel Village Exercise Programs**

Go4Life is an exercise program that focuses on 4 types of exercise: Endurance, Strength, Balance and Flexibility. Go4Life is endorsed by the National Institute of Aging due to the beneficial effects it has on older adults. Our focus is preventing falls.

**Tuesdays & Thursdays at 1:30 PM**

**Balance & Mobility Class with Christine**

Christine is a certified instructor that focuses on improving balance and range of motion. Balance exercises help prevent falls which is a common problem in older adults. Christina incorporates music and ball exercise into her exercise program.

**Wednesday, September 6<sup>th</sup>, 13<sup>th</sup>, and 20<sup>th</sup> at 10:45 AM**

**Chair Pilates with Jillian**

Jillian Hardwick is a certified Pilates Instructor that focuses on maximizing your strength and wellness. Pilates is similar to yoga but emphasizes on developing strength, muscular endurance, coordination and good posture with a lower chance of injury than with other forms of exercise. Maximize your strength and wellness with this low impact class.

**Friday, September 1<sup>st</sup>, 15<sup>th</sup> and 29<sup>th</sup> at 9:30 AM**

**Zumba Exercise with Michelle**

Exercise to music by joining certified instructor Michelle Cooper's Gold Zumba Class. Although Zumba is known to be a fast paced exercise, Michelle has transformed it into a fun class that will have you moving to the right rhythm.

## Salon Jolie

**HOURS OF OPERATION:**

Monday - 9:00 am to 1:00 pm

Tuesday - Friday - 9:00 am to 4:00 pm

Saturday - 9:00 am to 12:00 noon

**CLOSED ON SUNDAYS**

**(714) 965-0600**

**GIFT  
CERTIFICATES  
AVAILABLE!**



# Carmel Village Retirement Community

17077 San Mateo Street  
Fountain Valley, CA. 92708

**(714) 962-6667**

**[www.carmelvillage.com](http://www.carmelvillage.com)**

RCFE LICENSE #306001861



## Your Management Team

### **Executive Director**

Cash Benton

### **Sales Director**

David Kuzmiak

### **Sales and Marketing**

#### **Move-In Coordinator**

Jonathan Mcfall

### **Food Service Director**

Chef Patrick Montana

### **Focus Care Director**

Chris Redmond

### **Plant Operations Director**

Alfonso Cerda

### **Assisted Living Director**

Nicole Ayala

### **Resident Service Coordinator**

Irene Cobian

### **Activity Director**

Rose Street

## Other Things You Might Want To Know

## About Us

Carmel Village Retirement Community is licensed as a residential care facility for the elderly.

As a licensed community, we are able to provide “*assisted living*,” which means we provide a full range of services including meals, utilities, housekeeping, activities, and transportation. And, for those needing a little extra assistance, our dedicated care staff is close at hand.

We are a privately owned senior residence committed to providing residents and their families a home-like and friendly atmosphere in attractive and well-maintained surroundings.

