

# OCTOBER 2017

Green Oaks Senior Living: **Independent Living**

Color your life with... Stage & Screen Music

Did you know?

The first movie soundtrack album commercially available was the one from Disney's Snow White and the Seven Dwarfs.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>9:00</b> Joel Osteen Televised Sermon TH <b>9:30</b> Spectra Fit <b>10:00</b> Prayers and Inspiration SL <b>10:30</b> Tai Chi WC <b>1:00</b> Scattegories SL <b>1:30</b> Hand & Foot Fighters <b>2:30</b> Movie Matinee TH <b>3:00</b> Sip & Sketch CR <b>7:00</b> Movie TH	<b>2</b> <b>10:00</b> Spectra Fit Balance Fitness WC <b>10:30</b> Shopping Trip/Walgreens L <b>11:00</b> Canasta Corner SL <b>1:30</b> Bingo Bonanza CR <b>2:00</b> Meet & Greet w/Bowes Clinicians CR <b>2:30</b> Knitting Korner CR <b>3:00</b> Marvelous Minds CR <b>3:30</b> Spectrum Steppers L <b>7:00</b> Movie Night TH	<b>3</b> <b>10:00</b> I.H.P.S. Chair Exercise w/Anastasia WC <b>10:30</b> J.U.L.I.E.T. Tea..WB <b>11:00</b> Marvelous Minds Choice SL <b>1:30</b> Bingo Bonanza/Prizes CR <b>2:00</b> Bridge Club SL <b>2:30</b> Spectra Steppers L <b>3:00</b> HUGS Random Acts of Kindness CR <b>4:00</b> Poetry Innovations/Creative Writing SL	<b>4</b> <b>10:00</b> Spectra Fit Chair Yoga WC <b>10:30</b> What's News? WB <b>11:00</b> Picnic / Independence Grove L <b>2:30</b> Bridge Club SL <b>3:00</b> Spectra Fit L <b>3:30</b> Adult Color Therapy CR <b>4:00</b> Poetry Innovations / Creative Writing SL	<b>5</b> <b>10:00</b> Marvelous Minds SL <b>10:00</b> I.H.P.S. Chair Exercise w/Anastasia WC <b>11:00</b> Book Club SL <b>1:30</b> Bingo Bonanza/Prizes CR <b>2:00</b> Chef Creation CR <b>3:00</b> Poker Panthers <b>3:30</b> Refresh & Relax WB <b>4:30</b> Christ Church Youth Group CR <b>6:30</b> Games w/ Dice	<b>6</b> <b>10:00</b> Spectra Fit Strength Training WC <b>10:00</b> Spectra Fit Balance Fitness WC <b>10:30</b> Shopping Trip/ Target L <b>11:00</b> Marvelous Minds CR <b>3:30</b> Meet Your Neighbors Social Hour WB <b>4:00</b> Poetry Innovations/Creative Writing SL <b>7:00</b> Movie Night TH	<b>7</b> <b>10:00</b> Spectra Fit Balance Fitness WC <b>11:00</b> Tai Chi WC <b>11:00</b> Cribbage Captains CR <b>1:30</b> Friends and Family Ice Cream Social CR <b>2:30</b> Movie Matinee TH <b>3:00</b> Spectrum Steppers L <b>7:00</b> Movie TH
<b>8</b> <b>9:00</b> Joel Osteen Televised Sermon TH <b>10:00</b> Prayers and Inspiration SL <b>11:00</b> Tai Chi WC <b>1:00</b> Scattegories SL <b>1:30</b> Hand & Foot Fighters <b>2:30</b> Movie Matinee TH <b>3:00</b> Sip & Sketch CR <b>4:00</b> Poetry Innovations/Creative Writing SL	<b>9 Columbus Day</b> <b>10:00</b> Spectra Fit Balance Fitness WC <b>10:30</b> Shopping Trip/Jewel L <b>11:00</b> R.O.M.E.O. Lunch Outing L <b>11:00</b> Canasta Corner SL <b>1:30</b> Bingo Bonanza CR <b>2:30</b> Knitting Korner CR <b>3:00</b> Marvelous Minds CR <b>7:00</b> Movie Night TH	<b>10</b> <b>10:00</b> I.H.P.S. Chair Exercise w/Anastasia WC <b>10:30</b> Marjong Challenge w/Karen Fisher CR <b>11:00</b> Marvelous Minds Choice SL <b>1:30</b> Bingo Bonanza/Prizes CR <b>2:00</b> Bridge Club SL <b>2:30</b> Spectra Steppers L <b>4:00</b> Poetry Innovations/Creative Writing SL <b>6:30</b> Bell Choir