

960 Boone Rd. SE Salem, OR 97306



### **Administrative Staff:**

Margo Garibay **Executive Director** Jessica Deleon **Community Relations Director** Katrina D./ Patty C./ Mari G. **Resident Care Coordinator** Shelly Kesterson Business Office Manager **Rebecca Heflin Registered Nurse Steven Wendell Dietary Director Nels Esselstrom** Maintenance Director Amanda Bell **Activities Director** 

Contact us at: **503-363-2273** 

Our mission is to create and sustain comfortable, caring environments for those who depend on us.



**PLACE STAMP** 

HERE

Farmington Square Assisted & Me



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# **The Farmington Square News**

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# Walk to End Alzheimer's 2017

This month, we had a chance to chat with Kara Griffey, the Walk Director at the Alzheimer's Association Oregon Chapter about the Walk to End Alzheimer's.

RSL: Since the Walk started in 1989, it has grown in participation and with funding. What goals are in place for success going forward? KG: "Our goal is always to make sure that the Walk to End Alzheimer's is reflective of the community, and an opportunity to share the mission, and passion of those touched by the disease. As we move forward, we hope that more people will become story tellers and use the Walk as a platform to spread the awareness this disease deserves, and, by doing so, inspire others to give to the cause. We will continue to rely on the amazing volunteers in the community that put on their local Walk, and to grow the volunteers leading this effort so we can continue to reach more and more people, and a diverse group of people."

**RSL: How would you describe the Walk's** interest and participation? KG: "The Walk to End Alzheimer's is one of the fastest growing events of its kind in the nation, seeing positive growth nationally, and locally. As more Americans are faced with the challenges of this disease, more people are interested in getting involved and making a difference in the trajectory of this disease, and that is fantastic! We look forward to seeing many new faces this year at all our Walks across the state and are working hard to recruit new teams with diverse backgrounds."

To read even more from this interview, visit blog.radiantseniorliving.com!

**RSL:** What are some of the Alzheimer's Association's nationwide efforts that we can support beyond the Walk? KG: The Alzheimer's Association is the leader in terms of care, support, research, and advocacy efforts, working globally and locally to advance all areas forward. There are many ways for people to get involved with us, whether by becoming an advocate and helping advance public policy, or volunteering to facilitate one of our local support groups and enrolling in TrialMatch<sup>®</sup>. TrialMatch is a free clinical trial matching service that helps us ensure that research is moving forward for treatment, prevention, and a cure. Be sure to visit alz.org/oregon for more information!

RSL: Any parting message you would like to pass on? KG: "Get involved in any of the ways mentioned above! Whether you are 1 or 100, there is a way to participate to help end this disease. Let's show the world our purple passion and that together we can do better today than we did yesterday. We are on our way to meeting the first survivor of this disease and that is something to be excited about, be hopeful about, and mobilize together around."









"Wuthering Heights	"
Ву	
-Emily Bronte	

International Literacy Day takes place on September 8. In honor of it, we have discussed our favorite books. A few of them are shared here!

" A million Little Pieces" By -James Fry

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"Little House on the Prairie Series" By -Laura Ingalls Wilder

# **September Highlights — You're Invited!**

9/1/17 : Trip to Oregon State Fair Leaving at 9:30am

9/6/17: Day Trip to Casino/ Buffett Leaving at 9:30am

9/9/17 : Walk 4 Alzheimer's **Riverfront Park @ 10am** 

9/12/17: National Chocolate Milkshake Day

Leaving for DQ @ 10am

9/22/17: First Day Of Autumn/ Painting with leaves Craft



September 19th, 2017 Senior Safari / Oregon Zoo Free admission for Seniors! Leaving at 9:30am







## **Our Favorite Books**

"Pilgrim's Progress By - John Bunyan

"The Baseball Encyclopedia" By - Joseph L. Raichler





# Hawaiian Luau Fun!!!

We've been sharing more and more on our Facebook page recently and would love to have you join the conversation! LIKE our Facebook page today!

