

“True independence and freedom can only exist in doing what’s right.”  
- Bingham Young



**The Friendly Staff of The Medical Team:**

**Registered Nurse:**  
Cynthia Saunders

**Site Supervisor:**  
Tia Willis

**Social Worker:**  
Melissa Kutinsky

**In Home Rehab:**  
Ivy & Gandhi



**Happy September Birthdays:**

9/02- Sandra S.  
9/17- Justin N.  
9/20- Naomi K. & Velma M.  
9/23- Tamar M.

Please join us for our monthly birthday party September 18th at 3:30 p.m. Live entertainment by Gary Pillow. Delicious cake & cocktails will be served!

**American House West Bloomfield Annual Flu Shot Clinic**

There will be a Flu Shot Clinic set up for **September 27th, 2017.**

This will be set up in the Over Flow Room.

This will only be available **from 9:00 a.m.- 12:00 p.m.**

Inside our Patriot will be a consent form for all residents that are interested.

This is to be filled out prior for insurance reasoning and consent for your shot.

Any questions please see Cynthia, RN in the Medical Team Office.

**American House appreciates YOU our Residents!**

Join us during the week of **September 10th through the 15th** as we host various special events to celebrate YOU.

**Sunday the 10th:** Our Annual Grandparents Day Celebration.

**Monday the 11th:** Milk and Cookies in the evening.

**Tuesday the 12th:** Fresh Roasted Corn.

**Wednesday the 13th:** Eggs Your Way.

**Thursday the 14th:** Ice Cream Social.

**Friday the 15th:** Resident Appreciation Dinner and Happy Hour.



**Rosh Hashanah Celebration**

Rosh Hashanah is the birthday of the universe, the day God created Adam and Eve.

September 4th, at 1:00 p.m. Rabbi Polter will be hosting a Rosh Hashanah presentation in the Movie Room.

This is a day of prayer and a time to ask for a year of peace, prosperity, and blessings.

# ★ THE PATRIOT ★

AmericanHouse.com

West Bloomfield

September 2017



**West Bloomfield**  
**(248) 436-4085**  
5859 W Maple Road  
West Bloomfield Township,  
MI 48322

**Your Friendly Staff**  
**(248) 538-5283**

**Executive Director**  
Megan Mirza

**Assistant Director**  
Hannah Godfrey

**Maintenance Director**  
Jim Maedel

**Culinary Director**  
Christine Allen

**Housekeeping Supervisor**  
Carrie Hawes

**Transportation**  
William “Bill” Bower

**Office Support**  
Christine Charles

**Weekend Manager**  
Sandra Jolagh



**Like us on Facebook!**

**Did You Know American House West Bloomfield is on Facebook?**

We love to share what’s happening at American House! Stay “in the know” by liking and following our Facebook Page.

**Follow these 4 easy steps** and soon, you’ll see posts and pictures from American House West Bloomfield in your Facebook News Feed.

**Step 1:** Go to [www.americanhouse.com](http://www.americanhouse.com)

**Step 2:** Find American House West Bloomfield by searching under “Our Communities” at the top of the page.

**Step 3:** Once on our website, click on the Facebook icon located on the right-side of the page under our contact information.

**Step 4:** Click the “Like” and “Follow” buttons located underneath our Community’s cover photo.

It’s that simple! We look forward to sharing our community news with you.

**IMPORTANT PHONE NUMBERS**

**Front Office:** (248) 538-5283  
**Bill Bower:** (248) 318-2699  
**Medical Team:** (248) 737-8209  
**Med Team Rehab:** (248) 862-2605  
**Char Case/ Beautician:** (248) 515-9361

**Open Transportation**

Open Transportation is available every Monday and Thursday of each week 9:00 a.m. until 5:00 p.m. Residents are able to schedule anywhere within a 10-mile radius from our building with our transporter, Bill Bower. For easy scheduling purposes you will find a transportation calendar where you can schedule accordingly with our office support. Bill can be reached directly at 248-318-2699.



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



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 5859 W Maple Road  
 West Bloomfield Township  
 MI 48322

**Find us on:**  
**facebook**



Podiatrist is in September 15th!

Instructions are on the cover page

1		2	
9:30	Chair Exercise- DVD MR		Table Games B
10:30	Fresh Popcorn B	11:00	Wii Bowling MR
	Friday!	1:30	Euchre Club w/ John B
11:00	Current Events B	2:00	Afternoon Movie MR
2:30	Trivia L	3:45	Blackjack with Dalia B
3:30	Happy Hour L		

