September 2017 Photos





Administrative Staff: Betty Aberg Executive Director Mai Lor **RCC/Asst.** Director Eileen O'Conner **Community Relations Evergreen Walker** Resident Care Coordinator **Janet Martin** Business Office Manager Carol Hill **Registered Nurse Ann Montgomery Dietary Director Tomas Mendez** Maintenance Director **Stacey Robinson Activities Director Jennale Martin** Staffing

> Contact Us At: 503-665-1994

Our mission is to create and sustain comfortable. caring environments for those who depend on us.

Gresham Farmington Square Newsletter



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Farmington Square Assisted & Memory Care Newsletter — September 2017

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Walk to End Alzheimer's 2017

This month, we had a chance to chat with Kara Griffey, the Walk Director at the Alzheimer's Association Oregon Chapter about the Walk to End Alzheimer's.

RSL: Since the Walk started in 1989, it has grown in participation and with funding. What goals are in place for success going forward? KG: "Our goal is always to make sure that the Walk to End Alzheimer's is reflective of the community, and an opportunity to share the mission, and passion of those

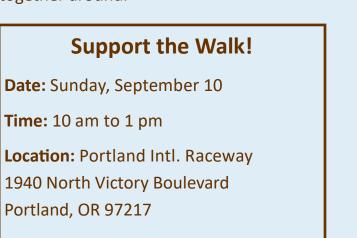
touched by the disease. As we move forward, we hope that more people will become story tellers and use the Walk as a platform to spread the awareness this disease deserves, and, by doing so, inspire others to give to the cause. We will continue to rely on the amazing volunteers in the community that put on their local Walk, and to grow the volunteers leading this effort so we can continue to reach more and more people, and a diverse group of people."

RSL: How would you describe the Walk's interest and participation? KG: "The Walk to End Alzheimer's is one of the fastest growing events of its kind in the nation, seeing positive growth nationally, and locally. As more Americans are faced with the challenges of this disease, more people are interested in getting involved and making a difference in the trajectory of this disease, and that is fantastic! We look forward to seeing many new faces this year at all our Walks across the state and are working hard to recruit new teams with diverse backgrounds."

To read even more from this interview, visit blog.radiantseniorliving.com!

RSL: What are some of the Alzheimer's Association's nationwide efforts that we can support beyond the Walk? KG: The Alzheimer's Association is the leader in terms of care, support, research, and advocacy efforts, working globally and locally to advance all areas forward. There are many ways for people to get involved with us, whether by becoming an advocate and helping advance public policy, or volunteering to facilitate one of our local support groups and enrolling in TrialMatch[®]. TrialMatch is a free clinical trial matching service that helps us ensure that research is moving forward for treatment, prevention, and a cure. Be sure to visit alz.org/oregon for more information!

RSL: Any parting message you would like to pass on? KG: "Get involved in any of the ways mentioned above! Whether you are 1 or 100, there is a way to participate to help end this disease. Let's show the world our purple passion and that together we can do better today than we did yesterday. We are on our way to meeting the first survivor of this disease and that is something to be excited about, be hopeful about, and mobilize together around."





"The Cat in the Hat"	1
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Dr. Seuss	C
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"A Tree grows in Brooklyn" By Betty Smith

All Staff Monthly Winner!

Congratulations to our colleague Angel Montgomery!

Angel is this month's winner of two tickets to Bullwinkle's!

Awesome job on completing the all staff online training, and attending mandatory staff meetings with proper uniform!

International Literacy Day takes place on September 8. In honor of it, we have discussed our favorite books. A few of them are shared here!

Remember Books on Tape are always a good alternative!

September Highlights — You're Invited!

9/7/17: Charlies Angels 2pm

9/12/17: Oldies with Lee 2pm

9/13/17: Mystery Drive 10 am

9/2/1/17: Resident Council 2pm

9/22/17: Fall Begins!

9/26/17: Birthday Social 3pm



September 19 is Talk Like A Pirate Day ARRGG!!!

We've found new ways of having fun inside when it is 106 degrees outside. Bowling

Here our bowlers show off their skills! Willena proves to her roommates that she has what it takes to make those strikes! Good food, great drinks, and lots of high fives!

the heat away!

Our Favorite Books

"The Hobbit" By JR Tolkien

"The Diary of a Young Girl" By Ann Frank





www.Facebook.com/FarmingtonSquareGresham

Rolly Bowly



Find us on Facebook!

We've been sharing more and more on our Facebook page recently and would love to have you join the conversation! LIKE our Facebook page today!

