

Pacifica Tidings



June
2017



A Note from the Executive Director

Dear Resident and Family Members-

With all of the nice weather we have seen lately we are thrilled to start having activities outside! As you are aware, we recently held our Mother's Day Tea outside and are preparing for our Father's Day Bar-B-Que! Let's hope that we are able to hold on to this nice weather streak.

As I mentioned last month, we are still under construction on the community cottage and Fir cottage. I have been told that by the time this letter comes out the community cottage will be open again and several of the staff members will be back in their normal locations! We appreciate all of your understanding and patience as construction is hard for everyone. However, once you are able to see the completed work I think you will be over the moon with the new look that your home will have. Thank you again for all of your patience.

Sincerely-

Jake Call-Regional Director of Operations

Who am I?

I was born 9/18/1920. I grew up in Oregon where I went to school. I was married 2 times and I have 3 children 2 boys and 1 girl. I am now blessed with 7 grandchildren. I was an electrician for years. I now live here in Alder cottage where I have made friends. I have enjoyed the scenic drive with ice cream, I enjoy playing BINGO, I do pretty well. I have shown my skills at bean bag toss.

Welcome to Our Community

Floy and Morris Dalton
Caroline Lamb
Alice Roeder
Betty Treece

Activities & Special Events

Well I cant believe it is June already. We have been having a lot of fun here at Pacifica. We had our Mothers Day Tea that was just beautiful, for the residents and family members. We will be having our first Bar-B-Que of the season for Fathers Day, of course all are welcome. We will be sending out invitations to our family's so keep your eye out, and please R.S.V.P. Our new Jeopardy game is a huge success we are all enjoying it. Well our community cottage is done, thank heavens we invite you all to come and take a look. Lets see we were off to lunch with our 2 winners from the bean Bag Toss and Ring Toss, they picked the Olive Garden yum.



Health & Fitness by

We have many residents who love to walk, rain or shine. I can watch them walking from my window. Our residents enjoy exercise class and balloon toss. Everyday in Memory Care is about Health and Fitness, we start the morning with the morning stretch, then we get ready for our exerciser class. The residents enjoy Singer-size where we sing songs like My Bonnie lies over the ocean, Take me out to the ball game and many others. When Spring is in the air the residents love to walk around their yard, we have a couple of people who love to clean up the garden. We not only exercise our body's we also exercise our minds, with games like Name that tune Hang man and many more. We have a wonderful musical program with Karaoke and lots of Sing along. Music is good for the mind and Sou. When the weather is good we enjoy going on scenic drives, the residents like this a lot.

Birthdays

Mary Venie Minson 6/10

Vince Reagan 6/11



Spiritual Activities

On Sundays we are visited by a husband and wife from Saint Michaels Parish and they have a church service for our residents. Ruby comes by and gives Communion to our residents. On Wednesdays . Our residents enjoy when we read uplifting short stories.

Sunday in Memory Care, we offer Sunday Morning Sermons, we have Hymn Book so thy can enjoy some favorite old gospel tunes and in the afternoon we have Sunday Sing Along.



Who Am I? (answer)

Aldon
Dallman



Management Team

Jake Call
Executive Director

Russell Christenson
Community Relations Director

Nancy Thomas
Activities Director

Cindy Freeman
Food Service Director

Eric Cole
Maintenance Director

Michael Cain
Residential Care Director

Nicole Jamison
Office Manager



*Pacifica Senior Living is committed to
supporting our communities,
residents, and the families we serve.*

*We strive to create a lifestyle of
independence, security, and peace of mind.*

*It is through our dedicated and caring
team members that our culture is
exemplified in service, accountability,
teamwork and compassion.*

*The right choice. The right time.
Welcome Home!*



PACIFICA
SENIOR LIVING

SNOHOMISH
Assisted Living
Memory Care

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Welcome Home!