

Juanita's

**Monday September 11th
@ 1:30pm**

**Bring a friend and
receive 2 raffle tickets.**

Office Hours

**Monday-Friday 8:30am-5:30pm
Saturday & Sunday 9:00am-5:00pm**

Administrator ~ Juanita Junco
Marketing Director ~ Marlene Squire
Activity Director ~ Tina Evans
Resident Relations ~ Beth Kovarik
R.R. Part Time ~ Traci Gelgood
Maintenance ~ Jack, Donnie
Transportation ~ Bruce and Joe
Housekeeping ~ Margaret, Phul,
Terri
Night Porters Part Time ~ Sherri,
Joy, Hisabel and Shane

Roseville Commons Phone Numbers:

Office	(916) 786-2751
Fax	(916) 786-2781
Transportation	(916) 870-2452
Kitchen	(916) 786-3724
Activities Office	(916)749-3189

List of In-House Services

Rose Petal Salon
Christina Valdez
(916)878-0435

Hours

Open Tuesday ~ Friday
9:00am-4:00pm

Manicures & Pedicures available

**September Special:
\$5 off a Mani/Pedi**

Clean Touch

Cleaners & Alterations

Will Huttunen
(916)366-6666

Blood Pressure Checks

Twice a month in the Lobby
1st and 3rd Thursday of the month
9:30am

Except if they are on an Emergency Call!

Rite Aid

Will deliver prescriptions to your door.
(916)784-1590

Sam's Hearing Center Clinic

Juliet

(916)724-0078

Free Cleaning, batteries & check-up
2nd THURSDAY of every month
on the 1st Floor in the Craft Room
@ 2:00pm.

Celtic Hands Massage

Kevin McLachlan
(916) 878-6189
Every 2nd and 4th Wednesdays

**Sign up in the notebook for
Transportation, Excursions,
Messages and for the Hearing Clinic.**

The Rose Review

Roseville Commons • 275 Folsom Rd. Roseville, Ca 95678 • (916) 786-2751 • www.RayStoneSeniors.com



Happy September Everyone!

It is already September! I cannot believe how time has gone by so quickly, we are all in hope of a little rain this month; so, we can have a beautiful autumn this year. I am sure we all agree that autumn brings colorful fall leaves. It is my favorite time of the year!

A Special Month

September is a very special month. We have three wonderful dedicated ladies working here at Roseville Commons that are celebrating their 10th anniversary. There are not enough words to describe how much we appreciate them and would like to thank them for all they do for us, as well as the residents.

Margaret



Phul



Terri



Thank you so much for everything you do here at Roseville Commons, all three of you ladies are always positive, caring and you are all very hard workers. Roseville Commons would not be complete without Margaret, Phul and Terri.

Juanita

September

Roseville Commons TRANSPORTATION SCHEDULE

GROCERY SHOPPING & ERRANDS

Holiday	Sept. 4th
Monday	Sept. 11th
Monday	Sept. 18th
Monday	Sept. 25th

MEDICAL & DENTAL APPOINTMENTS

Tuesdays &

Thursdays

EXCURSIONS

Fridays

Sign up in the Books!

Marketing Moments

Smile
Exercise and
Play
Try your best
Each and every day
Make new friends
Be as nice as you can
Eat well
Roseville Commons is the place to be!

September is a month full of sensational activities ~ there's something for everyone to enjoy! Be sure to check your calendar every morning.

We are so excited to have Hawks, Honkers & Hoots visit us on Tuesday, September 12th. Invite your family and friends to meet these glorious Birds of Prey upclose and in person in the Rose Room as you learn about their lives and habitats!

Last call ~ Our 2017 – 2018 Food Focus Group will begin next month. Its goal is to provide feedback, positive and negative, to management so that your dining experience here at Roseville Commons is beyond compare! We are looking for 8 committed residents to represent their friends and neighbors through March 2018. If you would like to volunteer, please let me know by September 15th.

Grandparents Day is Sunday, September 10th ~ Do Something Grand!

Marlene

Meet Our New Fulltime Maintenance Man Jack Pesola



Jack's been in the maintenance line of business off and on for the last 25 years. His background is construction and remodel work. Jack has been married for 26 years and has two children; a son who is a Sergeant in the United States Marine Corps and a daughter who is attending college, and an 18-month old English Cream Golden Retriever named Abby.

Jack loves all things "history" and war movies and loves watching "How it's Made" on the History Channel and "Top Chef" on the Cooking Channel. He's quite the cook himself and makes a fabulous lasagna. He comes from a large Italian family and has 8 brothers and 3 sisters. His dad is 87 years old and still has Sunday dinner for everyone. Jack enjoys writing and is involved with the Men's Ministry at his church.

Next time you see Jack, make sure you welcome him to our team!

Juanita

SIGN UP FOR OUR FOOD FOCUS GROUP

Our Food Focus Group begins again next month. If you are interested in being a part of this important group, please let me know by **September 15th**. You must be able to attend the one (1) hour monthly meeting, term is six (6) months and be open to receiving your friends and neighbor's

compliments, concerns and complaints and presenting them to Chef Brian, Juanita and me in a concise, professional manner, member time is limited to five (5) minutes. Yes, we will have a timer! Eight (8) members will be chosen in a random drawing and announced on **September 26th**.

DID YOU OR YOUR FAMILY MEMBER POST A REVIEW? LOOK WHAT YOU CAN WIN!!!!

An Autumn special! If you or a family member post an awesome review of our community on **Google+, Yelp or Facebook (Roseville Commons Senior Living)** during the month, your name will be entered a raffle ... a **\$50.00 Visa gift card**



could be yours! You can reach all these review sites on our Roseville Commons Senior Living website; the link is located below.

Roseville-Commons.com

Culinary Corner

Hello Roseville Commons Residents,

This month we will be celebrating Labor Day with a delicious Cowboy Burger. We will top off an all-beef patty with cheese, sweet caramelized onions, steak sauce and bacon. Rustic and savory, it will definitely appease your taste buds!



I wanted to mention something about the seating policy in the dining room for lunch and dinner. We will always try to accommodate your seating preferences as best we can, but remember that there is **NO ASSIGNED**



SEATING in the dining room. We function on a first come, first serve basis, and we constantly must assess the dining room to seat residents in the least busiest section, in order to provide the

best service possible to all of our residents. Please keep these circumstances in mind if we are ever unable to seat you at your preferred table.

Thanks again for your cooperation and understanding.

Sincerely,
Chef Brian



Don't forget to check out your daily calendar to see what activities we have going on for this month, like our speaker series on Tuesdays, our daily games, movies, arts and crafts, vendors, happy hours, social events and our Friday outings.

Tina