

Hilltop Commons Phone Numbers

Office: (530) 272-5274
Kitchen: (530) 272-2854
Maintenance: (530) 272-5274
Activities: (530) 272-5274
Fax: (530) 272-5275

Laundry Room Hours:

Daily: 7:00am-9:00pm
Please remove all items from washers and dryers by 9:00pm

Van Schedule

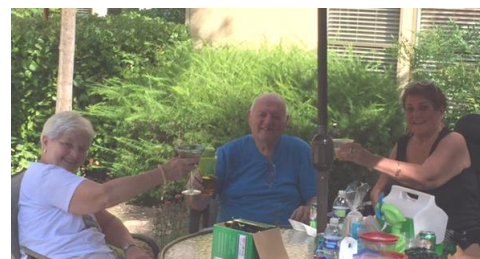
Van leaves at 10:00 am
Tuesday: Brunswick Area
Wednesday: Medical Appointments
Thursday: Pine Creek Area

Beauty Salon Hours:

Wednesday/Thursday/Friday
By appointment only
Please call (530) 271-5958

Important Phone Numbers

Gold Country Lift: 271- 7433 (271-RIDE)
Post Office: 273-3429
The Union: 273-9565
Comcast Cable: 1-800-266-2278
AT&T: 1-800-750-2355
Sacramento Bee: 1-800-284-3233
Grass Valley Police
477-4600 (non-emergency)



October Birthdays

MaryGrace Neves.....October 1
Jessie Lance..... October 2
Arleigh Sanders.....October 15
Connie Yates.....October 26
Nancy Boling.....October 28

October Anniversaries

Anita Resta 1 year
Joan Kearney 1 year
Ruth Shani 1 year
Kay Seitz 2 years
Nancy Boling 3 years
Shirley Hamilton 4 years



October Newsletter

Hilltop Commons 131 Eureka St. Grass Valley CA 95945 (530) 272-5274



**From the Desk of Terri Howell
Community Administrator**



Hello October!

I love this month! It's officially time to break out all the fabulous fall decorations; pumpkins & scarecrows and drink pumpkin spiced lattes. It's time to visit a corn maze or watch a scary movie. It's time for fuzzy slippers and cozy crochet afghans, hot cider and candy-corn (my favorite).

I remember as a kid trying to come up with the perfect Halloween costume and spending hours with my friends discussing our various options. We didn't have the big, fancy Halloween stores they have now so we had to use our mother's sewing skills and our imaginations. I think my parents got as excited about the whole event as my sister and I did. They always had creative and fun ideas and were more than happy to lend a hand. Halloween was definitely a family affair in our household.

My son, however, loved going to the Halloween stores and picking out not only a costume but every other item that he could convince me he needed to complete his look. The funny thing is for 5 years straight he decided to be a ninja warrior. Of course he couldn't use the same costume, he convinced me (not difficult to do) that he wanted to be a "different" ninja with "different" weapons, etc. We would go back and forth about the merits of going as a pirate or a scarecrow, like in my childhood, but he always chose a ninja warrior, much to my dismay. I really miss those days.

Whatever it is that gets you into the October mood, I think we have you covered at Hilltop Commons. It's sure to be a fun-filled month with all the wonderful flavors of fall. I hope you enjoy!

Celebrating October

Tuesday October 10th
Music
"The Jazz Band"

Thursday October 12th
Bingo Bonanza
Open House

Saturday October 21st
Big Breakfast

Wednesday October 25th
Speaker
"Medicare 101"

Tuesday October 31st
Halloween

Every Sunday
Ice Cream Socials



**Marketing Minutes
By Sue Hudson
Marketing Director**

Plan on having a lot of fun and win **GREAT prizes at our Bingo Bonanza Extravaganza Thursday Oct. 12th**! Once again we have teamed up with Brunswick Village to make this fundraiser event even better! Your \$15 donation will go to Gold Country Community Services which provides Meals-on-Wheels for shut-in seniors and the Free Firewood Program for seniors who cannot afford to heat their home. We will be serving beer, wine, punch and snacks.