September 2017 ASTOR BARLOW CROWN

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 9:00 Resident Shopping 10:00 Men's Group (B) 1:00 Circuit Exercise (C) 2:00 Mini Golf (C) 3:00 Manicures (C) 4:00 Resident Outreach	2 9:00 Circuit Exercise (B) 10:00 All About Me (B) 2:00 Bowling (C) 3:00 YAHTZEE (C) 4:00 Resident Outreach 6:00 Saturday Movie
	3 9:00 Walking (B) 10:00 Creative Writing 11:00 Snack Social (C) 2:00 Darts (B) 3:00 BINGO (B) 4:30 Men's Sunday Sports (B)	4 9:30 Labor Day Parade 10:00 Short Tales (C) 10:30 Snacks Social (C) 1:30 Brain Games (B) 2:30 Reminisce 40's (B) 4:00 Resident Outreach	5 9:30 Fun w/Noodles (B) 10:30 Church Service (D) 11:00 Snack Social (C) 1:00 Garden Club (B) 2:00 Memory Game (B) 3:00 Blackjack (B)	6 9:00 Current Events (C) 9:30 Chair Exercise (C) 10:00 Mystery Drive All 1:15 Poetry (B) 2:00 Manicures (B) 3:00 BINGO (B)	10:00 Make a Painting (B) 10:30 Fun Facts (B) 11:15 Card Games (B) 2:00 Charlie/Angels (D)	8 9:00 Resident Shopping 10:00 Men's Group (B) 1:00 Circuit Exercise (C) 2:00 Mini Golf (C) 3:00 Manicures (C) 4:00 Resident Outreach	9 9:00 Circuit Exercise (B) 10:00 All About Me (B) 2:00 Bowling (C) 3:00 YAHTZEE (C) 4:00 Resident Outreach 6:00 Saturday Movie
	10 9:00 Walking (B) 10:00 Creative Writing 11:00 Snack Social (C) 2:00 Darts (B) 3:00 BINGO (C) 4:30 Men's Sunday Sports (B)	119:30Stretching (C)10:00Short Tales (C)10:30Josephina Piano (B)1:30Reminisce 50's (B)2:30Brain Games (B)4:00Resident Outreach	12 9:30 Fun w/Noodles (B) 10:30 Church Service (D) 1:00 Garden Club (B) 2:00 Oldies with Lee (D) 3:00 Blackjack (B) 4:00 Resident Outreach	139:00Chair Exercise (C)9:30Current Events (C)11:00Dragon Palace Luncheon1:15Poetry (B)2:00Manicures (B)3:00BINGO (B)4:00Resident Outreach	9:30 Walking (B) 10:00 Make a Painting (B) 10:30 Fun Facts (B) 11:15 Card Games (B) 2:30 William Spillette (D)	15 9:00 Resident Shopping 10:00 Men's Group (B) 1:00 Circuit Exercise (C) 2:00 Mini Golf (C) 3:00 Manicures (C) 4:00 Resident Outreach	16 9:00 Circuit Exercise (B) 10:00 All About Me (B 2:00 Bowling (C) 3:00 YAHTZEE (C) 4:00 Resident Outreach 6:00 Saturday Movie
- NAK	17 9:00 Walking (C) 10:00 Creative Writing 11:00 Snack Social (C) 2:00 Darts (B) 3:00 BINGO (B) 4:30 Men's Sunday Sports (B)	18 9:30 Stretching (C) 10:00 Short Tales (C) 10:30 Snack Social (C) 1:30 Brain Games (B) 2:30 Reminisce 60's(B) 4:00 Resident Outreach	19 9:30 Fun w/Noodles (B) 10:30 Church Service (D) 11:00 Snacks (D) 1:00 Garden Club (B) 2:00 Memory Game (B) 3:00 Happy Hour (B) 4:00 Resident Outreach	20 9:00 Chair Exercise (C) 9:30 Current Events (C) 10:00 Mystery Drive (All) 1:15 Poetry (B) 2:00 Manicures (B) 3:00 BINGO (B) 4:00 Resident Outreach	9:30 Walking (B) 10:00 Make a Painting (B) 10:30 Fun Facts (B) 11:15 Plane Names (B) 2:30 Bill Beach (B)	22 9:00 Resident Shopping 10:00 Men's Group (B) 1:00 Circuit Exercise (C) 2:00 Mini Golf (C) 3:00 Manicures (C) 4:00 Resident Outreach	23 9:00 Circuit Exercise (B) 10:00 All About Me (B) 2:00 Bowling (C) 3:00 YAHTZEE (C) 4:00 Resident Outreach 6:00 Saturday Movie
	24 9:00 Walking (C) 10:00 Creative Writing 11:00 Snack Social (C) 2:00 Darts (B) 3:00 BINGO (B) 4:30 Men's Sunday Sports (B)	 25 9:30 Stretching (C) 10:00 Short Tales (C) 10:30 Snack Social (C) 1:30 Brain Games (B) 2:30 Reminisce 70's 4:00 Resident Outreach 		27 9:00 Chair Exercise (C) 9:30 Current Events (C) 10:00 Shari's Pie Social! 1:15 Poetry (B) 2:00 Manicures (B) 3:00 BINGO (B) 4:00 Resident Outreach	9:30 Walking (C) 10:00 Make a Painting (B) 10:30 Fun Facts (C) 11:15 Card Games (C) 2:00 Resident Council (B)	29 9:00 Resident Shopping 10:00 Men's Group (B) 1:00 Circuit Exercise (C) 2:00 Mini Golf (C) 3:00 Manicures (C) 4:00 Resident Outreach	30 9:00 Circuit Exercise (B) 10:00 All About Me (B) 2:00 Bowling (C) 3:00 YAHTZEE (C) 4:00 Resident Outreach 6:00 Saturday Movie