3		4		5		6		7		8		9	
	Table Games	9:00	Open Transportation	9:00	Beauty Salon Open	10:30	W.B Librarian Visit LB	9:00	Open Transportation	9:30	Chair Exercise- DVD MR		Table Games B
1:00	Rummikub with Dalia B	10:45	Mimosa Monday!	9:30	Chair Exercise- DVD MR	1:30	Chair exercise- TMT MR	9:30	Chair Exercise- DVD MR	10:30	Fresh Popcorn B	11:00	Wii Bowling MR
2:30	Kings in the Corner w/ Mildred B	2:15	Identity Theft Presentation MR	10:30	Euchre Club w/ Dawn TMT L	2:00	L-R-C Game CAR	2:30	BINGO DR		Friday!	1:30	Euchre Club w/ John B
		3:30	Entertainment by Craig M L	1:30	Readers Circle LB	3:00	B/P Check MTO	3:45	Walk & Roll Club L	11:00	Current Events B	2:00	Afternoon Movie MR
				2:30	BINGO DR	3:00	Church- Pastor Schroeder MR	4:00	Garden Club GC	2:30	Trivia L	3:45	Blackjack with Dalia B
				3:45	Patio & Popsicles	6:00	Salsa Dancing with Dalia L						

10		11		12		13		14		15		16	
	Table Games	9:00	Open Transportation	9:00	Beauty Salon Open	10:30	Knit To Your Health CAR	9:00	Open Transportation		Dr. Howell		Table Games B
12:00	Grandparent's Day Party!	10:45	Mimosa Monday!	9:30	Chair Exercise- DVD MR	1:30	Chair exercise- TMT MR	9:30	Chair Exercise- DVD MR		Podiatrist in today!	11:00	Wii Bowling MR
12:00	Entertainment by Terry S L	1:15	Strength Building W/ SydFit	10:30	Craft Class w/ Dawn TMT B	2:00	L-R-C Game CAR	2:30	BINGO DR	9:30	Chair Exercise- DVD MR	1:30	Euchre Club w/ John B
1:00	Rummikub with Dalia B	2:15	Resident Meeting DR	1:30	Readers Circle LB	3:00	B/P Check MTO	3:45	Walk & Roll Club L	10:30	Fresh Popcorn B	2:00	Afternoon Movie MR
2:30	Kings in the Corner w/ Mildred B	3:30	Entertainment by Tom B L	2:30	BINGO DR	3:00	Church- Pastor Schroeder MR	4:00	Garden Club GC	11:00	Current Events B	3:45	Blackjack with Dalia B
				3:30	Chair Massages by Gayle MR	6:00	Salsa Dancing with Dalia L			2:30	Trivia L		
				3:45	Patio & Popsicles					3:30	Happy Hour L		

17		18		19		20		21		22		23	
	Table Games	9:00	Open Transportation	9:00	Beauty Salon Open	1:30	Chair exercise- TMT MR	9:00	Open Transportation	9:30	Chair Exercise- DVD MR		Table Games B
10:30	Entertainment by Yury A L	10:45	Mimosa Monday!	9:30	Chair Exercise- DVD MR	2:00	L-R-C Game CAR	9:30	Chair Exercise- DVD MR	10:30	Fresh Popcorn B	11:00	Wii Bowling MR
1:00	Rummikub with Dalia B	1:15	Tai Chi W/ Katherine	10:30	Fall Hangman w/ Dawn TMT L	3:00	B/P Check MTO	2:30	BINGO DR		Friday!	1:30	Euchre Club w/ John B
1:30	Sunday Sweet Treats B	3:30	Entertainment by Gary P L	2:30	BINGO DR	3:00	Church- Pastor Schroeder MR	3:45	Walk & Roll Club L	11:00	Current Events B	2:00	Afternoon Movie MR
2:30	Kings in the Corner w/ Mildred B			3:45	Patio & Popsicles	6:00	Salsa Dancing with Dalia L	4:00	Garden Club GC	2:30	Trivia L	3:45	Blackjack with Dalia B
3:45	Prayer & Song Group w/ Anita MR									2:30	Yoga Therapy W/ Joyce MR		

24		25		26		27		28		29		30	
	Table Games	9:00	Open Transportation	9:00	Beauty Salon Open	1:30	Chair exercise- TMT MR	9:00	Open Transportation	9:30	Chair Exercise- DVD MR		Table Games B
1:00	Rummikub with Dalia B	10:45	Mimosa Monday!	9:30	Chair Exercise- DVD MR	2:00	L-R-C Game CAR	9:30	Chair Exercise- DVD MR	10:30	Fresh Popcorn B	11:00	Wii Bowling MR
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2:30	Kings in the Corner w/ Mildred B	3:30	Entertainment by Carl H. L	2:30	BINGO DR	3:00	Church- Pastor Schroeder MR	3:45	Walk & Roll Club L	11:00	Current Events B	2:00	Afternoon Movie MR
3:45	Prayer & Song Group w/ Anita MR			3:45	Patio & Popsicles	6:00	Salsa Dancing with Dalia L	4:00	Garden Club GC	2:30	Trivia L	3:45	Blackjack with Dalia B
										3:30	Happy Hour L		

**Location Key:**

- Movie Room MR
- Bistro B
- Lobby L
- Library LB
- Dining Room DR
- Creative Arts Room CAR
- Medical Team Office MTO
- Garden Court GC