### www.Facebook.com/FarmingtonSquareSalem

September 2017 910-920

	Sun	Mon	Tue	Wed	Thu	F
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	Red Box Movies 9/5 9/12 9/26	Musical Entertain 9/7 Jeff B. in 960		opping Trip Outing 8 Walmart @ 10am	Lunch Outings & Take-( 9/1 Oregon State Fair/9	

9/14 Rachel V. in 960 @10:30 **Charlie Foxx Movie** 9/19 @ 10am/960

9/21 Linda W. in 960 @ 2pm

9/28 Maurice H. in 960 @2pm





**Farmington Square** 960 Boone Rd SE Salem, Oregon 503-363-2273

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9/6 Spirit Mountain /Buffett @ 9:30

9/13 Wednesday Market @ 9:30am 9/19 Senior Safari Zoo @ 9:30am 11am 9/27 Olive Garden @ 11am

(National Chocolate Ice Cream Day)

9/12 T-O Dairy Queen @ 10am

September 2017 930-960

	Sun	Mon	Tue	Wed	Thu	
<		<b>Residents Birthdays.</b> Shirlee H. 9/1 910 Eloise H. 9/12 940 Joyce H. 9/20 910 Carol F. 9/30 940			National Day's 9/4 National Labor Day 9/10 National Grandparents Day 9/11 National Grandparents Day 9/12 National Patriot Day 9/12 National Choc. Ice cream Day 9/15 National Choc. Ice cream Day 9/15 National make a hat Day 9/22 National Autumn Equinox Day 9/28 National ask a stupid question Day	<b>1</b> 9:00 Beautiful 9:30 Exercise 10:00 Bulletin Bo 10:30 Scrabble 11:30 One on One 1:30 Yahtzee 2:30 Wii Bowling 3:30 Skip-Bo in 2
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9/28 Maurice H. in 960 @2pm



