

17950 SW 115th Avenue Tualatin, OR 97062



### **Administrative Staff:**

Chris Budke **Executive Director Randy Dickens** Community Relations Director **Katrina Blevins** Resident Care Coordinator **Melissa Fisher Business Office Manager** Brandy L'Roy **Registered Nurse** Shay Sanchez **Dietary Director Steven Rehder** Maintenance Director Melissa Hays **Activities Director** Contact us at: **503-692-1748** 

Our mission is to create and sustain comfortable, caring environments for those who depend on us.



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## **The Farmington Times**



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# Walk to End Alzheimer's 2017

This month, we had a chance to chat with Kara Griffey, the Walk Director at the Alzheimer's Association Oregon Chapter about the Walk to End Alzheimer's.

RSL: Since the Walk started in 1989, it has grown in participation and with funding. What goals are in place for success going forward? KG: "Our goal is always to make sure that the Walk to End Alzheimer's is reflective of the community, and an opportunity to share the mission, and passion of those touched by the disease. As we move forward, we hope that more people will become story tellers and use the Walk as a platform to spread the awareness this disease deserves, and, by doing so, inspire others to give to the cause. We will continue to rely on the amazing volunteers in the community that put on their local Walk, and to grow the volunteers leading this effort so we can continue to reach more and more people, and a diverse group of people."

**RSL: How would you describe the Walk's** interest and participation? KG: "The Walk to End Alzheimer's is one of the fastest growing events of its kind in the nation, seeing positive growth nationally, and locally. As more Americans are faced with the challenges of this disease, more people are interested in getting involved and making a difference in the trajectory of this disease, and that is fantastic! We look forward to seeing many new faces this year at all our Walks across the state and are working hard to recruit new teams with diverse backgrounds."

To read even more from this interview, visit blog.radiantseniorliving.com!

**RSL:** What are some of the Alzheimer's Association's nationwide efforts that we can support beyond the Walk? KG: The Alzheimer's Association is the leader in terms of care, support, research, and advocacy efforts, working globally and locally to advance all areas forward. There are many ways for people to get involved with us, whether by becoming an advocate and helping advance public policy, or volunteering to facilitate one of our local support groups and enrolling in TrialMatch<sup>®</sup>. TrialMatch is a free clinical trial matching service that helps us ensure that research is moving forward for treatment, prevention, and a cure. Be sure to visit alz.org/oregon for more information!

RSL: Any parting message you would like to pass on? KG: "Get involved in any of the ways mentioned above! Whether you are 1 or 100, there is a way to participate to help end this disease. Let's show the world our purple passion and that together we can do better today than we did yesterday. We are on our way to meeting the first survivor of this disease and that is something to be excited about, be hopeful about, and mobilize together around."

### Support the Walk!

Date: Sunday, September 10

Time: 10 am to 1 pm

Location: Portland Intl. Raceway 1940 North Victory Boulevard Portland, OR 97217

Please join us for our annual Farmington Square Oktoberfest! This year we will have a couple of very special and talented guests performing some fun music for our community!

Marlene Meissner brings a bit of Bavaria to our Oktoberfest.. A native of Mt. Angel who currently resides in Keizer, she has the distinction of being the longest performing entertainer at Mt. Angel's Oktoberfest, having played at every festival since the second one in 1967. Marlene wears an authentic German costume and plays a variety polkas. waltzes. schottisches and German tunes on her vintage 1964 Petosa accordi-



on.

Ken Ochsner, a resident of Dundee, plays string bass, bass quitar and tuba, as well as vocals. He has played with numerous groups including: Capital City Jazz, Chemeketa Harvest Band, Billy and the Rockets, Swing Street Jazz Band, Black Magic Jazz Band, Newberg Community Band, George Fox Symphony, and the Pudding River Jazz Band. Ken has also entertained for many years at Mt. Angel's Oktoberfest.



To the Left: August 10th, Oregon Dream Ponies– Ruby the therapy Pony came to visit us!

To the Right: We all had fun Monday the 21st - viewing the eclipse!

## **Oktoberfest 2017**





## **September Highlights**

Wednesday September 6th: We will be taking a group of residents to Fred Meyer for a shopping outing. The bus will depart at 2 p.m.

Thursday September 7 & 21st: The community bus will depart at 2:30 to take residents on a scenic drive.

Wednesday September 13th &

27th : We will be taking a group of residents to the local library at 2:00 p.m.

