



2979 East Barnett Road  
Medford, OR 97504

PLACE STAMP  
HERE



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*Our mission is to create and sustain  
comfortable,  
caring environments for those who  
depend on us.*



# *Barnett Woods Bulletin Board*

*Barnett Woods Independent Living & In-Home Care Newsletter — September 2017*



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# Walk to End Alzheimer's 2017

*This month, we had a chance to chat with Kara Griffey, the Walk Director at the Alzheimer's Association Oregon Chapter about the Walk to End Alzheimer's.*

**RSL: Since the Walk started in 1989, it has grown in participation and with funding. What goals are in place for success going forward? KG:** "Our goal is always to make sure that the Walk to End Alzheimer's is reflective of the community, and an opportunity to share the mission, and passion of those touched by the disease. As we move forward, we hope that more people will become story tellers and use the Walk as a platform to spread the awareness this disease deserves, and, by doing so, inspire others to give to the cause. We will continue to rely on the amazing volunteers in the community that put on their local Walk, and to grow the volunteers leading this effort so we can continue to reach more and more people, and a diverse group of people."

**RSL: How would you describe the Walk's interest and participation? KG:** "The Walk to End Alzheimer's is one of the fastest growing events of its kind in the nation, seeing positive growth nationally, and locally. As more Americans are faced with the challenges of this disease, more people are interested in getting involved and making a difference in the trajectory of this disease, and that is fantastic! We look forward to seeing many new faces this year at all our Walks across the state and are working hard to recruit new teams with diverse backgrounds."

*To read even more from this interview, visit [blog.radiantseniorliving.com](http://blog.radiantseniorliving.com)!*

**RSL: What are some of the Alzheimer's Association's nationwide efforts that we can support beyond the Walk? KG:** The Alzheimer's Association is the leader in terms of care, support, research, and advocacy efforts, working globally and locally to advance all areas forward. There are many ways for people to get involved with us, whether by becoming an advocate and helping advance public policy, or volunteering to facilitate one of our local support groups and enrolling in TrialMatch®. TrialMatch is a free clinical trial matching service that helps us ensure that research is moving forward for treatment, prevention, and a cure. Be sure to visit [alz.org/oregon](http://alz.org/oregon) for more information!

**RSL: Any parting message you would like to pass on? KG:** "Get involved in any of the ways mentioned above! Whether you are 1 or 100, there is a way to participate to help end this disease. Let's show the world our purple passion and that together we can do better today than we did yesterday. We are on our way to meeting the first survivor of this disease and that is something to be excited about, be hopeful about, and mobilize together around."

## Support the Walk!

**Date:** Saturday, September 23

**Time:** 10 am to 1 pm

**Location:** U.S. Cellular Community Park  
300 N. Lowry Lane  
Medford, OR 97501



Autumn or fall is one of the four temperate seasons. Autumn marks the transition from summer to winter. When the arrival of night becomes noticeably earlier and the arrival of day becomes noticeably later, and the temperature cools down considerably. One of its main features is the shedding of leaves from trees. Association with the transition from warm to cold weather, and its related status as the season of the primary harvest, has dominated its themes and popular images. Many cultures feature autumnal harvest festivals, often the most important on their calendars, thanksgiving holiday of the United States and Canada, and the Jewish Sukkot holiday with its roots as a full-moon harvest festival of "tabernacles" (living in outdoor huts around the time of harvest). The predominant mood of these autumnal celebrations is a gladness for the fruits of the earth mixed with a certain melancholy linked to the imminent arrival of harsh weather. While most foods are harvested during the autumn, foods particularly asso-

## The Season of Autumn

ciated with the season include pumpkins (which are integral parts of both Thanksgiving and Halloween) and apples, which are used to make the seasonal beverage apple cider. Autumn, especially in poetry, has often been associated with melancholia. The possibilities of summer are gone, and the chill of winter is on the horizon. Skies turn grey, the amount of usable daylight drops rapidly, and many people turn inward, both physically and mentally. Autumn is associated with Halloween, and with it a widespread marketing campaign that promotes it. Halloween is in autumn in the northern hemisphere. The television, film, book, costume, home decoration, and confectionery industries use this time of year to promote products closely associated with such a holiday, with promotions going from early September to 31 October, since their themes rapidly lose strength once the holiday ends, and advertising starts concentrating on Christmas. American football is played almost exclusively in the autumn months. Although color change in leaves occurs wherever deciduous trees are found, colored autumn foliage is noted in various regions of the world: most of North America, Eastern Asia (including China, Korea, and Japan), Europe, the forest of Patagonia, eastern Australia and New Zealand's South Island. Eastern Canada and New England are famous for their autumnal foliage, and this attracts major tourism (worth billions of US dollars) for the regions.