***If you have any questions about our amenities and services, we hope you will give us a call today.***



SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
September Activities Calendar													
NEW ACTIVITIES FOR SEPTEMBER Loteria - Spanish Bingo Afternoon Under the Trees Brain Challenge Trivia Evening Crafts and Activities Educational Series - Travel and Ocean Finishing Words - Test Your Brain										1	HAPPY HOUR WITH DARVY TRAYLOR	2	SCENIC DRIVE
										9:30 10:15 11:00 11:00 11:00 1:30 1:30 1:30 1:30 1:30 3:00 6:15 6:15	Zumba Gold Exercise with Michelle Memory Games Skip Bo Card Game European Classic Automobiles at the Lyon Air Museum Walking Club Kinect Bowling Bingo Blankets of Hope Bridge in the Fitness Room Happy Hour with Darvy Traylor Movie Bridge	9:30 10:15 10:00 10:30 10:30 10:45 11:30 1:30 1:30 1:30 2:30 2:30 3:00 4:00 6:15 6:15	Morning Exercise Memory Games Scenic Drive Mahjong Kinect Bowling Bingo Rummikub Bingo Bridge in the Fitness Room Summer Sweet Saturday - Orange Floats Aquarium of the Pacific in Long Beach Brain Challenge Trivia Reminiscing Social Movie Bridge
3	AFTERNOON UNDER THE TREES	4	LABOR DAY BARBEQUE IN THE COURTYARD	5	LOTERIA SPANISH BINGO	6	AFTER DINNER TREAT TO BASKIN ROBBINS	7	FINISHING WORDS TEST YOUR BRAIN	8	HAPPY HOUR WITH GEORGE ROSSI	9	SUMMER SWEET SATURDAY MIXED BERRY SHAKES
9:00 9:30 10:00 10:30 11:00 1:30 1:30 1:30 2:30 2:30 3:30 3:30 6:15 6:15	Morning Exercise Catholic Communion Service Reminiscing in the Garden Rummikub Let's Talk Current Events! Kinect Bowling Afternoon Under the Trees Bridge in the Fitness Room Church Service Mahjong Bingo Skip Bo Card Game Finish the Phrase Sunday Night Movie Bridge	9:30 10:15 10:30 11:15 11:00 12:30 2:30 3:00 3:30 4:00 6:15 6:15	Go 4Life Exercise Memory Games Skip Bo Card Game Current Events Labor Day Barbeque in the Courtyard Kinect Bowling Bingo Afternoon Under the Trees Rummikub Walking Club Movie Bridge	9:30 10:30 11:00 1:30 2:30 2:30 3:00 3:30 6:15 6:15 6:30	Morning Exercise - Cardio Strengthening Memory Games Skip Bo Card Game Kinect Bowling Bingo Rummikub Loteria - Spanish Bingo Painting and Sketching with Terry and Suzy Resident Activities Meeting with Rose Movie Bridge Evening Craft	9:30 10:15 10:30 10:45 1:30 1:30 1:30 1:30 1:30 2:30 3:30 6:15 6:15 6:15	Morning Exercise - Cardio Strengthening Memory Games Skip Bo Card Game Chair Pilates with Jillian Shopping - Ralph's and Rite Aid Bible Study Bridge in the Fitness Room Kinect Bowling Bingo Loteria - Spanish Bingo Cocktail Social Wednesday - Mimosa Movie Bridge After Dinner Treat to Baskin Robbins	9:30 10:00 10:15 11:00 1:30 1:30 1:30 2:30 2:30 2:30 3:30 4:00 6:15 6:15 6:15	Go 4Life Exercise CCF Church Bible Study Memory Games Skip Bo Balance & Mobility Class Room Visits w/Rose Kinect Bowling Rosary in the Fitness Room Wine and Cheese Get-Together Finishing Words - Test Your Brain Rummikub Evening Bingo Movie Bridge	9:30 10:00 10:30 11:00 11:00 12:30 12:30 1:30 1:30 1:30 2:00 3:00 6:15 6:15	Morning Exercise - Cardio Strengthening Memory Games History Lady Skip Bo Card Game Walking Club Farrell's Ice Cream Parlor Kinect Bowling Room Visits w/Rose Bingo Blankets of Hope Bridge in the Fitness Room Shabbat Service in the Fireside Lounge Happy Hour with George Rossi Movie Bridge	9:30 10:15 10:30 1:30 1:30 1:30 2:00 3:00 6:15 6:15	Morning Exercise - Cardio Strengthening Memory Games Skip Bo Card Game Kinect Bowling Bridge in the Fitness Room Bingo PAWS Pet Therapy Afternoon Under the Trees & Summer Sweet Saturday - Surprise Treat Movie Bridge