Wednesday September 20th : We will be going out to Lunch at the local Elmer's restaurant. The bus will leave at 11:30 a.m.



On September 10th we will be celebrating "National Grandparents Day." Please bring photos of your loved one or you & your loved one together. We will provide scrapbooking materials. 1:30– Alpine 2:30-Beechwood 3:30– Ponderosa

## **Our August Highlights:**

We enjoyed a variety of activities during August. We would like to share a few of our favorites:

National Relaxation Day:

To Your Door Spa & Salon gave our residents a special treat!





# Happy 102nd Birthday Lee!

LaMoine R. "Lee" Driscoll has been a one of our residents here at Farmington Square Tualatin since the end of March 2017. Lee was born to Albert M and Jennie Lindsay Driscoll in Leadmine Wisconsin on September 5, 1915. After graduating from High School in Benton Wisconsin he went on to attend and graduate from the University of DuBuque in Iowa, in 1937. In addition, he also took graduate courses at the University of Wisconsin. After his graduate work he taught High School for five years in Iowa.

From 1942-1945 Lee served in the Army Engineers in World War 2. During the War years Lee met Isabelle Jenns of Lake Stevens Washington. He and Isabelle married May 19,1945 in Enumclaw, WA-

where Isabelle was a teacher. After the war years Lee and Isabelle moved to Yakima Washington where Lee became associated with Yakima Business College which he managed for 22 years. Following management of the college he worked for Harris Office Equipment for 17 years—retiring in 1987.

Following the death of Isabelle in January of 1999 Lee continued to make his home in the family residence in Yakima. He was a volunteer teacher's helper at Nob Hill Grade School in Yakima for 5 years. He was also a long time member of the First Presbyterian Church. Here at Farmington Square Lee is fondly recognized for a warm greeting of "God Bless You" to staff and residents. It is our honor to have you as a beloved friend and resident Lee!

## **Find us on Facebook!**







We've been sharing more and more on our Facebook page recently and would love to have you join the conversation! LIKE our Facebook page today!

# September 2017 - Alpine

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1:00 Bible Trivia	11:00 What Did It Cost? 1:30 Karaoke	11:00 Current Events 1:30 Familiar Tunes	12:00 Piano with Alice	11:00 Hangman/Crosswords 11:20 Catholic Service	11:30 Jokes & Riddles	11:00 Sensory Garden
:30 Sing A Long :30 Balloon Toss	2:30 Giant Tic Tac Toe	1:30 Familiar Tunes 2:30 Spa Day	1:30 Sing A Long 2:30 Beach Ball Toss	1:30 Ring Toss	1:30 Sing A Long 2:30 Balloon Toss	1:30 Sing A Long 2:00 Noodle Tennis
:00 Snack/Reminisce	3:00 Snack	3:00 Snack	3:00 Snack	2:30 Bingo	3:00 Snack	2:30 Spelling Bee
:30 Senses/Hand Massage	3:30 Painting	3:30 Color Art	3:30 Era Trivia	3:00 Snack/ Trivia	3:30 Accordion Player	3:00 Snack
:00 Evening Movie	6:00 Nature/ Relaxation	6:00 Walk & Talk	6:00 Evening Movie	6:00 Light & Easy Music	6:00 Nature /Relaxation	6:00 Evening Movie
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:30 Balloon Toss	2:30 Giant Tic Tac Toe	2:30 Spa Day	2:30 Beach Ball Toss	1:30 Ring Toss	2:30 Balloon Toss	2:00 Noodle Tennis
:00 Snack/Reminisce	3:00 Snack	3:00 Snack	3:00 Snack	2:30 Bingo	3:00 Snack	2:30 Spelling Bee
:30 Senses/Hand Massage	3:30 Painting	3:30 Color Art	3:30 Era Trivia	3:00 Snack/ Trivia	3:30 Color Art	3:00 Snack
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:30 Balloon Toss	2:30 Giant Tic Tac Toe	2:30 Spa Day	2:30 Beach Ball Toss	12:40 One Man Band	2:30 Balloon Toss	2:00 Noodle Tennis
:00 Snack/Reminisce	3:00 Snack	3:00 Snack	3:00 Snack	2:00 Canine Companion	3:00 Snack	2:30 Spelling Bee
:30 Senses/Hand Massage	3:30 Painting	3:30 Color Art	3:30 Era Trivia	2:30 Bingo	3:30 Color Art	3:00 Snack
:00 Evening Movie	6:00 Nature/ Relaxation	6:00 Walk & Talk	6:00 Evening Movie	3:00 Snack/ Trivia	6:00 Nature /Relaxation	6:00 Evening Movie
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0:30 Stretches	10;30 Chair Chi	10:30 Group Exercise	10:30 Conductorcise	10:30 Sittercise	10:30 Courtyard Walks	10:30 Group Exercise
1:00 Bible Trivia :30 Sing A Long	11:00 What Did It Cost? 1:30 Piano with Bill	11:00 Current Events 1:30 Familiar Tunes	12:00 Piano with Alice 1:30 Sing A Long	11:00 Hangman/Crosswords 11:20 Catholic Service	11:30 Jokes & Riddles 1:30 Sing A Long	11:00 Sensory Garden 1:30 Sing A Long
:30 Balloon Toss	2:30 Giant Tic Tac Toe	2:30 Spa Day	2:30 Beach Ball Toss	1:30 Ring Toss	2:30 Balloon Toss	2:00 Noodle Tennis
:00 Snack/Reminisce	3:00 Snack	3:00 Snack	3:00 Snack	2:30 Bingo	3:00 Snack	2:30 Spelling Bee
:30 Senses/Hand Massage	3:30 Painting	3:30 Color Art	3:30 Era Trivia	3:00 Snack/ Trivia	3:30 Color Art	3:00 Snack
:00 Evening Movie	6:00 Nature/ Relaxation	6:00 Walk & Talk	6:00 Evening Movie	6:00 Light & Easy Music	6:00 Nature /Relaxation	6:00 Evening Movie



