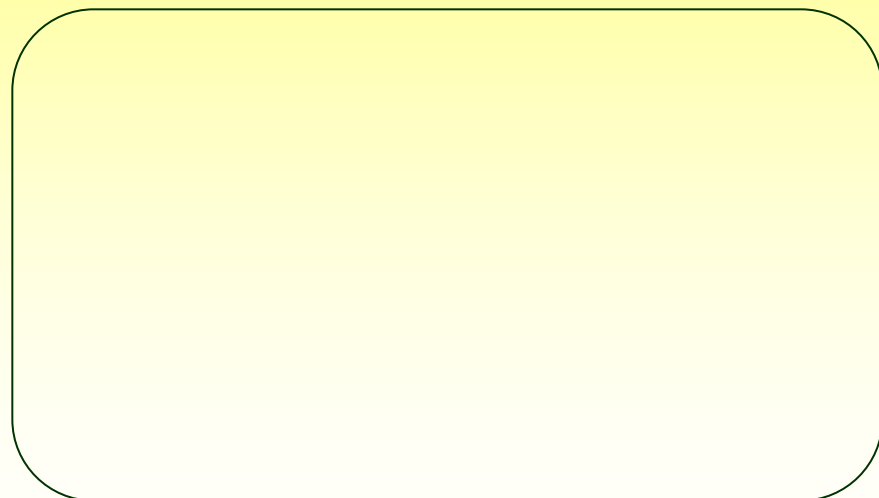




PLACE STAMP  
HERE



**Administrative Staff:**

**Loretta Kreeger**  
Executive Director

**Sue Frisbee**  
Community Relations Director

**Kate Jones**  
Business Office Manager

**Hilda Cole**  
Registered Nurse

**Autumn Blizzard**  
Dietary Director

**Robert McCleve**  
Maintenance Director

**Diane Blas**  
Activities Director

Contact us at:  
**425-397-7500**

Our mission is to create and sustain comfortable,  
caring environments for those who depend on us.



# Ashley Pointe Newsletter

Ashley Pointe Independent & Assisted Living Newsletter — September 2017



**Find us on Facebook!**

## INSIDE THIS ISSUE

P2 Walk to End Alzheimer's  
P3 Chaplain's Corner  
P4-5 Activities Calendar

P6 September Highlights  
P7 Ashley Pointe Scrapbook  
P8 Mission & Team



# Walk to End Alzheimer's 2017

*This month, we had a chance to chat with Kara Griffey, the Walk Director at the Alzheimer's Association Oregon Chapter about the Walk to End Alzheimer's.*

**RSL:** Since the Walk started in 1989, it has grown in participation and with funding. What goals are in place for success going forward? **KG:** "Our goal is always to make sure that the Walk to End Alzheimer's is reflective of the community, and an opportunity to share the mission, and passion of those touched by the disease. As we move forward, we hope that more people will become story tellers and use the Walk as a platform to spread the awareness this disease deserves, and, by doing so, inspire others to give to the cause. We will continue to rely on the amazing volunteers in the community that put on their local Walk, and to grow the volunteers leading this effort so we can continue to reach more and more people, and a diverse group of people."

**RSL:** How would you describe the Walk's interest and participation? **KG:** "The Walk to End Alzheimer's is one of the fastest growing events of its kind in the nation, seeing positive growth nationally, and locally. As more Americans are faced with the challenges of this disease, more people are interested in getting involved and making a difference in the trajectory of this disease, and that is fantastic! We look forward to seeing many new faces this year at all our Walks across the state and are working hard to recruit new teams with diverse backgrounds."

*To read even more from this interview, visit [blog.radiantseniorliving.com!](http://blog.radiantseniorliving.com!)*

**RSL:** What are some of the Alzheimer's Association's nationwide efforts that we can support beyond the Walk? **KG:** The Alzheimer's Association is the leader in terms of care, support, research, and advocacy efforts, working globally and locally to advance all areas forward. There are many ways for people to get involved with us, whether by becoming an advocate and helping advance public policy, or volunteering to facilitate one of our local support groups and enrolling in TrialMatch®. TrialMatch is a free clinical trial matching service that helps us ensure that research is moving forward for treatment, prevention, and a cure. Be sure to visit [alz.org/oregon](http://alz.org/oregon) for more information!