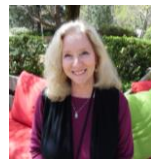


This event is limited to 40 players, so be sure to bring your \$15 tax deductible check made out to G.C.C.S. to the office and reserve your seat as soon as possible!

We are blessed to be at Hilltop, we have everything we need and are well taken care off. This is a fun and easy way to donate to those less fortunate. We hope to see you at BINGO BONANZA!

Love,
Your dedicated Marketing Director
Sue

**Letter from the Editor
Traci Gelgood
Assistant Marketing Director**



Happy Fall!

I would love to hear your feedback on the newsletter – please feel free to come in to let me know what you like and what you'd like to see!!

Or just come in to say hello!!



Traci



**Activity Corner
By Sabrina Busher
Activity Director**

“Everyone has inside of him a piece of good news. The good news is that you don’t know how great you can be! How much you can love! What you can accomplish! And what your potential is!”

What a great turn out for our wildlife rescue presentation. The owls were truly amazing. They will be back in the coming year to share more wildlife with us.

The end of the summer picnic at Penn Valley Park was a lot of fun. The park is so beautiful. I am glad everyone had a nice time.

The conductor on the railcar was so informative. What a fun time.

This month we are going to High Hand Nursey for lunch and to see the fall colors.

Rite Aid will be here to give the flu shots we all need. Please look for the sign ups.

Don’t forget we are having a breakfast club once a month. Don’t miss out. Look at your event calendars so you can join in on the fun.

**BE THE REASON SOMEONE SMILES
TODAY !**



Culinary Corner



October is a great time of year. It is finally cooling down and all the trees are changing. Also the menu is changing to accommodate the weather change. You will see some new items on the menu for these cold winter months. Please let me know if you have any suggestions. Don’t be shy.

The last Happy Hour of the month is the Octoberfest Party so come join us and celebrate with some delicious food and live entertainment. Can’t wait to see you all there. 🍷

As always we have BIG BREAKFAST on the 3rd Saturday of every month. This month it falls on October 15th from 10:30am to 12:30pm. Please feel free to invite your family and friends. If you are going to have guests we would like to know in advance so we are prepared for you, so PLEASE MAKE RESERVATIONS!! Each guest for BIG BREAKFAST is \$12.00. We do not accept free guest meal tickets on this day. We look forward to seeing everyone for this wonderful event!

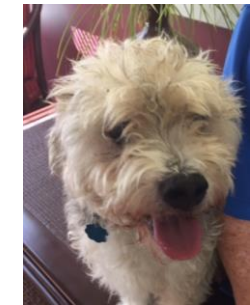
Sincerely,
Chef Jammie Barquilla
Kitchen #272-2854

Dining Room Hours
Brunch 10:30am – 12:30pm
Dinner 4:30pm – 5:45pm

PLEASE REMEMBER

IF YOU ARE PLANNING ON HAVING GUESTS IN THE DINING ROOM, PLEASE MAKE RESERVATIONS AT LEAST A WEEK IN ADVANCE SO THE KITCHEN CAN BE PREPARED WITH PLENTY OF FOOD FOR EVERYONE TO ENJOY. THANK YOU!

**New Resident Testimonial:
Jack Coffey**



What is your favorite thing about Hilltop Commons?

Arf! I really love the location of our apartment - it is so close to the wonderful outside patio. There are so many great smells and I also get to see some of my friends. I always smile at them as they walk by.

What was the #1 reason that made you choose Hilltop Commons?

Well as you probably know by now, I myself did not get to choose Hilltop. It was Dad, my owner. But I will say this, I am ever so glad I live here. The residents here are great! And to tell you the truth I have a little thing for a lady dog named Lucy but don’t say anything to my Dad. Arf!!

What is your favorite activity at Hilltop Commons?

For my Dad and me it is paws down HAPPY HOUR. We love the music and I get to see all my friends. Sometimes I flirt with the residents and they give me treats and say how cute I am. I hope I don’t get a big head! Oh well so what if I do.

What advice would you offer someone looking to move to Hilltop?

Don’t wait. You will be so happy here! Between the wonderful residents and all the new friends I have met and all the love - it is truly a dream come true. ARF! ARF!