

For Generations To Come®



September 2017



Morning Pointe of Tuscaloosa Team

Executive Director
Tori Burden

Business Officer Manager
Linda Miller

Registered Professional Nurse
Marilyn Colvin

Lantern Program Coordinator
Alexis Stewart

Resident Services Director
Casey Moore

Life Enrichment Director
Karla Barksdale

Food Services Director
Marsekia Hollins

Maintenance Director
Jeff DeCorte

Community Relations Director
Sarah Pederson

1801 Rice Mine Road N • Tuscaloosa, AL 35406 • (205) 345-1112

National Assisted Living Week



A week long celebration kicks off Sunday, Sept. 10th and Morning Pointe of Tuscaloosa is joining assisted living communities nationwide to celebrate National Assisted Living Week Sept. 10th through September 16th.

The theme for this year is "Family is Forever". Inspired by a Maya Angelou quote "Family isn't always blood, its the people in your life who want your in theirs; the ones who accept you for who you are, the ones who would do anything to see you smile and who love you no matter what."

We look forward to a number of planned activities and events, that involve lots of family time for our residents, games and music along with special speakers.

We encourage members of the community to join the fun and visit us here at Morning Pointe Assisted Living during this special week as volunteers or to learn more about assisted living.

When moving a loved one into an assisted living



Jimmy and Glo Owens greet Big Al for a big ROLL TIDE!

community you want the peace of mind that they will receive the utmost care by professionals who will treat them as their own.

More information regarding the plans for National Assisted Living Week at Morning Pointe is available by calling 1-205-345-1112.

SEPTEMBER BIRTHDAYS

September 12
Melanie Jones
September 13
Richard Scarborough
September 21
Betty Cash



ANNOUNCEMENTS

SUPPORT GROUPS - Every Thursday
at 1 pm
September 10-16
National Assisted Living Week
September 11 and 25 - SUMMER
SPEAKER SERIES continues
at 6:30 pm



Bringing
Farm-
Fresh, Local
Produce to
Morning
Pointe,
Making
Mealtime
More
Memorable.



Morning

Tori Talks!



Tori Payne
Executive Director

It's Walk Season! We would LOVE to have your participation as part of our Morning Pointe Team for either the Breast Cancer Walk on Saturday, October 7th or the Alzheimer's Association Walk on Saturday, November 11th. We are still raising money for both causes. We encourage you, your family and friends to join us in raising awareness and finding a cure for these diseases. Let us know if you have any questions or would like information. We look forward to adding value to our community.



Celebrating Excellence
in the Community

The Great American



Solar Eclipse
Learning about Safety

Dr. William Keel, Professor of Physics and Astronomy at The University of Alabama in Tuscaloosa, spoke to 20 residents and visitors at Morning Pointe of Tuscaloosa about the solar eclipse on August 21st.

What a Sight!

We enjoyed viewing this once in a lifetime event and learning all of the ins and outs of viewing the spectacle safely. What a sight it was for our residents!



We Witnessed a
A Rare Celestial Event

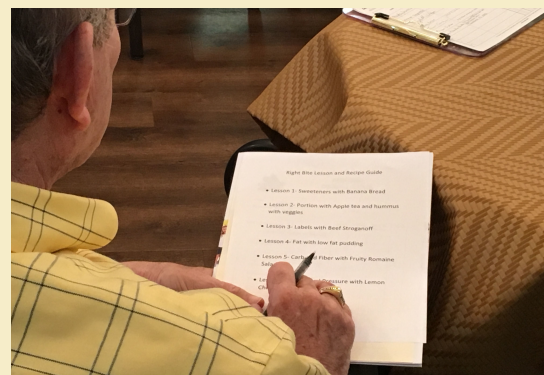
The Right Bite



6-Week Diabetic Course

Tera Glenn, regional agent from the County Extension Office has been teaching a six-week course on diabetic cooking Tuesdays at 2 PM at Morning Pointe. The free class is open to the community and part of Morning Pointe's continued pursuit to provide educational resources for all ages.

In one class, family members and residents alike learned about how the body works to process sugar and also participated in a blind taste test to understand the differences between two preparations of banana bread. Interesting! Our last class is September 12, so don't miss this great educational opportunity for you or your loved one.



Tuesdays at 2 p.m.
Through Sept. 12



A Morning Pointe Resident Profile

Getting to know your neighbor...

Danylu Nichols



Danylu and the Family

Mrs. Danylu Nichols is one of a kind. She lights up Morning Pointe with her beautiful smile and contagious personality. Danylu was born on November 14, in Fayette Alabama. She was the oldest of four children born to school teachers Myrtle and Columbus Herren. Mrs. Danylu attended Fayette High School and as a teenager met the brilliant man that stole her heart. She later married Neal Nichols and later they began to start their own family. The couple welcomed two striking sons named Dennis and Ned. Danylu made a living working as a bookkeeper then as an office manager for a doctors clinic and later worked in the family owned business Roberts-Nichols Hardware. When she was not working and taking care of her beautiful family she enjoyed attending church and spending time with extended family and friends.



Neal and Danylu Nichols

Now, Danylu loves helping and taking care of people. She volunteered at DCH in Fayette for years and became the hospital's oldest volunteer. She also enjoys spending time with her four grandchildren and five great-grandchildren.

We are ecstatic to have Mrs. Nichols here at Morning Pointe. Danylu is a very fashionable and elegant lady, who is always dolled up from head to toe.



Danylu and her sons Dennis and Ned

We look forward to spending time and learning beauty techniques from her in the future.

Visitors



Alexis loads balloons for the staff children



Meals on Wheels 1st Delivery



Farm to Table Our 1st Order



Exercise is a Ball at Morning Pointe



1801 Rice Mine Road N • Tuscaloosa, AL 35406

For Generations To Come®

WE  OUR
RESIDENTS

**CELEBRATING OUR RESIDENTS DURING NATIONAL ASSISTED LIVING WEEK SEPT. 10-16 AT
MORNING POINTE OF TUSCALOOSA ASSISTED LIVING AND ALZHEIMER'S MEMORY CARE**