

PLACE STAMP
 HERE



Management Team:

Jessica Penland
 Executive Director
Bridget Buchholz
 Community Relations Director
Patty Zirbel
 Business Office Manager
Rhonda Todd
 Resident Care Coordinator
Rosa Valencia
 Resident Care Coordinator
Jessica Comerford
 Registered Nurse
Nathan Turner
 Dietary Director
Roel Garza
 Maintenance Director
Linda Schaefer
 Activities Director
 Contact Us At:
503-982-4000

Our mission is to create and sustain comfortable,
 caring environments for those who depend on us.



Emerald Gardens

Emerald Gardens Assisted & Memory Care Newsletter — September 2017



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Walk to End Alzheimer's 2017

This month, we had a chance to chat with Kara Griffey, the Walk Director at the Alzheimer's Association Oregon Chapter about the Walk to End Alzheimer's.

RSL: Since the Walk started in 1989, it has grown in participation and with funding. What goals are in place for success going forward? **KG:** "Our goal is always to make sure that the Walk to End Alzheimer's is reflective of the community, and an opportunity to share the mission, and passion of those touched by the disease. As we move forward, we hope that more people will become story tellers and use the Walk as a platform to spread the awareness this disease deserves, and, by doing so, inspire others to give to the cause. We will continue to rely on the amazing volunteers in the community that put on their local Walk, and to grow the volunteers leading this effort so we can continue to reach more and more people, and a diverse group of people."

RSL: How would you describe the Walk's interest and participation? **KG:** "The Walk to End Alzheimer's is one of the fastest growing events of its kind in the nation, seeing positive growth nationally, and locally. As more Americans are faced with the challenges of this disease, more people are interested in getting involved and making a difference in the trajectory of this disease, and that is fantastic! We look forward to seeing many new faces this year at all our Walks across the state and are working hard to recruit new teams with diverse backgrounds."

To read even more from this interview, visit blog.radiantseniorliving.com/!

RSL: What are some of the Alzheimer's Association's nationwide efforts that we can support beyond the Walk? **KG:** The Alzheimer's Association is the leader in terms of care, support, research, and advocacy efforts, working globally and locally to advance all areas forward. There are many ways for people to get involved with us, whether by becoming an advocate and helping advance public policy, or volunteering to facilitate one of our local support groups and enrolling in TrialMatch®. TrialMatch is a free clinical trial matching service that helps us ensure that research is moving forward for treatment, prevention, and a cure. Be sure to visit alz.org/oregon for more information!

RSL: Any parting message you would like to pass on? **KG:** "Get involved in any of the ways mentioned above! Whether you are 1 or 100, there is a way to participate to help end this disease. Let's show the world our purple passion and that together we can do better today than we did yesterday. We are on our way to meeting the first survivor of this disease and that is something to be excited about, be hopeful about, and mobilize together around."

Support the Walk!

Date: Sunday, September 10

Time: 10 am to 1 pm

Location: Portland Intl. Raceway
1940 North Victory Boulevard
Portland, OR 97217

Caught In The Act...



Coco & Leota had a super fun time at French Prairie Farms!

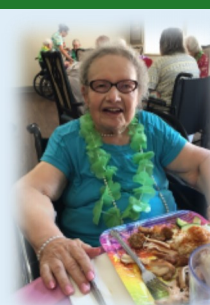


Gerri was keeping cool during our heat wave with a Klondike Ice Cream Bar!



Residents & Staff all enjoyed the food, music and games at our annual Luau this year!

< Bill J



Louise >



< Elvira



Chela, Sandra, Monica, Rosa



< Jocelyn



Vern >



Donna had a great time at Denny's!



< Leota

Picnic in the Park



Elvira & Leota

Fun times were had by all at our Picnic in the Park in July at Centennial Park!



Jocelyn



Dick S.



Roberta & Shirley

September Highlights — You're Invited!