# September 2017 - Beechwood

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 9:30 Bingo at JPC 10:00 Courtyard Walks 10:30 Jigsaw Puzzles 11:30 Group Fitness 1:30 Brain Games 3:00 Afternoon Movie 4:30 Painting 6:00 Walk & Talk	2 9:30 Color Art 10:00 Sittercise 11:00 Trivia 1:30 Courtyard Walks 2:00 Food Craft with Rachel 3:00 Sing a Long 3:30 Poetry Corner 6:00 Jigsaw Puzzles
3 9:30 Color Art 10:00 Walking Club 10:30 Good News Chat 2:00 Spiritual Service 2:30 Word Games 3:00 Snack 3:15 Sunday Movie 6:00 Walk & Talk	4 9:30 Interactive Puzzle 10:00 Sittercise 10:30 Trivia 11:00 Word Games 1:30 What did it Cost? 2:00 Monday Matinee 4:00 Tea & Talk 6:00 Jigsaw Puzzles	5 9:30 Color Art 10:00 Fun Fitness 10:30 Brain Games 11:30 Courtyard Walks 1:30 Beach Ball Toss 2:00 Spa Day 3:00 Jigsaw Puzzle/ Art 6:00 Evening Movie	6 9:30 Color Art 10:00 Bible Study 10:30 Gentle Stretches 11:30 Piano with Alice 1:30 Card Games 2:00 Shopping at Fred Meyer 2:00 Spa Day 3:00 Word Games	7 9:30 Interactive Puzzle 10:30 Sittercise 11:00 Reminiscing Stories 11:30 Catholic Communion 1:30 Color Art 2:00 Karaoke 2:30 Scenic Drive 3:00 Cocoa & Conversation	8 9:30 Bingo at JPC 10:00 Courtyard Walks 10:30 Jigsaw Puzzles 11:30 Group Fitness 1:30 Brain Games 3:00 Painting 3:50 Accordion Player 6:00 Evening Movie	9 9:30 Color Art 10:00 Sittercise 11:00 Trivia 1:30 Courtyard Walks 2:00 Bingo 3:00 Sing a Long 3:30 Poetry Corner 6:00 Jigsaw Puzzles
10 9:30 Color Art 10:00 Walking Club 10:30 Good News Chat 2:00 Song Service 2:30 Word Games 3:00 Snack 3:15 Sunday Movie 6:00 Walk & Talk	119:30Interactive Puzzle10:00Sittercise10:30Trivia11:00Word Games1:30What did it Cost?2:00Monday Matinee4:00Tea & Talk6:00Jigsaw Puzzles	12 9:30 Color Art 10:30 Thumper Therapy 11:00 Fun Fitness 11:30 Brain Games 1:30 Beach Ball Toss 2:00 Spa Day 3:00 Jigsaw Puzzle/ Art 6:00 Evening Movie	139:30Color Art10:00Bible Study10:30Gentle Stretches11:30Piano with Alice1:30Card Games2:00Spa Day/Library Outing3:00Word Games3:30Interactive Puzzle	149:30Interactive Puzzle10:30Sittercise11:00Reminiscing Stories11:30Catholic Communion1:30Color Art2:00Baking with Carolee2:30Karaoke3:00Cocoa & Conversation	15 9:30 Bingo at JPC 10:00 Courtyard Walks 10:30 Jigsaw Puzzles 11:30 Group Fitness 1:30 Brain Games 3:00 Afternoon Movie 4:30 Painting 6:00 Walk & Talk	169:30Color Art10:00Sittercise11:00Trivia1:30Courtyard Walks2:00Food Craft with Rachel3:00Sing a Long3:30Poetry Corner6:00Jigsaw Puzzles
