



Moving In During COVID-19

MOVE IN GUIDELINES

We look forward to welcoming you as a new resident. To help protect your wellbeing during COVID-19, your move in will take place under the following safety guidelines. Thank you for your understanding.

INITIAL APPROVAL

We look forward to welcoming you as a new resident.

- ▶ The move in must be approved by the Regional Director of Operations, Regional Director of Clinical Services, VP of Clinical Services, and EVP of Operations.
- ▶ The new resident must be free of fever and cough for 72 hours before moving in.
- ▶ The new resident must provide at least one of the following:

Negative COVID-19 Test
(within 72 hours of move in)

**Certified Physician's
Note of Good Health**

SEVEN DAYS IN-SUITE

- ▶ There will be a seven-day period of in-suite quarantine upon moving in.
- ▶ Fresh meals, snacks, and beverages will be delivered to you for in-room dining.
- ▶ Your holistic wellbeing is our top priority. We will facilitate you staying closely connected with loved ones through phone, video chats, and emails, and we will have in place a seven-day calendar of in-suite activities for body, mind and spirit.
- ▶ Team members will wear gloves, mask, eye protection, and a gown when entering the suite.
- ▶ You will be asked to wear a mask when a team member is in your suite.

COVID-19 RELATED SYMPTOMS

If any resident develops COVID-19 related symptoms such as those listed below, the community Health and Wellness Director will help to assess their status. The resident will be given access to COVID-19 testing and may be asked to begin a new seven-day period of in-suite quarantine. Symptoms may include:

- ▶ Fever of 100 degrees or higher
- ▶ Chills
- ▶ Repeated shaking with chills
- ▶ Shortness of breath, or any noted changes in chronic shortness of breath
- ▶ Difficulty breathing, or any noted changes in chronic difficulty breathing
- ▶ Cough, or any noted changes in chronic cough
- ▶ Muscle pain, or any noted changes in chronic muscle pain