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September 2017 940-950

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Residents Birthdays.Shirlee H. 9/1 910Eloise H. 9/12Joyce H. 9/20910Carol F. 9/30			/12 940	National Day's 9/4 National Labor Day 9/10 National Grandparents Day 9/10 National Grandparents Day 9/11 National Patriot Day 9/12 National Patriot Day 9/15 National Choc. Ice cream Day 9/15 National make a hat Day 9/22 National Autumn Equinox Day 9/28 National ask a stupid question Day	1 9:00 Beautiful You 9:30 Exercise 10:00 Bulletin Board Craft 10:30 What's in the bag 11:30 Balloon Bat 1:30 Yahtzee 2:30 Wii Bowling 920/940/950	2 9:00 Beautiful You in 940/950 10:00 D 10:00
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100 100 122 1:00 2:00 3:00	<ul> <li>9:00 Beautiful You in 940/950</li> <li>:00 Exercise in 910/930</li> <li>:30 Baking Group in 930</li> <li>:00 Helping Hands in 940/50</li> <li>:00 National Grandparents Day Poem </li> <li>:00 Church Service in 920/ IN2L</li> <li>:00 Reading &amp; Snacks in 40/50</li> <li>:00 Skip-Bo in 20/60</li> </ul>	11 9:00 Beautiful You 9:30 National Patriotic Day Craft 10:00 Exercise 11:00 Balloon Bat 1:30 Manicure Mondays 2:00 Scenic Drive /Morning Stroll 3:00 Word Search 3:30 Sing a long & Snack	12 Dr. Day 12-430 9:00 Beautiful You 9:30 Walking Group 10:00 National Choc. Milkshake Day 11:00 One on Ones 1:00 Dr. CO in 910 2:30 Family Feud in 950 /IN2L 3:30 Sing a long & Snack	13 9:00 Beautiful You 9:30 Exercise IN2L 10:30 Timeless Trivia 11:30 One on Ones 1:00 What's in the bag 2:00 Afternoon Stroll 2:30 Karaoke in 940/ IN2L 3:30 Sing a long & Snack	<b>14</b> 9:00 Dr. Day 9-430 9:30 Today in History 10:00 Warm Ups 10:30 One on Ones 11:30 Outside Stroll 1:00 B 10 0 in 960 / IN2L 2:30 Adult Coloring 3:30 Sing a long & Snack	15 9:00 Beautiful You 9:30 Exercise 10:00 Outside Stroll 10:30 Scrabble 11:30 Balloon Bat 1:30 National make a hat Day 2:30 Wil Bowling 920/940/950 3:30 Sing a long & Snack	<b>16</b> 9:00 Beautiful You in 940/950 10:00 <b>DP C</b> in 960 / IN2L 11:30 Sit & Fit in 940/950 12:00 Helping Hands in 940 /950 1:00 One on Ones in 910/920 2:00 Coloring in 930/40/50 2:30 Songs & Snacks in 940/950 3:30 Skip-Bo in 20/30
100 100 120 1:00 2:00 3:00	7 9:00 Beautiful You in 940/950 :00 Exercise in 910/930 :30 Baking Group in 930 :00 Helping Hands in 940/50 :00 One on Ones in 920/60 :00 Church Service in 950/ IN2L :00 Reading & Snacks in 40/50 :30 Skip-Bo in 20/60	18 9:00 Beautiful You 9:30 Table Ball 10:00 Exercise 11:00 What's in the bag 1:30 Manicure Mondays 2:00 Scenic Drive /Morning Stroll 3:00 Scrabble 3:30 Sing a long & Snack	19 Dr. Day 12-430 9:00 Beautiful You 9:30 Walking Group 10:00 Balloon Bat 11:00 One on Ones 1:00 Dr. CO in 910 2:30 Price is Right in 950 /IN2L 3:30 Sing a long & Snack	20 9:00 Beautiful You 9:30 Exercise IN2L 10:30 Timeless Trivia 11:30 One on Ones 1:00 Corn Hole 2:00 Afternoon Stroll 2:30 Karaoke in 940/ IN2L 3:30 Sing a long & Snack	21 9:00 Dr. Day 9-430 9:30 Today in History 10:00 Warm Ups 10:30 Outside Stroll 1:30 Dart Board 2:30 Adult Coloring 3:30 Sing a long & Snack	22 9:00 Beautiful You 9:30 Exercise 10:00 Arts & Crafts 10:30 What's in the bag 11:30 Balloon Bat 1:30 First day of Fall Painting 2:30 Wii Bowling 920/940/950 3:30 Sing a long & Snack	23 9:00 Beautiful You in 940/950 10:00 D 0 0 0 1 960 / IN2L 11:30 Sit & Fit in 940/950 12:00 Helping Hands in 940 /950 1:00 One on Ones in 910/920 2:00 Coloring in 930/40/50 2:30 Songs & Snacks in 940/950 3:30 Skip-Bo in 20/30
10 10 12 1:0 2:0 3:0	<b>4</b> 9:00 Beautiful You in 940/950 :00 Exercise in 910/930 :30 Baking Group in 930 :00 Helping Hands in 940/50 :00 One on Ones in 920/60 :00 Church Service in 930/ IN2L :00 Reading & Snacks in 40/50 :30 Skip-Bo in 20/60	25 9:00 Beautiful You 9:30 Balloon Bat 10:00 Exercise 11:00 What's in the bag 1:30 Manicure Mondays 2:00 Scenic Drive /Morning Stroll 3:00 Word Search 3:30 Sing a long & Snack	26 Dr. Day 12-430 9:00 Beautiful You 9:30 Walking Group 10:00 Dominoes 11:00 One on Ones 1:00 DIMENSION in 910 2:30 Family Feud in 950 /IN2L 3:30 Sing a long & Snack	27 9:00 Beautiful You 9:30 Exercise IN2L 10:30 Timeless Trivia 11:30 One on Ones 1:30 Resident Council/ Food in 920 2:00 Afternoon Stroll 2:30 Karaoke in 940/ IN2L 3:30 Sing a long & Snack	28 9:00 Dr. Day 9-430 9:30 National ask a stupid Question Day 10:00 Warm Ups 10:30 The	29 9:00 Beautiful You 9:30 Exercise /IN2L 10:00 Horse Shoes 10:30 Birthday Party w/ LuAnn /960 11:30 Balloon Bat 1:30 Long Word/ Short Word 2:30 Wii Bowling 920/940/950 3:30 Sing a long & Snack	<b>30</b> 9:00 Beautiful You in 940/950 10:00 <b>DP CO</b> in 960 / IN2L 11:30 Sit & Fit in 940/950 12:00 Helping Hands in 940 /950 1:00 One on Ones in 910/920 2:00 Coloring in 930/40/50 2:30 Songs & Snacks in 940/950 3:30 Skip-Bo in 20/30
	Red Box Movies       Musical Entertainment         9/5       9/12       9/26         Charlie Foxx Movie       9/14 Rachel V. in 960 @ 10:30         9/19       010am/960            Musical Entertainment          9/21 Linda W. in 960 @ 2pm        9/22 Fred Meyer @ 10am             Lunch Outings & Take-Out Tuesday          9/12 T-O Dairy Queen @ 10am         9/13 Wednesday Market @ 9:30am						

9/28 Maurice H. in 960 @2pm

🖖 (National Chocolate Ice Cream Day )



**Farmington Square** 960 Boone Rd SE Salem, Oregon 503-363-2273