17 9:30 Color Art 10:00 Walking Club 10:30 Good News Chat 2:00 Spiritual Service 2:30 Word Games 3:00 Snack 3:15 Sunday Movie 6:00 Walk & Talk	189:30Interactive Puzzle10:00Sittercise10:30Trivia11:00Word Games1:30Guitar by Dave2:00Monday Matinee4:00Tea & Talk6:00Jigsaw Puzzles	199:30Color Art10:00Fun Fitness10:30Brain Games11:30Courtyard Walks1:30Beach Ball Toss2:00Spa Day3:00Jigsaw Puzzle/ Art6:00Evening Movie	20 9:30 Color Art 10:00 Bible Study 10:30 Gentle Stretches 11:30 Piano with Alice 11:30 Lunch at Elmer's 1:30 Card Games 2:00 Spa Day 3:00 Word Games	21 9:30 Interactive Puzzle 10:30 Sittercise 11:00 Reminiscing Stories 11:30 Catholic Communion 12:20 One Man Band 1:30 Canine Companion 2:00 Karaoke 2:30 Scenic Drive	22 9:30 Bingo & lunch at JPC 10:00 Courtyard Walks 10:30 Jigsaw Puzzles 11:30 Painting 1:30 Group Fitness 3:00 Trivia 4:00 Word Search 6:00 Evening Movie	23 9:30 Color Art 10:00 Sittercise 11:00 Trivia 1:30 Courtyard Walks 2:00 Bingo 3:00 Sing a Long 3:30 Poetry Corner 6:00 Jigsaw Puzzles
24 9:30 Color Art 10:00 Walking Club 10:30 Good News Chat 2:00 Spiritual Service 2:30 Word Games 3:00 Snack 3:15 Sunday Movie 6:00 Walk & Talk	25 9:30 Interactive Puzzle 10:00 Sittercise 10:30 Trivia 11:00 Word Games 1:30 What did it Cost? 2:00 Piano Player 2:30 Monday Matinee 4:00 Tea & Talk	26 9:30 Color Art 10:00 Fun Fitness 10:30 Brain Games 11:30 Courtyard Walks 1:30 Beach Ball Toss 2:00 Spa Day 3:00 Jigsaw Puzzle/ Art 6:00 Evening Movie	27 9:30 Color Art 10:00 Bible Study 10:30 Gentle Stretches 11:30 Piano with Alice 1:30 Card Games 2:00 Spa Day/Library Outing 3:00 Word Games 3:30 Interactive Puzzle	28 9:30 Interactive Puzzle 10:30 Sittercise 11:00 Reminiscing Stories 11:30 Catholic Communion 1:30 Color Art 2:00 Baking with Carolee 2:30 Karaoke 3:00 Cocoa & Conversation	29 9:30 Bingo at JPC 10:00 Courtyard Walks 10:30 Jigsaw Puzzles 11:30 Group Fitness 1:30 Brain Games 3:00 Afternoon Movie 4:30 Painting 6:00 Walk & Talk	309:30Color Art10:00Sittercise11:00Oktoberfest -2:00Celebration -3:00Sing a Long3:30Poetry Corner6:00Jigsaw Puzzles6:00Jigsaw Puzzles