**RSL:** Any parting message you would like to pass on? **KG:** "Get involved in any of the ways mentioned above! Whether you are 1 or 100, there is a way to participate to help end this disease. Let's show the world our purple passion and that together we can do better today than we did yesterday. We are on our way to meeting the first survivor of this disease and that is something to be excited about, be hopeful about, and mobilize together around."

## Support the Walk!

**Date:** Saturday, September 30

**Time:** 8:30 am to 11 am

**Location:** Port of Everett, Boxcar Park  
615 13th Street  
Everett, WA 98201

**If your interested in walking, please sign up at the community board near the Activity Room!**

## Ashley Pointe Scrapbook



### Picture Perfect Pet Day





## September Highlights — You're Invited!

9/3~U.S Bowling League Wii Bowling

9/6~Lunch Out: Razzles

9/7~Ebenezer Luncheon

9/10~Everett Civic Music-(Ticket Holders)

9/12~Milkshake Day at DQ

9/14~Outing: Kangaroo Farm

9/20~Lunch Out: Christiano's

9/21~Outing: Mukilteo Beach

9/21~ Picture Perfect Pets w/Alix (Painting)

9/28~Outing: Angel of the Winds Casino

9/30~ALZHEIMER'S WALK

**SHOPPING EVERY TUESDAY**



at  
2:00 pm

Sign Up Sheet is

Located in the Lobby



**HAPPY HOUR W/ ENTERTAINMENT EVERY  
WEDNESDAY AT 3:45  
IN THE LIVING ROOM**



## LABOR DAY



**September 4th  
is Labor Day!**

Join us for the  
end of summer  
BBQ

**Guest Meals**

**\$5.00**

TALK LIKE A  
PIRATE DAY  
SEPTEMBER 19TH



## Chaplain's Corner

Let me tell you about my friend Durand....after his admission to the facility where I was serving as Chaplain, it didn't take long for us to become good friends. It didn't take long for me to discover that the loss of his beloved wife and best friend was still very painful for him to talk about. It didn't take long for me to discern that Durand had faith in Jesus Christ as his Lord and Savior. Durand sought to make the most of every day....attending men's devotions every morning, as well as our Bible Studies, hymn sings, and church services.

It didn't take long in my time with Durand to also learn about his love for the farm that he called home for most of his life. Since several other guys in our morning devotion group were farmers, I would often have them share some of their farm stories. On one occasion I shared the following with them:

My farm to me is not just land

Where bare unpainted buildings stand.

To me, my farm is nothing less

Than all created loveliness.

My farm is not where I must soil

My hands in endless dreary toil.

But where, through seed and swelling pod

I've learned to walk and talk with God.

My farm, to me, is not a place

Outmoded by the modern race.

For here, I think, I just see less

Of evil, greed, and selfishness.

My farm's haven—here dwells rest.

Security and happiness.

Whate'er befalls the world outside

Here faith and hope and love abide.

And so my farm is not just land

Where bare unpainted buildings stand.

To me, my farm is nothing less

Than all God's hoarded loveliness.

Last month I wrote about my friend Berner and his amazing moment of reconciliation with his son on the day before he went home to be with his Lord. It didn't take long for Berner's story to become the talk of our campus. One day Durand stopped me in the hall and said, "I heard about Berner and his son. I also heard that you wrote a letter to his son that helped make their reconciliation possible. I was wondering if you could write that same kind of letter to my son and daughter."

I agreed to write a letter to Durand's kids who both lived nearby. Weeks passed....and no response from his kids. One day I was walking past his room when a nurse stopped me and said, "Something has happened to Durand...we don't think he will make it through the day." I entered his room and found him still conscious and alert. We talked for a while about what he had to look forward to in God's house and then the subject of his kids came up. All I could do was to assure him that he could be at peace because he had done all he could to make peace with his kids. A few hours later Durand went home to be with his heavenly Father. The next day his brother stopped by office and asked me if I would lead a service for Durand. He was taking charge of things because Durand's kids refused to be involved. Two days later his kids were noticeably absent from their dad's funeral.

