

1530 Poplar Dr. Medford, OR 97504 PLACE STAMP HERE

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Samantha Hamilton
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Diana Rushing
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The Farmington Times

Farmington Square Memory Care Newsletter — September 2017



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Walk to End Alzheimer's 2017

This month, we had a chance to chat with Kara Griffey, the Walk Director at the Alzheimer's Association Oregon Chapter about the Walk to End Alzheimer's.

RSL: Since the Walk started in 1989, it has grown in participation and with funding. What goals are in place for success going forward? KG: "Our goal is always to make sure that the Walk to End Alzheimer's is reflective of the community, and an opportunity to share the mission, and passion of those touched by the disease. As we move forward, we hope that more people will become story tellers and use the Walk as a platform to spread the awareness this disease deserves, and, by doing so, inspire others to give to the cause. We will continue to rely on the amazing volunteers in the community that put on their local Walk, and to grow the volunteers leading this effort so we can continue to reach more and more people, and a diverse group of people."

RSL: How would you describe the Walk's interest and participation? KG: "The Walk to End Alzheimer's is one of the fastest growing events of its kind in the nation, seeing positive growth nationally, and locally. As more Americans are faced with the challenges of this disease, more people are interested in getting involved and making a difference in the trajectory of this disease, and that is fantastic! We look forward to seeing many new faces this year at all our Walks across the state and are working hard to recruit new teams with diverse backgrounds."

To read even more from this interview, visit blog.radiantseniorliving.com!

RSL: What are some of the Alzheimer's Association's nationwide efforts that we can support beyond the Walk? KG: The

Alzheimer's Association is the leader in terms of care, support, research, and advocacy efforts, working globally and locally to advance all areas forward. There are many ways for people to get involved with us, whether by becoming an advocate and helping advance public policy, or volunteering to facilitate one of our local support groups and enrolling in TrialMatch®. TrialMatch is a free clinical trial matching service that helps us ensure that research is moving forward for treatment, prevention, and a cure. Be sure to visit alz.org/oregon for more information!

RSL: Any parting message you would like to pass on? KG: "Get involved in any of the ways mentioned above! Whether you are 1 or 100, there is a way to participate to help end this disease. Let's show the world our purple passion and that together we can do better today than we did yesterday. We are on our way to meeting the first survivor of this disease and that is something to be excited about, be hopeful about, and mobilize together around."

Support the Walk!

Date: Saturday, September 23

Time: 10 am to 1 pm

Location: U.S. Cellular Community Park

300 N. Lowry Lane Medford, OR 97501

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Wall of Honor



Radiant Senior Living and Farmington Square to those who have selflessly fought to defend Medford would like the opportunity to honor those who live in our community and have served in any branch of the United States Armed Forces.

Over the next couple of months we are hoping to gather information regarding branch, wars participated in, honors received, and years of service for every member of our community that has served our country.

Please assist us in this effort by contacting our Assistant Executive Director Samantha or one of our Resident Care Coordinators Diana or Stephanie by phone or email with information regarding your loved ones service.

It is our honor to be able to extend our thanks

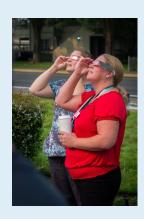
our freedom.

Thank you for your help to make this Wall of Honor a success.

Samantha Hamilton shamilton@farmingtonsquare.com

Diana Rushing drushing@farmingtonsquare.com

Stephanie Magel smagel@farmingtonsquare.com





Solar Eclipse August 21, 2017



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September Highlights — You're Invited!

Join us for any or ALL of our September Events!!

Saturday, September 2 @ 10:30: Louis Faro will return to play piano with our favorite hits across the ages.

Monday, September 11 & 25 @ 3:00: Special event with Heart and Hope Music!

Thursday, September 21 @ 2:30: Celebrate September Birthday's with us at we enjoy Tracy Davey on guitar.

Saturday, September 9 & Sunday, September 24 @ 2:00: Therapy Dogs will visit FSM

Wednesday, September 27 @ 3:00: Picture Frame Craft!!

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September 19 is Talk Like A Pirate Day!

Eclipse Day!

We had so much fun celebrating and watching the Total Solar Eclipse.

Check out these pictures captured during the event.





National Grandparent's Day

The first Sunday after Labor Day is set aside to celebrate some of the most important people in our lives; GRANDPARENTS!