# September 2017- Ponderosa

Sun	Mon	Tue	Wed	Thu	Fri	
					1 9:30 Bingo at JPC 10:30 Crosswords 11:30 Painting 2:15 Fun Fitness 2:45 Afternoon Mov 4:00 Jigsaw Puzzle	
3 11:15 Morning Stroll 11:45 Good News Chat 1:15 Color Art 1:45 Church Service 3:30 Word Fun 4:30 Jigsaw Puzzles	4 9:00 Morning Movie 10:30 Word Search 11:30 Sittercise 1:00 Color Art 2:30 Bowling 3:00 Tea and Talk	5 9:30 Current Events 10:30 Sittercise 11:00 Finish the Phrase 1:30 Bunko 2:30 Monopoly with Bonny 3:30 Bingo with Bonny	6 9:30 Current Events 10:00 Gentle Stretching 11:00 Piano with Alice 2:00 Shopping at F.M. 3:30 Spa Day 4:00 Neighborhood Walk	7 10:00 Morning Stroll 10:30 Current Events 11:30 Catholic Communion 1:30 Card Games 2:30 Scenic Drive 3:30 Table Games	8 9:30 Bingo at JPC 10:30 Crosswords 11:30 Painting 2:15 Fun Fitness 2:45 Afternoon Mov 4:10 Accordion Pla	
10 11:15 Morning Stroll 11:45 Good News Chat 1:15 Color Art 1:45 Church Service 3:30 Scrapbooking 4:30 Jigsaw Puzzles 4:30 Jigsaw Puzzles	11 9:00 Morning Movie 10:30 Word Search 11:30 Sittercise 1:00 Color Art 2:30 Bowling 3:00 Tea and Talk	12 9:30 Current Events 10:30 Sittercise 11:00 Finish the Phrase 1:30 Bunko 2:30 Monopoly with Bonny 3:30 Bingo with Bonny	13 9:30 Current Events 10:00 Gentle Stretching 11:00 Piano with Alice 2:00 Library Visit 3:30 Spa Day 4:00 Neighborhood Walk	14 10:00 Morning Stroll 10:30 Current Events 11:30 Catholic Communion 1:30 Mystery Person 2:30 Noodle Tennis 3:30 Card Games	15 9:30 Bingo at JPC 10:30 Crosswords 11:30 Painting 2:15 Fun Fitness 2:45 Afternoon Mov 4:00 Jigsaw Puzzle	
17 11:15 Morning Stroll 11:45 Good News Chat 1:15 Color Art 1:45 Church Service 3:30 Word Fun 4:30 Jigsaw Puzzles	18 9:00 Morning Movie 10:30 Word Search 11:30 Sittercise 1:00 Color Art 2:30 Bowling 3:00 Tea and Talk	19 9:30 Current Events 10:30 Sittercise 11:00 Finish the Phrase 1:30 Bunko 2:30 Monopoly with Bonny 3:30 Bingo with Bonny	20 9:30 Current Events 10:00 Gentle Stretching 11:00 Piano with Alice 11:30 Lunch at Elmer's 3:30 Spa Day 4:00 Neighborhood Walk	21 10:00 Morning Stroll 11:30 Catholic Mass 12:00 One Man Band 1:00 Canine Companion 1:30 Card Games 2:30 Scenic Drive 3:30 Table Games	22 9:30 Bingo & lunch 10:30 Crosswords 11:30 Painting 2:15 Fun Fitness 2:45 Afternoon Mov 4:00 Jigsaw Puzzle	
24 11:15 Morning Stroll 11:45 Good News Chat 1:15 Color Art 1:45 Church Service 3:30 Word Fun 4:30 Jigsaw Puzzles	25 9:00 Morning Movie 10:30 Word Search 11:30 Sittercise 1:00 Color Art 2:30 Bowling 3:00 Tea and Talk	26 9:30 Current Events 10:30 Sittercise 11:00 Finish the Phrase 1:30 Bunko 2:30 Monopoly with Bonny 3:30 Bingo with Bonny	27 9:30 Current Events 10:00 Gentle Stretching 11:00 Piano with Alice 2:00 Library Visit 3:30 Spa Day 4:00 Neighborhood Walk	28 10:00 Morning Stroll 10:30 Current Events 11:30 Catholic Communion 1:30 Mystery Person 2:30 Noodle Tennis 3:30 Card Games	29 9:30 Bingo at JPC 10:30 Crosswords 11:30 Painting 2:00 Fun Fitness 2:30 Resident Cour 4:00 Jigsaw Puzzle	



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9:30 Current Events 10:30 Sittercise 11:30 Trivia 1:30 Sing A long 2:30 Table games 4:00 Painting

#### 23

9:30 Current Events 10:30 Sittercise 11:30 Trivia 1:30 Sing A long 2:30 Table games 4:00 Painting

30 9:30 Current Events

10:00 Decorating 11:00 Oktoberfest 2:00 Celebration! 3:00 Card Games 4:00 Walking Club