Bunch SL	<b>11</b> <b>10:00</b> Spectra Fit Chair Yoga WC <b>10:30</b> Shopping Trip/ Sunset Foods Grocery L <b>10:30</b> What's News? WB <b>11:00</b> Lunch Outing Lambs Farm L <b>2:00</b> Christ Church Presentation w/ Pastor Anson <b>3:00</b> Spectra Fit L <b>3:30</b> Adult Color Therapy CR <b>4:00</b> Poetry Innovations / Creative Writing SL	<b>12</b> <b>10:00</b> Marvelous Minds SL <b>10:00</b> I.H.P.S. Chair Exercise w/Anastasia WC <b>11:00</b> Book Club SL <b>11:30</b> R.O.M.E.O. Lunch The Lantern <b>1:30</b> Bingo Bonanza/Prizes CR <b>3:00</b> Poker Panthers <b>3:30</b> Meet Your Neighbors Happy Hour Music by Mike Basion CR <b>4:30</b> Christ Church Youth Group CR	<b>13</b> <b>10:00</b> Spectra Fit Strength Training WC <b>10:00</b> Spectra Fit Balance Fitness WC <b>10:30</b> Shopping Trip/ Vernon Hills Mall L <b>11:00</b> Marvelous Minds CR <b>3:30</b> Meet Your Neighbors Social Hour WB <b>4:00</b> Poetry Innovations/Creative Writing SL <b>7:00</b> Movie Night TH	<b>14</b> <b>10:00</b> Spectra Fit Balance Fitness WC <b>11:00</b> Tai Chi WC <b>11:00</b> Cribbage Captains CR <b>1:30</b> Friends and Family Ice Cream Social CR <b>2:30</b> Movie Matinee TH <b>3:00</b> Spectrum Steppers L <b>7:00</b> Movie TH
<b>15</b> <b>9:00</b> Joel Osteen Televised Sermon TH <b>10:00</b> Prayers and Inspiration SL <b>11:00</b> Tai Chi WC <b>1:00</b> Scattegories SL <b>1:30</b> Hand & Foot Fighters <b>2:30</b> Movie Matinee TH <b>3:00</b> Sip & Sketch CR <b>4:00</b> Poetry Innovations/Creative Writing SL	<b>16</b> <b>10:00</b> Spectra Fit Balance Fitness WC <b>10:30</b> Shopping Trip/Marianos L <b>11:00</b> Canasta Corner SL <b>1:30</b> Bingo Bonanza CR <b>2:30</b> Knitting Korner CR <b>3:00</b> Marvelous Minds CR <b>7:00</b> Movie Night TH	<b>17</b> <b>10:00</b> I.H.P.S. Chair Exercise w/Anastasia WC <b>10:30</b> Marjong Challenge w/Karen Fisher CR <b>11:00</b> Marvelous Minds Choice SL <b>1:30</b> Town Hall Meeting CR <b>1:30</b> Bingo Bonanza/Prizes CR <b>2:00</b> Bridge Club SL <b>2:30</b> Activity Mtg CR <b>4:00</b> Poetry Innovations/Creative Writing SL	<b>18</b> <b>10:00</b> Spectra Fit Chair Yoga WC <b>10:30</b> Shopping Trip CVS L <b>10:30</b> What's News? WB <b>11:00</b> Lunch Outing Panera Bread L <b>2:00</b> Christ Church Presentation w/ Pastor Anson <b>3:00</b> Spectra Fit L <b>3:30</b> Adult Color Therapy CR <b>4:00</b> Poetry Innovations / Creative Writing SL	<b>19</b> <b>10:00</b> Marvelous Minds SL <b>10:00</b> I.H.P.S. Chair Exercise w/Anastasia WC <b>11:00</b> Book Club SL <b>1:30</b> Bingo Bonanza/Prizes CR <b>2:00</b> Chef on Display-CR <b>3:00</b> Poker Panthers <b>3:30</b> Refresh & Relax WB <b>4:30</b> Christ Church Youth Group CR <b>6:30</b> Games w/ Dice	<b>20</b> <b>10:00</b> Spectra Fit Strength Training WC <b>10:30</b> Shopping Trip/ Target L <b>11:00</b> Marvelous Minds CR <b>3:30</b> Meet Your Neighbors Social Hour WB <b>4:00</b> Poetry Innovations/Creative Writing SL <b>7:00</b> Movie Night TH	<b>21</b> <b>10:00</b> Spectra Fit Balance Fitness WC <b>11:00</b> Tai Chi WC <b>11:00</b> Cribbage Captains CR <b>1:30</b> Friends and Family Ice Cream Social CR <b>2:30</b> Movie Matinee TH <b>3:00</b> Spectrum Steppers L <b>7:00</b> Movie TH