*Join Chaplain Highland for*

*9:45 Bible Study Every Wednesday*

*&*

*4:00 pm Pointe Guys Men's Group*


*Every Monday*



# September 2017



Ashley Pointe  
11117 20th Street N.E.  
Lake Stevens, Washington 98258  
425-397-7500

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Residents Birthdays</b>  9/13~Doris M. 9/15~Sheila B. 9/28~Kitty G. 9/29~Pat W.	<b>Doctor Appointments</b> <b>Every Monday 9-12</b> 	<b>Staff Birthdays</b> 9/22~Colleen Bleedlove 	<b>WORLD ALZHEIMER'S MONTH</b> 	 <b>September</b> <b>Back to School</b>	<b>1 Blue Friday</b> 10:30 Exercise w/LDS 1:30 Bingo 2:30 LCR Game 3:30 Adult Coloring 6:00 Classic TV	<b>2 International Bacon Day</b> 10:00 Sit & Be Fit—IN2L 1:00 Puzzles (Sun Room) 1:30 Bingo 3:00 Dominos 6:00 Skip Bo 
<b>3 U.S. Bowling League Day</b> 10:00 Hymns IN2L (Activity Room) 11:00 Wii Bowling 1:30 Movie Memories 2:30 Sunday Movie & Popcorn 3:30 Skip Bo 	<b>4 LABOR DAY</b> 10:30 Strength & Balance w/Larry <b>LABOR DAY BBQ LUNCH</b> 1:30 Bingo 4:00 Pointe Guys (Men's Group) 6:00 Bridge 	<b>5 CHEESE PIZZA DAY</b> 10:00 Newspaper w/Diane 10:30 Exercise w/LDS 11:30 Wii Bowling 1:30 Bingo <b>2:00 Shopping: Fred Meyer</b> 3:30 Skip Bo 6:00 Pinochle	<b>6 CORN FULL MOON</b> 9:45 Bible Study <b>11:30 Lunch Out: Razzle's</b> 1:30 Bingo w/Betty & John 2:30 Farkel Dice Game <b>3:45 Happy Hour w/Gary Hood</b> 6:00 Movie-Resident Choice	<b>7</b> 10:30 Exercise w/LDS <b>11:15 Ebenezer Luncheon</b> 11:30 Wii Bowling 1:30 Bingo w/Betty & John <b>3:00 Back to School Social-Bring Pictures</b> 6:00 Pinochle	<b>8 Blue Friday</b> 10:30 Exercise w/LDS 1:30 Bingo 2:30 LCR Game 3:30 Adult Coloring 6:00 Classic TV	<b>9</b> 10:00 Sit & Be Fit—IN2L 1:00 Puzzles (Sun Room) 1:30 Bingo 3:00 Dominos 6:00 Skip Bo
<b>10 GRANDPARENTS DAY</b> <b>ASSISTED LIVING WEEK</b> 12:00 Grand Parents Lunch 12:30 Everett Civic Music Center "Paul McDermant" (Ticket Holders) 1:30 Bingo <b>4:25 Seahawks @ Green Bay</b>	<b>11 PATRIOT DAY</b>  10:00 Walking Group 11:00 Trivia (Activity Room) 11:30 Harmonica w/Dave <b>1:00 Cottage Community MTG</b> <b>2:00 Activity Forum</b> 4:00 Pointe Guys (Men's Group) 6:00 Bridge	<b>12 NATIONAL MILKSHAKE DAY</b> 10:00 Newspaper w/Diane 10:30 Exercise w/LDS 11:30 Wii Bowling 1:30 Bingo <b>2:00 Shopping: Haggen</b> <b>2:30 Milkshakes at DQ</b> 3:30 Skip Bo 6:00 Pinochle	<b>13 Happy Birthday, Doris</b> 9:45 Bible Study 10:00 IN2L Games 1:30 Bingo 2:30 Farkel Dice Game <b>3:45 Happy Hour w/Betsy &amp; Gerry</b> 6:00 Movie-Resident Choice	<b>14 CREAM FILLED DONUT DAY</b> 10:00 Donut Social 10:30 Tai Chi w/Larry 11:30 Wii Bowling <b>1:00 Kangaroo Farm Outing</b> 1:30 Bingo 3:30 Skip Bo 6:00 Pinochle	<b>15 Happy Birthday, Sheila B.