*"Any Novel"*

By  
Danielle Steele

*"Water for Elephants"*

By  
Sara Gruen

*International Literacy Day takes place on September 8. In honor of it, we have discussed our favorite books. A few of them are shared here!*

*"Women of the West, Series"*

By  
Jannette Oke



## September Highlights — You're Invited!

*Sept 6th~Social Hour W/Jon Galfano*

*Sept 8th~John Jackson "Trees and Plants"*

*Sept 11th~Social Hour W/Pat Summers*

*Sept 13th~Social Hour W/Lee Stewart*

*Sept 16th~Social Hour W/Brent Olstad*

*Sept 21st~Social Hour W/Chris & Dom*

*Sept 28th~Social Hour W/Tracy Davy and Kathy*

*Sept 29th~Social Hour W/Rick "Melody Makers"*



*September 19th  
Social Hour W/The Over  
Easy String Band!*

## Our Favorite Books

*"Red Notice"*

*By  
Bill Browder*

*"Patton's Third Army in  
World War II"*

*By  
M Green & J.D Brown*



## History of Labor Day

Labor Day, the first Monday in September, is a creation of the labor movement and is dedicated to the social and economic achievements of American workers. It constitutes a yearly national tribute to the contributions workers have made to the strength, prosperity, and well-being of our country.

Through the years the nation gave increasing emphasis to Labor Day. The first governmental recognition came through municipal ordinances passed during 1885 and 1886. From these, a movement developed to secure state legislation. The first state bill was introduced into the New York legislature, but the first to become law was passed by Oregon on February 21, 1887. During the year four more states — Colorado, Massachusetts, New Jersey, and New York — created the Labor Day holiday by legislative enactment. By the end of the decade Connecticut, Nebraska, and Pennsylvania had followed suit. By 1894, 23 other states had adopted the holiday in honor of workers, and on June 28 of that year, Congress passed an act making the first Monday in September of each year a legal holiday in the District of Columbia and the territories.

More than 100 years after the first Labor Day observance, there is still some doubt as to who first proposed the holiday for workers. Some records show that Peter J. McGuire, general secretary of the Brotherhood of Carpenters and Joiners and a cofounder of the American Federation of Labor, was first in suggesting a day to honor those "who from rude nature have delved and carved all the grandeur we behold."



But Peter McGuire's place in Labor Day history has not gone unchallenged. Many believe that Matthew Maguire, a machinist, not Peter McGuire, founded the holiday. Recent research seems to support the contention that Matthew Maguire, later the secretary of Local 344 of the International Association of Machinists in Paterson, N.J., proposed the holiday in 1882 while serving as secretary of the Central Labor Union in New York. What is clear is that the Central Labor Union adopted a Labor Day proposal and appointed a committee to plan a demonstration and picnic.

## Find us on Facebook!



We've been sharing more and more on our Facebook page recently and would love to have you join the conversation!  
LIKE our Facebook page today!

[www.Facebook.com/BarnettWoods](http://www.Facebook.com/BarnettWoods)



