

MEAL HOURS
Breakfast: 8:00 - 9:30 am
Dinner: Noon
Supper: 5:00 pm



SPIRITUAL CORNER

Mass in Chapel
at 11:00 am:
Sun., Tues. & Thurs.

Communion Service
at 11:00 am: Mon.,
Wed., Fri. & Sat.

Bible Study with Mary Jo:
Thursday, Sept. 7th &
Sept. 21st at 4:00 pm
In the ABC common area



WE LOVE OUR RESIDENTS

American House Sterling Heights has invited us to join them in **honoring our Vietnam Veterans on Tuesday, September 12th from 1:00pm – 2:30pm.** Our bus will be **leaving at 12:15pm.** All veterans and residents are invited, as well as the Vietnam Veterans families. Please RSVP or sign up by the main office on or before Monday, September 4th if you will be attending.



Bonfire Fun

us in the main lobby on **Thursday, September 14th at 6pm.** We will be showing “Seven Brides for Seven Brothers”. Invite your family and friends.
Happy Hour
On Friday, September 15th from 2:30pm - 3:30pm we will be serving wine, beer and cheese in the main lobby. Come down & enjoy the music provided by Dorothy Martin.

Resident appreciation week will be celebrated **Mon., Sept. 11 thru Fri., Sept. 15.** Because of you, American House East II is a loving and caring community! We love all of you, and want to show you how much we care. Check your calendar and join us for all of the events.

A Salute to Patriotism and our Vietnam Veterans



A SALUTE TO PATRIOTISM

Bonfire & Smores

Remembering the old times with family and friends, sitting around a fire making smores. Let’s all get together and reminisce on **Tuesday evening, September 12th.** We will meet **by the fire at 7:00pm.** Bring your camping chair if you have one.
Family Movie & Ice Cream Social
Save room for an ice cream sundae and join



FAMILY MOVIE NIGHT

OUTINGS

9/1	Kroger	9/19	Meijer	9/29	Greektown Casino
9/5	Kroger	9/22	Blue Water Trolly	UPCOMING EVENTS	
9/8	Selfridge Air Museum	9/25	Halloween Bingo Bash	10/5	October Fest
9/12	Kroger	9/26	Kroger	10/12	Wine & Cheese w/ Chet P.
9/14	Dollar Tree	9/27	DSO Concert	10/27	Annual Card Party

THE PATRIOT

AmericanHouse.com

East II

September 2017



East II
(586) 778-5070
18760 E 13 Mile Road
Roseville, MI 48066

Your Friendly Staff
(586) 778-5070

- Executive Director**
Matthew Hubinsky
- Assistant Director**
Nicole Proctor
- Life Enrichment Director**
Wanda Turner
- Culinary Supervisor**
Jared Vaden
- Housekeeping Supervisor**
Kim Goss
- Maintenance Director**
Brad Trammel
- Transporter**
James Oniones

IMPORTANT NUMBERS
(586) 778-5070

Medical Team
(586) 779-3697

Shawn-Theramax
(248) 417-3646

Comcast
(800) 226-2278

Wow Cable
(866) 496- 9669



Grandparents Day

Sunday, Sept. 10th from 12pm-2pm.
Carnival themed outdoor celebration.
A full lunch will be served.
All are Welcome!

The Love of Music

DSO

American House has been invited to the DSO for a free concert. If you have never heard these talented musicians perform you will NOT want to miss this! We will head to orchestra hall on Wednesday, September 27th. See Wanda for details. Sign up by the front office. Seating is limited.

AMERICAN HOUSE CHOIR

If you love to sing... the choir would love to have you! Practice is held on the first and third Tuesday of each month. Performance dates vary. See Wanda for details and to sign up.

Selfridge Air Museum

We will be visiting the “Selfridge Military Air Museum and Air Park” on Friday, September 8th. The bus will leave at 1:15pm. The museum was established in 1975. Indoor exhibits and features span the 20th and 21st centuries. Outdoor exhibits include vehicles, missiles, and 31 full-size aircraft from WWI to present day. The cost is \$5.00 per person. Due to the current security posture, the Security forces have mandated that everyone going needs to have a security clearance. Please see Wanda for the appropriate paperwork and information. Sign up by the front office.



American Jazzy Fundraiser

Annual Car Show

- *Sat., Sept. 30 from 10:30am-3:00pm.
- *Live DJ from 12:30-2:30pm.
- *50/50 raffles & gift raffles
- *Residents eat free.

Health News

Blood Pressure Checks:

Thursdays at 11:00 am ML

The Hearing People:

Monday, Sept.4th at 1:00 pm in ML

Dr. Hackel Visits:

Every Tuesday. Sign up by the front office.

Dr. Rubin Visits:

Thursday, Sept. 28th.
Sign up by the front office.