10	REMINISCING IN THE GARDEN	11	HAMBURGER MONDAYS IN-N-OUT	12	QUILLING / CARD MAKING WITH BRIGITTE	13	COCKTAIL SOCIAL WEDNESDAY AMARETTO ICE CREAM SUNDAES	14	FINISHING WORDS TEST YOUR BRAIN	15	HAPPY HOUR WITH RYAN CHRISTOPHER	16	HAWAIIAN LUAU LUNCH & ENTERTAINMENT
9:00 9:30 10:00 10:30 11:00 1:30 1:30 1:30 2:30 2:30 3:30 3:30 6:15 6:15	Morning Exercise Catholic Communion Service Reminiscing in the Garden Rummikub Let's Talk Current Events! Kinect Bowling Afternoon Under the Trees Bridge in the Fitness Room Church Service Mahjong Bingo Skip Bo Card Game Sunday Night Movie Bridge	9:30 10:15 11:15 11:00 1:30 1:30 2:30 3:00 3:30 6:15 6:15	Go 4Life Exercise Memory Games Current Events Hamburger Mondays - In N' Out Kinect Bowling Bingo Skip Bo Card Game Afternoon Under the Trees Rummikub Brain Challenge Trivia Movie Bridge	9:30 10:00 10:15 11:30 11:30 1:30 1:30 2:00 2:30 3:00 4:00 6:15 6:15 6:15	Morning Exercise - Cardio Strengthening Food 4 Thought with the Chef Patrick Memory Games Skip Bo Card Game Rummikub Balance & Mobility Class Bingo Kinect Bowling Poker Quilling / Card Making w/Brigitte Brain Challenge Trivia Movie Bridge Evening Walking Club	9:30 10:15 10:00 10:45 11:00 11:30 1:30 1:30 1:30 1:30 2:30 3:30 6:15 6:15 6:15	Morning Exercise - Cardio Strengthening Memory Games Mahjong Chair Pilates with Jillian Skip Bo Kinect Bowling Shopping - Ralph's and Rite Aid Bible Study Bingo Brain Challenge Trivia Cocktail Social Wednesday - Amaretto Ice Cream Sundaes Movie Bridge Evening Bingo	9:30 10:00 10:15 10:30 11:30 1:30 1:30 1:30 2:30 2:30 3:30 4:00 6:15 6:15 6:15	Go 4Life Exercise CCF Church Bible Study Memory Games Skip Bo New Resident Welcome Luncheon Balance & Mobility Class Room Visits w/Rose Bingo Rosary in the Fitness Room Wine and Cheese Get-Together Finishing Words - Test Your Brain Rummikub After Dinner Treat to Baskin Robbins Movie Bridge	8:00 9:30 10:15 11:00 1:30 1:30 1:30 1:30 3:00 6:15 6:15	Breakfast at Mimi's Restaurant Zumba Gold Exercise with Michelle Memory Games Skip Bo Card Game Kinect Bowling Bingo Blankets of Hope Bridge in the Fitness Room Happy Hour with Ryan Christopher Movie Bridge	10:00 10:30 11:00 11:00 11:30 & 12:30 1:30 1:30 to 4:00 3:00 4:30 6:15 6:30	Hula Lessons - Hula Skirts will be Provided Kinect Bowling Fun Games and Facts about Hawaii Skip Bo Card Game Hawaiian Luau - Lunch Bingo Kona Ice - Snow Cones 2 for the Show Tiki Jeopardy Bridge Polynesian & Fire Dancers in the Courtyard
17	SUNDAY NIGHT MOVIE	18	LUNCH AND A MOVIE	19	PAINTING & SKETCHING WITH TERRY & SUZY	20	RESIDENT COUNCIL MEETING IN THE TR	21	NEW NEIGHBOR MEET AND GREET SOCIAL	22	HAPPY HOUR WITH SINGING GOOD TIMERS	23	PEANUT AUCTION
9:00 9:30 10:00 10:30 10:30 11:00 1:30 1:30 1:30 2:30 3:30 3:30 6:15 6:15	Morning Exercise Catholic Communion Service Skip Bo Reminiscing in the Garden Rummikub Let's Talk Current Events! Kinect Bowling Bridge in the Fitness Room Root Beer Floats in the Courtyard Bingo Afternoon Under the Trees Beginner's Rummikub Sunday Night Movie Bridge	9:30 10:15 10:30 11:15 11:30 11:00 12:30 1:30 3:00 3:30 6:15 6:15	Go 4Life Exercise Memory Games Mahjong Current Events Skip Bo Card Game Lunch and a Movie Kinect Bowling Beginner's Rummikub Afternoon Under the Trees Bingo Movie Bridge	9:30 10:15 11:30 1:30 1:30 3:00 3:00 3:30 4:00 6:15 6:15 6:15	Morning Exercise - Cardio Strengthening Memory Games Skip Bo Card Game Balance & Mobility Class Kinect Bowling Bingo Painting and Sketching with Terry and Suzy Educational Series Room Visits w/Rose Brain Challenge Trivia Bingo Bridge Evening Walking