Grandparents hold special places in our hearts because of warm hugs, special cookies, and unique gifts. When I reminisce if my Grandmother I can smell her fresh bread baking in the oven and the soft scent of her perfume as she gathers me in her arms.

National Grandparent's Day originated in 1978 when President Jimmy Carter declared it as the first Sunday after Labor Day. Since this time many have made it a tradition to turn the tables and spoil Grandma and Grandpa on this day.

Want to begin a tradition with your grandparent? Remember, the greatest gift we can give is our time. Spend the day with your grandparent. Take them on a picnic, bake a special treat, or make a craft.. If your grandparents are too far away for a visit give them a call, send them a video message, or skype with them. Remember,



grandparents always look forward to a familiar voice and story about life.

How will you celebrate your Grandparents this year? What memories do you hold dear of them?

Stop by FSM Sunday, September 10 and make some memories with your grandparent.

Find us on Facebook!



We've been sharing more and more on our Facebook page recently and would love to have you join the conversation! LIKE our Facebook page today!

www.Facebook.com/FarmingtonSquareMedford

September 2017

FARMINGTON SQUARE 1530 POPLAR DRIVE MEDFORD, OREGON 97504

	Sun	Mon	Tue	Wed	Thu	Fri	Sat		
	Resident Birthdays: Sept. 2—Paul Johnson Sept. 10—Joy Hienlein Sept—10 Bob Wickman Sept—20 Mary McCulloh	Employee Birthdays: Sept 9-Beverly Fry Sept 11- Niko McDonald Sept 20- Chelsea Terrill Sept 27- Amalia Florez Sept 27-Lauren Moore Sept 30- Ashly Edwards		Daily Activities: 10:30 Refreshment Social 1:30 Afternoon Touch Ups 2:30 Refreshment Social 5:00 Music Appreciation *Schedule Subject to Change		9:30 Beautiful You 11:30 Morning Exercises 12:00 Reading Circle 2:00 Sensory Hour 3:00 Fancy Fingers 4:00 Table Games	9:30 Beautiful You 10:30 Louis on Piano 1:45 Saturday Stroll 2:15 Movie / Popcorn 3:00 Sensory Hour 4:00 Table Games		
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MAN TO THE REAL PROPERTY AND THE PARTY AND T	10 9:30 Beautiful You 11:30 Church/One on One 1:45 Sunday Stroll 2:15 Music in Motion 3:00 Church / Hymns 4:00 Sensory Hour	9:30 Beautiful You 11:30 Morning Exercises 12:00 Reading Circle 3:00 Heart & Hope Music 4:00 One on One Time	9:30 Beautiful You 10:45 Morning Exercises 11:45 Reading Circle 2:00 Ball Toss 3:00 Card Sorting 4:00 Table Games	9:30 Beautiful You 10:45 Morning Exercises 11:45 Reading Circle 2:00 Balloon Toss 3:00 Bowling 4:00 One on One Time	9:30 Beautiful You 10:45 Morning Exercises 11:45 Reading Circle 2:00 Ball Toss 3:00 Bean Bag Toss 4:00 Table Games	9:30 Beautiful You 11:30 Morning Exercises 12:00 Reading Circle 2:00 Sensory Hour 3:00 Pretty Petals 4:00 Table Games	9:30 Beautiful You 11:30 Reading Circle 1:45 Saturday Stroll 2:15 Movie / Popcorn 3:00 Sensory Hour 4:00 Table Games		
	17 9:30 Beautiful You 11:30 Church/One on One 1:45 Sunday Stroll 2:15 Music in Motion 3:00 Church / Hymns 4:00 Sensory Hour	18 9:30 Beautiful You 11:30 Morning Exercises 12:00 Reading Circle 3:00 Sing A Long 4:00 One on One Time	19 9:30 Beautiful You 10:45 Morning Exercises 11:45 Reading Circle 2:00 Ball Toss 3:00 Heritage Fellowship 4:00 Table Games	9:30 Beautiful You 10:45 Morning Exercises 11:45 Reading Circle 2:00 Balloon Toss 3:00 Finger Painting 4:00 One on One Time	9:30 Beautiful You 10:45 Morning Exercises 11:45 Reading Circle 2:30 Monthly B-day Party 3:00 Tracy on guitar 4:00 Table Games	9:30 Beautiful You 11:30 Morning Exercises 12:00 Reading Circle 2:00 Sensory Hour 3:00 Men's Group 4:00 Table Games	9:30 Beautiful You 11:30 Reading Circle 1:45 Saturday Stroll 2:15 Movie / Popcorn 3:00 Sensory Hour 4:00 Table Games		
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September Birthdays

Residents

Lester J. 9/2

Lester H. 9/6 Joyce H. 9/10

Robert W. 9/10 Norma Jean W.

