



# Regent Court

## SENIOR LIVING

541.758.8000 \* 400 NW Elks Drive \* Corvallis, OR 97330

Guided by Goodness, Loyalty, Faith, and Fun

### Letter from the Administrator

September, the month for The Walk to End Alzheimer's has arrived. Our team has raised nearly \$2000 for the cause that's just \$500 shy of our \$2500 goal. This year has been the biggest fundraising year in Regent Court history. Sami & Katie worked very hard to ensure that the car wash in July & Luau in August were a success. I cannot thank them enough for their hard work and dedication. I would also like to take the time to thank our volunteers for all their support.

The Walk to End Alzheimer's will take place on Sunday, September 17<sup>th</sup> at Timber-Linn Park in Albany. We hope to see you all there!!!

Please reach out to Sami or Katie if you have questions or would like to participate in the upcoming walk.

*Becca Hosner*



### Concierge Services

Transportation

Tuesday & Thursday from 8:30am – 4:30pm

Hair by Rhonda – By Appointment Only

To schedule one of these services please contact Ashleigh, Joanna or your Care Team.

Ashleigh Viscioni – Administrative Assistant  
[aviscioni@regentcourtseniorliving.com](mailto:aviscioni@regentcourtseniorliving.com)

Joanna Windsor – Weekend Manager  
[jwindsor@regentcourtseniorliving.com](mailto:jwindsor@regentcourtseniorliving.com)

Med Tech on Duty – Care Team  
[careteam@regentcourtseniorliving.com](mailto:careteam@regentcourtseniorliving.com)

## Your Leadership Team

Becca Hosner, Administrator

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Katie Graville, Community Relations Director

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Ully Fleck, RN, Wellness Services Director

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Kristina Vaughan, Resident Care Manager

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Alex Alvarez, Dining Services Director

[aalvarez@regentcourtseniorliving.com](mailto:aalvarez@regentcourtseniorliving.com)

Tim Rush, Building Services Director

[trush@regentcourtseniorliving.com](mailto:trush@regentcourtseniorliving.com)

Sami Gates, Life Enrichment Director

[sgates@regentcourtseniorliving.com](mailto:sgates@regentcourtseniorliving.com)