Wine & Cheese Tasting Every Friday at 3:30pm in the Activity Room!

Look for Spirit Week the Week of September 11th. Dress up & have fun!

Lets dance at the Malt Shop Social On Sept. 12th at 3:30pm!

Enjoy Aromatherapy with Doterra on September 22nd from 1-2pm

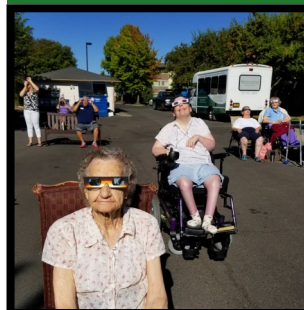
Come to our Seminar on: Effective Communication Strategies On September 27th at 3pm

Come to my DIY project on Sept. 28th at 3:30 to make a Fall Leaf Candle Holder.



September 4th is Labor Day!

Solar Eclipse



Donna & Jocelyn were checking out their Solar Eclipse glasses to make sure they didn't miss a thing!

Agnes & Shauna loved watching the Total Solar Eclipse of 2017!



Virginia was ready for the big moment!



Elvira & Leota had front row seats for the amazing event!



Employee of the Month - Diana Lopez

Diana was born in Portland, Oregon. She started working at Emerald Gardens in May of this year.

Diana loves to watch scary movies. She enjoys spending time with her family, especially with her nieces and nephews.

She says if she could do anything in the world she would help end animal cruelty.

Diana enjoys working at Emerald Gardens because the residents and staff members are very nice and helpful. She says, "I love my team!"

Congratulations Diana on being Employee of the Month!



Resident of the Month - Roberta Melsha

Roberta was born in Monticello, Iowa on August 24th, 1946. She comes from a big family. She is the oldest of 7 siblings. Roberta's favorite dish her mother made was a pineapple dessert they called Pineapple Swipe!

Roberta met her husband, Jim, at church in 1965. The couple dated for one month before they got engaged! They got married the following year. They have two daughters, Jennifer and Tonia. Roberta enjoys when her daughters come to visit.

Roberta says she has made some very good friends here at Emerald Gardens and, "it's exciting" to be Resident of the Month! It makes me happy! It's just the neatest thing!



Find us on Facebook!



We've been sharing more and more on our Facebook page recently and would love to have you join the conversation! LIKE our Facebook page today!