# September 2017

*Barnett Woods*

2979 Barnett Road  
Medford OR, 97504  
(541) 779-6943

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Activity Locations:</b> ML— Main Lobby AR — Activity Room DR — Dining Room TR —TV Room GN — Garden	<b>ATTN: ALL GENTLEMEN</b> Every 2nd & 4th Friday Night At 7:00pm In The T.V. Room There Will Be "Men's Night At The Movies"! Drinks And Snacks Will Be Provided!	<b>Resident Birthdays!</b> Pete M. September 14th Barbara J. September 12th Fred B. September 19th	<b>Employee Birthdays!</b> Jeanne M. September 3rd Elly S. September 14th Michael N. September 22nd		<b>1</b> 9-3pm Shopping Transports 9:30 Wii Bowling League-TR 10:00 Sit 'n' Stretch —AR 1:00 Bingo —AR <b>2:30 Iced Tea Social—GN</b> 6:30 Johns Bible Study	<b>2</b> 10:30 Brain Games <b>1:00 Saturday Matinee-TR</b> 3:00 Mexican Train —AR <b>4:00 Dinner /Social w/ Louis Faro —ML</b>
<b>3</b> 10:00 Coloring Club —AR 11:30 Brain Games —AR <b>1:00 Sunday Matinee-TR</b> <b>3:30 Church Service</b>	<b>4</b> 9:30 Wii Bowling League-TR <b>10:00 Fine Arts w/Erinn-AR</b> 11:00 Family Feud —AR 1:00 Bingo —AR <b>2:30 News &amp; Coffee —AR</b> 3:30 Wii Bowling For All—TR 3:30 One on One Visit w/ Erinn	<b>5</b> 9:00-3pm Medical Transports 10:00 Morning Walk w/Erinn 10:30 Wii Bowling Men's-TR <b>1:00 Iced Tea Social—GN</b> 2:30 Card Games —AR <b>3:30 Nielsons Travels —AR</b>	<b>6</b> <b>9:00 Blood Pressure Clinic</b> 9:30 Wii Bowling League-TR <b>10:00 Menu Meeting —AR</b> <b>11:00 Library Luncheon (S. Pacific Siskiyou Line)</b> 1:00 Bingo —AR 2:30 Mexican Train —AR <b>3:30 Social Hour w/Jon Galfano —ML</b>	<b>7</b> 9:00-3pm Medical Transports 9:30 Croquet —GN 10:00 Fun & Fit —AR 10:30 Wii Bowling Men's-TR 1:00 Table Games —AR 2:30 Reading and Puzzles 3:30 Wii Bowling For All —TR	<b>8</b> 9-3pm Shopping Transports 9:30 Wii Bowling League-TR 10:00 Sit 'n' Stretch —AR 1:00 Bingo —AR <b>2:30 Popsicle Social—GN</b> <b>3:30 John Jackson 'Trees And Plants'</b> <b>7:00 Men's Movie Night-TR</b>	<b>9</b> <b>9:00 Pancake Breakfast (\$5.00) at Farmington Square. Please Sign Up!!</b> 10:30 Brain Games —AR <b>1:00 Saturday Matinee-TR</b> 3:00 Mexican Train —AR 4:00 Reading and Puzzles
<b>10</b> 10:00 Coloring Club —AR 11:30 Brain Games —AR <b>1:00 Sunday Matinee-TR</b> <b>3:30 Church Service</b>	<b>11</b> 9:30 Wii Bowling League-TR <b>10:00 Fine Arts w/Erinn-AR</b> 11:00 Family Feud —AR 1:00 Bingo —AR <b>2:30 News &amp; Coffee—AR</b> <b>3:30 Social Hour w/Bob Isom—ML</b>	<b>12</b> 9:00-3pm Medical Transports 10:00 Morning Walk w/Erinn 10:30 Wii Bowling Men's-TR <b>1:00 Popsicle Social—GN</b> 2:00 Card Games —AR <b>3:30 Social Hour w/Pat Summers —ML</b>	<b>13</b> 9:30 Wii Bowling League-TR <b>10:00 Menu Meeting —AR</b> 10:30 One On One Visits 1:00 Bingo —AR 2:30 Mexican Train —AR <b>3:30 Social Hour w/Lee Stewart —ML</b>	<b>14</b> 9:00-3pm Medical