9/19

Mary M. 9/20

Phyllis E. 9/25

Employees

Beverly F. 9/9
Nikolaus M. 9/11
Chelsea T. 9/20

Lauren M. 9/27

Molly F. 9/27

Ashly E. 9/30



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September 2017

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	Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	Resident Birthdays: Sept. 6– Lester Hill Sept.19– Jean Walker Sept 25– Phyllis Eichen	Employee Birthdays: Sept 9-Beverly Fry Sept 11- Niko McDonald Sept 20- Chelsea Terrill Sept 27- Amalia Florez Sept 27-Lauren Moore		Daily Activities: 10:00 Refreshment Social 1:00 Afternoon Strolls 2:30 Refreshment Social 5:00 Music Appreciation *Schedule Subject to Change		1 10:30 Card-O 11:00 Music in Motion 1:30 Bingo 3:00 Fancy Fingers 4:00 Table Games	2 10:30 Louis on Piano 11:00 Sit & Be Fit 1:30 Puzzle Time 3:00 Bingo 4:00 Classic Movie	
	3 10:30 Card-O 11:00 Church / Hymns 1:30 Puzzle Time 3:00 Church / Bingo 4:00 Table Games	11:00 Sit & Be Fit 1:30 Bingo 3:00 Patriotic Sing A Long	5 9:30 Card-O 11:00 Music in Motion 1:30 Bingo 3:00 Cookie Decorating 4:00 Tai Chi	6 9:30 Ante Up Game 11:00 Sit & Be Fit 1:30 Bingo 3:00 Bob on Piano 4:00 Whoga	7 9:30 Trivia Thursday 11:00 Music in Motion 1:30 Bingo 3:00 Trivia Board Game 4:00 Pilates	10:30 Card-O 11:00 Music in Motion	9 Pancake Breakfast 10:30 Name 5 Game 11:00 Sit & Be Fit 2:00 Therapy Dogs 3:00 Bingo 4:00 Classic Movie	
Service Services	10 10:30 Card-O 11:00 Church / Hymns 1:30 Puzzle Time 3:00 Church / Bingo 4:00 Table Games	10:30 Name 5 Game 11:00 Sit & Be Fit 1:30 Bingo 3:00 Heart & Hope Music	12 9:30 Card-O 11:00 Music in Motion 1:30 Bingo 3:00 Uno Card Game 4:00 Tai Chi	9:30 Ante Up Game 11:00 Sit & Be Fit 1:30 Bingo 3:00 Bocci Ball 4:00 Whoga	9:30 Trivia Thursday 11:00 Music in Motion 1:30 Bingo 3:00 Popcorn Toss 4:00 Pilates		16 10:30 Name 5 Game 11:00 Sit & Be Fit 1:30 Puzzle Time 3:00 Bingo 4:00 Classic Movie	
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No.	24 10:30 Card-O 11:00 Church / Hymns 2:00 Therapy Dogs 3:00 Church / Bingo 4:00 Table Games	10:30 Name 5 Game 11:00 Sit & Be Fit 1:30 Bingo 3:00 Heart & Hope Music	26 9:30 Card-O 11:00 Music in Motion 1:30 Bingo 3:00 Bowling 4:00 Tai Chi	9:30 Ante Up Game 11:00 Sit & Be Fit 1:30 Bingo 3:00 Picture Frame Craft 4:00 Whoga	9:30 Trivia Thursday 11:00 Music in Motion 1:30 Bingo 3:00 Resident Council 4:00 Pilates	29 10:30 Card-O 11:00 Music in Motion 1:30 Bingo 3:00 Fancy Fingers 4:00 Table Games	30 10:30 Name 5 Game 11:00 Sit & Be Fit 1:30 Puzzle Time 3:00 Bingo 4:00 Classic Movie	

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