Staying Healthy

SundayMondayTuesdayWednesdayThursdayFridaySaturday



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Senior Olympics-Ed M. doing the Javelin



Coming Saturday, Sept. 30th

1			2		
9:15	WII Bowling	ML	9:15	WII Bowling	ML
1:00	Kroger Shopping	Out	10:00	Kings in the Corner	ML
1:30	Chair Yoga	ML	1:30	Chair Yoga	ML
3:15	Uno	ML	2:30	Bingo	DR
6:00	Cards & Games	ML	6:00	Cards & Games	ML
7:00	Tigers	ML	6:00	Tigers	ML

RESIDENT BIRTHDAYS

9/1 Morrison M.
9/6 Carol D.
9/14 William R.
9/18 /George P.
9/19 Rita M.
9/24 Doug K.
9/25 Bernie G.

3		4		5		6		7		8		9	
9:15	WII Bowling	ML		Transports w/ Jim		10:00	Coloring	ML		9:15	WII Bowling	ML	
11:00	Mass in Chapel w/ Fr. Denny		9:30	Exercise	ML	10:45	Kings in the Corner	ML		1:15	Selfridge Air Museum	Out	
1:00	Tigers	ML	10:30	Gardening		11:45	Sing-Along	ML	10:00	Anna Visits	ABCC	1:00	Tigers
6:00	Music w/ Lukas	ML	11:45	Mysteries	ML	1:00	Choir Practice	Out	10:00	Gardening		2:30	Bingo
			12:45	Corner Store		1:15	Noodle Ball	ML	1:00	Alterations	ML	6:00	Cards & Games
			1:00	Tigers	ML	2:00	Rummikub	ML	1:30	Trivia Challenge	ML	7:00	Tigers
			1:00	Hearing people	ML	3:30	Kroger	Out	3:00	Chair dancing	ML		
			2:30	Bingo	DR	6:00	"Downton Abby"	ML	4:00	Bible Study	ABCC		
						7:00	Tigers	ML					

Main Lobby ML
Dining Room DR
ABC Lower Level ABCL
ABC Common Area
ABCA
Outing Out

10		11		12		13		14		15		16	
9:15	WII Bowling	ML		No Transports		10:00	Word in a Word	ML		9:15	WII Bowling	ML	
11:00	Mass in Chapel w/ Fr. Denny		9:30	Exercise	ML	11:00	Hangman	ML		10:00	Anna Visits	ABCC	
12:00	Grandparents Day Celebration		10:30	Gardening		11:45	Memory Lane	ML	10:00	Gardening		1:30	Chair Yoga
1:00	Tigers	ML	11:45	Mysteries	ML	12:15	Vietnam Veteran	Out	1:00	Alterations	ML	2:30	Happy Hour w/ Dorothy M.
			12:45	Corner Store			Heros		1:00	Tigers	ML	4:00	Uno
			2:30	Bingo	DR	1:15	Noodle Ball	ML	1:15	Dollar Tree Shopping		6:00	Cards & Games
			7:00	Tigers	ML	2:15	Kings in the Corner	ML	3:00	Chair dancing	ML	7:00	Tigers
						3:30	Kroger	Out	6:00	Family movie night & Ice cream social			
						6:00	"Downton Abby"	ML					
						7:00	Tigers	ML					

17		18		19		20		21		22		23	
9:15	WII Bowling	ML		Transports w/ Jim		9:30	Meijer	Out		9:15	WII Bowling	ML	
11:00	Mass in Chapel w/ Fr. Denny		9:30	Exercise	ML	10:00	Coloring	ML		10:00	Anna Visits	ABCC	
1:00	Tigers	ML	10:30	Gardening		10:45	Rummikub in ML	ML	10:00	Gardening		1:30	Chair Yoga
6:00	Music w/ Chet P.	ML	11:45	Mysteries	ML	11:45	Sing-Along	ML	1:00	Alterations	ML	3:30	Uno
			12:45	Corner Store		1:00	Choir Practice	Out	3:00	Chair dancing	ML	6:00	Cards & Games
			2:30	Bingo	DR	1:15	Noodle Ball	ML	4:00	Bible Study		7:00	Tigers
			7:00	Tigers	ML	2:15	Scrabble	ML	7:00	Tigers	ML		
						6:00	Dr. Butler	ML					
						7:00	Tigers	ML					

24		25		26		27		28		29		30	
9:15	WII Bowling	ML		AM Transports Only		11:45	Memory Lane	ML		9:15	WII Bowling	ML	
11:00	Mass in Chapel w/ Fr. Denny		9:30	Exercise	ML	1:00	Football kick off	ML		9:30	Greektown Casino	Out	
1:00	Tigers	ML	10:30	Gardening		3:00	Kroger	Out	10:00	Anna Visits	ABCC	10:30	Car Show
6:00	Music w/ Twila & Sam	ML	11:45	Mysteries	ML	6:00	"Downton Abby"	ML	1:00	Gardening		1:30	Chair Yoga
			12:45	Corner Store		8:00	Tigers	ML	1:15	Alterations	ML	3:30	Uno
			1:15	Halloween Bingo	Out				3:00	Chair Dancing	ML	6:00	Cards & Games
			2:30	Bingo	DR				8:00	Birthday Party	DR	7:00	Tigers
										8:00	Tigers		