Maria Dunn, Life Enrichment Assistant

[activities@regentcourtseniorliving.com](mailto:activities@regentcourtseniorliving.com)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8 am—Breakfast 12 pm—Lunch 5 pm—Dinner</p> <p><b>Resident Birthdays:</b> <b>Larry. S 14th</b></p>	<h1>September 2017</h1> <p><i>Hand Pampering with Jackie every Thursday</i> <i>Rhonda, Hair Dresser—Call for appointment</i> <i>Regent Court Memory Care 400 NW Elks Dr. Corvallis, Oregon 97330</i></p>				<p><b>1</b> Daily News Chair Exercises Circle of Friends Moments of Joy Color Therapy Afternoon Stretch Coffee &amp; Conversation</p>	<p><b>2</b> Daily News Chair Exercises Circle of Friends Moments of Joy Afternoon Stretch Hallmark Channel Soothing Music Evening Movie</p>
<p><b>3</b> Daily News <b>10:30-Church Service &amp; Worship Music</b> Moments of Joy Short Stories <b>2:30-BINGO</b> Circle of Friends Soothing Music</p>	<p><b>4</b> Daily News Chair Exercises Circle of Friends Moment of Joy Sensory Stimulation <b>3:00-Musical Guest, Larry</b> Coffee &amp; Conversation Soothing Music</p>	<p><b>5</b> Daily News Chair Exercises Circle of Friends <b>11:00-Dog Therapy, Stella</b> Moments of Joy Color Therapy Afternoon Stretch Coffee &amp; Conversation Soothing Music</p>	<p><b>6</b> Daily News <b>9:30-Waverly Lake Park Outing</b> Hallmark Channel Sensory Stimulation Afternoon Stretch Coffee &amp; Conversation Soothing Music</p>	<p><b>7</b> Daily News <b>10:30-Musical Guest, Jeff</b> Moments of Joy Short Stories <b>2:30-BINGO</b> Circle of Friends Coffee &amp; Conversation <b>Thursday Night Football</b></p>	<p><b>8</b> Daily News Chair Exercises Circle of Friends Moments of Joy Color Therapy Afternoon Stretch Coffee &amp; Conversation Soothing Music</p>	<p><b>9</b> Daily News Chair Exercises Circle of Friends Moments of Joy Afternoon Stretch Hallmark Channel Soothing Music Evening Movie</p>
<p><b>10</b> Daily News <b>10:30-Church Service &amp; Worship Music</b> Moments of Joy Short Stories <b>2:30-Color Therapy, Family Tree</b> Circle of Friends Soothing Music <b>Sunday Night Football</b>  <i>Grandparents Day</i></p>	<p><b>11</b> Daily News Chair Exercises Circle of Friends Moments of Joy <b>2:30-FAMILY BINGO</b> Afternoon Stretch Coffee &amp; Conversation <b>Monday Night Football Party</b>  <i>Football &amp; Family Day</i></p>	<p><b>12</b> Daily News <b>10:30-Musical Guest, Slap Happy Drums</b> Moments of Joy <b>2:30-Ice Cream Bowling</b> Circle of Friends Coffee &amp; Conversation Soothing Music  <i>Take Your Child to Work Day</i></p>	<p><b>13</b> Daily News Hallmark Channel Circle of Friends <b>2:00-Family Portrait Day</b> <b>3:00-Potluck Picnic</b> Afternoon Stretch Coffee &amp; Conversation Soothing Music  <i>Staff Appreciation Day</i> <i>National Assisted</i></p>	<p><b>14</b> Daily News <b>Morning Movie: The Florida Keys, Ultimate Family Vacation</b> Moments of Joy <b>2:00-Family Beach Ball Toss</b> <b>2:30-BINGO</b> Circle of Friends Coffee &amp; Conversation <b>Thursday Night Football</b></p>	<p><b>15</b> Daily News <b>10:00-Musical Guest, Rachel</b> Circle of Friends Moments of Joy <b>2:30-Animal Therapy</b> Afternoon Stretch Coffee &amp; Conversation Soothing Music  <i>Take Your Pet to Work Day</i></p>	<p><b>16</b> Daily News Chair Exercises Circle of Friends Moments of Joy <b>2:30-Family Town Hall Meeting</b> Hallmark Channel Soothing Music Evening Movie  <i>Share &amp; Support Day</i> <i>National Assisted Living Week</i></p>
<p><b>17</b> Daily News <b>10:30-Church Service &amp; Worship Music</b> Moments of Joy Short Stories <b>2:30-BINGO</b> Circle of Friends Soothing Music <b>Sunday Night Football</b></p>	<p><b>18</b> Daily News Chair Exercises Circle of Friends Moments of Joy <b>3:00-Music &amp; Mimosas with Special Guest, Larry</b> Coffee &amp; Conversation <b>Monday Night</b></p>	<p><b>29</b> Daily News Chair Exercises Circle of Friends <b>11:00-Dog Therapy, Stella</b> Moments of Joy <b>2:30-August Birthday's, Let's Celebrate!</b> Afternoon Stretch Coffee &amp; Conversation</p>	<p><b>20</b> Daily News <b>10:00-Francescos's Gelato Café Outing</b> Hallmark Channel Sensory Stimulation Afternoon Stretch Coffee &amp; Conversation Soothing Music</p>	<p><b>21</b> Daily News <b>10:30-Musical Guest, Jeff</b> Moments of Joy Short Stories <b>2:30-BINGO</b> Circle of Friends Coffee &amp; Conversation <b>Thursday Night Football</b></p>	<p><b>22</b> Daily News Chair Exercises Circle of Friends Moments of Joy Color Therapy Afternoon Stretch Coffee &amp; Conversation Soothing Music</p>	<p><b>23</b> Daily News Chair Exercises Circle of Friends Moments of Joy Afternoon Stretch Hallmark Channel Soothing Music Evening Movie</p>
<p><b>24</b> Daily News <b>10:30-Church Service &amp; Worship Music</b> Moments of Joy Short Stories <b>2:30-BINGO</b> Circle of Friends</p>	<p><b>25</b> Daily News Chair Exercises Circle of Friends Moments of Joy Sensory Stimulation Afternoon Stretch Coffee &amp; Conversation <b>Monday Night</b></p>	<p><b>26</b> Daily News <b>10:30-Musical Guest, Slap Happy Drums</b> Moments of Joy Color Therapy Circle of Friends Coffee &amp; Conversation</p>	<p><b>27</b> Daily News <b>9:30-Albany Historic Carousel &amp; Museum Outing</b> Hallmark Channel Sensory Stimulation Afternoon Stretch Coffee &amp; Conversation</p>	<p><b>28</b> Daily News Chair Exercises Hair &amp; Nails Moments of Joy Short Stories <b>2:30-BINGO</b> Circle of Friends Coffee &amp; Conversation</p>	<p><b>29</b> Daily News Chair Exercises Circle of Friends Moments of Joy Color Therapy Afternoon Stretch Coffee &amp; Conversation</p>	<p><b>30</b> Daily News Chair Exercises Circle of Friends Moments of Joy Afternoon Stretch Hallmark Channel Soothing Music Evening Movie</p>