Club	9:30 10:15 10:30 10:30 11:30 1:30 1:30 1:30 2:30 3:30 6:15 6:15 6:15	Go 4Life Exercise Memory Games Rummikub Kinect Bowling Skip Bo Shopping - Ralph's and Rite Aid Resident Council Meeting in the TR Bible Study Bingo Cocktail Social Wednesday - Mimosa Movie Bridge Evening Walking Club	9:30 10:00 10:15 10:30 10:30 11:30 1:30 1:30 2:30 2:30 3:30 6:15 6:15 6:15	Go 4Life Exercise CCF Church Bible Study Memory Games Skip Bo Kinect Bowling Bingo Balance & Mobility Class Rosary in the Fitness Room Wine and Cheese Get-Together Water Colors with Bill New Neighbor Meet and Greet Social Evening Walking Club Movie Bridge	9:30 10:15 11:00 12:30 1:30 1:30 1:30 2:30 3:00 6:15 6:15	Morning Exercise - Cardio Strengthening Memory Games Skip Bo Card Game Women's Lunch Outing - Magnolia Café Kinect Bowling Bingo Blankets of Hope How Many Words in a Word Happy Hour with Singing Good Timers Movie Bridge	9:30 10:15 10:30 10:30 10:30 1:30 1:30 1:30 3:00 4:00 6:15 6:15	Morning Exercise - Cardio Strengthening Memory Games Skip Bo Card Game Mahjong Kinect Bowling Bingo Bridge in the Fitness Room Peanut Auction Finishing Words Movie Bridge
24	SKIP BO	25	CARMEL VILLAGE CASINO TRIP TO AGUA CALIENTE	26	LOTERIA SPANISH BINGO	27	VILLAGE MEETING	28	FINISHING WORDS TEST YOUR BRAIN	29	HAPPY HOUR WITH STU & LAURIE	30	FAREWELL TO OUR SWEET SUMMER FUN!
9:00 9:30 10:00 10:30 11:00 1:30 1:30 1:30 2:30 3:00 3:30 3:30 6:15 6:15	Morning Exercise Catholic Communion Service Skip Bo Rummikub Let's Talk Current Events! Kinect Bowling Bridge in the Fitness Room Church Service Afternoon Under the Trees Bingo Mahjong Skip Bo Card Game Finish the Phrase Sunday Night Movie Bridge	9:00 9:30 10:15 10:30 11:15 11:30 12:30 1:30 2:30 3:30 4:00 6:15 6:15	Carmel Village Casino Trip to Agua Caliente Go 4Life Exercise Memory Games Mahjong Current Events Skip Bo Card Game Kinect Bowling Bingo Skip Bo Card Game Walking Club Rummikub Movie Bridge	9:30 10:15 11:00 11:30 1:30 1:30 2:30 3:00 4:00 6:15 6:15 6:15	Morning Exercise - Cardio Strengthening Memory Games Skip Bo Card Game Beginner's Rummikub Bingo Balance & Mobility Class Kinect Bowling Loteria - Spanish Bingo Beading w/ Brigitte Walking Club Movie Bridge Evening Walking Club	9:30 10:00 10:15 10:30 11:00 11:30 1:30 1:30 1:30 2:30 3:00 6:15 6:15 6:15	Go 4Life Exercise Gospel Singing with Sam Parsons Memory Games Mahjong Kinect Bowling Skip Bo Shopping - Ralph's and Rite Aid Bingo Health and Wellness - Ancient Remedies Bible Study Water Color Painting w/Bill Village Meeting Cocktail Social Wednesday - Amaretto Ice Cream Sundae Movie Bridge Evening Craft	9:30 10:00 10:15 10:30 1:30 1:30 1:30 2:30 3:30 4:00 6:15 6:15 6:15	Morning Exercise - Cardio Strengthening CCF Church Bible Study Memory Games Skip Bo Card Game Bridge in the Fitness Room Kinect Bowling Bingo Balance & Mobility Class Rosary in the Fitness Room Finishing Words - Test Your Brain Rummikub Movie Bridge After Dinner Treat to Baskin Robbins	9:30 10:15 11:00 11:00 12:30 1:30 1:30 1:30 2:30 3:00 6:15 6:15	Zumba Gold Exercise with Michelle Memory Games Skip Bo Card Game Walking Club Men's Lunch Outing - G Burger Kinect Bowling Bingo Blankets of Hope How Many Words in a Word Happy Hour with Stu & Laurie Movie Bridge	9:30 10:15 10:30 10:30 10:30 11:00 1:30 1:30 1:30 2:30 4:00 6:15 6:15	Morning Exercise - Cardio Strengthening Memory Games Skip Bo Card Game Mahjong Kinect Bowling Floral Arranging Bingo Bridge in the Fitness Room Farewell to Our Sweet Summer Fun! Resident September Birthday Celebration Finishing Words - Test Your Brain Movie Bridge