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>22</b></p> <p><b>9:00</b> Joel Osteen Televised Sermon TH  <b>10:00</b> Shopping Trip/Kohls  <b>10:00</b> Prayers and Inspiration SL  <b>11:00</b> Tai Chi WC  <b>1:00</b> Scattegories SL  <b>1:30</b> Hand &amp; Foot Fighters  <b>2:30</b> Movie Matinee TH  <b>3:00</b> Sip &amp; Sketch CR  <b>4:00</b> Poetry Innovations/Creative Writing SL</p>	<p><b>23</b></p> <p><b>10:00</b> Spectra Fit Balance Fitness WC  <b>10:30</b> Shopping Trip/Walgreens L  <b>11:00</b> Canasta Corner SL  <b>1:30</b> Bingo Bonanza CR  <b>2:30</b> Knitting Korner CR  <b>3:00</b> Marvelous Minds CR  <b>7:00</b> Movie Night TH</p>	<p><b>24</b></p> <p><b>10:00</b> I.H.P.S. Chair Exercise w/Anastasia WC  <b>10:30</b> Marjong Challenge w/Karen Fisher CR  <b>11:00</b> Marvelous Minds Choice SL  <b>1:30</b> Bingo Bonanza/Prizes CR  <b>2:00</b> Bridge Club SL  <b>2:30</b> Spectra Steppers L  <b>4:00</b> Poetry Innovations/Creative Writing SL  <b>6:30</b> Bell Choir Bunch SL</p>	<p><b>25</b></p> <p><b>10:00</b> Spectra Fit Chair Yoga WC  <b>10:30</b> Shopping Trip/ Trader Joe's L  <b>10:30</b> What's News? WB  <b>11:00</b> Lunch Outing The Tavern L  <b>2:00</b> Christ Church Presentation w/ Pastor Anson  <b>3:00</b> Spectra Fit L  <b>3:30</b> Adult Color Therapy CR  <b>4:00</b> Poetry Innovations / Creative Writing SL</p>	<p><b>26</b></p> <p><b>10:00</b> Marvelous Minds SL  <b>10:00</b> I.H.P.S. Chair Exercise w/Anastasia WC  <b>11:00</b> Book Club SL  <b>11:30</b> Under the Sea Luncheon EDR/WDR  <b>1:30</b> Bingo Bonanza/Prizes CR  <b>3:00</b> Poker Panthers  <b>3:30</b> Refresh &amp; Relax WB  <b>4:30</b> Christ Church Youth Group CR  <b>6:30</b> Games w/ Dice</p>	<p><b>27</b></p> <p><b>10:00</b> Spectra Fit Strength Training WC  <b>10:30</b> Shopping Trip/ Target L  <b>11:00</b> Marvelous Minds CR  <b>1:30</b> Reflections of a Life Well Lived SL  <b>3:30</b> Meet Your Neighbors Social Hour WB  <b>4:00</b> Poetry Innovations/Creative Writing SL  <b>7:00</b> Movie Night TH</p>	<p><b>28</b></p> <p><b>10:00</b> Spectra Fit Balance Fitness WC  <b>11:00</b> Tai Chi WC  <b>11:00</b> Cribbage Captains CR  <b>1:00</b> Friends &amp; Family Bingo Bonanza CR  <b>1:30</b> Friends and Family Ice Cream Social CR  <b>2:30</b> Movie Matinee TH  <b>3:00</b> Spectrum Steppers L  <b>7:00</b> Movie TH</p>
<p><b>29</b></p> <p><b>9:00</b> Joel Osteen Televised Sermon TH  <b>10:00</b> Prayers and Inspiration SL  <b>11:00</b> Tai Chi WC  <b>1:00</b> Scattegories SL  <b>1:30</b> Hand &amp; Foot Fighters  <b>2:30</b> Movie Matinee TH  <b>3:00</b> Sip &amp; Sketch CR  <b>4:00</b> Poetry Innovations/Creative Writing SL  <b>7:00</b> Movie TH</p>	<p><b>30</b></p> <p><b>10:00</b> Spectra Fit Balance Fitness WC  <b>10:30</b> Shopping Trip/Walgreens L  <b>11:00</b> Canasta Corner SL  <b>1:30</b> Bingo Bonanza CR  <b>2:30</b> Knitting Korner CR  <b>3:00</b> Marvelous Minds CR  <b>7:00</b> Movie Night TH</p>	<p><b>31 Halloween</b></p> <p><b>10:00</b> I.H.P.S. Chair Exercise w/Anastasia WC  <b>10:30</b> Marjong Challenge w/Karen Fisher CR  <b>11:00</b> Marvelous Minds Choice SL  <b>1:30</b> Bingo Bonanza/Prizes CR  <b>2:00</b> Bridge Club SL  <b>2:30</b> Spectra Steppers L  <b>3:30</b> Halloween Masquerade Social EDR  <b>6:30</b> Bell Choir Bunch SL</p>	<p>BRR Billiard Rec Room            CR Community Room            CL Computer Lab            EB East Bistro            EDR East Dining Room            G Greenhouse            L Lobby            LP Lower Patio            SL Sky Lounge            TH Theatre            UP Upper Patio            WB West Bistro            WC Wellness Center            WDR West Dining Room</p>	<p>Activities are subject to change            *Sign up in the Activity Book at Concierge            ^ There is a Fee for this Activity</p>	<p>Medical Appointments *            Tuesdays &amp; Thursdays 9am to 3pm            Please see Concierge to book transportation which must be made at least 24 hours in advance.</p>	