*Friends are the sunshine of life...*



We have been doing some pretty fun activities here at Regent Court in the last couple of months! In the pictures above, you may recognize the group “Dogs Gone Dancing” from a recent article in the Gazette Times. We were lucky enough to get in touch with them and have them come out and give us a friendly dose of doggie kisses. Smiles and laughs were shared by all during this creative animal therapy session. It doesn't get much cuter than a dancing, prancing dog, after all. The pictures below are from one of our outings to the Corvallis Farmers Market. Staff and residents alike shared a nice sunny morning together, trying fresh fruit and vegetables, watching the hula dancer's dance, and the kiddos playing in the water fountain. The summer weather has allowed us to be more active with our outings. We went to Midway Farms for a lesson on farming and milking the cows, as well as Hiatt Farms for some homemade pie. We are eager to see what comes next!



never let go of your  
**D R E A M S**

## Save the Date

National Assisted  
Living Week,  
September 10<sup>th</sup>—16<sup>th</sup>

Walk to End Alzheimer's  
Sunday, September 17<sup>th</sup>  
at 1:00pm

Singer, Jeff Lesmeister –  
Thursday, September 7<sup>th</sup> and  
September 21<sup>st</sup> at 10:30am

Singer, Larry Ditgen –  
Monday, September 4<sup>th</sup> at  
3pm and September 18<sup>th</sup> at  
3pm with Music & Mimosas

Slap Happy Drums –  
Tuesday, September 12<sup>th</sup> and  
September 26<sup>th</sup> at 10:30am

Singer, Rachel Varnye–  
Friday, September 15<sup>th</sup> at 10am

Church and music is offered  
every Sunday at 10:30am.  
Our non-denominational  
church service is tailored to  
the needs of individuals with  
dementia. The public is  
invited to attend this service.



Facebook.com/RegentCourtSeniorLiving





# Regent Court

## SENIOR LIVING

*Guided by goodness, loyalty, faith, and fun*

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Corvallis, OR 97330

*Family isn't always blood, it's the people in your life that who want you in theirs: the ones who accept you for who you are, the ones who would do anything to see you smile and who love you no matter what.*

– Maya Angelou

Please join us in celebrating

# FAMILY IS FOREVER

For National Assisted Living Week<sup>®</sup>

September 10–16, 2017

400 NW Elks Drive, Corvallis • 541.758.8000



**SUNDAY: GRANDPARENTS DAY** 2:30pm Help put together a large family tree to acknowledge the family-like relationships between staff & residents!

**MONDAY: FOOTBALL & FAMILY DAY** Wear your favorite team apparel at 2:30pm for FAMILY BINGO, with prizes! Monday Night Football Party begins at 4pm in Mountain Park. Snacks and refreshments provided.

**TUESDAY: TAKE YOUR CHILD TO WORK DAY** Show your kids the rewarding work you do each day to enrich the resident's lives at 10:30am during Slap Happy Drums. Join us at 2:30pm for Ice Cream Bowling!

**WEDNESDAY: STAFF APPRECIATION DAY** (Wear Purple!) 2pm is Family Portrait Day! Jo Calland will capture our family-like relationships. Potluck Picnic in the Valley Courtyard at 3pm. Bring your favorite dish!

**THURSDAY: DESTINATION VACATION DAY** Share your favorite family vacation story, memorabilia & souvenirs with our residents! Morning movie: The Florida Keys, Ultimate Family Vacation at 10:15am. At 2pm Family Beach Ball Toss, followed by Road Trip BINGO.

**FRIDAY: TAKE YOUR PET TO WORK DAY** **ANIMALS ARE FAMILY TOO!** Show off your cute pet and share their unconditional love for people with our residents. Animal Therapy session At 2:30pm.

**SATURDAY: SHARE & SUPPORT DAY** Share your thoughts on each department at Regent Court as we support each other in making this the best work environment for both staff and our residents. We will wrap up NALW by inviting staff and family members to attend our 2:30pm monthly Family Town Hall Meeting.