

OCTOBER 2017

Southview Assisted Living & Memory Care: **Residence Club**

Color your life with... Stage & Screen Music

Did you know?

The first movie soundtrack album commercially available was the one from Disney's Snow White and the Seven Dwarfs.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Spectrum Steppers SL 9:30 Church Service CR 10:30 SpectraFit SL 11:00 Lunch Dates WDR 11:30 Free Time 1:30 Films & Friends: Viewers Choice TH 2:45 B3 Bar CR 4:00 Dinner Dates WDR 6:00 Films & Friends TH	2 9:00 Spectrum Steppers SL 10:00 LifeShare CR 10:15 Daily Updates CR 10:30 RPI TheraBand CR 11:00 Lunch Dates WDR 11:30 Free Time 1:15 Films & Friends TH 2:00 Bingo CR 3:00 Salon Treatments CR 3:00 Old Talk Radio CR 4:00 Dinner Dates WDR	3 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 9:45 LifeShare SL 10:00 Visual Arts SL 11:00 Lunch Dates WDR 11:30 Free Time 1:30 Communion CR 2:30 B3 Bar SL 3:00 Performance Arts & Theater 4:00 Dinner Dates WDR	4 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 9:45 LifeShare SL 10:00 SpectraFit: Tai Chi CR 11:00 Lunch Dates WDR 11:30 Free Time 1:30 Non-Denominational Church Service CR 2:15 Mystery Bus Tour L 3:45 Spectrum Steppers SL 4:00 Dinner Dates WDR	5 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 9:45 LifeShare SL 10:00 B3 Bar SL 10:30 What's News SL 11:00 Lunch Dates WDR 11:30 Free Time 1:30 SpectraFun SL 2:30 Culinary Arts CR 4:00 Dinner Dates WDR	6 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 9:45 LifeShare SL 10:00 Fun with APA CR 11:00 Lunch Dates WDR 11:30 Free Time 1:30 Resident Committee 2:30 Live Entertainment: 3:00 Happy Hour WDR 3:30 Spectrum Steppers SL 4:00 Dinner Dates WDR 6:00 Films & Friends: Viewer Choice TH	7 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 10:00 Christ Memorial Church WDR 11:00 Lunch Dates WDR 11:30 Free Time 1:30 SpectraCircuit WC 2:30 Just for Laughs SL 4:00 Dinner Dates WDR 6:00 Films & Friends: Love, Wedding, Marriage TH
8 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 10:00 Catholic Service CR 11:00 Lunch Dates WDR 11:30 Free Time 1:30 Films & Friends: Viewers Choice TH 2:45 B3 Bar CR 4:00 Dinner Dates WDR 6:00 Films & Friends: The Electric Horseman TH	9 Columbus Day 9:00 Spectrum Steppers SL 9:30 Sing-A-Long 10:30 RPI TheraBand CR 11:00 Lunch Dates WDR 11:30 Free Time 1:15 Films & Friends TH 2:00 Bingo CR 3:00 Old Talk Radio CR 3:00 Salon Treatments CR 4:00 Dinner Dates WDR	10 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 9:45 LifeShare SL 10:00 Visual Arts SL 11:00 Lunch Dates WDR 11:30 Free Time 1:30 Communion CR 2:30 B3 Bar SL 3:00 Performance Arts & Theater 4:00 Dinner Dates WDR	11 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 9:45 LifeShare SL 10:00 SpectraFit: Tai Chi CR 11:00 Lunch Dates WDR 11:30 Free Time 1:30 Non-Denominational Church Service CR 2:15 Mystery Bus Tour L 3:45 Spectrum Steppers SL 4:00 Dinner Dates WDR	12 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 9:45 LifeShare SL 10:00 B3 Bar SL 10:30 What's News SL 11:00 Lunch Dates WDR 11:30 Free Time 1:30 SpectraFun SL 2:30 Culinary Arts CR 4:00 Dinner Dates WDR	13 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 9:45 LifeShare SL 10:00 Quality Living CR 11:00 Lunch Dates WDR 11:30 Free Time 1:30 Musical Group: Bells SL 2:30 Live Entertainment: 3:00 Happy Hour WDR 3:30 Spectrum Steppers SL 4:00 Dinner Dates WDR 6:00 Films & Friends: Viewer Choice TH	14 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 9:45 LifeShare SL 10:00 Visual Arts SL 11:00 Lunch Dates WDR 11:30 Free Time 1:30 SpectraCircuit WC 2:30 Book Club SL 4:00 Dinner Dates WDR 6:00 Films & Friends: I Hate Valentine's Day! TH
15 9:00 Spectrum Steppers SL 10:00 SpectraFit SL 11:00 Lunch Dates WDR 11:30 Free Time 1:30 Films & Friends: Viewers Choice TH 2:45 B3 Bar CR 4:00 Dinner Dates WDR 6:00 Films & Friends: Two Days in New York: TH	16 9:00 Spectrum Steppers SL 10:00 LifeShare CR 10:15 Daily Updates CR 10:30 RPI TheraBand CR 11:00 Lunch Dates WDR 11:30 Free Time 1:30 Resident Council 1:45 Films & Friends TH 2:00 Bingo CR 3:00 Old Talk Radio CR 3:00 Salon Treatments CR 4:00 Dinner Dates WDR	17 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 9:45 LifeShare SL 10:00 Visual Arts SL 11:00 Lunch Dates WDR 1:30 Communion CR 2:30 B3 Bar SL 3:00 Performance Arts & Theater 4:00 Dinner Dates WDR	18 9:00 Spectrum Steppers L 9:30 SpectraFit: RPI CR 10:00 SpectraFit: Tai Chi CR 11:00 Lunch Dates WDR 11:30 Free Time 1:30 Non-Denominational Church Service CR 2:15 Mystery Bus Tour L 3:45 Spectrum Steppers L 4:00 Dinner Dates WDR	19 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 9:45 LifeShare SL 10:00 B3 Bar SL 10:30 What's News SL 11:00 Lunch Dates WDR 11:30 Free Time 1:30 SpectraFun SL 2:30 Culinary Arts CR 4:00 Dinner Dates WDR	20 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 9:45 LifeShare SL 10:00 Spectra Fit WC 11:00 Lunch Dates WDR 11:30 Free Time 1:30 Musical Group: Bells SL 2:30 Live Entertainment: Anita Rosamond 3:00 Happy Hour WDR 3:30 Spectrum Steppers SL 4:00 Dinner Dates WDR 6:00 Films & Friends:	21 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 9:45 LifeShare SL 10:00 Visual Arts SL 11:00 Lunch Dates WDR 11:30 Free Time 1:30 SpectraCircuit WC 2:30 Great Moments in Entertainment SL 4:00 Dinner Dates WDR 6:00 Films & Friends: Beauty and the Beast TH