www.Facebook.com/EmeraldGardensCommunity

September 2017

ASSISTED LIVING



1890 Newberg Highway
Woodburn, OR 97071
503-982-4000




Sun	Mon	Tue	Wed	Thu	Fri	Sat
September Birthdays!						
Evelyn	8th	Luz	21st			
Virginia	22nd					
 * = IN2L Activity						
3 10:00 UNO! (MC) 11:00 Checkers! (FL) 1:30 Yahtzee! (FL) 2:00 Bible Study w/Shirley (AR) 3:30 Racko! (AR) 6:00 Scrabble (FL)	 4 LABOR DAY 9:30 Get Fit (AR) 10:00 BINGO (MC) 1:30 Rediscover Coloring (AR) 2:30 UNO! (MC) 3:30 Wii Bowling (FL) 4:00 Monday Night Football (L2) 6:00 Dominos (FL)	Sept. 10-16th is National Assisted Living Week and to help us celebrate this event we are doing a Spirit Week at Emerald Gardens. So be prepared to have fun & celebrate our Emerald Gardens family! 5 9:30 Get Fit (AR) 10:00 Advanced Hearing (AR) 10:00: Racko! (AR) 1:30 Yahtzee! (AR) 2:30 Piano Music with Lee (DR) 3:30 BINGO (MC) 6:00 Checkers (FL)	6 Hairdresser Day 9:30 Get Fit (AR) 10:00 Resident Council (DR) 11:00 UNO! (AR) 2:00 Crafts (AR) 3:00 Chicktionary!* (MC) 6:00 Movie Night (L2) "Pillow Talk"	7 9:30 Chair Yoga (AR) 10:00 Wii Bowling! (FL) 1:30 Trivia & Iced Tea (AR) 2:30 Ice Cream Social (MC) 3:00 BINGO (MC) 4:00 Horse Races! (MC) 6:30 Racko (FL)	1 9:30 Chair Dancing* (MC) 10:00 BINGO (DR) 1:30 Wii Golf (FL) 2:30 Bible Study (MC) 3:30 Yahtzee! (MC) 6:00 Dominoes (FL)	2 10:00 Coffee & Current Events 11:00 Trivia (FL) 1:30 Dice Game: 10,000 (AR) 2:30 Lemonade & Cookies Social 3:30 Pokeno (DR) 6:30 UNO w/Russell (MC)
10 10:00 UNO! (MC) 11:00 Checkers! (FL) 1:30 Yahtzee! (FL) 2:30 Church Service (MC) 3:30 Hymn's (MC) 4:00 Racko! (AR) 6:00 Scrabble (FL)	11 Team Spirit Monday <u>Dress in your favorite Team Swag</u> 9:30 Sit & Be Fit!* (MC) 10:00 BINGO (MC) 1:30 Rediscover Coloring (AR) 3:30 Wii Bowling (FL) 4:00 Monday Night Football (L2) 6:00 Dominos (FL)	12 Throw Back 50's 9:30 Get Fit (AR) 10:00 Shopping @ Walmart (O) 11:00 How Much Did It Cost? * 1:30 Recipe Club (AR) 2:30 BINGO (DR) 3:30 Soda Shop Party! (MC) 6:00 Checkers (FL)	13 Wacky Hat Wed. <u>Hairdresser</u> 9:30 Get Fit! (AR) 10:00 Manicures (AR) 2:00 Crafts (AR): Crazy Hatmaking 3:00 Mad Hatter Tea Party (MC) 3:30 Library (O) 6:00 Movie Night (L2) "Lover Come Back"	14 Famous Movie Icons 9:30 Chair Yoga (AR) 10:30 Country Drive (O) 11:00 Ted's Mobility Clinic 11:00 Movie Trivia & Iced Tea 1:00 Movie & Popcorn (L2) 3:30 BINGO (MC) 6:30 Racko (FL)	8 EVELYN'S B.DAY 9:30 Get Fit! (AR) 10:00 BINGO (DR) 1:00 Chef Chat (DR) 2:30 Bible Study (MC) 3:30 Wine & Cheese Tasting (AR) 6:00 Dominoes (FL)	9 10:00 Coffee & Current Events 11:00 Trivia (FL) 1:30 Dice Game: 10,000 (AR) 2:30 Lemonade & Cookies Social 3:30 Pokeno (DR) 6:30 UNO w/Russell (MC)