Gresham Farmington Square 1655 NE 18th Street Gresham, Oregon 97030 (503) 665-1994

September 2017

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 9:30 Limb Exercise 10:30 Snacks 11:45 Aromatherapy 2:30 IN2L Surprise 3:00 Manicures	2 10:30 Spelling 11:45 Aromatherapy 1:30 IN2I Music 2:30 Snack 3:00 Sensory IN2L
	3 9:30 Indoor Bowling 10:30 Snack 11:45 Aromatherapy 2:30 Nature Viewing 3:30 Manicures 4:00 Resident Outreach	4 9:30 Resident Parade 10:00 Short Tales 10:30 Snacks 11:45 Aromatherapy 2:30 Picture Bingo 3:30 Balloon Volleyball 4:00 Resident Outreach	5 9:30 Stretching 10:30 Church Service 11:45 Aromatherapy 1:00 Reminisce Prices 2:00 Indoor Bowling 4:00 Resident Outreach	6 9:30 Stretching 10:00 Mystery Drive 11:45 Aromatherapy 1:45 Memory Game 2:30 Snack 3:00 Name That Tune 4:00 Resident Outreach	7 9:30 Walking 10:30 Snacks 11:45 Aromatherapy 2:00 Outdoor Mini Golf 3:30 Reading/News 4:00 Manicures	8 9:30 Limb Exercise 10:30 Snacks 11:45 Aromatherapy 2:30 IN2L Surprise 3:00 Manicures 4:00 Resident Outreach	9 10:30 Spelling 11:45 Aromatherapy 1:30 IN2I Music 2:30 Snack 3:00 Sensory IN2L 4:00 Resident Outreach
	10 9:30 Chair Exercise 10:30 Snack 11:45 Aromatherapy 2:30 Nature Viewing 3:30 Manicures 4:00 Resident Outreach	119:30Limb Exercise10:00Short Tales10:30Snacks11:45Aromatherapy2:30Picture Bingo3:30Balloon Volleyball4:00Resident Outreach	12 9:30 Stretching 10:30 Church Service 11:45 Aromatherapy 1:00 Reminisce Prices 2:00 Indoor Bowling 4:00 Resident Outreach	139:30Stretching10:00Mystery Drive11:45Aromatherapy1:45Memory Game2:30Snack3:00Name That Tune4:0Resident Outreach	149:30Walking10:30Snacks11:45Aromatherapy2:00Outdoor Mini Golf3:30Reading/News4:00Manicures	159:30Limb Exercise10:30Snacks11:45Aromatherapy2:30IN2L Surprise3:00Manicures4:00Resident Outreach	16 10:30 Spelling 11:45 Aromatherapy 1:30 IN2I Music 2:30 Snack 3:00 Sensory IN2L 4:00 Resident Outreach
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	24 9:30 Chair Exercise 10:30 Snack 11:45 Aromatherapy 2:30 Nature Viewing 3:30 Manicures 4:00 Resident Outreach	25 9:30 Limb Exercise 10:00 Short Tales 10:30 Snacks 11:45 Aromatherapy 2:30 Picture Bingo 3:30 Balloon Volleyball 4:00 Resident Outreach	26 9:30 Stretching 10:30 Church Service 11:45 Aromatherapy 1:00 Reminisce Prices 2:00 Indoor Bowling 4:00 Resident Outreach	27 9:30 Stretching 10:00 Mystery Drive 11:45 Aromatherapy 1:45 Memory Game 2:30 Snack 3:00 Name That Tune 4:00 Resident Outreach	28 9:30 Walking 10:30 Snacks 11:45 Aromatherapy 2:00 Outdoor Mini Golf 3:30 Reading/News 4:00 Manicures	29 9:30 Limb Exercise 10:30 Snacks 11:45 Aromatherapy 2:30 IN2L Surprise 3:00 Manicures 4:00 Resident Outreach	30 10:30 Spelling 11:45 Aromatherapy 1:30 IN2I Music 2:30 Snack 3:00 Sensory IN2L 4:00 Resident Outreach

Gresham Farmington Square 1655 NE 18th Street Gresham, OR 97030 (503) 665-1994 DIAMOND/EMERALD