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22 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 10:00 SpectraFit SL 11:00 Lunch Dates WDR 11:30 Free Time 1:30 Films & Friends: Viewers Choice TH 2:45 B3 Bar CR 4:00 Dinner Dates WDR 6:00 Films & Friends:Romeo and Juliet TH	23 9:00 Spectrum Steppers SL 10:00 LifeShare CR 10:15 Daily Updates CR 10:30 RPI TheraBand CR 11:00 Lunch Dates WDR 11:30 Free Time 1:15 Films & Friends TH 2:00 Bingo CR 3:00 Old Talk Radio CR 3:00 Salon Treatments CR 4:00 Dinner Dates WDR	24 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 9:45 LifeShare SL 10:00 Visual Arts SL 11:00 Lunch Dates WDR 11:30 Free Time 1:30 Communion CR 2:30 B3 Bar SL 3:00 Performance Arts & Theater 4:00 Dinner Dates WDR	25 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 9:45 LifeShare SL 10:00 SpectraFit: Tai Chi CR 11:00 Lunch Dates WDR 11:30 Free Time 1:30 Non-Denominational Church Service CR 2:15 Mystery Bus Tour L 3:45 Spectrum Steppers SL 4:00 Dinner Dates WDR	26 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 9:45 LifeShare SL 10:00 B3 Bar SL 10:30 What's News SL 11:00 Lunch Dates WDR 11:30 Free Time 1:30 SpectraFun SL 2:30 Culinary Arts CR 4:00 Dinner Dates WDR	27 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 9:45 LifeShare SL 10:00 Spectra Fit WC 11:00 Lunch Dates WDR 11:30 Free Time 1:30 Musical Group: Bells SL 2:30 Live Entertainment: 3:00 Happy Hour WDR 3:30 Spectrum Steppers SL 4:00 Dinner Dates WDR 6:00 Films & Friends: Viewer Choice TH	28 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 9:45 LifeShare SL 10:00 Visual Arts SL 11:00 Lunch Dates WDR 11:30 Free Time 1:30 SpectraCircuit WC 2:30 Spectra Adventures SL 4:00 Dinner Dates WDR 6:00 Films & Friends:Blank Check TH
29 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 10:00 Visual Arts CR 10:00 SpectraFit SL 11:00 Lunch Dates WDR 11:30 Free Time 1:30 Films & Friends: Viewers Choice TH 2:45 B3 Bar CR 4:00 Dinner Dates WDR 6:00 Films & Friends:Country Crush TH 6:00 Films & Friends TH	30 9:00 Spectrum Steppers SL 10:00 LifeShare CR 10:15 Daily Updates CR 10:30 RPI TheraBand CR 11:00 Lunch Dates WDR 11:30 Free Time 1:00 Podiatrist L 1:15 Films & Friends TH 2:00 Bingo CR 3:00 Old Talk Radio CR 3:00 Salon Treatments CR 4:00 Dinner Dates WDR	31 Halloween 9:00 Spectrum Steppers SL 9:30 Daily Updates SL 9:45 LifeShare SL 10:00 Visual Arts SL 11:30 Lunch in Black WDR 11:30 Free Time 1:30 Communion CR 2:30 Halloween Happy Hour WDR 4:00 Dinner Dates WDR	ROOM KEY: CR: COMMUNITY ROOM EB: EAST BISTRO EDR: EAST DINING ROOM ELB: EAST LIBRARY EP: EAST PARLOR L: LOBBY P: PATIO PDR: PRIVATE DINING ROOM RC: RESIDENCE CLUB SL: SKY LOUNGE TH: THEATER WC: WELLNESS CENTER WDR: WEST DINING ROOM	Medical Appointments Tuesday & Thursday 8a to 4p See Concierge for sign up. Appointments must be made at least 24 hours in advance. *Sign up in Activity Book, located in the East Bistro is required. ^There is a fee for this activity Activities and Appointments are subject to change.		