17 10:00 UNO! (MC) 11:00 Checkers! (FL) 1:30 Yahtzee! (FL) 2:00 Bible Study w/Shirley (L2) 3:30 Racko (FL) 6:00 Scrabble (FL)	18 9:30 Sit & Be Fit!* (MC) 10:00 BINGO (MC) 1:30 Rediscover Coloring (FL) 2:30 UNO! (MC) 3:30 Wii Bowling (FL) 4:00 Monday Night Football (L2) 6:00 Dominos (FL)	19 9:30 Get Fit (AR) 10:00 Shopping @ Dollar Tree (O) 1:30 Ladies Tea Time (AR) 2:00 Greeting Card Club (AR) 2:30 BINGO (DR) 6:00 Checkers (FL)	20 Hairdresser Day 9:30 Get Fit (AR) 10:00 Bauman Farms (O) 1:30 UNO! (AR) 2:00 Painting w/Darla (AR) 3:00 Mocktail Hour 3:30 Yahtzee! (AR) 6:00 Movie Night (L2) "Send Me No Flowers"	21 9:30 Chair Yoga (AR) 10:30 Trivia & Iced Tea 1:30 Country Drive (O) 2:30 Ice Cream Social (DR) 3:30 BINGO (MC) 6:30 Racko (FL)	15 Super Hero Friday <u>What's Your Super Hero Name?</u> 9:30 Get Fit! (AR) 10:00 Super Hero BINGO (DR) 1:30 Crafts: <u>Make a Super Hero Mask!</u> 2:30 Bible Study (MC) 3:30 Wine & Cheese Tasting (AR) 6:00 Dominoes (FL)	16 10:00 Coffee & Current Events 11:00 Trivia (FL) 1:30 Dice Game: 10,000 (AR) 2:30 Lemonade & Cookies Social 3:30 Pokeno (DR) 6:30 UNO w/Russell (MC)
24 10:00 UNO! (MC) 11:00 Checkers! (FL) 1:30 Yahtzee! (FL) 2:00 Bible Study w/Shirley (L2) 3:30 Racko (FL) 6:00 Scrabble (FL)	25 9:30 Sit & Be Fit!* (MC) 10:00 BINGO (MC) 1:30 Rediscover Coloring (FL) 1:30 Phil H: Accordion (MC) 2:30 UNO! (MC) 4:00 Monday Night Football (L2) 6:00 Dominos (FL)	26 9:30 Get Fit (AR) 10:00 Shopping @ Goodwill (O) 1:30 Ladies Tea Time (AR) 2:30 BINGO (DR) 3:30 Recipe Club (AR) 4:30 Take Out Tue: Dairy Queen 6:00 Checkers (FL)	27 Hairdresser Day 9:30 Manicures (AR) 11:00 Lunch at Denny's! (O) 2:00 Crafts (AR) 3:00 Mocktail Hour 3:30 Library (O) 6:00 Movie Night (L2) "The Thrill Of It All"	28 9:30 Chair Yoga (AR) 10:30 Country Drive (O) 1:30 Trivia & Iced Tea 2:30 SEPTEMBER RESIDENT BIRTHDAY PARTY! (MC) 2:30 Royce: Piano (MC) 3:30 DIY: Mason Jar Candle Holder 6:30 Racko (FL)	22 Fall Begins! <u>VIRGINIA'S B.DAY</u> 9:30 Get Fit! (AR) 10:00 BINGO (DR) 1:00 Aromatherapy w/Donatella 1:30 Wii Bowling (FL) 2:30 Bible Study (MC) 3:30 Wine & Cheese Tasting (AR) 6:00 Dominoes (FL)	23 10:00 Coffee & Current Events 11:00 Trivia (FL) 1:30 Dice Game: 10,000 (AR) 2:30 Choir Music 3:30 Pokeno (DR) 6:30 UNO w/Russell (MC)
					29 9:30 Get Fit! (AR) 10:00 BINGO (DR) 1:30 Wii Bowling (FL) 2:30 Bible Study (MC) 3:30 Wine & Cheese Tasting (AR) 6:00 Dominoes (FL)	30 10:00 Coffee & Current Events 11:00 Trivia (FL) 1:30 Dice Game: 10,000 (AR) 3:00 Lemonade & Cookies Social 3:30 Racko (AR) 6:30 UNO w/Russell (MC)