Transports 9:30 Croquet —GN 10:00 Fun & Fit —AR 10:30 Wii Bowling Men's-TR 1:00 Table Games —AR 2:30 Reading and Puzzles 3:30 Wii Bowling For All —TR	<b>15</b> 9-3pm Shopping Transports 9:30 Wii Bowling League-TR 10:00 Sit 'n' Stretch —AR 1:00 Bingo —AR <b>2:30 Iced Tea Social—GN</b> 3:30 Mexican Train —AR 6:30 Johns Bible Study	<b>16</b> 10:30 Brain Games <b>1:00 Saturday Matinee-TR</b> <b>3:30 Social Hour w/ Brent Olstead —ML</b>
<b>17</b> 10:00 Coloring Club —AR 11:30 Brain Games —AR <b>1:00 Sunday Matinee-TR</b> <b>3:30 Church Service</b>	<b>18</b> 9:30 Wii Bowling League-TR <b>10:00 Fine Arts w/Erinn-AR</b> 11:00 Family Feud —AR 1:00 Bingo —AR <b>2:30 News &amp; Coffee —AR</b> 3:30 Wii Bowling For All—TR 3:30 One on One Visit w/ Erinn	<b>19</b> 9:00-3pm Medical Transports 10:00 Morning Walk w/Erinn 10:30 Wii Bowling Men's-TR <b>1:00 Activities Meeting-AR</b> <b>2:00 Iced Tea Social—GN</b> <b>3:30 Social Hour w/Over Easy String Band —ML</b>	<b>20</b> <b>8:30 Seven Feathers</b> 9:30 Wii Bowling League-TR <b>10:00 Menu Meeting —AR</b> 10:30 One On One Visits 1:00 Bingo —AR 2:30 Mexican Train —AR <b>3:30 Sipping Pina Coladas —GN</b>	<b>21</b> 9:00-3pm Medical Transports 9:30 Croquet —GN 10:00 Fun & Fit —AR 10:30 Wii Bowling Men's-TR <b>1:00Wii Bowling Tournament</b> 2:30 Table Games —AR <b>3:30 Social Hour w/Chris &amp; Dom —ML</b>	<b>22</b> 9-3pm Shopping Transports 9:30 Wii Bowling League-TR 10:00 Sit 'n' Stretch —AR 1:00 Bingo —AR <b>2:30 Popsicle Social—GN</b> 3:30 Mexican Train —AR <b>4:00 Supper Club Dinner</b> <b>7:00 Men's Movie Night-TR</b>	<b>23</b> 10:30 Brain Games —AR <b>1:00 Saturday Matinee-TR</b> 3:00 Mexican Train —AR <b>4:00 Dinner/Social w/ Craig Evans —ML</b>
<b>24</b> 10:00 Coloring Club —AR 11:30 Brain Games —AR <b>1:00 Sunday Matinee-TR</b> <b>3:30 Church Service</b>	<b>25</b> 9:30 Wii Bowling League-TR <b>10:00 Fine Arts w/Erinn-AR</b> 11:00 Family Feud —AR 1:00 Bingo —AR <b>2:30 News &amp; Coffee —AR</b> 3:30 Wii Bowling For All—TR 3:30 One On One Visit/Erinn	<b>26</b> 9:00-3pm Medical Transports 10:00 Morning Walk w/Erinn 10:30 Wii Bowling Men's-TR <b>1:00 Resident Council Meeting —AR</b> 2:00 Card Games —AR 3:30 One on One Visits	<b>27</b> 9:30 Wii Bowling League-TR <b>10:00 Menu Meeting —AR</b> <b>10:00 Wii Bowling Match Here At Barnett Woods</b> 1:00 Bingo —AR <b>2:00 Healthy Living —AR</b> <b>3:30 September B~Party-AR</b>	<b>28</b> 9:00-3pm Medical Transports 9:30 Croquet —GN 10:00 Fun & Fit —AR 10:30 Wii Bowling Men's-TR <b>1:00 Sipping Pina Coladas-GN</b> 2:30 Table games —AR <b>3:30 Social Hour w/Tracy,Kathy</b>	<b>29</b> 9-3pm Shopping Transports 9:30 Wii bowling League-TR 10:00 Sit 'n' Stretch —AR 1:00 Bingo —AR <b>2:30 Iced Tea Social—GN</b> <b>3:30Social Hour w/Rick-ML</b>	<b>30</b> 10:30 Brain Games —AR <b>1:00 Saturday Matinee-TR</b> 3:00 Mexican Train —AR 4:00 Reading and Puzzles