</b> 10:30 Exercise w/LDS 1:30 Bingo 2:30 LCR Game 3:30 Adult Coloring 6:00 Classic TV <b>Blue Friday</b>	<b>16 OKTOBERFEST BEGINS</b> 10:00 Sit & Be Fit—IN2L 1:00 Puzzles (Sun Room) 1:30 Bingo w/Cameron 3:00 Dominos 6:00 Skip Bo
<b>17 WIFE APPRECIATION DAY</b> 10:00 Hymns IN2L (Activity Room) 1:30 TV Games 2:30 Sunday Movie & Popcorn 4:00 Restoration Church Service <b>4:25 Seahawks vs. San Francisco</b> 	<b>18</b> 10:30 Strength & Balance w/Larry 11:00 US Maps (Activity Room) 11:30 Harmonica w/Dave <b>1:00 AL Community MTG</b> 3:00 Sing Along with Suzie 4:00 Pointe Guys (Men's Group) 6:00 Bridge	<b>19 TALK LIKE A PIRATE DAY</b> 10:00 History of Pirate Day 10:30 Exercise w/LDS 11:30 Wii Bowling 1:30 Movie-Pirates of the Caribbean <b>2:00 Shopping: Safeway</b> 3:30 Skip Bo 6:00 Pinochle	<b>20</b> 9:45 Bible Study <b>11:30 Lunch Out: Christiano's</b> 1:30 Bingo 2:30 Farkel Dice Game <b>3:45 Happy Hour w/Lee Howard</b> 6:00 Movie-Resident Choice	<b>21</b> <b>10:00 Outing: Mukilteo Beach</b> 10:30 Exercise w/LDS 11:30 Wii Bowling 1:30 Bingo 2:00 Food Forum <b>2:30 Picture Perfect Pets</b> 3:30 Skip Bo 6:00 Pinochle	<b>22 Blue Friday</b> <b>Autumn Begins</b> 10:30 Exercise w/LDS 1:30 Bingo 2:30 LCR Game 3:30 Adult Coloring 6:00 Classic TV	<b>23</b> 10:00 Sit & Be Fit—IN2L 1:00 Puzzles (Sun Room) 1:30 Bingo 3:00 Dominos 6:00 Skip Bo
<b>24</b> 10:00 Hymns IN2L (Activity Room) 1:30 Bingo 2:30 Sunday Movie & Popcorn <b>4:05 Seahawks @Tennessee</b>	<b>25</b> 10:30 Walking Group 11:30 Harmonica w/Dave 1:30 Bingo <b>3:00 Inside Resident Council</b> 4:00 Pointe Guys (Men's Group) 6:00 Bridge	<b>26 NATIONAL PANCAKE DAY</b> 10:00 Newspaper w/Diane 10:30 Exercise w/LDS 11:30 Wii Bowling 1:30 Bingo <b>2:00 Shopping: Walmart</b> 3:30 Skip Bo 6:00 Pinochle	<b>27</b> 9:45 Bible Study 10:00 Classic Commercials 1:30 Bingo w/Betty & John 2:30 Farkel Dice Game <b>3:45 Happy Hour w/Doug Williams</b> <b>6:15 Ebenezer Church Choir</b>	<b>28 Happy Birthday, Kitty G.</b> <b>9:30 Outing: Angel of the Winds Casino</b> 10:30 Tai Chi w/Larry 11:30 Wii Bowling 1:30 Bingo 3:30 Skip Bo 6:00 Pinochle	<b>29 Happy Birthday, Pat W.</b> 10:30 Exercise w/LDS 1:30 Bingo 2:30 LCR Game 3:30 Adult Coloring 6:00 Classic TV <b>Blue Friday</b>	<b>30 ALZHEIMER'S WALK</b> 10:00 Sit & Be Fit—IN2L 1:00 Puzzles (Sun Room) 1:30 Bingo 3:00 Dominos 6:00 Skip Bo 