September 2017

EMERALD GARDENS ASSISTED & MEMORY CARE Memory Care



1890 Newberg Highway
Woodburn, OR 97071
503-982-4000

Sun				Mon	Tue	Wed	Thu	Fri	Sat	
September Birthdays!					Sept. 10-16th is National Assisted Living Week! To help us celebrate this event we are doing a <u>Spirit Week</u> at Emerald Gardens. So be prepared to have fun and celebrate our Emerald Gardens Family!				1 9:30 Chair Dancing* 10:00 BINGO 11:00 Family Feud Game!* 1:30 Coloring Hour 2:30 Bible Study 3:30 Yahtzee! 4:30 Music from the 60's* 7:00 Family Feud	2 9:30 Word Search 10:00 UNO! 10:30 Snack & Hydration 1:30 Andy Griffith Show* 2:30 Snack Time 3:30 Crosswords & Iced Tea 6:30 Build a Puzzle*
Verda	20th	Luz	21st							
Elvira	24th									
										
3 9:30 Word Search 10:00 UNO! 10:30 Snack & Hydration 1:30 Coloring Hour 2:30 I Love Lucy Show* 3:30 Snack Time 6:30 Build a Puzzle* 7:00 America's Funniest Home Videos (ABC)	4 LABOR DAY 9:30 Chair Dancing!* 10:00 BINGO 11:00 Snack & Hydration 1:30 Family Feud Game!* 2:30 UNO! 3:30 Snack Time 4:00 "How Much Did It Cost?"* 4:30 Music Therapy*	5 9:30 Sit & Be Fit* 10:00 Coloring Hour 10:30 Snack & Hydration 1:30 Crafts 2:30 Piano Music with Lee (DR) 3:30 BINGO 4:30 Family Feud Game!* 6:30 UNO w/ Russell	6 Hairdresser Day 9:30 Manicures 1:30 Family Feud Game!* 2:30 Trivia* 3:00 Chicktionary!* 3:15 Snack Time 3:30 Afternoon Stroll 6:30 Word Search Puzzles	7 9:30 Conductorcise* 10:00 September Puzzle Books! 11:00 Crossword Puzzles* 1:30 Coloring & Music* 2:30 Ice Cream Social 3:00 BINGO 4:00 Horse Races! 4:30 Music Therapy*	8 9:30 Chair Dancing* 10:00 BINGO 11:00 Family Feud Game!* 1:30 Coloring Hour 2:30 Bible Study 3:30 Yahtzee! 4:30 Music from the 60's* 7:00 Family Feud	9 9:30 Word Search 10:00 UNO! 10:30 Snack & Hydration 1:30 Andy Griffith Show* 2:30 Snack Time 3:30 Crosswords & Iced Tea 6:30 Build a Puzzle*				
10 9:30 Word Search 10:00 UNO! 10:30 Snack & Hydration 1:30 Coloring Hour 2:30 Church Service 3:30 Snack Time 6:30 Build a Puzzle* 7:00 America's Funniest Home Videos (ABC)	11 Team Spirit Monday 9:30 Chair Dancing!* 10:00 BINGO 11:00 Snack & Hydration 1:30 UNO! 2:30 Family Feud Game* 3:30 Snack Time 4:00 Monday Night Football! 4:30 Music Therapy*	12 Throwback 50's 9:30 Sit & Be Fit!* 10:00 Coloring Hour 10:30 Snack & Hydration 11:00 "How Much Did It Cost?"* 1:30 Crafts 2:30 BINGO 3:00 Snack Time 3:30 Soda Shop Party! 6:30 UNO w/Russell	13 Wacky Hat Wed. 9:30 Chair Yoga* 10:30 I Love Lucy Show* 1:00 Yahtzee 2:00 Family Feud Game!* 3:00 Mad Hatter Tea Party! 4:00 Chicktionary* 4:30 Music Therapy* 6:00 Word Search Puzzles	14 Famous Movie Icons 9:30 Conductorcise* 10:00 Snack & Hydration 10:30 Country Drive (O) 1:30 Hangman* 2:30 Movie Matinee! 3:00 BINGO 4:00 Horse Races! 6:30 The Andy Griffith Show*	15 Super Hero Friday 9:30 Chair Dancing* 10:00 Super Hero BINGO 11:00 Family Feud Game!* 1:30 Coloring Hour 2:30 Bible Study 3:30 Yahtzee! 4:30 Music from the 60's* 6:00 Friday Night Movie & Popcorn!	16 9:30 Word Search 10:00 UNO! 10:30 Snack & Hydration 1:30 Andy Griffith Show* 2:30 Snack Time 3:30 Crosswords & Iced Tea 6:30 Build a Puzzle*				
17 9:30 Word Search 10:00 UNO! 1:30 Coloring Hour 2:30 I Love Lucy Show* 3:30 Snack Time 6:30 Build a Puzzle* 7:00 America's Funniest Home Videos (ABC)	18 9:30 Chair Dancing!* 10:00 BINGO 11:00 Snack & Hydration 1:30 Coloring Hour 2:00 Puzzle Time* 2:30 UNO! 4:00 Trivia* 4:30 Music from the 60's*	19 9:30 Sit & Be Fit!* 10:00 Shopping @ Dollar Tree 10:00 Word Search Puzzles 10:30 Snack & Hydration 1:30 Crafts 2:30 BINGO 3:30 Horse Races 6:30 UNO w/ Russell!	20 Hairdresser Day VERDA'S B.DAY 9:30 Chair Yoga* 10:00 Bauman Farms (O) 1:30 Manicures 2:30 Snack & Hydration 3:00 Trivia* 3:30 Crossword Puzzles* 4:00 Chicktionary* 6:00 Word Search Puzzles	21 9:30 Conductorcise* 10:00 Snack & Hydration 10:30 Hangman* 1:30 Country Drive (O) 2:30 Ice Cream Social! 3:30 BINGO 4:30 Music from the 60's* 6:30 The Andy Griffith Show*	22 Fall Begins! 9:30 Chair Dancing* 10:00 BINGO 11:00 Family Feud Game!* 1:00 Aromatherapy w/ Poterrel 1:30 Coloring Hour 2:30 Bible Study 3:30 Yahtzee! 4:30 Music from the 60's*	23 9:30 Word Search 10:00 UNO! 10:30 Snack & Hydration 1:30 Andy Griffith Show* 2:30 Choir Music 3:30 Crosswords & Iced Tea 6:30 Build a Puzzle*				
24 ELVIRA'S B.DAY 9:30 Word Search 10:00 UNO! 1:30 Coloring Hour 2:30 I Love Lucy Show* 3:30 Snack Time 6:30 Build a Puzzle* 7:00 America's Funniest Home Videos (ABC)	25 9:30 Chair Dancing!* 10:00 BINGO 11:00 Snack & Hydration 1:30 Puzzle Time* 2:00 Snack Time 1:30 Phil Hall: Accordion 3:30 UNO! 4:00 Crosswords Puzzles!*	26 9:30 Sit & Be Fit* 10:00 Shopping @ Goodwill 10:30 Snack & Hydration 1:30 Crafts 2:30 BINGO 3:30 Horse Races! 4:00 Family Feud Game!* 4:30 Take Out Tuesday: Dairy Queen	27 Hairdresser Day 9:30 Chair Yoga* 10:00 Yahtzee! 11:00 Lunch @ Denny's (O) 1:30 Get Fit! * 2:30 Family Feud Game* 3:00 Snack Time 3:30 Trivia* 3:30 Chicktionary	28 9:30 Conductorcise* 10:00 Snack & Hydration 10:30 Country Drive (O) 1:30 Hangman* 2:30 Piano Music by Royce 2:30 Sept. Birthday Party! 3:00 BINGO 4:00 Horse Races!	29 9:30 Chair Dancing* 10:00 BINGO 11:00 Family Feud Game!* 1:30 Coloring Hour 2:30 Bible Study 3:30 Yahtzee! 4:30 Music from the 60's* 7:00 Family Feud	30 9:30 Word Search 10:00 UNO! 10:30 Snack & Hydration 1:30 Andy Griffith Show* 2:30 Snack Time 3:30 Crosswords & Iced Tea 6:30 Build a Puzzle*				